

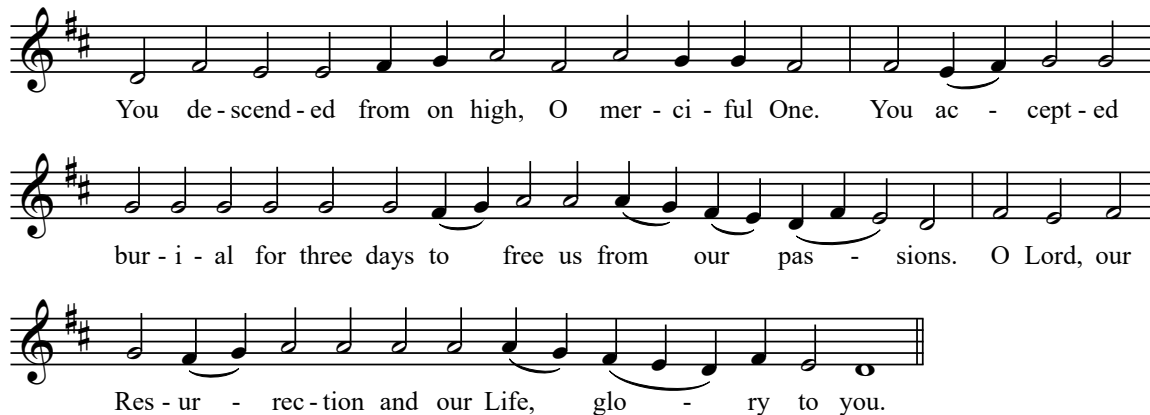
# FIRST & THIRD HOUR PROPERS – TONE 8

## 1 FOURTH SUNDAY OF THE GREAT FAST

### Commemoration of our Venerable Father John Climacus

#### FIRST HOUR

##### Troparion of the Resurrection - *Tone 8*



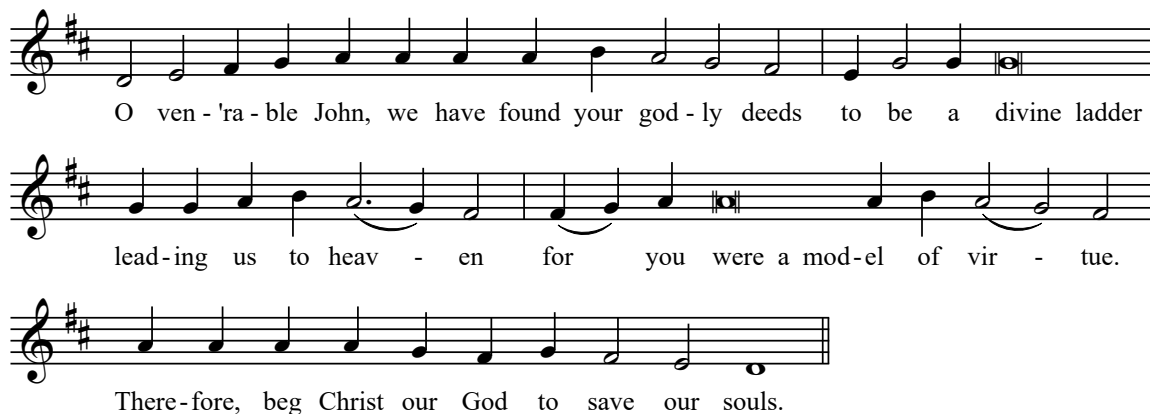
You de-scend-ed from on high, O mer-ci-ful One. You ac-cept-ed  
bur-i-al for three days to free us from our pas-sions. O Lord, our  
Res-ur-rec-tion and our Life, glo-ry to you.

