

Matins Propers

Twenty-Fourth Sunday after Pentecost

*in the Seventh Tone with the Second Resurrection Gospel
& with the Katavasiai from the Canon of the Theotokos,
which are sung before November 21st*

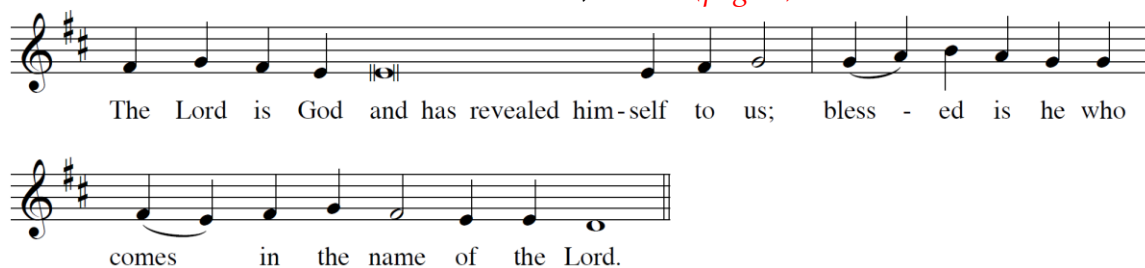
Hexapsalmos

*The reader chants only **Psalm 37** on pages 2 & 3 followed by "Glory..." on page 6.*

Matins continues with the Litany of Peace on page 7.

The Lord is God (page 9)

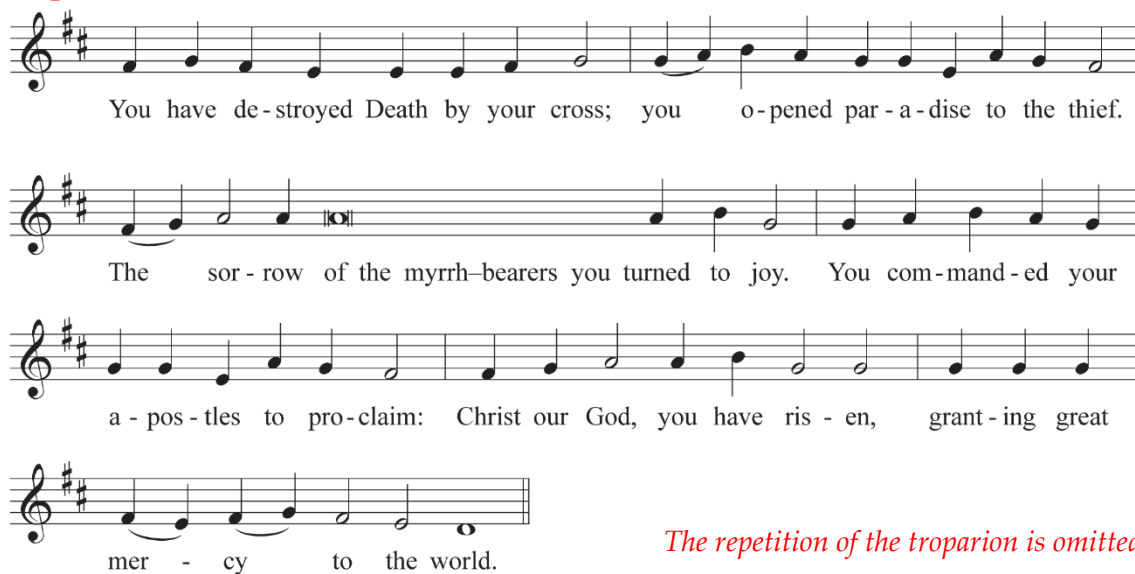
Tone 7



The Lord is God and has revealed him-self to us; bless - ed is he who
comes in the name of the Lord.

Troparia (page 9)

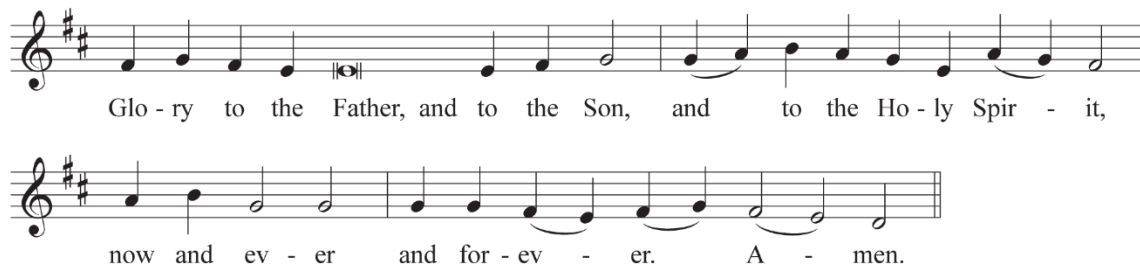
Troparion of the Resurrection – Tone 7



You have de-stroyed Death by your cross; you o-pened par - a - dise to the thief.
The sor - row of the myrrh-bearers you turned to joy. You com-mand - ed your
a - pos - tles to pro-claim: Christ our God, you have ris - en, grant - ing great
mer - cy to the world.

