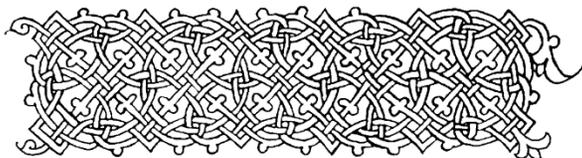


## Prayer of the Hours

O good God, in all times and places you are worshiped and glorified both in heaven and on earth. You are long-suffering and generous in your mercy and compassion. You love the just and show mercy to the sinner, calling all to repentance through the promise of blessings to come. Deem, O Lord, at this very hour, to receive our supplications and to direct our lives in the path of your commandments. Sanctify our souls; purify our bodies; set aright our minds; cleanse our thoughts; deliver us from all affliction, trouble, and distress; surround us with your holy angels so that, guided and guarded in their camp, we may attain oneness of faith and the knowledge of your unspeakable glory. For you are blessed forever and ever. Amen.

## Prayer before meals

Bless, O Christ God, the food and drink of your servants, for you are holy, always, now, and ever, and forever. Amen.



## The Symbol of Faith

I believe in one God, the Father Almighty, Creator of heaven and earth, of all things visible and invisible; and in one Lord Jesus Christ, Son of God, the only-begotten, born of the Father before all ages. Light from light, true God from true God, begotten, not made, one in essence with the Father; through whom all things were made. For us and for our salvation, he came down from heaven, and was incarnate from the Holy Spirit and the Virgin Mary, and became man. He was crucified for us under Pontius Pilate, and suffered and was buried. He rose on the third day according to the scriptures. He ascended into heaven and is seated at the right hand of the Father; and he is coming again in glory to judge the living and the dead, and his kingdom will have no end. And in the Holy Spirit, the Lord, the Creator of Life, who proceeds from the Father. Together with the Father and the Son he is worshiped and glorified; he spoke through the prophets. In one, holy, catholic, and apostolic Church. I profess one baptism for the remission of sins. I expect the resurrection of the dead and the life of the world to come. Amen.

# Byzantine Catholic Prayers



## The Jesus Prayer

Lord Jesus Christ, Son of God, have mercy on me, the sinner.

## The Sign of the Cross

+ In the name of the Father and of the Son and of the Holy Spirit. Amen.

Through the prayers of our holy fathers, O Lord Jesus Christ, our God, have mercy on us.



*from Pentecost until Pascha:*

Glory to you, our God, glory to you.

## Heavenly King

Heavenly King, Comforter, Spirit of Truth, everywhere present and filling all things. Treasury of Blessings and Giver of Life, come and dwell within us, cleanse us of all stain, and save our souls, O gracious One.

*from Pascha until Ascension:*

## Paschal Troparion

Christ is risen from the dead! By death, he trampled Death, and to those in the tombs he granted life.



## Trisagion Prayers

Holy God, Holy and Mighty, Holy and Immortal, have mercy on us. (*three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Most Holy Trinity, have mercy on us; Lord, cleanse us of our sins; Master, forgive our transgressions; Holy One, come to us and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

## The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Amen.



## The Hymn of the Evening

O Joyful Light of the holy glory of the Father immortal, the heavenly, holy, the blessed One, O Jesus Christ: now that we have seen the setting of the sun and see the evening light, we sing to God, Father, Son, and Holy Spirit. It is fitting at all times to raise a song of praise in measured melody to you, O Son of God, the Giver of Life. Therefore, the universe sings your glory.

## Ganticle of Simeon

Now you may dismiss your servant, O Lord, in peace according to your word, for my eyes have seen your salvation, which you have prepared before the face of all people, a light for revelation to the Gentiles, and the glory of your people Israel.

## The Angelic Salutation

Rejoice, O Virgin Theotokos! Mary, full of grace, the Lord is with you! Blessed are you among women and blessed is the fruit of your womb, for you gave birth to Christ, the Savior and Redeemer of our souls.

## Beneath your compassion

Beneath your compassion we take refuge, O Virgin Theotokos. Despise not our prayers in our need, but deliver us from dangers, for you alone are pure and blessed.

## It is truly proper

It is truly proper to glorify you, O Theotokos, the ever-blessed, immaculate, and the mother of our God.

More honorable than the cherubim, and beyond compare more glorious than the seraphim; who, a virgin, gave birth to God the Word, you, truly the Theotokos, we magnify.



*on Days of Alleluia:*

## The Prayer of St. Ephrem

Lord and Master of my life, spare me from the spirit of indifference, despair, lust for power, and idle chatter. (*Prostration*)

Instead, bestow on me, your servant, the spirit of integrity, humility, patience, and love. (*Prostration*)

Yes, O Lord and King, let me see my own sins and not judge my brothers and sisters; for you are blessed forever and ever. Amen. (*Prostration*)