

Matins Propers

Twentieth Sunday after Pentecost

in the Third Tone with the Ninth Resurrection Gospel

Hexapsalmos

*The reader chants only **Psalm 62** on page 3 followed by "Glory..." on page 6.*

Matins then continues with the Litany of Peace on page 7.

The Lord is God (page 9)

Tone 3

The Lord is God and has re-vealed him-self to us; bless-ed is he
who comes in the name of the Lord.

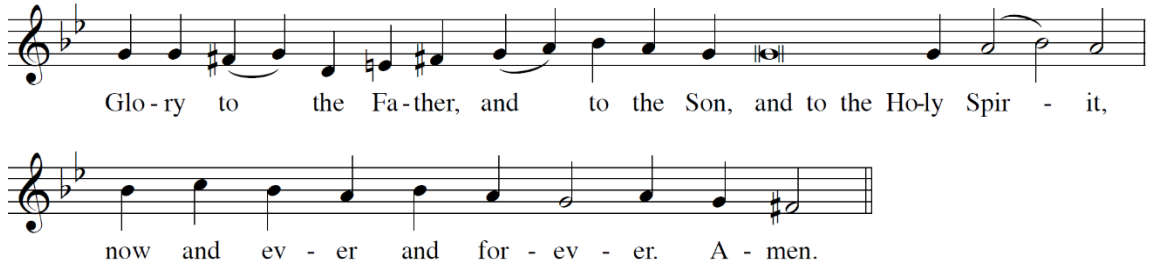
Troparia (page 9)

Troparion of the Resurrection – Tone 3

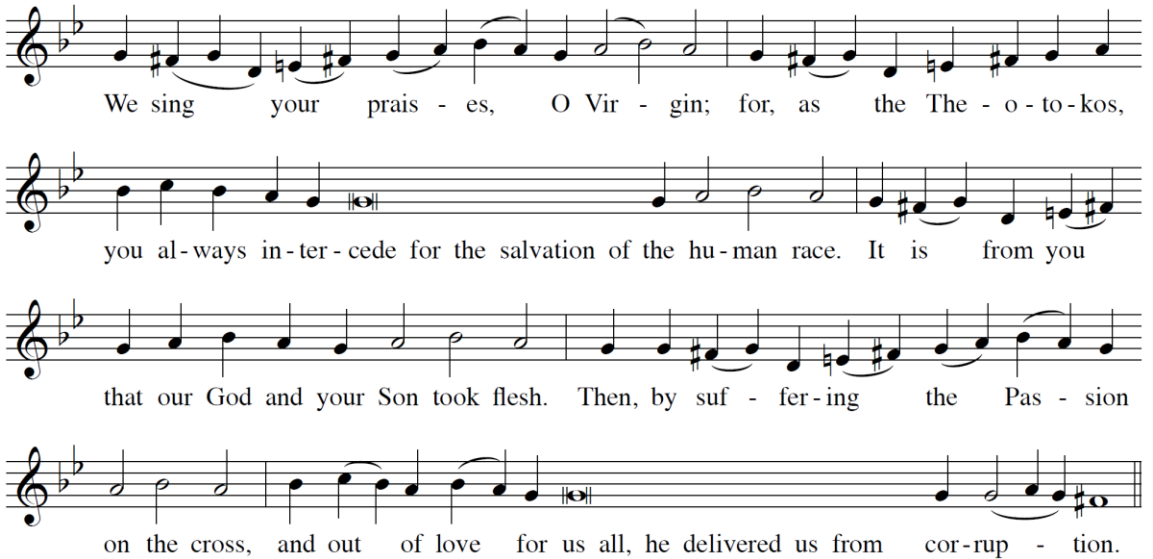
Let the heav-ens re-joice, let the earth be glad; for the Lord
has shown the might of his arm. By his death the Lord has tram-pled Death;
he has be-come the first-born of the dead; he has de-liv-ered
us from the depths of Ha-des and has grant-ed great mer-cy to the world.

The repetition of the troparion is omitted.

Cantor (*Tone 3*):



Festive Theotokion – Tone 3



Kathismata (*page 10*)

People: Lord, have mercy (*three times*)
Glory to the Father and to the Son and to the Holy Spirit

Reader: Now and ever and forever. Amen.

The 1st stasis of the 3rd Kathisma: **Psalm 17**

I will love you, O Lord, my strength, my rock, my fortress, my savior. The Lord is my rock and my refuge; my shield, my mighty help, my stronghold. The Lord is worthy of all praise, when I call I am saved from my foes. The waves of death rose about me; the torrents of destruction assailed me; the snares of the grave entangled me; the traps of death confronted me. In my anguish I called to the Lord; I cried to God for help. From his