**Cantor**  
*(Tone 4):*



Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

##### Troparion of our holy father John Climacus - *Tone 4*



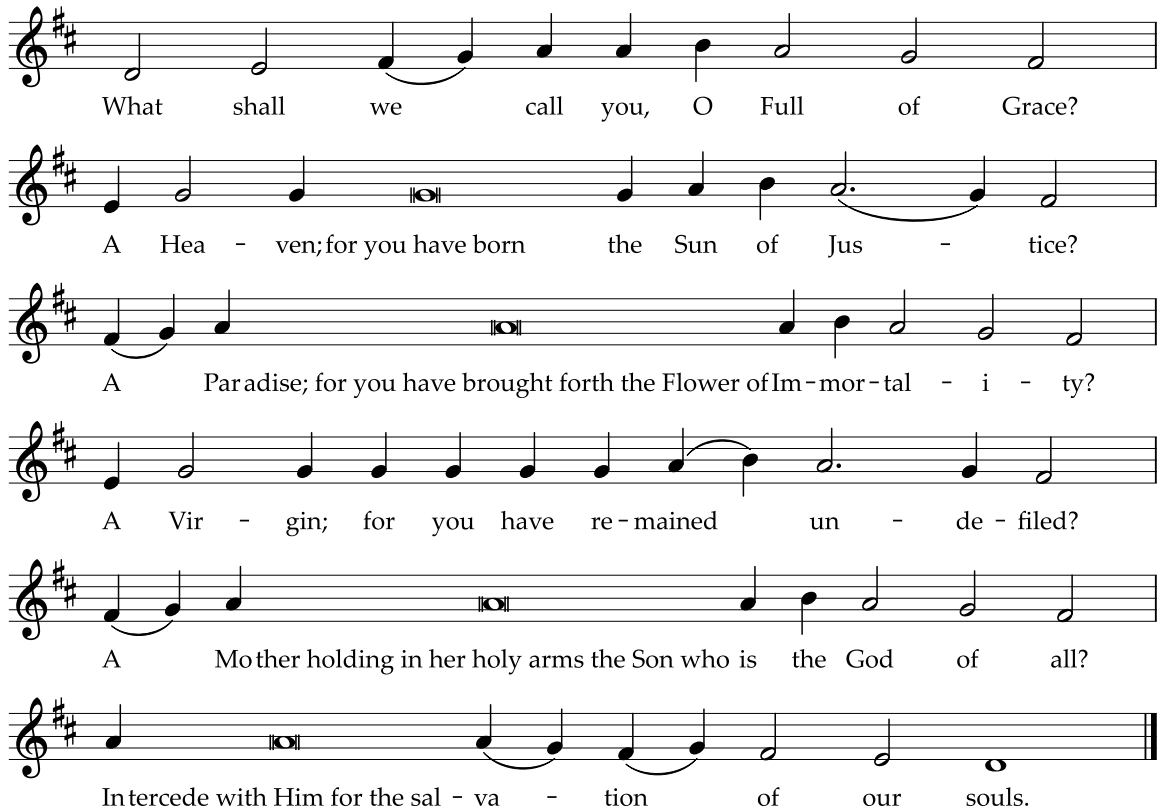
O ven-'ra-ble John, we have found your god-ly deeds to be a divine ladder  
lead-ing us to heav-en for you were a mod-el of vir-tue.  
There-fore, beg Christ our God to save our souls.

**Cantor**  
*(Tone 4):*



Now and ev-er and for-ev-er. A-men.

