

FIRST & THIRD HOUR PROPERS – TONE 4

¹Sunday of Cheese-fare

Commemoration of the Expulsion of Adam and Eve from Paradise

FIRST HOUR

Cantor (*Tone 4*):



Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.

Troparion of the Resurrection - *Tone 4*



The joy - ful mes - sage of the res - ur - rec - tion was heard by the women disci - ples



from the an - gel, and be - ing freed from the an - ces - tral curse, they boast - ed



to the a - pos - tles: Death is de - spoiled; Christ our God is ris - en,



giv - ing great mer - cy to the world.

Cantor (*Tone 4*):



Now and ev - er and for - ev - er. A - men.

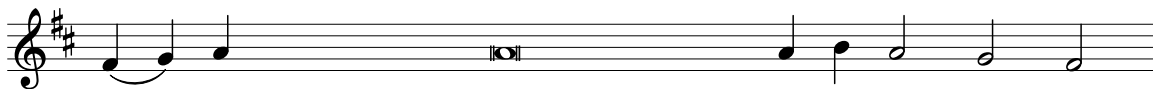
Theotokion of First Hour - *Tone 4*:



What shall we call you, O Full of Grace?



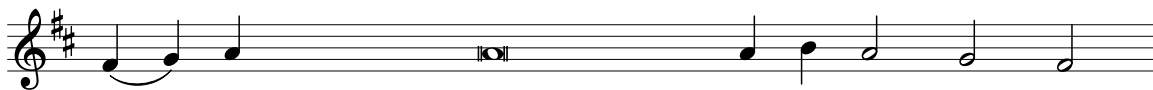
A Hea - ven; for you have born the Sun of Jus - tice?



A Paradise; for you have brought forth the Flower of Im - mor - tal - i - ty?



A Vir - gin; for you have re - mained un - de - filed?



A Moth - er holding in her holy arms the Son who is the God of all?



In tercede with Him for the sal - va - tion of our souls.

First Hour continues with "Guide my footsteps according to your promise..." on p. 7

Kontakion of Cheesefare Sunday - Tone 6



O guide to wisdom and giv - er of in - sight, teach - er of the ignorant



and pro - tec - tor of the poor, strength - en and enlighten my heart, O Mas - ter.



Word of the Fa - ther, give me words for, be - hold, I do not restrain my lips from



cry - ing out to you: O mer - ci - ful Lord, have mercy on me, for I have



fall - en.

First Hour continues with "Lord, have mercy..." (40 times) on p. 8

THIRD HOUR

Cantor (*Tone 4*):



Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.

Troparion of the Resurrection - Tone 4



The joy - ful mes - sage of the res - ur - rec - tion was heard by the women disci - ples



from the an - gel, and be - ing freed from the an - ces - tral curse, they boast - ed



to the a - pos - tles: Death is de - spoiled; Christ our God is ris - en,



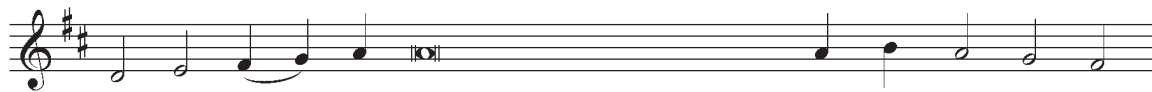
giv - ing great mer - cy to the world.

Cantor (*Tone 4*):



Now and ev - er and for - ev - er. A - men.

Theotokion of Third Hour - Tone 4:



O The - o - to - kos, you are the true vine laden with the Fruit of Life;



where - fore, we im - plore you, O La - dy, to in - ter - cede



to - gether with the apos - tles and all the saints that we may obtain mer - cy



for our souls.

Third Hour continues with "May the Lord God be blessed..." on p. 16

Kontakion of Cheesefare Sunday - Tone 6



O guide to wisdom and giv-er of in - sight, teach - er of the ignorant



and pro-tec-tor of the poor, strength-en and enlighten my heart, O Mas - ter.



Word of the Fa-ther, give me words for, be - hold, I do not restrain my lips from



cry-ing out to you: O mer - ciful Lord, have mercy on me, for I have



fall - en.

Third Hour continues with "Lord, have mercy..." (40 times) on p. 16

¹ Format 23: Sundays During the Triodion