

Matins Propers

Twenty-Fifth Sunday after Pentecost

in the Eighth Tone with the Third Resurrection Gospel

Hexapsalmos

*The reader chants only **Psalm 62** on page 3 followed by "Glory... on page 6.*

Matins then continues with the Litany of Peace on page 7.

The Lord is God (page 9)

Tone 8

The Lord is God and has re - vealed him - self to us; bless - ed is
he who comes in the name of the Lord.

Troparia (page 9)

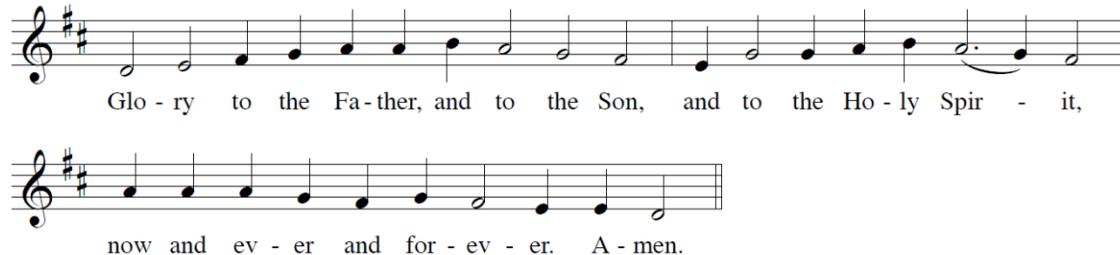
Troparion of the Resurrection – Tone 8

You de - scend - ed from on high, O mer - ci - ful One. You ac - cept - ed
bur - i - al for three days to free us from our pas - sions. O Lord, our
Res - ur - rec - tion and our Life, glo - ry to you.

The repetition of this troparion & the troparion of the saint, if there is one, are omitted

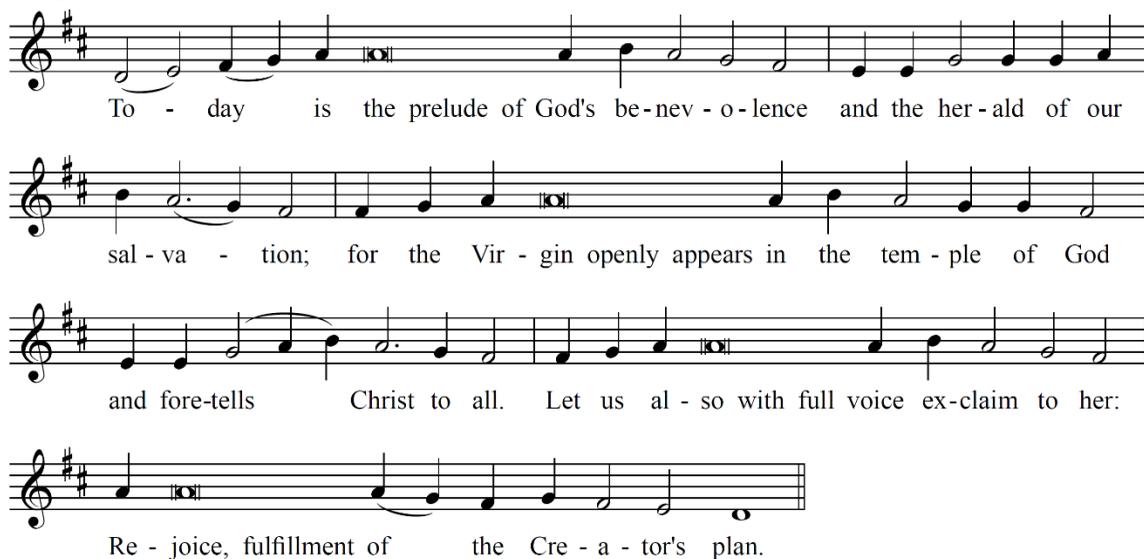
From Nov. 21st through Nov. 25th, the following verse & Troparion of the Entrance are sung. After Nov. 25th, the verse and Festive Theotokion in Tone 8 are sung (page 3 of this insert).

Cantor (Tone 4):



Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,
now and ev - er and for - ev - er. A - men.