temple he heard my voice; my cry came to his ears. Then the earth reeled and rocked; the mountains were shaken to their base: they reeled at his terrible anger. Smoke came forth from his nostril and scorching fire from his mouth: coals were set ablaze by its heat. He lowered the heavens and came down, a black cloud under his feet. He came enthroned on the cherubim; he flew on the wings of the wind. He made the darkness his covering, the dark waters of the clouds, his tent. A brightness shone out before him with hailstones and flashes of fire. The Lord thundered in the heavens; The Most High let his voice be heard. He shot his arrows, scattered the foe, flashed his lightnings and put them to flight. The bed of the ocean was revealed; the foundations of the world were laid bare at the thunder of your threat, O Lord, at the blast of the breath of your anger. From on high he reached down and seized me; he drew me forth from the mighty waters. He snatched me from my powerful foe, from my enemies whose strength I could not match. They assailed me in the day of my misfortune, but the Lord was my support. He brought me forth into freedom, he saved me because he loved me. He rewarded me because I was just, repaid me, for my hands were clean, for I have kept the way of the Lord, and have not fallen away from my God. For his judgments are all before me: I have never neglected his commands. I have always been upright before him; I have kept myself from guilt. He repaid me because I was just and my hands were clean in his eyes. You are loving with those who love you: you show yourself perfect with the perfect. With the sincere you show yourself sincere, but the cunning you outdo in cunning. For you save a humble people but humble the eyes that are proud. You, O Lord, are my lamp, my God who lightens my darkness. With you I can break through any barrier, with my God I can scale any wall. As for God, his ways are perfect; the word of the Lord, purest gold. He indeed is the shield of all who make him their refuge. For who is God but the Lord? Who is a rock but our God? The God who girds me with strength and makes my way blameless. My feet you make swift as the deer's; you have set me upon the high places. You have trained my hands for battle and my hands to bend the heavy bow. You gave me your saving shield; you upheld me, trained me with care. You gave me freedom for my steps; my feet have never slipped. I pursued and overtook my foes, never turning back till they were slain. I smote them so they could not rise; they fell beneath my feet. You girded me with strength for battle; you made my enemies fall beneath me; you made my foes take flight; those who hated me I destroyed. They cried, but there was no one to save them; they cried to the Lord, but in vain. I crushed them fine as dust before the wind; trod them down like dirt in the streets. You saved me from the feuds of the people and put me at the head of the nations. People unknown to me served me: when they heard of me, they obeyed me. Foreign nations came to me cringing; foreign nations faded away. They came trembling out of their strongholds. Long

life to the Lord, my rock! Praise be the God who saves me, the God who grants me vindication and subdues people under me. You saved me from my furious foes. You set me above my assailants. You saved me from violent men, so I shall praise you, Lord, among the nations: I shall sing a psalm to your name. He has given great victories to his king and has shown his love for David, his anointed, and his descendants forever.

Reader: Glory to the Father and to the Son and to the Holy Spirit

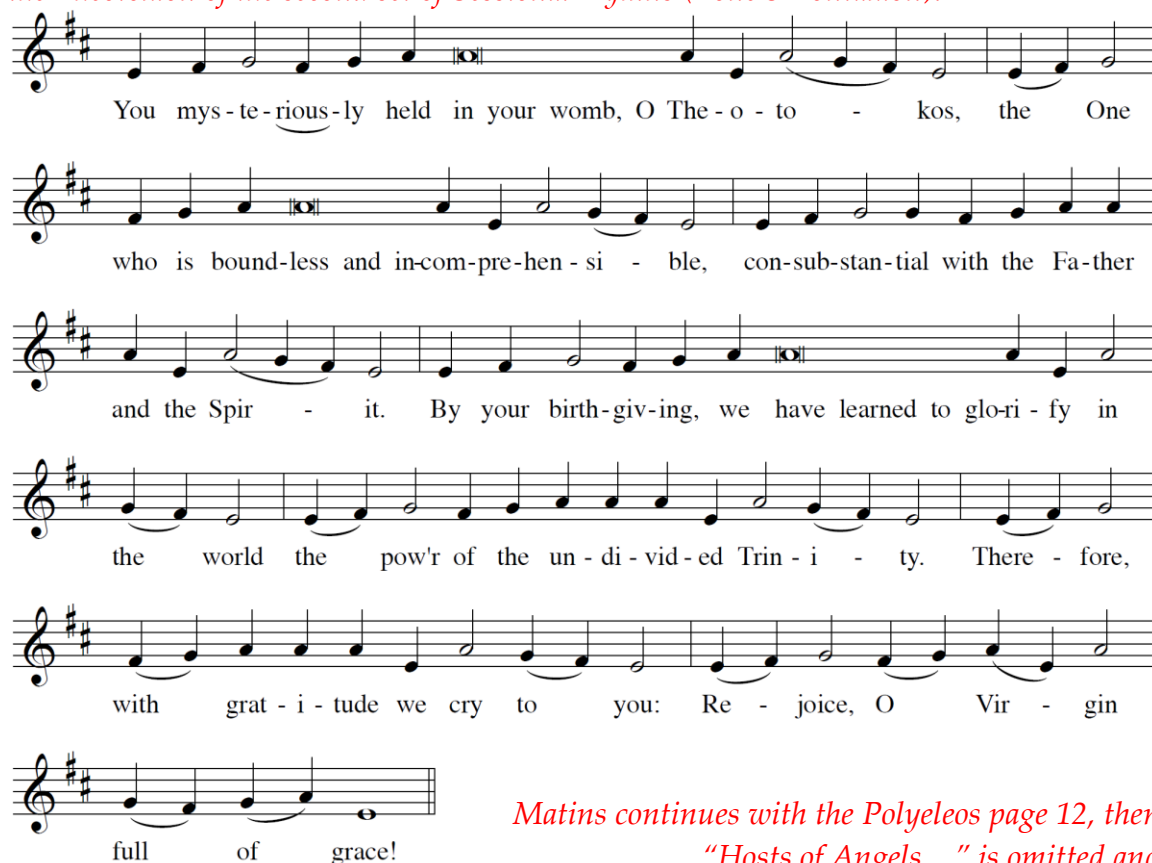
People: Now and ever and forever. Amen.

Alleluia, alleluia, alleluia! Glory to you, O God! (*three times*)

Matins continues with the Small Litany on page 10.