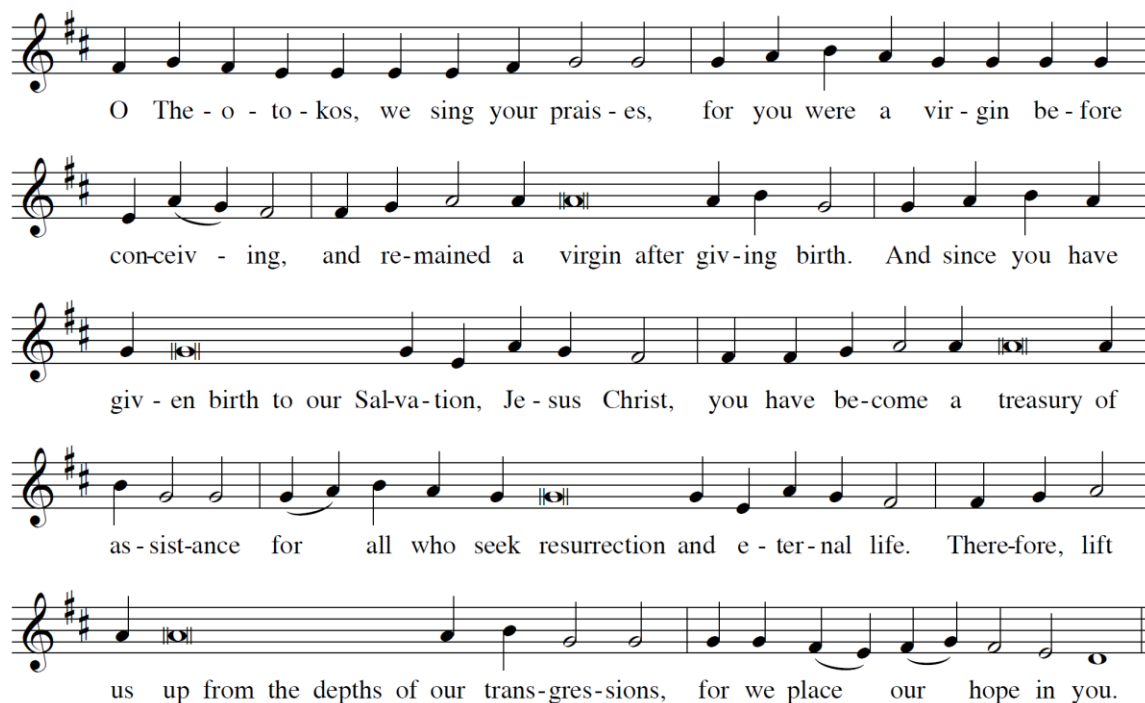
The repetition of the troparion is omitted.

Cantor (*Tone 7*):



The troparion of the saint, if there is one, is omitted.

Festive Theotokion – Tone 7



Kathismata (*page 10*)

People: Lord, have mercy (*three times*)
Glory to the Father and to the Son and to the Holy Spirit

Reader: Now and ever and forever. Amen.

2nd stasis of the 2nd Kathisma:

Psalm 11

Save me, O Lord, for the righteous have vanished; truth has gone from the sons of men. Falsehood they speak one to another, with lying lips, with a false heart. May the Lord destroy all lying lips, the tongue that speaks high-sounding words, those who say: "Our tongue is our strength; our lips are our own, who is our master?" "For the poor who are oppressed and the needy who groan I myself will arise," says the Lord, "I shall grant them the salvation for which they thirst." The words of the Lord are words without alloy, silver from the furnace, seven times refined. You, O Lord, will keep us and preserve us forever from this generation. See how the wicked prowl on every side, while the worthless are prized highly by the sons of men.

Psalm 12

How long, O Lord, will you forget me? How long will you hide your face? How long must I bear grief in my soul, this sorrow in my heart day and night? How long shall my enemy prevail? Look at me; answer me, Lord my God! Give light to my eyes lest I fall asleep in death, lest my enemy say: "I have overcome him"; lest my foes rejoice to see my fall. As for me, I trust in your merciful love. Let my heart rejoice in your saving help: Let me sing to the Lord for his goodness to me, singing psalms to the name of the Lord, the Most High.