Troparion of the Entrance of the Theotokos – Tone 4

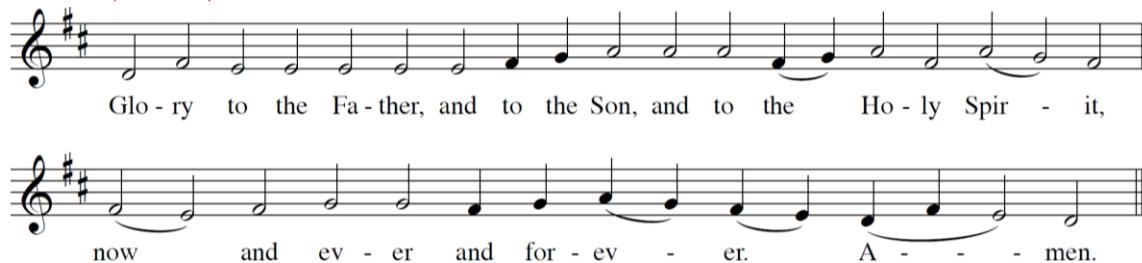


To - day is the prelude of God's be - nev - o - lence and the her - ald of our
sal - va - tion; for the Vir - gin openly appears in the tem - ple of God
and fore - tells Christ to all. Let us al - so with full voice ex - claim to her:
Re - joice, fulfillment of the Cre - a - tor's plan.

Matins continues with the Kathismata (see page 4 of this insert)

After Nov. 25th, the following verse and Festive Theotokion in Tone 8 are sung.

Cantor (*Tone 8*):



Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,
now and ev - er and for - ev - er. A - - - men.

Festive Theotokion – Tone 8



O gra - cious Lord, for the sake of man - kind you were born of a vir - gin;
through your death on the cross you con - quered Death; and through
your res - ur - rec - tion you re - vealed your - self as God. O Mer - ci - ful Lord,
do not dis - dain those whom you have cre - a - ted with your own hands,
but show forth your love for man - kind. Ac - cept the in - ter - ces - sion
which the Moth - er who bore you makes in our be - half: O Sav - ior,
save your des - pair - ing peo - ple.

Kathismata (page 10)

People: Lord, have mercy (*three times*)
Glory to the Father and to the Son and to the Holy Spirit

Reader: Now and ever and forever. Amen.

The 3rd stasis of the 2nd Kathisma: **Psalm 14**

Lord, who shall be admitted to your tent and dwell on your holy mountain? He who walks without fault; he who acts with justice and speaks the truth from his heart; he who does not slander with his tongue; He who does no wrong to his brother, who casts no slur on his neighbor, who holds the godless in disdain, but honors those who fear the Lord; he who keeps his pledge, come what may; who takes no interest on a loan and accepts no bribes against the innocent. Such a man will stand firm forever.

Psalm 15

Preserve me, God, I take refuge in you. I say to you Lord: "You are my God. My happiness lies in you alone." To all the saints in his land, the Lord has shown all the wonders of his will. Those who choose other gods increase their sorrows. Never will I offer their offerings of blood. Never will I take their name upon my lips. O Lord, it is you who are my portion and cup; it is you yourself who are my prize. The lot marked out for me is my delight: welcome indeed the heritage that falls to me! I shall bless you, Lord, you give me counsel, and even at night direct my heart. I set the Lord ever before me; with him at my right hand I shall not be disturbed. And so, my heart rejoices, my soul is glad; even my body shall rest in safety. For you will not leave my soul among the dead, nor let your beloved know decay. You will show me the path of life, the fullness of joy in your presence, at your right hand happiness forever.

Psalm 16

Lord, hear a cause that is just, pay heed to my cry. Turn your ear to my prayer: no deceit is on my lips. From you may my judgment come forth. Your eyes discern the truth. You search my heart; you visit me by night. You test me and you find in me no wrong. My words are not sinful like men's words. I kept from violence because of your word, I kept my feet firmly in your paths; there was no faltering

in my steps. I am here and I call, you will hear me, O God. Turn your ear to me; hear my words. Display your great love, you whose right hand saves your friends from those who rebel against them. Guard me as the apple of your eye. Hide me in the shadow of your wings from the violent attack of the wicked. My foes encircle me with deadly intent. Their hearts tight shut; their mouths speak proudly. They advance against me, and now they surround me. Their eyes are watching to strike me to the ground, as though they were lions ready to claw or like some young lion crouched in hiding. Lord, arise, confront them, strike them down! Let your sword rescue my soul from the wicked; let your hand, O Lord, rescue me from men, from men whose reward is in this present life. You give them their fill of your treasures; they rejoice in abundance of offspring and leave their wealth to their children. As for me, in my justice I shall see your face and be filled, when I awake, with the sight of your glory.

