

# FIRST & THIRD HOUR PROPERs FOR SEPTEMBER 18<sup>TH</sup>, 2022

## SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS

### **Postfestive day of the Exaltation of the Cross**

**Our venerable father Eumenius the Wonder-worker, bishop of Gortyna** in Crete. He gave himself with his whole heart to Christ from his youth. He gave all he owned to the poor, and kept a very ascetic life of fasting and vigils. Seeing his virtue, the people of Gortyna chose him to be their bishop. He was father to the poor, consolation to the sad, healing to the sick, and a shepherd to his flock. He traveled to visit the desert fathers in the Thebaid, where he died. (7th century)

## FIRST HOUR

### **Troparion of the Resurrection - Tone 6**

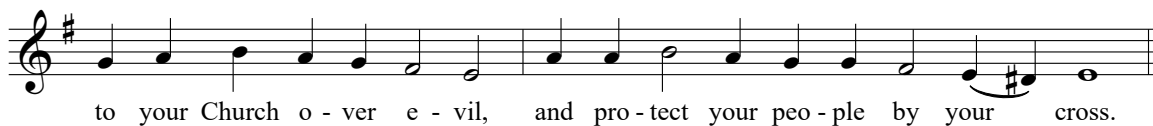
An - gel - ic pow - ers ap - peared at your tomb, and the guards be - came like dead  
men. Mar - y stood at the tomb seeking your most pure bod - y. You de - spoiled  
Ha - des with - out a chal - lenge. You, the Giv - er of Life met the  
Vir - gin. O Lord, ris - en from the dead, glo - - - ry to you!

### **Cantor (Tone 1):**

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.

### **Troparion of the Cross - Tone 1**

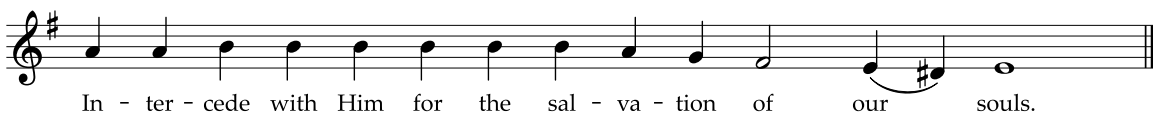
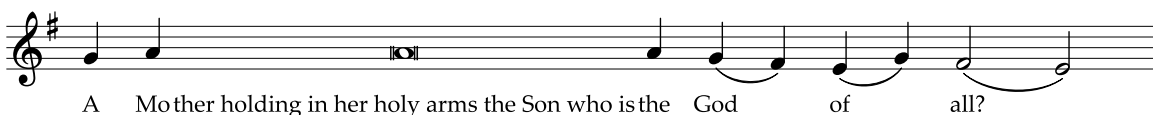
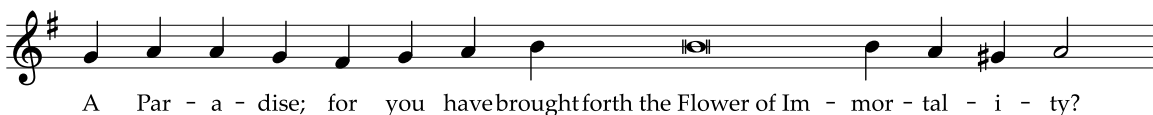
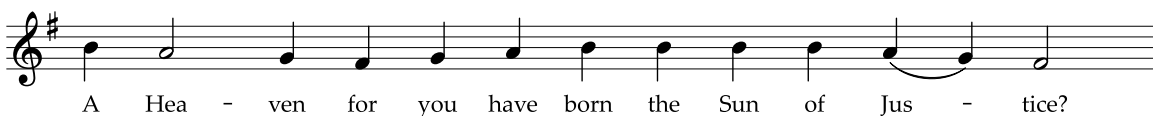
Save your peo - ple, O Lord, and bless your in - her - i - tance. Grant vic - to - - ry



**Cantor (Tone 1):**

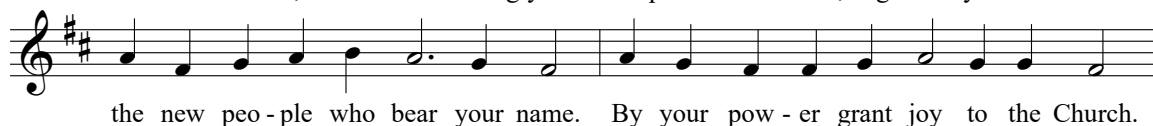



**Theotokion of First Hour – Tone 1:**




*First Hour continues with "Guide my footsteps according to your promise..." on p. 7*

**Kontakion of the Cross - Tone 4**





Give her vic - to - ry o - ver e - vil with your in - vin - cible tro - phy,




the weap - on of peace, as an al - ly.

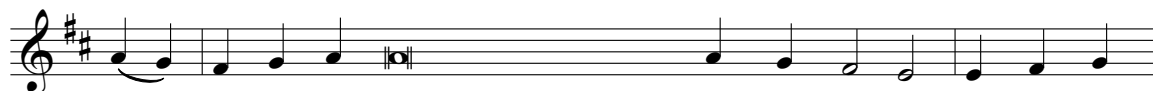
*First Hour continues with "Lord, have mercy..." (40 times) on p. 8*

## THIRD HOUR


### Troparion of the Resurrection - Tone 6




An - gel - ic pow - ers ap - peared at your tomb, and the guards be - came like dead



men. Mar - y stood at the tomb seeking your most pure bod - y. You de - spoiled




Ha - des with - out a chal - lenge. You, the Giv - er of Life met the



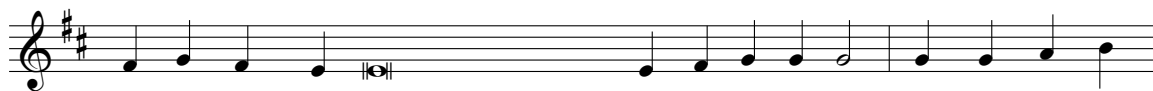
Vir - gin. O Lord, ris - en from the dead, glo - - - ry to you!