Psalm 13

The fool has said in his heart: "There is no God above." Their deeds are corrupt, depraved; not a good man is left. From heaven the Lord looks down on the sons of men to see if any are wise, if any seek God. All have left the right path, depraved, every one; there is not a good man left, no, not even one. Will the evil-doers not understand? They eat up my people as though they were eating bread: they never pray to the Lord. See how they tremble with fear without cause for fear: for God is with the just. You may mock the poor man's hope, but his refuge is the Lord. O that Israel's salvation might come from Zion! When the Lord delivers his people from bondage, then Jacob will be glad and Israel rejoice.

Reader: Glory to the Father and to the Son and to the Holy Spirit

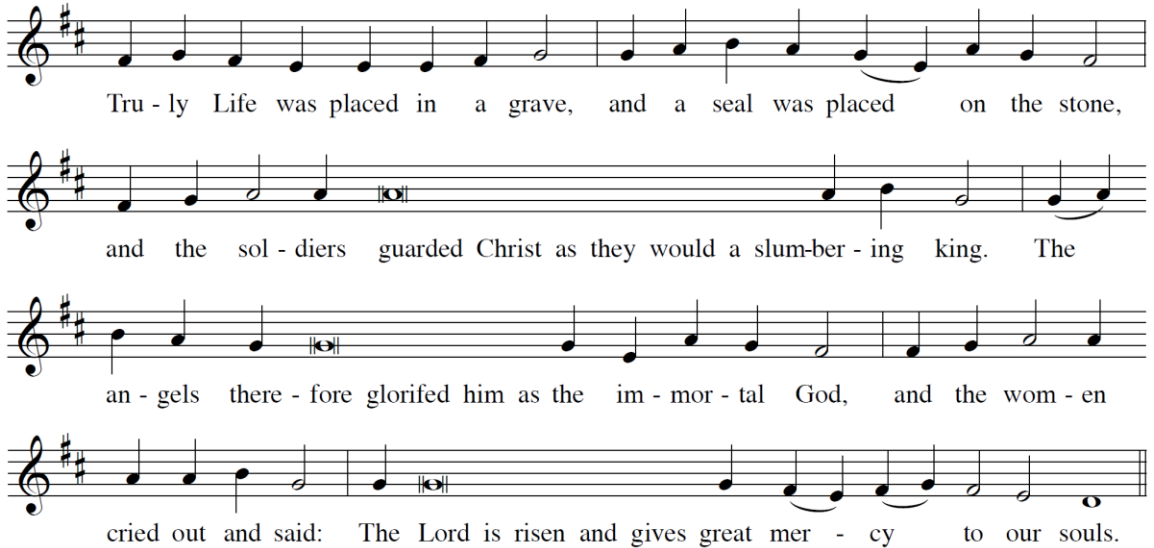
People: Now and ever and forever. Amen.

Alleluia, alleluia, alleluia! Glory to you, O God! (*three times*)

Matins continues with the small litany on page 10.

Sessional Hymn (page 11)

the 1st Hymn of the 1st set of Sessional Hymns (Tone 7):



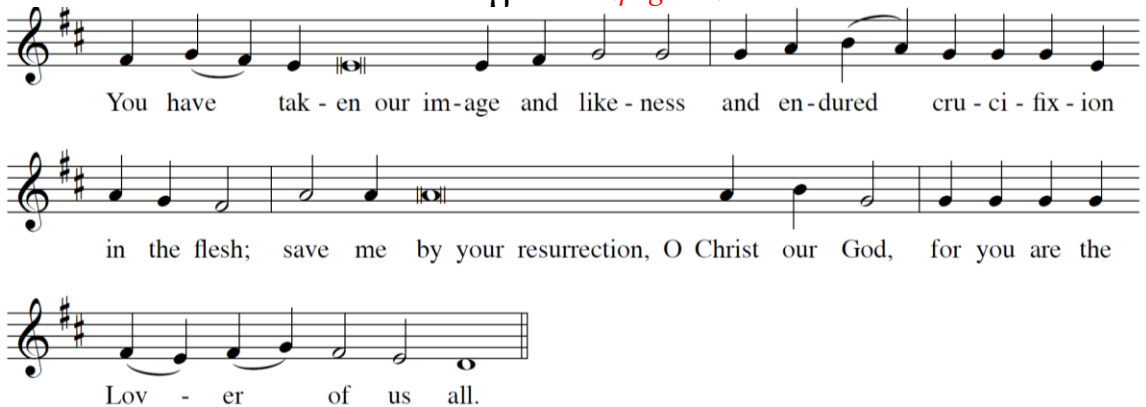
Tru - ly Life was placed in a grave, and a seal was placed on the stone,
and the sol - diers guarded Christ as they would a slum - ber - ing king. The
an - gels there - fore glorified him as the im - mor - tal God, and the wom - en
cried out and said: The Lord is risen and gives great mer - cy to our souls.