Reader: Glory to the Father and to the Son and to the Holy Spirit

People: Now and ever and forever. Amen.

Alleluia, alleluia, alleluia! Glory to you, O God! (*three times*)

Matins continues with the Small Litany on page 10.

Sessional Hymn (*page 11*)

the Theotokion of the 1st set of Sessional Hymns (Tone 8):



Let us glo - ri - fy the tabernacle and the heav-en - ly gate, the most ho - ly moun-tain



and the shin-ing cloud, the heav-en - ly ladder and the mystic-al Par - a - dise,



the de - liv - erance of Eve and the precious and great treas-ure of the u - ni-verse,

For through her, sal - va - tion came to the world and the an - cient debt was
 for - giv - en. There-fore we cry out to her: In - ter - cede
 with your Son and God to grant forgiveness of sins to those who bow
 in true worship to your most holy birth - giv - ing.

Matins continues with the Third Kathisma (either Polyeleos (p. 12) or Ps. 118 (p. 17)).

Ἦμνος (page 21)

Tone 8

The myrrh-bear - ing wom - en came to the tomb of the Giv - er of Life,
 seek - ing a - mong the dead the Lord, who is death - less.
 When they re - ceived the Good News from the an - gels,
 they preached to the a - pos - tles that the Lord is ris - en,
 grant - ing great mer - cy to the world.

Stepenna (page 21)

The 1st Antiphon of the Stepenna in Tone 8:

From my youth, the En - e - my has tempt - ed me and with temp-ta - tion he has
be-guiled me. But I, O Lord, trust-ing in you, have re-ject-ed him in shame.
They who hate Zi - on shall be-come like grass be-fore it is pulled up,
for Christ will cut down their necks with the scythe of tor - ment.
Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,
now and ev - er and for - ev - er. A - men.
In the Ho - ly Spir-it, all shall live; for he is Light of Light and great God.
Let us, there-fore, praise him with the Fa - ther and the Son.

Matins continues with the Prokeimenon (page 22).

Prokeimenon (page 22)

Psalm 145:10, 1-2



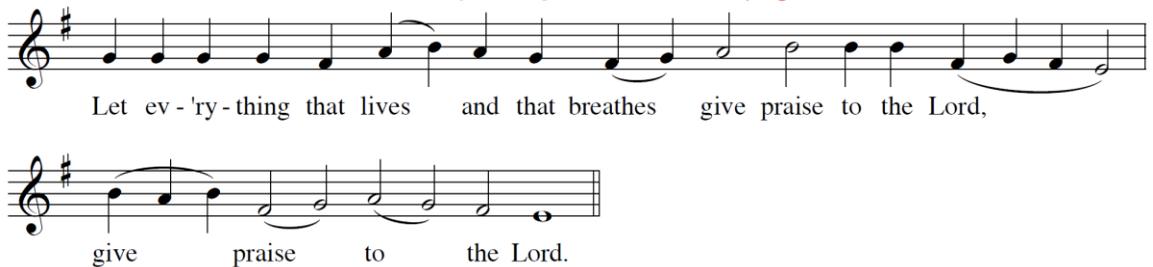
The Lord will reign for - ev - - er; Zi-on's God from age to age.

Deacon: My soul, give praise to the Lord!
I will praise my God all my days.

Matins continues with the Preparation for the Gospel on page 22.

Let everything that lives... (page 22)

Tone 8



Let ev - 'ry - thing that lives and that breathes give praise to the Lord,
give praise to the Lord.

The Preparation for the Gospel continues with "That we may be deemed..." on page 23.