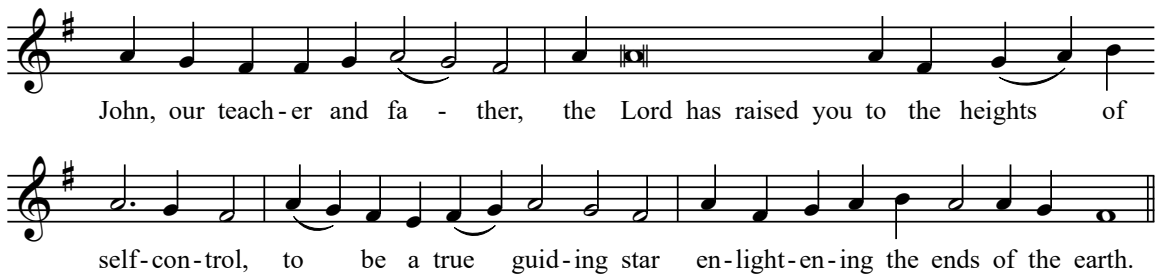
**Theotokion of First Hour – Tone 4:**



What shall we call you, O Full of Grace?  
A Hea - ven; for you have born the Sun of Jus - tice?  
A Paradise; for you have brought forth the Flower of Im - mor - tal - i - ty?  
A Vir - gin; for you have re - mained un - de - filed?  
A Mother holding in her holy arms the Son who is the God of all?  
Intercede with Him for the sal - va - tion of our souls.

*First Hour continues with "Guide my footsteps according to your promise..." on p. 7*

**Kontakion of our holy father John Climacus - Tone 4**

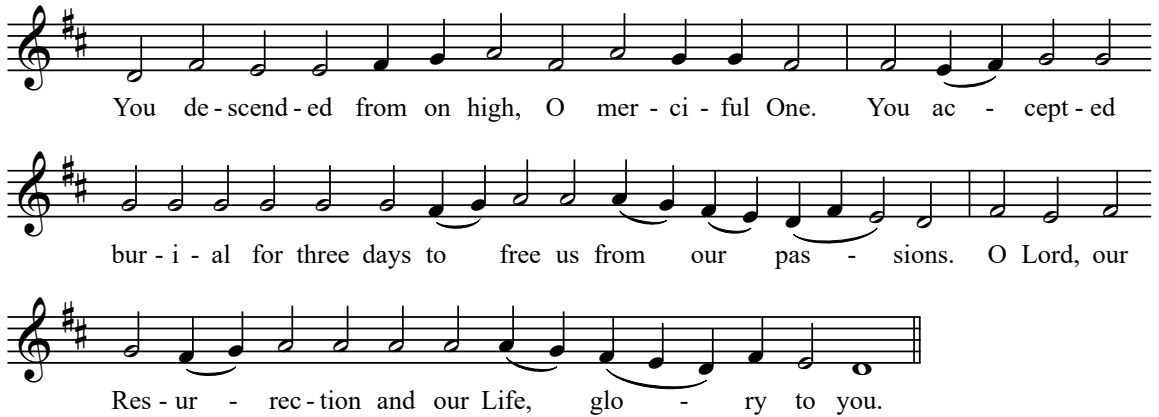


John, our teach - er and fa - ther, the Lord has raised you to the heights of  
self-con-trol, to be a true guid - ing star en - light - en - ing the ends of the earth.

*First Hour continues with "Lord, have mercy..." (40 times) on p. 8*

## THIRD HOUR


### Troparion of the Resurrection - *Tone 8*



You de-scend-ed from on high, O mer-ci-ful One. You ac-cept-ed  
bur-i-al for three days to free us from our pas-sions. O Lord, our  
Res-ur-rec-tion and our Life, glo-ry to you.