Matins continues with the Polyeleos on page 12.

"Hosts of Angels..." is omitted and Matins continues with the Small Litany on page 21.

Ἡπᾱκοε (page 21)

Tone 7



You have tak - en our im - age and like - ness and en - dured cru - ci - fix - ion
in the flesh; save me by your resurrection, O Christ our God, for you are the
Lov - er of us all.

Stepenna (page 21)

The First Antiphon of the Stepenna (Gradual Hymns) in Tone 7:



O Sav - ior who re - stored Zi - on from the cap - tiv - i - ty of

er - ror, de - liv - er me from the bon - dage of suf - fer - ing and re - store
my soul. He that sows in sorrow in dry land with fast - ing and with tears
shall reap sheaves of re - viv - ing and ev - er - last - ing joy.
Glo - ry to the Fa - ther and to the Son, and to the Ho - ly Spir - it,
now and ev - er and for - ev - er. A - men. The Ho - ly Spir - it is the foun - tain
of di - vine trea - sures; for from him comes wis - - - - dom,
awe and un - der - stand - - - - ing. To him, there - fore, be praise and glo - ry,
might and hon - - - - or.

The 2nd & 3rd Antiphons of the Stepenna are omitted & Matins continues with the Prokeimenon ("Let us be attentive..." on page 22.

Prokeimenon (page 22)

Psalm 9: 12, 33, 2

A - rise, then, Lord my God, lift up your hand. O God, do

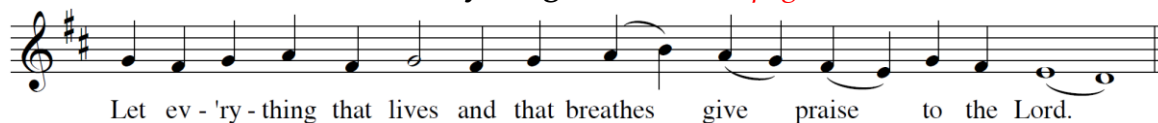


Deacon: I will praise you, Lord, with all my heart;
I will recount all your wonders.

Matins continues with the Preparation for the Gospel ("Let us pray...") on page 22.

Let everything that lives... (page 22)

Tone 7



The Preparation for the Gospel continues with "That we may be deemed..." on page 23.

The Second Resurrection Gospel is read (Mark 16:1-8).

The Hymn of the Resurrection is sung (p. 24) and then Psalm 50 (p. 26).

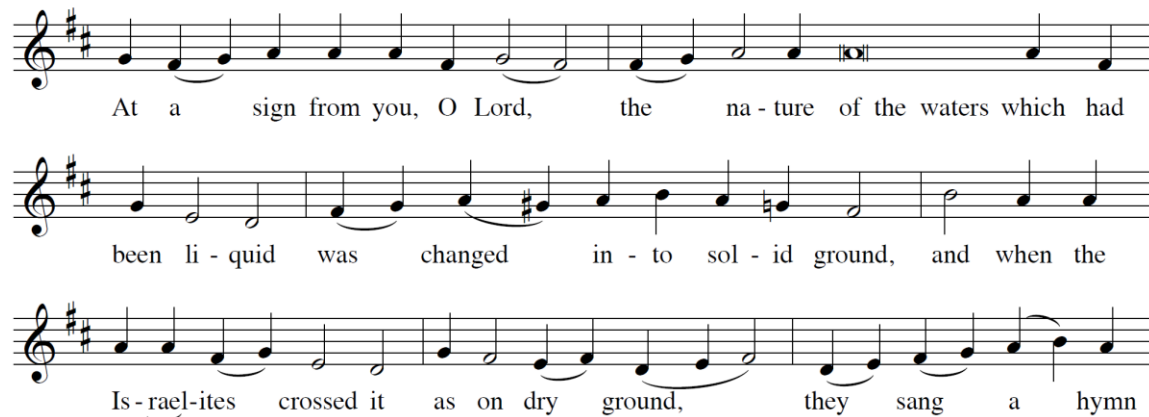
The usual stichera at Psalm 50 (p. 28) are sung.