Sessional Hymn (*page 11*)

the Theotokion of the second set of Sessional Hymns (Tone 3 Kontakion):



You mys - te - rious - ly held in your womb, O The - o - to - kos, the One

who is bound - less and in - com - pre - hen - si - ble, con - sub - stan - tial with the Fa - ther

and the Spir - it. By your birth - giv - ing, we have learned to glo - ri - fy in

the world the pow'r of the un - di - vid - ed Trin - i - ty. There - fore,

with grat - i - tude we cry to you: Re - joice, O Vir - gin

full of grace!

*Matins continues with the Polyeleos page 12, then
"Hosts of Angels..." is omitted and
Matins continues with the Small Litany on page 21*

Ἡψαλμὸς (page 21)

Tone 3



The bril - liant an - gel star-tled the myrrh-bear-ing wom-en and said: Why do
you seek the Liv - ing One in the grave? He is tru - ly
ris - en and has emp - tied the tombs. Know, there - fore, that the
Change - less One changed corruption to in - cor - rup - tion. Say to him:
how dread - ful are your works, O Lord, for by your death
you have saved the hu - man race.

Stepenna (page 21)

The 1st & 2nd Antiphons of the Stepenna (Gradual Hymns) are omitted.

The 3rd Antiphon of the Stepenna in Tone 3:



Bless - ed are they who fear the Lord; for they walk in the way of his
com-mand - ments, for they shall eat the fruits of u - ni - ver - sal life.

Re-joice with glad-ness, O chief Shep-herd, as you be-hold your
 chil-dren's chil-dren a-round your ta-ble, of-fer-ing branch-es
 of good deeds. Glo-ry to the Fa-ther, and to the Son, and to
 the Ho-ly Spir-it; now and ev-er and for-ev-er. A-men.
 All the rich-ness of glo-ry is in the Ho-ly Spir-it.
 From him comes grace, and life for all cre-a-tion.
 There-fore, he is praised with the Fa-ther and the Word.

Matins continues with the Prokeimenon ("Let us be attentive...") on page 22.

Prokeimenon (page 22)

Psalms 95:10, 1

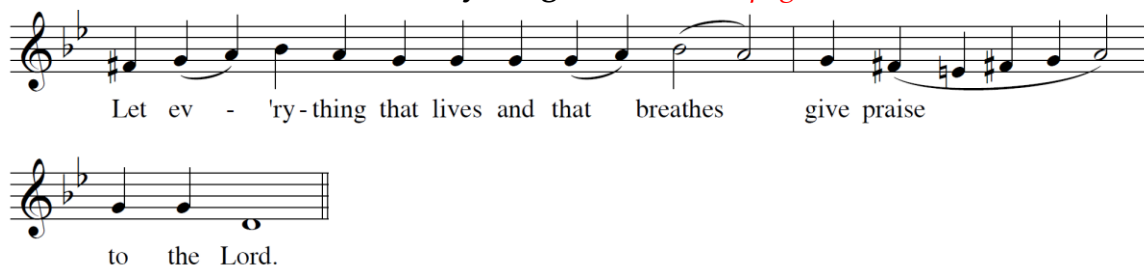
Pro-claim to the na-tions: God is King. The world he made firm,
 not to be moved.

Deacon: O sing a new song to the Lord;
Sing to the Lord, all the earth.

Matins continues with the Preparation for the Gospel ("Let us pray...") on page 22..

Let everything that lives... (page 22)

Tone 3



The Preparation for the Gospel continues with "That we may be deemed..." on page 23.

The Ninth Resurrection Gospel is read (John 20: 19-31).

The Hymn of the Resurrection is sung (p. 24) and then Psalm 50 (p. 26).

The usual stichera at Psalm 50 (p. 28) are sung.

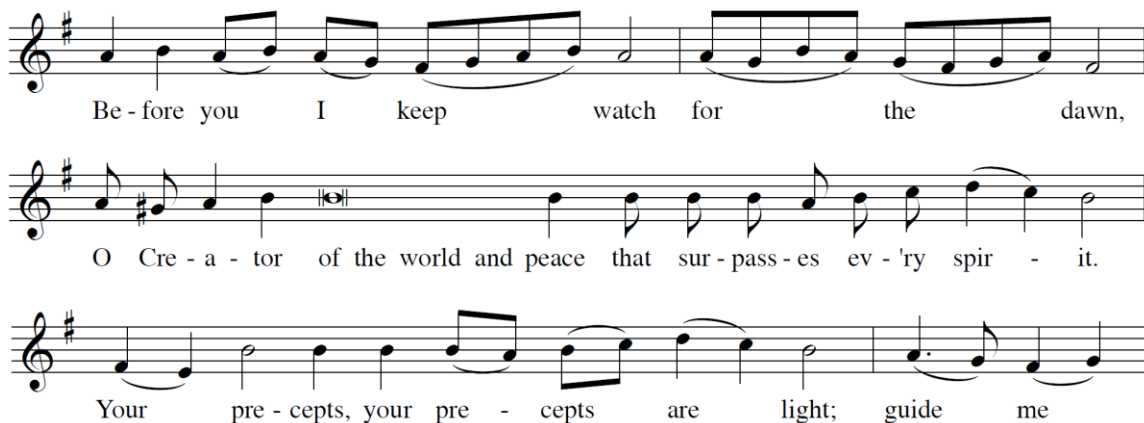
The Canon (page 32)

Odes 1-4 are omitted and the Canon of the Resurrection continues with Ode 5.