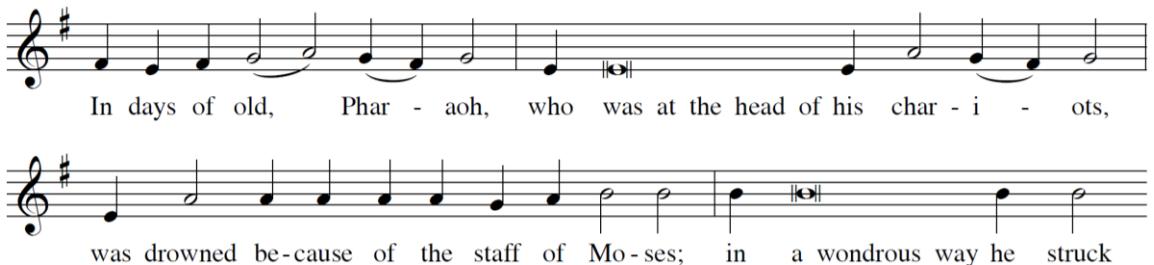
The Third Resurrection Gospel is read (Mark 16:9-20).

Matins continues with the Hymn of the Resurrection on page 24.

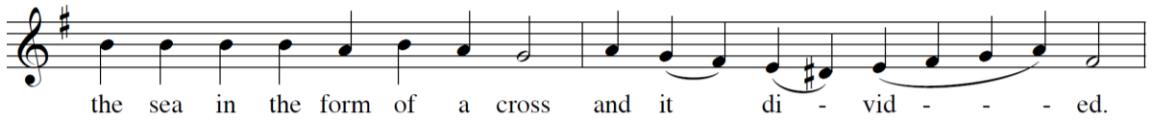
Ode 1
Irmos

The Canon (page 32)

Tone 8



In days of old, Phar - aoh, who was at the head of his char - i - ots,
was drowned be-cause of the staff of Mo-ses; in a wondrous way he struck



the sea in the form of a cross and it di - vid - - - ed.



But he saved Is - ra - el, who was able to flee as on dry ground,



sing - ing a hymn to the Lord.

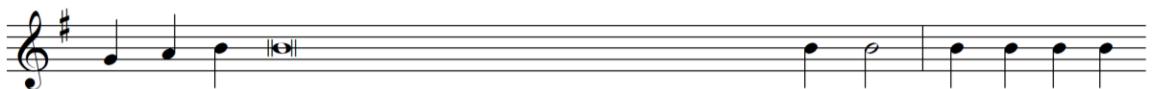
Refrain



Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

How shall we not admire the all-powerful divinity of Christ? By his passion he filled all the faithful with a life free of passion and corruption. For an eternal fountain flows from his most pure side, and from his tomb, life everlasting. *Refrain*

The majestic angel now appears to the women. Bearing brilliant signs of the purity of his immaterial nature, by his countenance he tells of the splendor of the Resurrection, and he cries out: The Lord is risen!



Glo - ry to the Father, and to the Son, and to the Holy Spir - it; now and ev - er



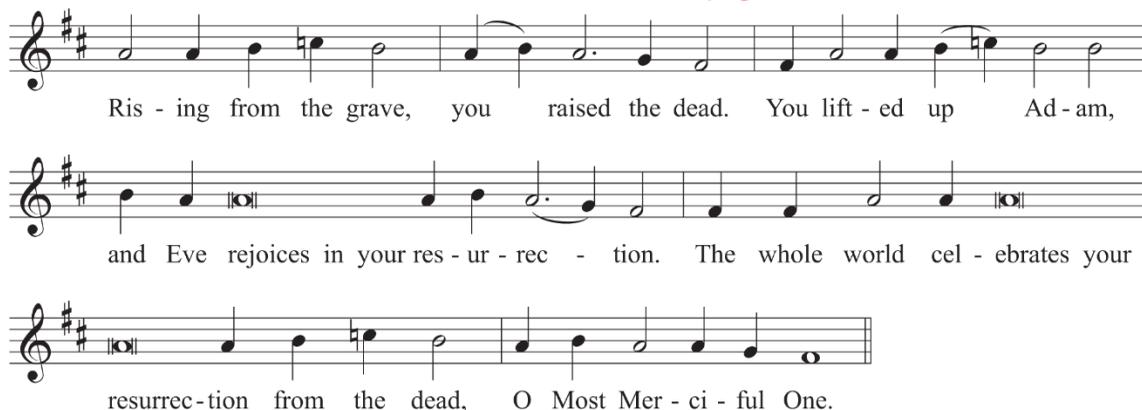
and for - ev - er. A - men.