The Canon (page 32)

Tone 7

The faithful come forward to venerate the Gospel Book on the tetrapod

Ode 1 Irmos



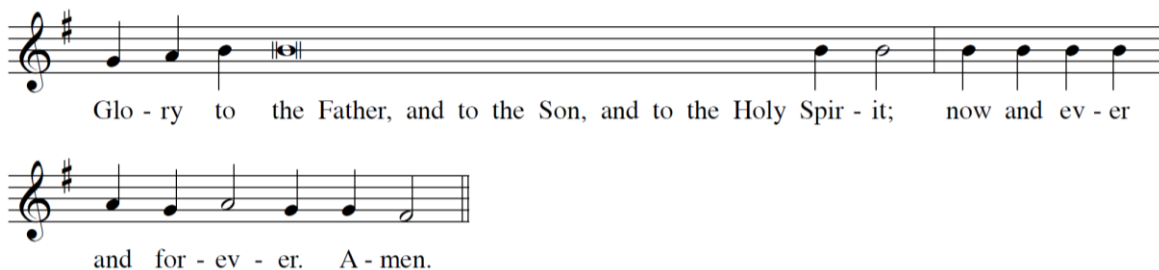


Refrain



Having condemned you to death by an unjust judgment, O Lord, the tyranny of death was itself condemned by the Cross. Thus the Prince of darkness was unable to do anything against you, and was justly overthrown. *Refrain*

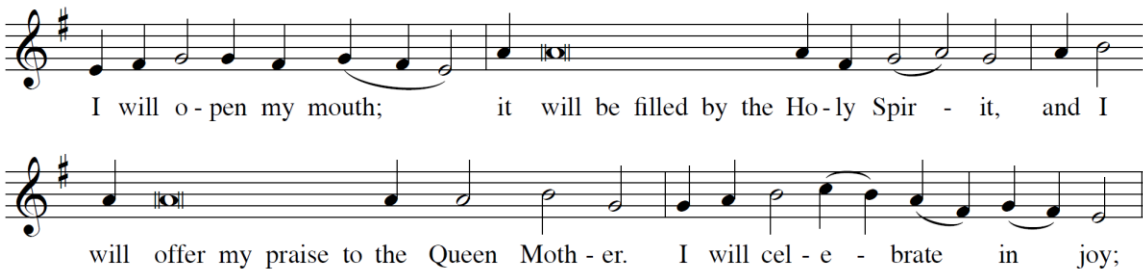
When Hades drew near to you, it was not able to crush your body with its teeth; its jawbone was broken, while you, O God and Savior, put an end to the suffering of death and were raised up on the third day.

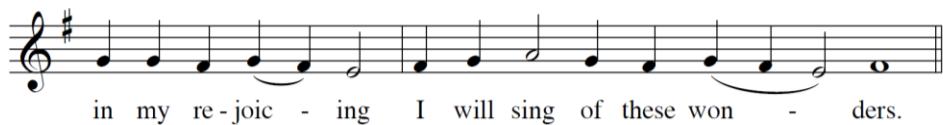


The sufferings of Eve, our first mother, have ceased, for without suffering you gave birth in a virginal manner; and knowing that you are the Theotokos, O pure Virgin, we glorify you.