(The Canons of the Cross-Resurrection, and of the Theotokos are omitted)

**Ode 5
Irmos**

Tone 3



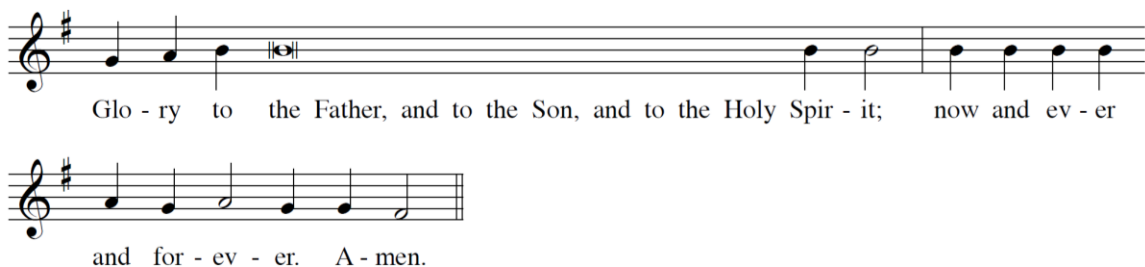


Refrain



You probe the depths of hearts and judge the world with righteousness, and yet through jealousy you were handed over to an impious judge. But you have saved Adam from the ancient condemnation. *Refrain*

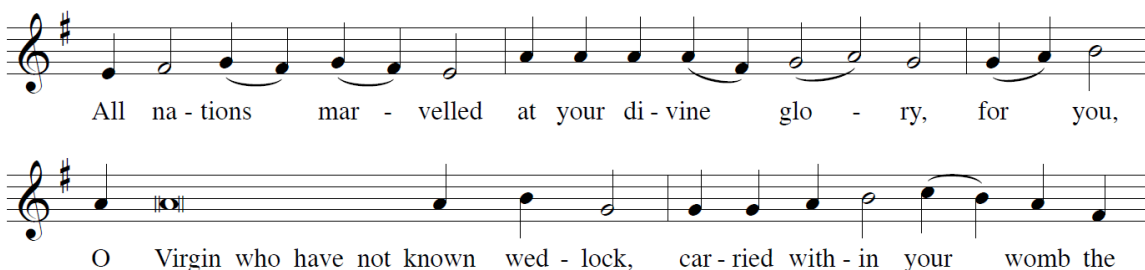
By the invincible power of your cross, grant peace to your churches, O Christ; and resurrected from the dead, save our souls.



You are the sanctified temple and more spacious than the heavens, O ever-Virgin; for you alone held the Word of God whom the entire creation could not contain.

Katavasia 5 of the Theotokos

Tone 4



God of all, the eternal Son to whom you gave birth; he grants sal - va - tion
to all who sing your prais - es. -

Ode 6
Irmos

Tone 3

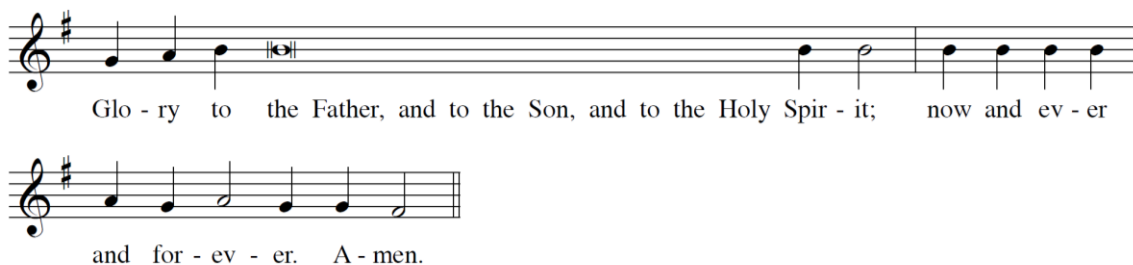
En - cir - cled by the bot - tom - less pit of my sins,
I felt my breath fail - ing me; raise your hand, O Mas - ter,
reach out to me and save me as you saved Pe - ter;
for you walk on the wa - - - - ters.

Refrain

Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

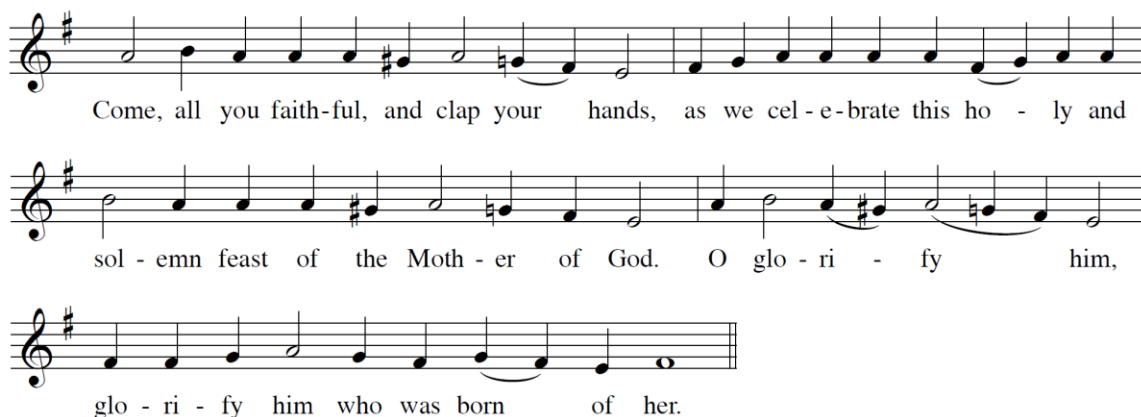
An abyss of mercy and goodness encircled me when in your compassion you came down to earth, O Master; for you have come in the flesh as a slave that I may become as God; and you have shared your own glory with me. *Refrain*

Seeing you alive after your death, the author of Death was reduced to nothing. Such are the signs of your Resurrection, O Christ, and the triumph of your holy passion.



