

TYPICA PROPER FOR MARCH 14TH, 2021

FOURTH SUNDAY OF THE GREAT FAST

Commemoration of our Venerable Father John Climacus¹

Our venerable father Benedict. Born in Nursia in Umbria and educated in Rome, he began a hermit's life in the Subiaco region. He gathered many disciples around himself, and then went to Monte Casino. There he founded his celebrated monastery and composed his "Rule for Monks." This rule spread so widely that he has deserved to be called the patriarch of monks in the West. It is said that he died on the twenty-first day of March. (550)

At the Beatitudes – (Tone 8)

6 stichera in the tone of the week from the Octoechos:

Cantor - (Tone 8):

Blessed are the merciful, for they will be shown mercy.

(8) Troparion

Remember us, O Christ, You Savior of the world, * as You remembered the thief upon the Cross; * and deem us all worthy of Your heavenly kingdom, ** O You Who alone are compassionate.

Cantor:

Blessed are the pure of heart, for they will see God.

(7) Troparion

Hearken, O Adam, and rejoice with Eve; * for He who of old stripped you both naked, * and by deception has taken all of us captive, ** has been set at naught by the Cross of Christ.

Cantor:

Blessed are the peacemakers, for they will be called children of God.

(6) Troparion

Nailed of Your own will to the Tree, O our Savior, * You delivered Adam from the curse which came through the tree, * and has rewarded that which is in Your image ** with a dwelling in paradise, in that You are compassionate.

Cantor:

Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

(5) Troparion

Today is Christ risen from the tomb, * granting incorruption to all the faithful; * renewing the joy of the myrrh-bearing women ** after His suffering and resurrection.

Cantor:

Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me.

(4) Troparion

Girded with power You ascended the Cross * and wrestle with the tyrant, * and as God hurled him from on high; ** but You raised up Adam with Your invincible hand.

Cantor:

Rejoice and be glad, for your reward will be great in heaven.

(3) Troparion

Rejoice, O wise myrrh-bearing women, * who were first to behold the resurrection of Christ, * and who proclaimed to the apostles ** the glad tidings of the restoration of the whole world!

Cantor:

Glory to the Father, and to the Son, and to the Holy Spirit.

(2) Troparion

O you apostles, who are manifestly the friends of Christ * and are to be enthroned with Him in glory: * entreat Him with boldness, ** that He intercede for us, for ye are His disciples.

Cantor:

Now and ever and forever. Amen.

(1) Theotokion

Your pure womb, O Theotokos, * has been declared the dwellingplace of the unapproachable Godhead; * upon which without fear the Hosts of heaven dare not gaze, * wherefore we cry to you; ** Rejoice you who barest Him who gives life to all.

At this point, the PROKEIMENON, APOSTOLIC READING, ALLELUIA, and GOSPEL for the day may be read, as at the Divine Liturgy. If there is no priest, the priest's and deacon's exclamations are omitted, incense is not used, and the leader reads the Gospel from before the tetrapod, facing east, in an ordinary voice.

Prokeimenon of the Resurrection - Tone 8 (Psalm 75:12,2):

Make vows to the Lord your God, to the Lord your God



Verse: God is known in Judah; in Israel his name is great.

Then immediately after the verse:

Prokeimenon of a Venerable - Tone 8 (Psalm 149:5):



Alleluia of the Resurrection - Tone 8 (Psalm 94:1,2):



Verse: Come, let us sing joyfully to the Lord; let us acclaim God our Savior.

Verse: Let us come into his presence with thanksgiving, and let us joyfully sing psalms to him.

Then immediately after the second verse:

Alleluia of a Venerable - Tone 4 (Psalm 91:14):



Verse: Planted in the house of the Lord, he will flourish in the courts of our God

After the Gospel, the service continues with, "Glory...now and ever..." after the Beatitudes.

The Kontakia

Kontakion of the Resurrection - Tone 8



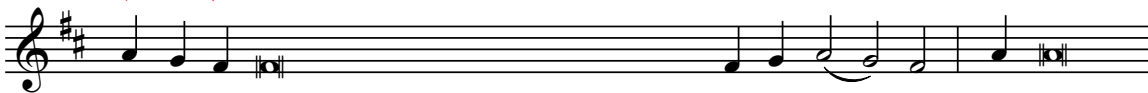


and Eve rejoices in your res - ur - rec - tion. The whole world cel - ebrates your



resurrec-tion from the dead, O Most Mer - ci - ful One.

Cantor – (Tone 4):



Glo - ry to the Father, and to the Son, and to the Ho - ly Spir - it, now and ever



and for - ev - er. A - men.

Kontakion of our holy father John Climacus - Tone 4



John, our teach - er and fa - ther, the Lord has raised you to the heights of



self-con-trol, to be a true guid - ing star en-light-en-ing the ends of the earth.

Typica continues with "Lord, have mercy. (12 times)"

¹ Format 23: Sundays During the Triodion