Katavasia 1 of the Theotokos

Tone 4



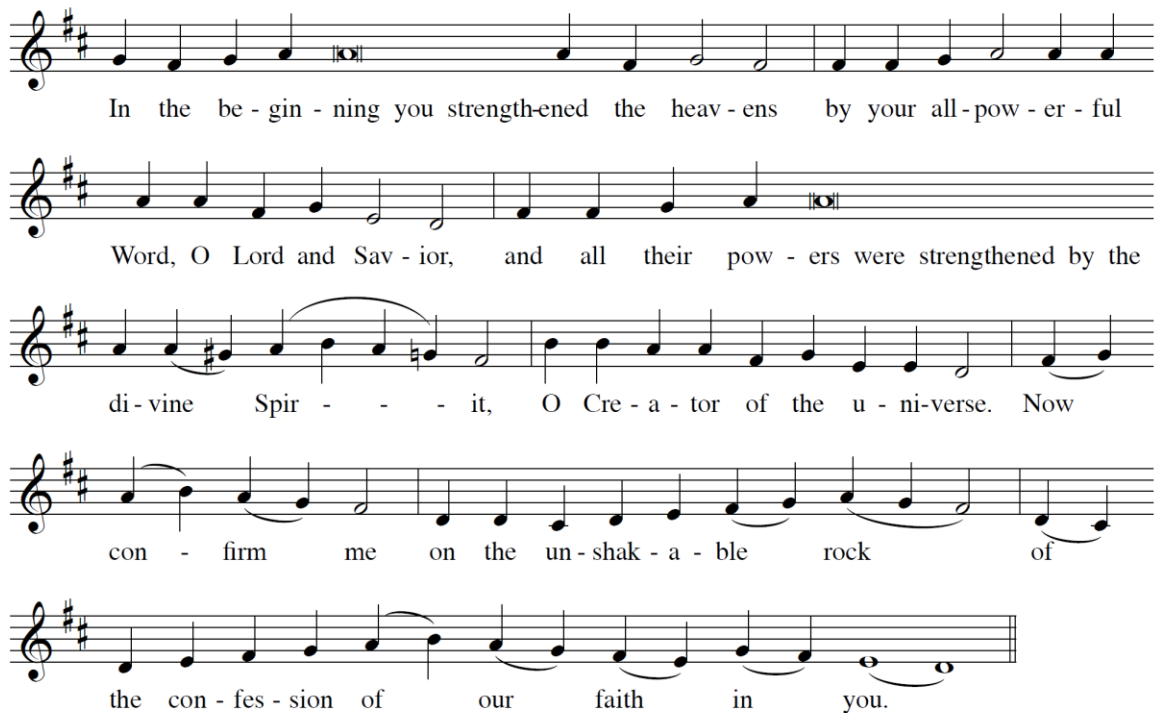


The Canons of the Cross-Resurrection, and of the Theotokos are omitted.

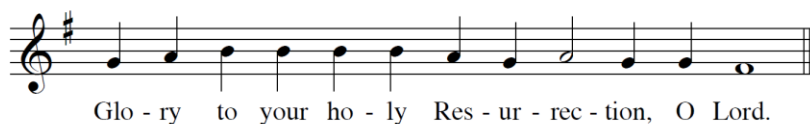
The Canon of the Resurrection in Tone 7 continues with Ode 3.

Ode 3

Irmos

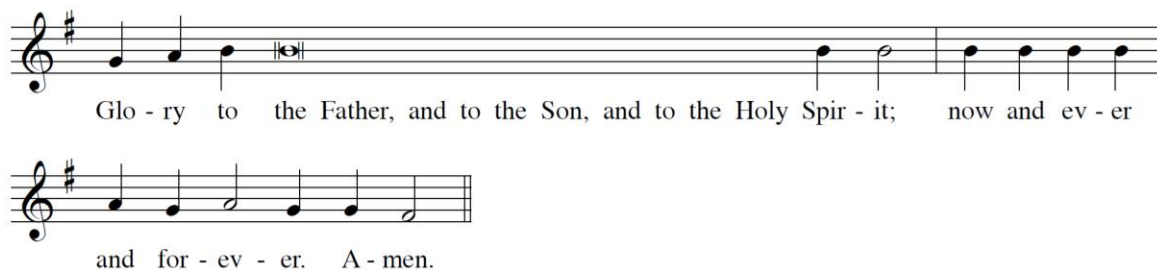


Refrain



When you ascended the cross to freely suffer for us, O compassionate Lord, you bore the wounds which brought us salvation; through them, O God of love, all the faithful were reconciled with your eternal father. *Refrain*

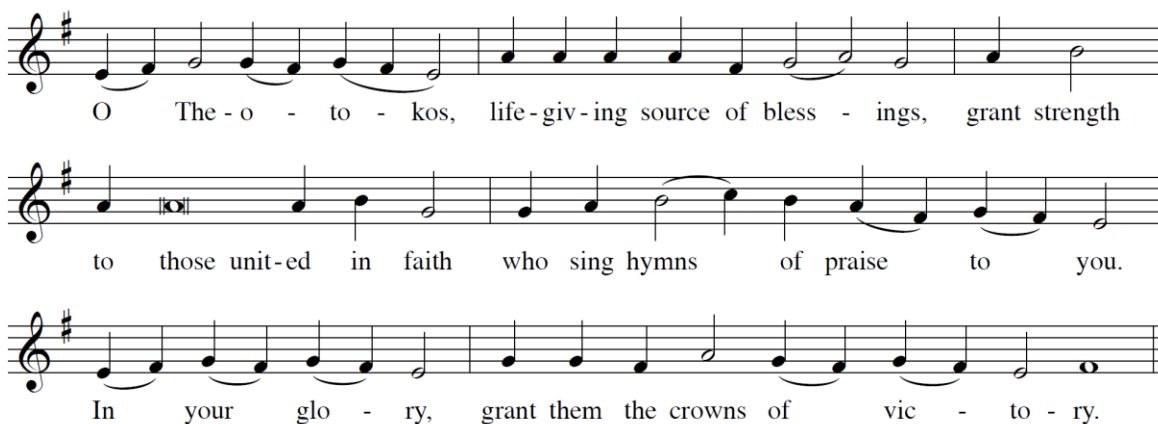
You have cleansed me of my wound when my soul was struck by the bite of the serpent, O Christ, and you enlightened me when I was seated in the darkness of the tomb; and descending into Hades by your cross, you have raised me with you.