O all-pure One, you are our certain intercessor with the Creator; persuade your Son to grant his protection and favor to your unworthy servants.

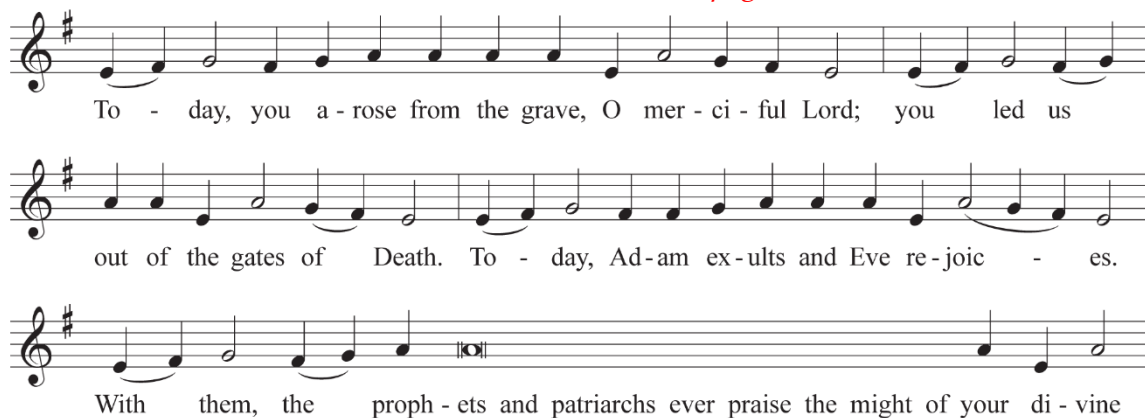
Katavasia 6 of the Theotokos



Matins continues with the Small Litany on page 33.

Kontakion & Ikos (page 34)

Tone 3

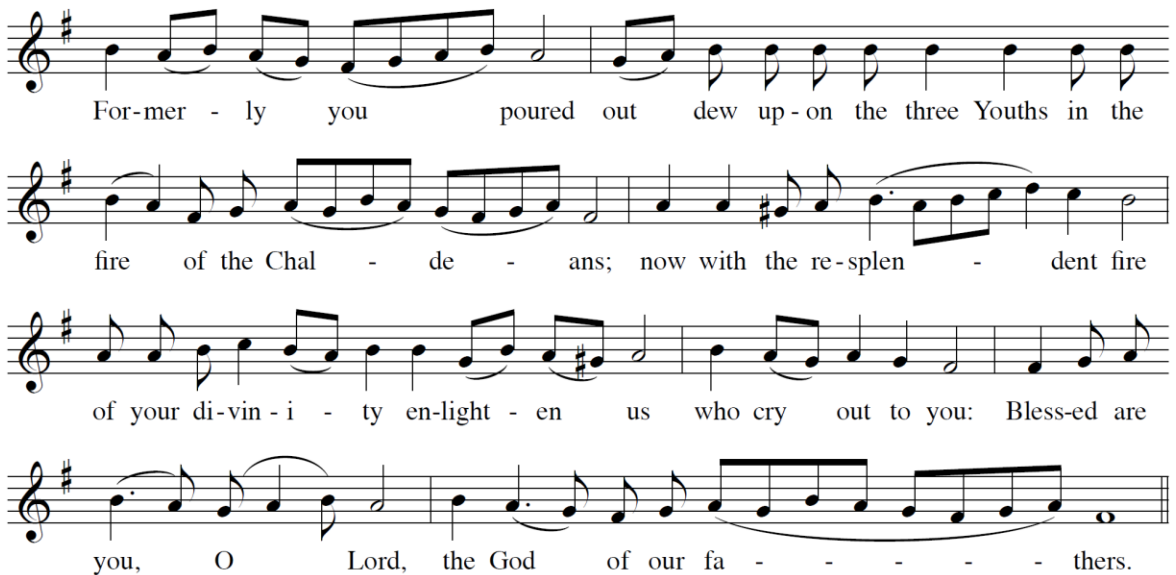




Ikos: Let heaven and earth dance with joy today, and with one heart let them praise Christ our God who has raised the captives of death from their tombs. Let all creation rejoice, offering worthy hymns to the Creator of the world and our Redeemer. As the Source of life, he drew the human race from Hades and raised them up with him to heaven; he crushed the pride of the Enemy and shattered the gates of Hades by the power of his divinity.

The Synaxarion is omitted & the Canon continues with Ode 7.

Ode 7
Irmos

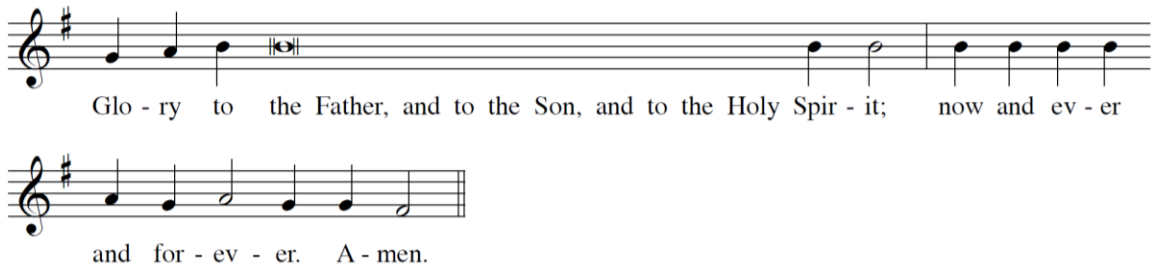


Refrain



At the crucifixion of the Savior, the curtain of the Temple was torn in two, revealing the truth hidden in the Scripture to the faithful who proclaim: Blessed are you, O Lord, God of our fathers. *Refrain*

