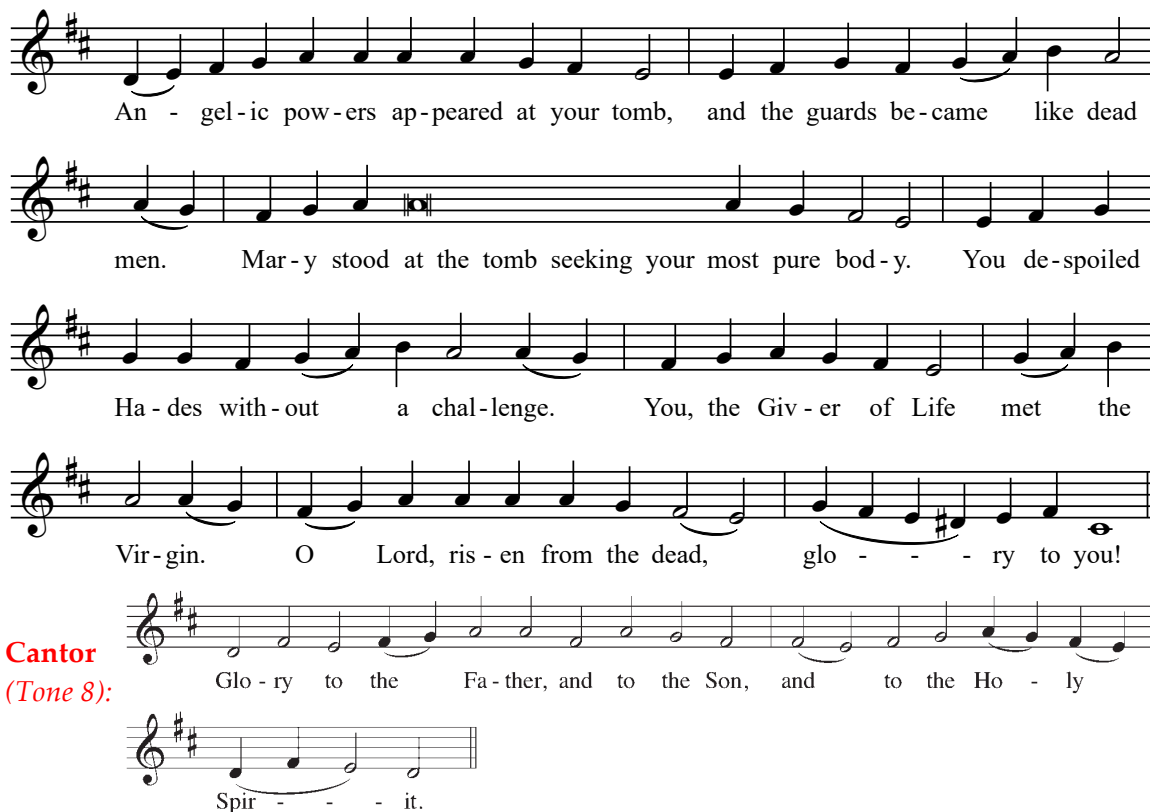


THIRD HOUR PROPERs - TONE 6

SECOND SUNDAY OF THE GREAT FAST

Commemoration of our holy father Gregory Palamas¹

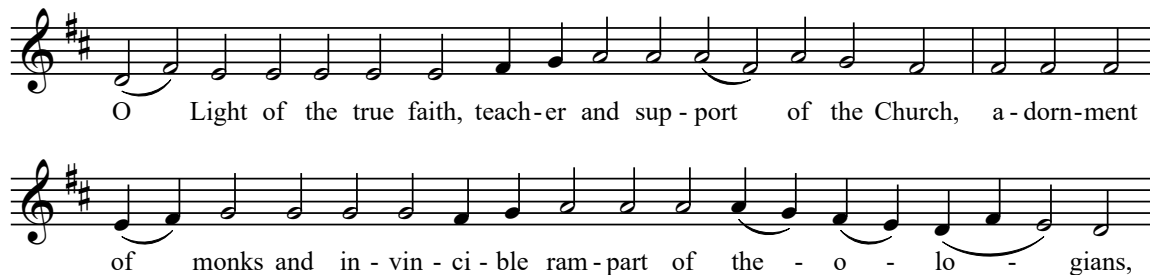
Troparion of the Resurrection - *Tone 6*



An - gel-ic pow-ers ap-peared at your tomb, and the guards be-came like dead
men. Mar-y stood at the tomb seeking your most pure bod-y. You de-spoiled
Ha-des with-out a chal-lenge. You, the Giv-er of Life met the
Vir-gin. O Lord, ris-en from the dead, glo - - - ry to you!
Glo - ry to the Fa-ther, and to the Son, and to the Ho - ly
Spir - - - it.

Cantor
(Tone 8):

Troparion of our holy father Gregory Palamas - *Tone 8*



O Light of the true faith, teach-er and sup-port of the Church, a-dorn-ment
of monks and in-vin-ci-ble ram-part of the - o - lo - gians,

O ho - ly Greg - o - ry the Won - der - work - er, the glo - ry of
 Thes - sa - lo - ni - ca and the her - ald of grace, in - ter - cede
 with God for the sal - va - tion of our souls.

Cantor
(Tone 8):
 Now and ev - er and for - ev - er. A - - men.

Theotokion of Third Hour – Tone 8:

O The - o - to - kos, you are the true vine la - den with the
 Fruit of Life; where - fore, we im - plore you, O La - dy,
 to in - ter - cede to - geth - er with the a - pos - tles and all the saints
 that we may ob - tain mer - cy for our souls.

Third Hour continues with "May the Lord God be blessed..." on p. 9

Kontakion of the Second Sunday of the Great Fast - Tone 4

Now the sea - son for vir - tues has ar - rived and the Judge is at the door.



With-out look-ing gloom - y, let us fast, of-fer-ing tears, vig-ils, and alms,



and let us ex-claim: Our sins ex-ceed the grains of sand by the sea.



But for-give us all, O Cre - a - tor of All, that we may re-ceive the



in - cor - rup - ti - ble crown.

Third Hour continues with "Lord, have mercy..." (40 times) on p. 11

¹ Format 23: Sundays During the Triodion