Your glory is told from age to age. In your womb you held the Word of God, and you remained pure, O Virgin Theotokos. And we all honor you as our advocate before God.

Matins continues with the Small Litany on page 33.

Kontakion & Ikos (page 34)

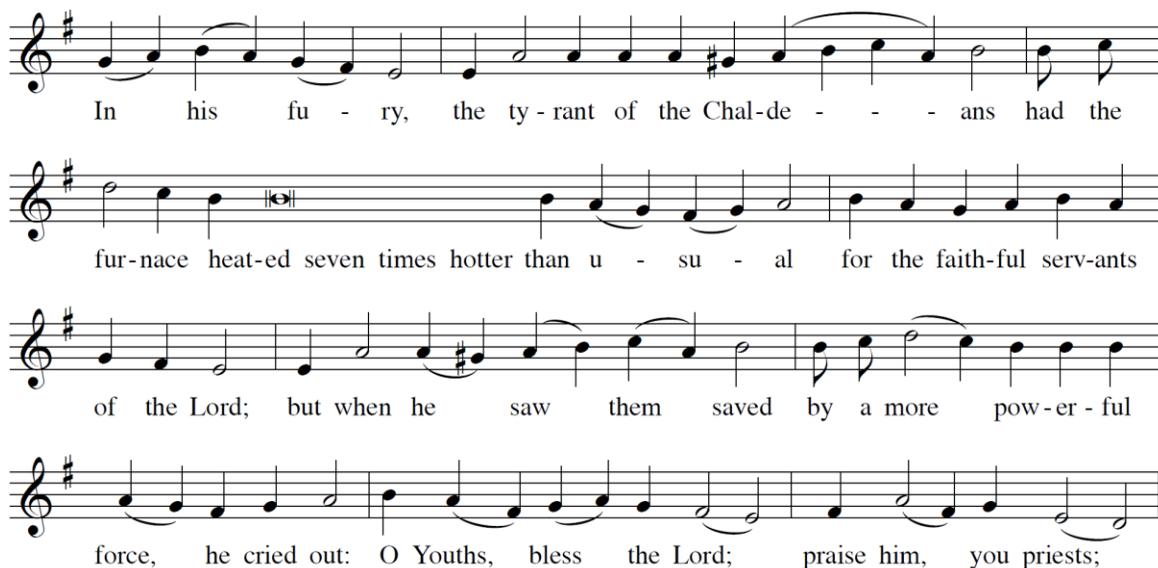
Tone 8



Ris - ing from the grave, you raised the dead. You lift - ed up Ad - am,
and Eve rejoices in your res - ur - rec - tion. The whole world cel - ebrates your
resurrec - tion from the dead, O Most Mer - ci - ful One.

Ikos: Having despoiled the kingdom of Hades and having risen from the dead, O compassionate Lord, you went before the myrrh-bearing women and brought them joy instead of tears. You showed the signs of your victory to your apostles, O Savior and Source of life. And You enlightened all creation, O Lover of us all. Therefore, the world also rejoices at your awakening from the dead, O God of mercy.

Ode 8 Irmos



In his fu - ry, the ty - rant of the Chal - de - - - ans had the
fur-nace heat-ed seven times hotter than u - su - al for the faith-ful serv-ants
of the Lord; but when he saw them saved by a more pow - er - ful
force, he cried out: O Youths, bless the Lord; praise him, you priests;

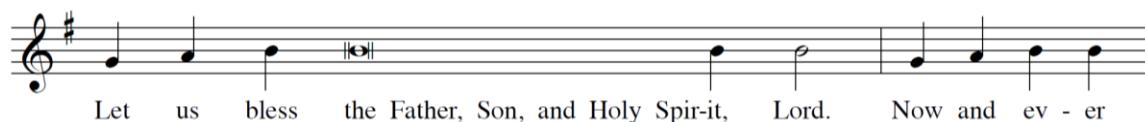


Refrain



The divine power of Jesus has made his divinity shine upon us; when in his flesh he tasted death on the cross for all of us, he destroyed the power of Hades. O Youths, bless him without ceasing; praise him, you priests; and all you people, exalt him for all ages. *Refrain*

The crucified One is awakened; the arrogance of Hades has tumbled; fallen and broken humanity is raised up again; Death has been banished and immortality flourishes; life recaptures its reign over mortals. O Youths, bless the Lord; praise him, you priests; and all you people, exalt him for all ages.