Through the intercession of your virginal Mother, O Savior, give peace to the world and victory to our Churches over the Enemy; and make worthy of your ineffable glory, O Lord, all those who glorify you.

Katavasia 3 of the Theotokos

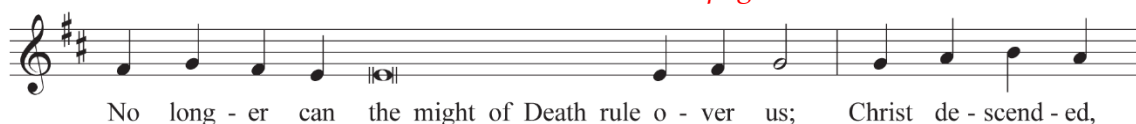
Tone 4

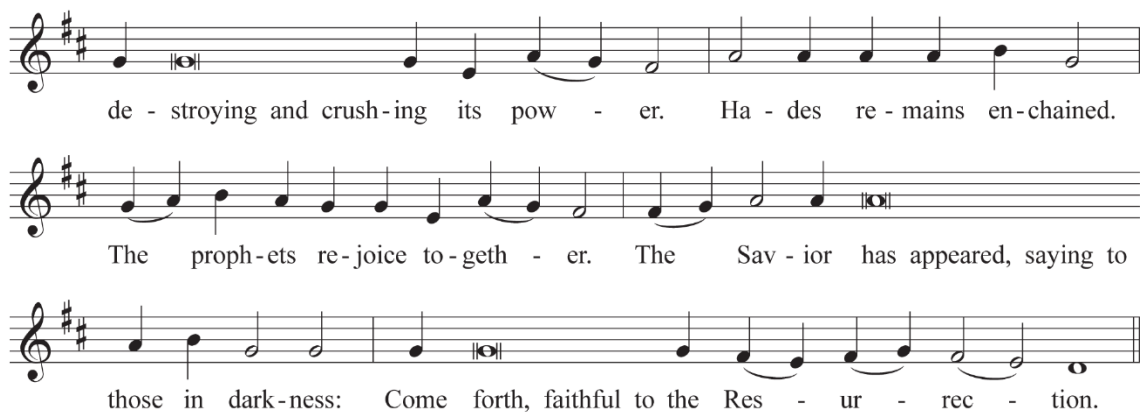


Matins continues with the Small Litany on page 33.
The Kontakion, Ikos, & Sessional Hymn of the Saint after Ode 3, & Odes 4-6 are omitted.
Matins continues with the Kontakion & Ikos of the Resurrection in Tone 6.

Kontakion & Ikos (page 34)