### Cantor (Tone 7):




Glo - ry to the Father, and to the Son, and to the Ho - ly Spir - it.

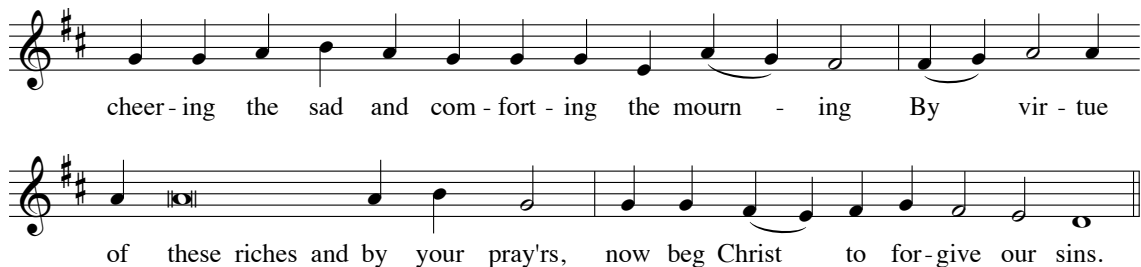
### Troparion of Eumenius - Tone 7



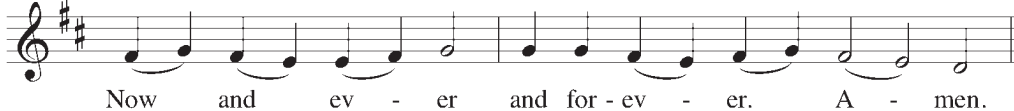
You en - riched your life with fasting, O fa - ther Eu - me - ni - us. You loved the poor



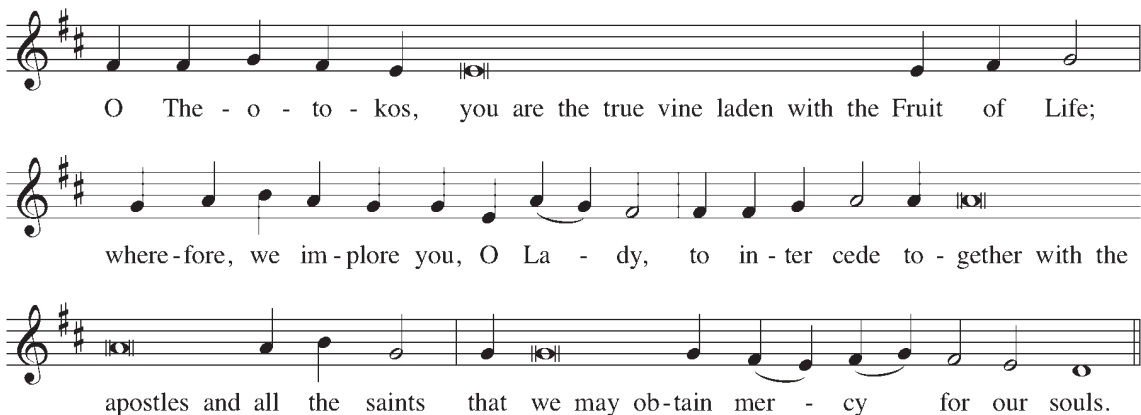
and gave them all you had. You were bright - er than the sun in vir - tue,



**Cantor (Tone 7):**

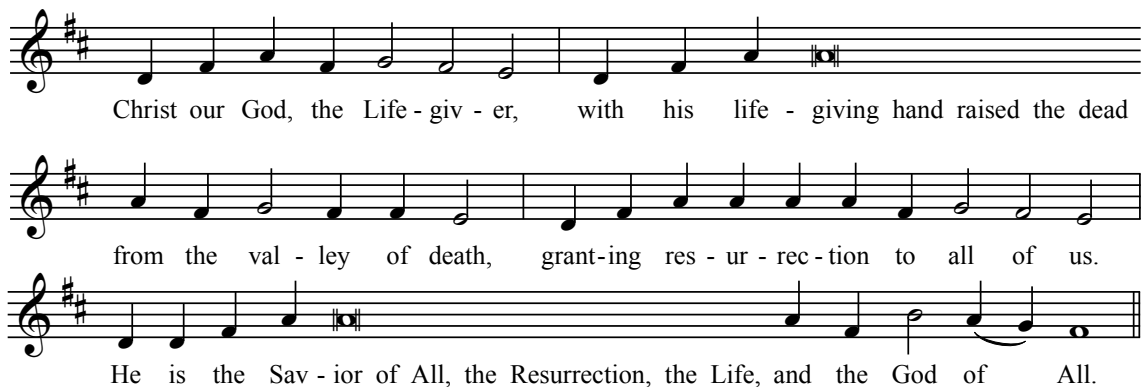


**Theotokion of Third Hour – Tone 7:**



*Third Hour continues with "May the Lord God be blessed..." on p. 16*

**Kontakion of the Resurrection - Tone 6**



*Third Hour continues with "Lord, have mercy..." (40 times) on p. 16*