Let us praise the Divinity of three flames, one light shining from a single nature in three Persons; the Father without beginning, the Word who is of the same nature as the Father, and the consubstantial Spirit who reigns with him. O Youths, bless your Creator and Redeemer; praise him, you priests; and all you people, exalt him for all ages.

Matins continues with "Let us greatly extol..." & the Cantic of the Theotokos on p. 34.

**Ode 9
Irmos**





as-ton - ish - ment when God re - vealed him-self to us clothed



in our flesh. And your womb has be - come more spa-cious than the heav - ens,



O The - o - to - - - kos; the assembly of an - gels and peo - ple



ex - tol you.

Refrain



Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

Even though your divine nature is without beginning, you took our flesh, O Word of God; you suffered in your human nature, yet as God you remained beyond suffering; in two natures and without division or confusion, we extol you.

O Most High, the One who is your Father according to your divine nature, you called God when you took on your human nature and came down among your servants. And now, risen from the dead, you have revealed him as the Father of humanity, the One who by nature is God and Master. With him, we all extol you.



Glo - ry to the Father, and to the Son, and to the Holy Spir - it; now and ev - er



and for - ev - er. A - men.

O Virgin, you have appeared as the Mother of God; in a wondrous manner, you gave birth in the flesh to the Word who is all-good and whom the Father in his goodness has spoken before the ages; and even though he bears the garment of flesh, we know him to be the transcendent one.

Matins continues with the Small Litany on page 36.

Holy is the Lord our God (page 37)

Tone 8

Ho - ly is the Lord our God! Ho - ly is the Lord our God!

Ho - ly is the Lord our God!

The image shows two staves of musical notation in G major (one sharp). The first staff contains the melody for the first two phrases: 'Ho - ly is the Lord our God! Ho - ly is the Lord our God!'. The second staff contains the melody for the third phrase: 'Ho - ly is the Lord our God!'. The lyrics are written below the notes.

Hymn of Light (page 37)

Truly Christ is risen. Let no one doubt or be suspicious. For he appeared to Mary and then to those who went fishing. Then he appeared to his eleven apostles as they were eating. He sent them forth to baptize the whole world; then he ascended to heaven from which he had descended, confirming his divine message by a multitude of miracles.

Glory... now and ever ...

O Sun that has risen from the tomb on this day as a groom from his bridal chamber, you led Hades captive and trampled Death. By the intercession of your mother, send us light to enlighten our hearts and souls, and lead us that we may all walk in the ways of your commandments and in the paths of peace.

Matins continues with the Psalms of Praise.

Psalms of Praise
Psalms 148

Psalms of Praise (page 38)

Tone 8

Let ev' - ry - thing that lives and that breathes give praise to the Lord.

The image shows a single staff of musical notation in G major (one sharp). The melody is written above the lyrics: 'Let ev' - ry - thing that lives and that breathes give praise to the Lord.' The lyrics are written below the notes.

Praise the Lord from the heav - ens, praise him in the heights.

To you is due a hymn, O God. Praise him, all his an - - gels,

praise him, all his host. To you is due a hymn, O God.

The Psalms of Praise continue with "Praise him, sun and moon..." on page 38.

Stichera (page 40)

the 5th & 6th of the 8 Sunday stichera:

Cantor (Tone 8):

A - rise, O Lord, lift up your hand! O God, do not for - get the poor.

You suf-fered on the cross al - though you were beyond suffering in your

di - vin - i - ty; for three days you accept-ed bu - ri - al that you might

set us free from the bondage of the En - e - my and grant us life through your

Res - ur - rec - tion, O Christ, the Lov - er of us all.

mir-a-cles and won-ders, they were sent out to preach. And when you, O
 Lord, ascended to your Fa-ther, the Source of all light, the dis - ci - ples
 preached through-out the world ver - i - fy - ing their words with won-ders and
 mir - a - - cles. There - fore, we who were en - light - ened by them, glo - ri - fy
 your Re - surrection from the dead, O Lov - er of all of us.

Matins continues with "Now and ever..." & the Theotokion for normal Sundays on p. 41.