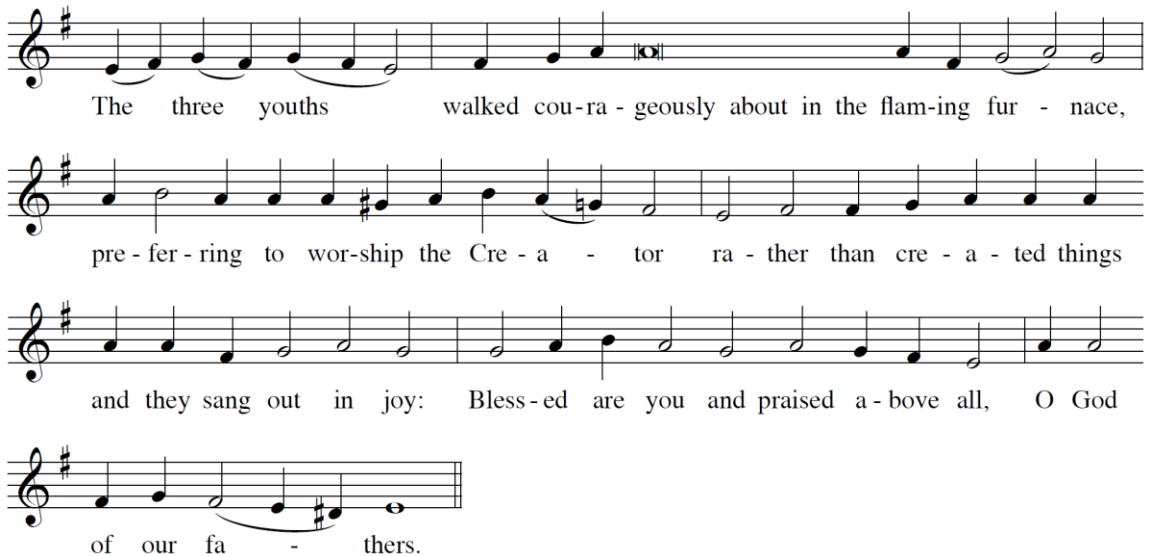
When your side was pierced, O Christ, the divine dew of your life-giving blood was poured out upon the earth according to your plan of salvation; it renewed all the children of the earth who cry out: Blessed are you, O Lord, God of our fathers.



Let us give glory to the Spirit of goodness, to the only Son and to the eternal Father; O faithful, let us venerate one principle and one divinity in three Persons: Blessed are you, O Lord, God of our fathers.

Katavasia 7 of the Theotokos

Tone 4



*Ode 8 is omitted,
the people stand &
Matins continues with "Let us greatly extol..." & the Canticle of the Theotokos on p. 34.*

Ode 9
Irmos

Tone 3

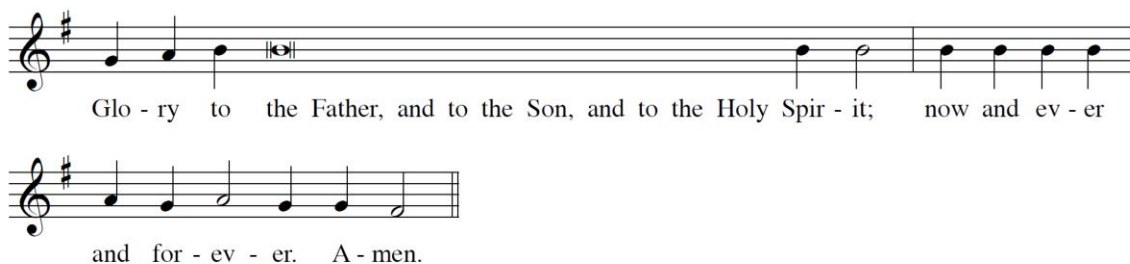
A new won - der, wor - thy of God! The Lord has tru - ly
passed through the closed gate, the closed gate of a Vir - gin.
Nak - ed he came forth and at his de - par - ture we see him
clothed in the flesh, yet the door has
re - - - mained closed: The one who is Moth - er of God
we now ex - tol be - yond words.

Refrain

Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

It is dreadful to see the Creator and the Word of God hanging on the cross. Our God suffers in the flesh for his servants, and lifeless, he is placed in the tomb; yet he delivers the dead from Hades. O Christ, the almighty One, we extol you. *Refrain*

