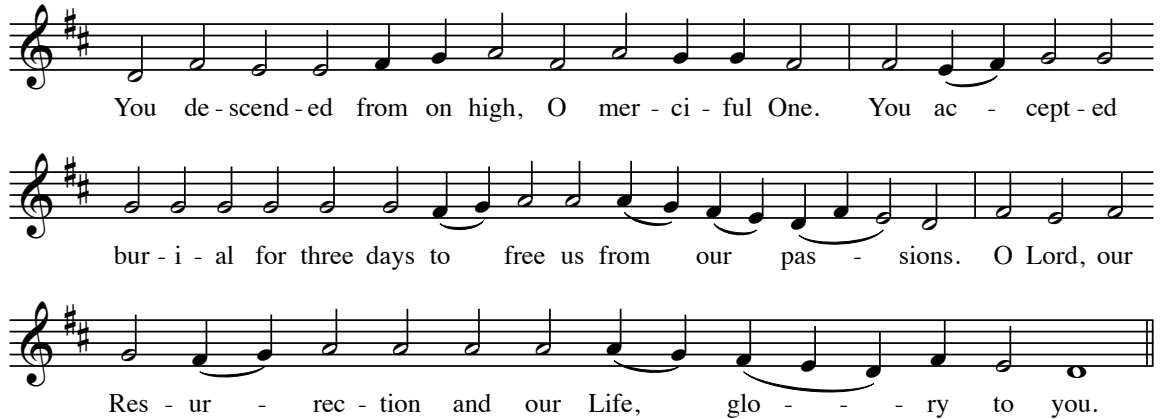


THIRD HOUR PROPER FOR SEPTEMBER 19TH, 2021

SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS

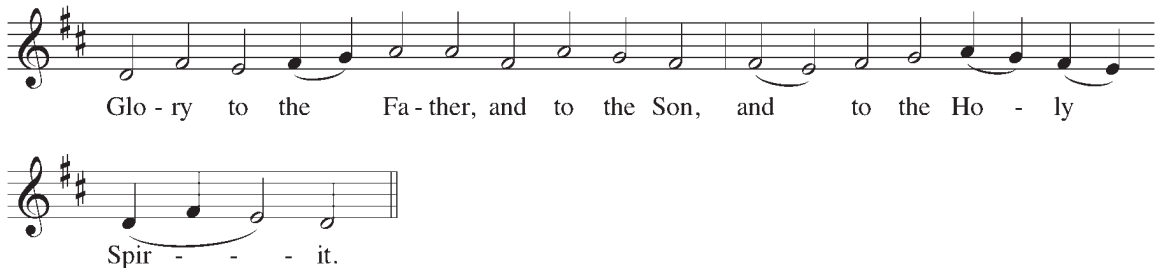
¹The holy martyrs Throphimus, Sabbatius, and Dorymedont, who died for the faith in Phrygia during the reign of the emperor Probus. (c. 227)

Troparion of the Resurrection - Tone 8



You de-scend-ed from on high, O mer-ci-ful One. You ac-cept-ed bur-i-al for three days to free us from our pas-sions. O Lord, our Res-ur-rec-tion and our Life, glo-ry to you.

Cantor (Tone 8):



Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

Troparion of the Martyrs - Tone 8



God is praised in the Ho-ly Trin-i-ty, and he prais-es the three mar-tyr's, Tro-phi-nus, Sab-ba-ti-us and Do-ry-me-dont. By their faith, they con-quer-ed the en-e-my. By their pray'rs, have mer-cy on us,



O Christ our God.

Cantor (Tone 8):



Now and ev - er and for - ev - er. A - - men.

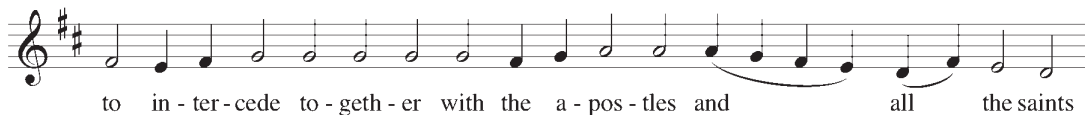
Theotokion of Third Hour – Tone 8:



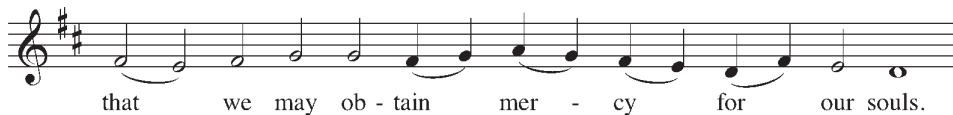
O The - o - to - kos, you are the true vine la - den with the



Fruit of Life; where-fore, we im - plore you, O La - dy,



to in - ter - cede to - geth - er with the a - pos - tles and all the saints



that we may ob - tain mer - cy for our souls.

Third Hour continues with "May the Lord God be blessed..." on p. 9

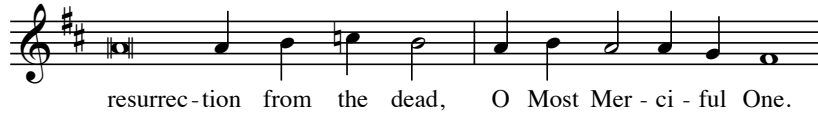
Kontakion of the Resurrection - Tone 8



Ris - ing from the grave, you raised the dead. You lift - ed up Ad - am,



and Eve rejoices in your res - ur - rec - tion. The whole world cel - ebrates your



resurrec - tion from the dead, O Most Mer - ci - ful One.

Third Hour continues with "Lord, have mercy..." (40 times) on p. 11

¹ Format 16: Sunday within a Postfestive Period and an Ordinary Saint