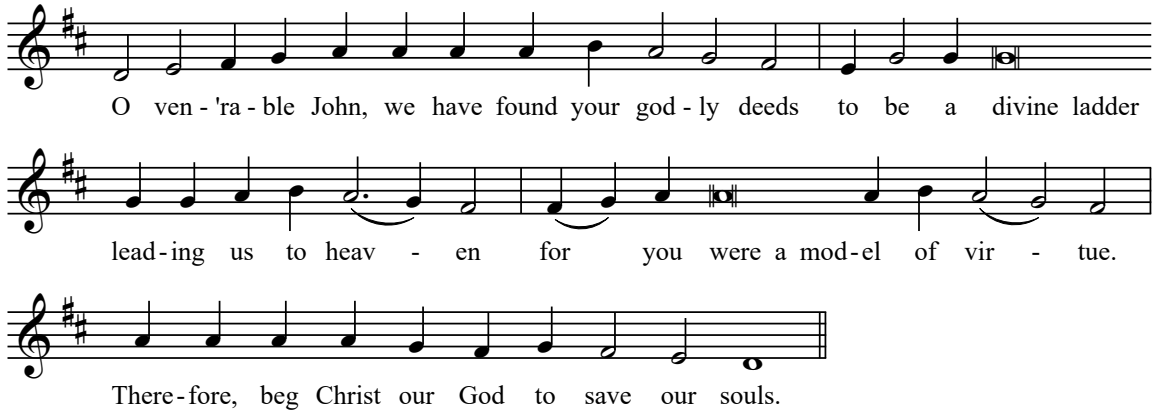
### Cantor

(*Tone 4*):



Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

### Troparion of our holy father John Climacus - *Tone 4*



O ven-'ra-ble John, we have found your god-ly deeds to be a divine ladder  
lead-ing us to heav-en for you were a mod-el of vir-tue.  
There-fore, beg Christ our God to save our souls.

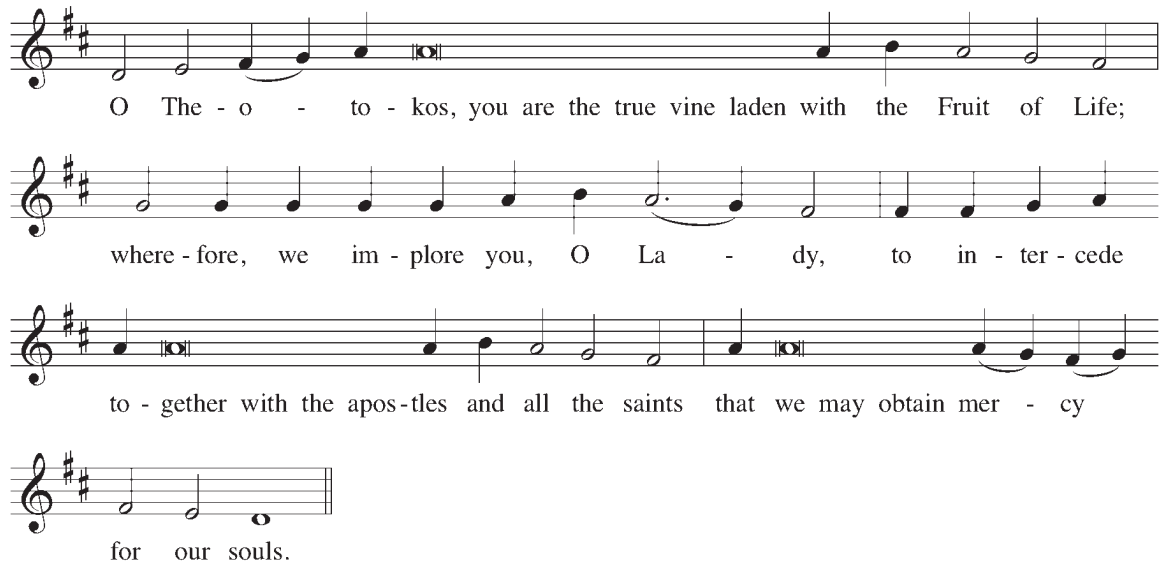
### Cantor

(*Tone 4*):



Now and ev-er and for-ev-er. A-men.


### Theotokion of Third Hour – Tone 4:



O The - o - to - kos, you are the true vine laden with the Fruit of Life;  
where - fore, we im - plore you, O La - dy, to in - ter - cede  
to - gether with the apos - tles and all the saints that we may obtain mer - cy  
for our souls.

*Third Hour continues with "May the Lord God be blessed..." on p. 16*

### Kontakion of our holy father John Climacus - Tone 4



John, our teach - er and fa - ther, the Lord has raised you to the heights of  
self - con - trol, to be a true guid - ing star en - light - en - ing the ends of the earth.

*Third Hour continues with "Lord, have mercy..." (40 times) on p. 16*

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<sup>1</sup> Format 23: Sundays During the Triodion