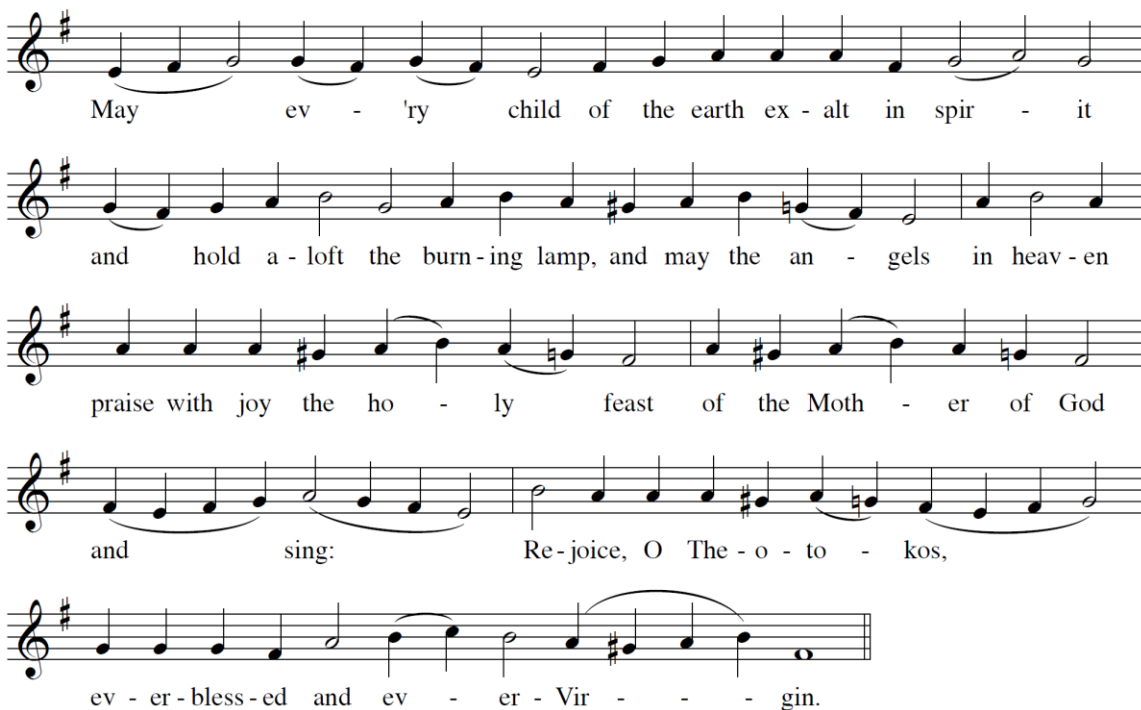
Placed in the tomb as one dead, O Christ, you saved our ancestors from death; you raised the dead and make life flourish once more; with your own hand, you lead the human race toward the light and clothe them with divine immortality. O inexhaustible Source of light, we extol you.



You are the throne and the temple of God, and the Most High has made his dwelling in you; O most pure One, you gave birth without seed, and the gate of the flesh was not opened. We now beseech you to intercede before Christ the King for all your faithful.

Katavasia 9 of the Theotokos

Tone 4



Matins continues with the Small Litany on page 36.

Holy is the Lord our God (page 37)

Tone 3



Hymn of Light (page 37)

Though the doors were locked, O Lord, you entered and filled your apostles with the Holy Spirit, and breathing over them, you gave them your peace. You said to them: Whose sins you forgive, they are forgiven; whose sins you bind, they are bound. After eight days you showed Thomas your hands and your side. With them, therefore, we cry to you: You are my Lord and my God!

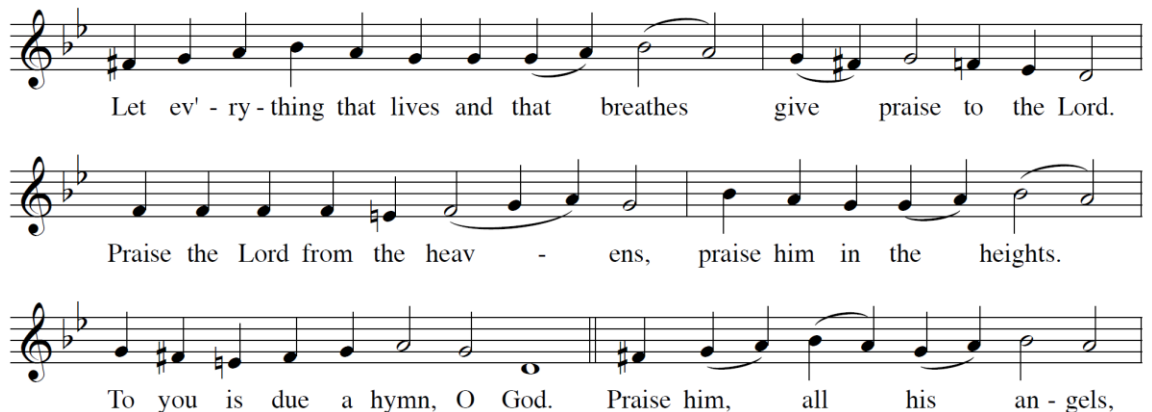
Glory... now and ever ...

When you beheld your Son risen from the tomb after three days, O most holy Virgin bride of God, you put away all sorrow which you had borne as a Mother when you beheld him suffering. Now that your soul is filled with joy, you sing hymns of praise together with the disciples. Now save those who proclaim you as Theotokos.

Matins continues with the Psalms of Praise.

Psalms of Praise (page 38)

Tone 3



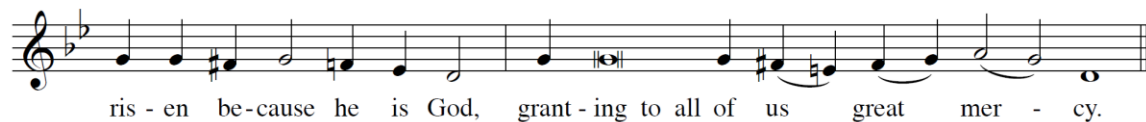
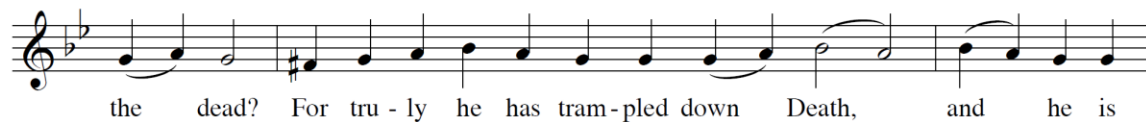
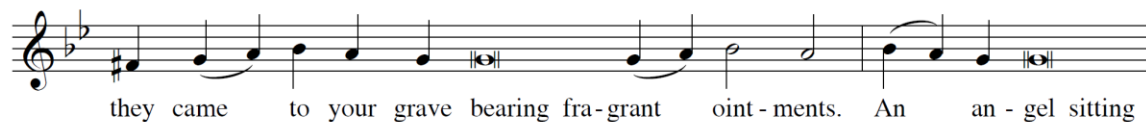
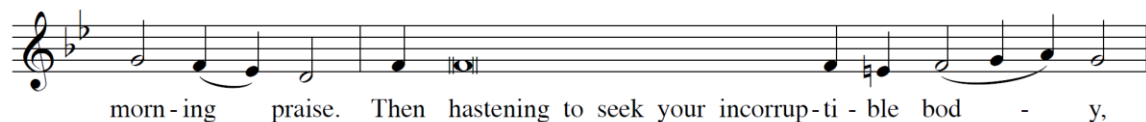
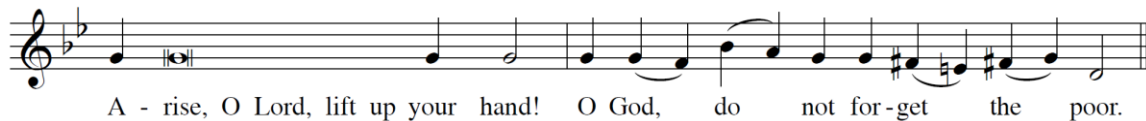


The Psalms of Praise continue with "Praise him, sun and moon..." on page 38.

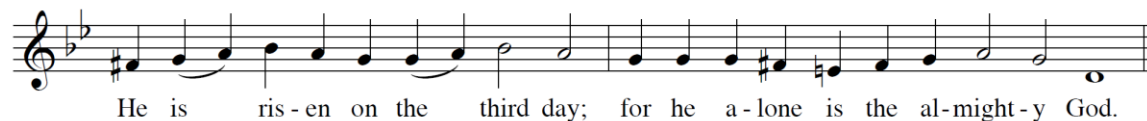
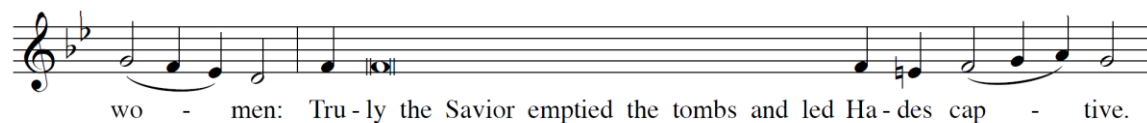
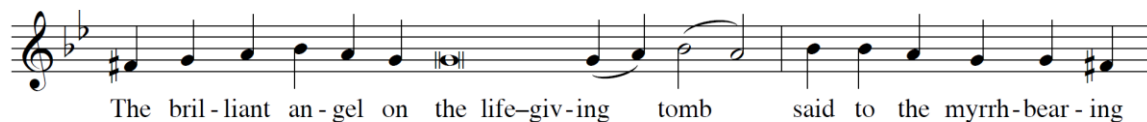
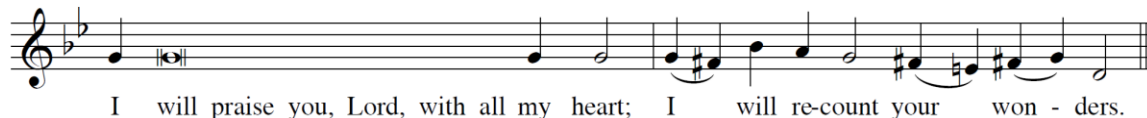
Stichera (page 40)

the 5th & 6th of the 8 Sunday stichera (all the rest are omitted):

Cantor (Tone 3):



Cantor (*Tone 3*):

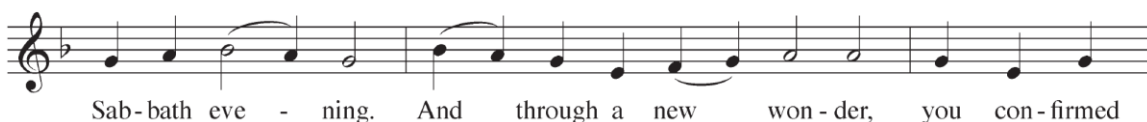
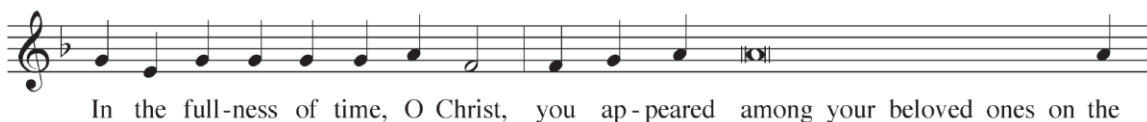


Cantor (*Tone 5*):



Ninth Gospel Stanza

Tone 5



your Resurrection from the dead by your en-trance while the doors were closed.

You filled the dis - ci - ples with joy, grant-ing them the Ho - ly Spir - it

and be-stow-ing on them pow-er to for-give sins. As for Thom-as, you did not

permit him to drown in the depths of faith - less - ness There-fore, grant us the

knowl-edge of the truth and for-give-ness of sins, O com-pas-sion-ate Lord.

Matins continues with "Now and ever..." & the Theotokion for normal Sundays on p. 41.