Tone 7

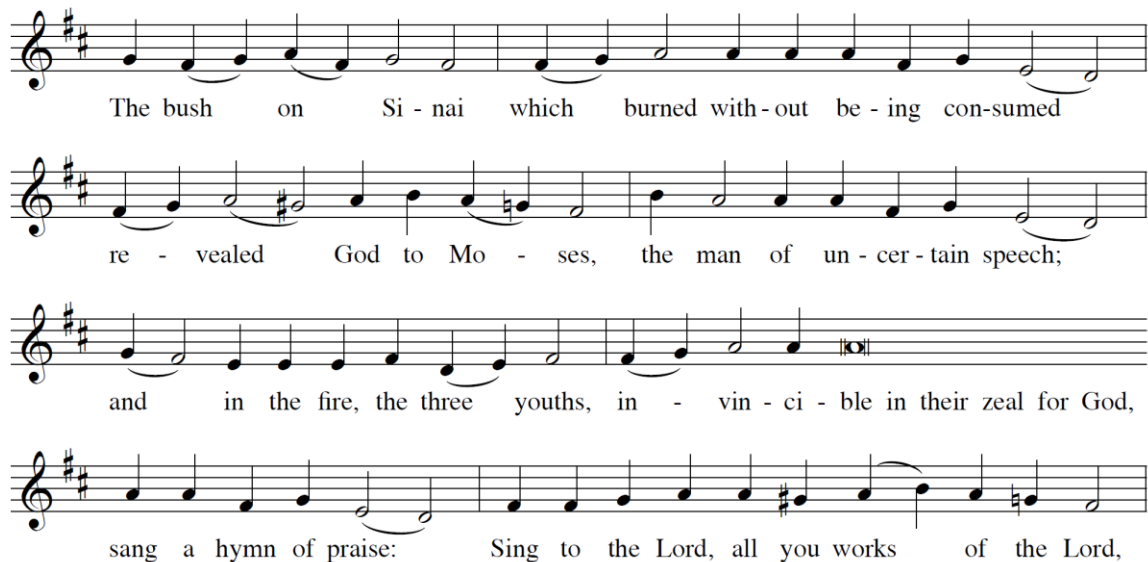


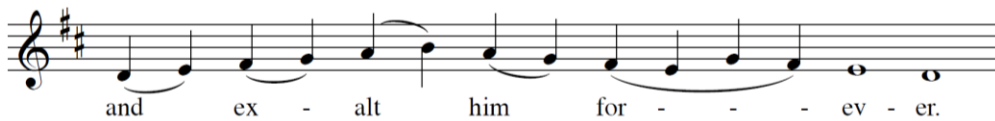


Ikos: Today the underworld, Hades, and Death all tremble before One of the Trinity; the earth quakes and the gates of Hades are seized with fear at your sight. Together with the prophets, all creation rejoices and sings a hymn of victory to you, our God and our Redeemer, who trampled the power of Death. With joy let us cry out to our King: Behold the tree which leads Adam and his posterity back to paradise! Come, O faithful, and let us share in the Resurrection!

The Synaxarion & Ode 7 are omitted & the Canon continues with Ode 8.

Ode 8 Irmos



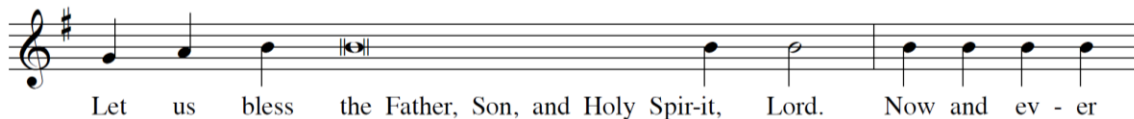


Refrain



The Lamb without blemish who was sacrificed for the world, put an end to the sacrifices of the Law. As God without sin, he purified the universe which proclaims unceasingly: Sing to the Lord, all you works of the Lord, and exalt him forever. *Refrain*

Our flesh, which was assumed by the Creator, was not incorruptible before the passion; but after the cross and resurrection it was no longer accessible to the corruption of the grave, and it revived all mortals who cry out: Sing to the Lord, all you works of the Lord, and exalt him forever.



Your purity and integrity, O Virgin, have cleansed the stain and blemish of the universe; and you have become our reconciliation before God, O most pure One. Therefore, we bless you with one heart and exalt you forever.

Tone 4



Katavasia 8 of the Theotokos

Tone 4

The three youths in the fur - nace were saved by the Offspring of the

The - o - to - kos. He who was fore-told has been born on earth,

and he joins to - geth - er all cre - a - tion to sing: All you works

of the Lord, bless the Lord, and praise him a - bove all for - ev - er.

*The people stand & Matins continues with "Let us greatly extol..."
& the Canticle of the Theotokos on page 34.*

Ode 9

Irmos

You con - ceived in all pu - ri - ty, and in you the Word and Creator

of the universe be - came in - car - nate; O spouse - less Moth - er

and vir - gin - al The - o - to - kos, the a - bode of him whom none could con - tain,

and dwell - ing - place of the Infinite One and your cre - a - tor, we

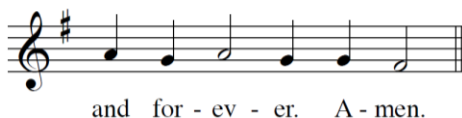
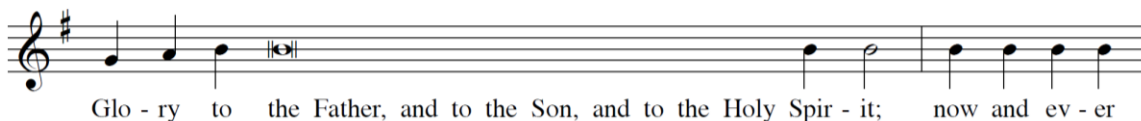


Refrain



Let all those who are in error, by saying the Divinity has suffered, now be silenced! Indeed it is not in his divine nature but in his flesh that the Lord of glory was crucified. He is One in two natures, and we now extol him! *Refrain*

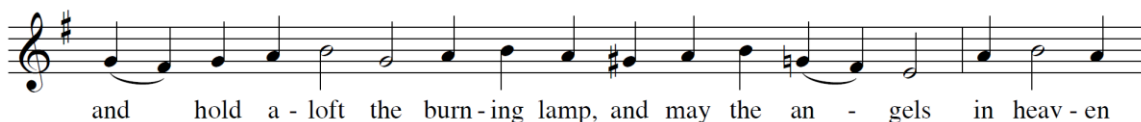
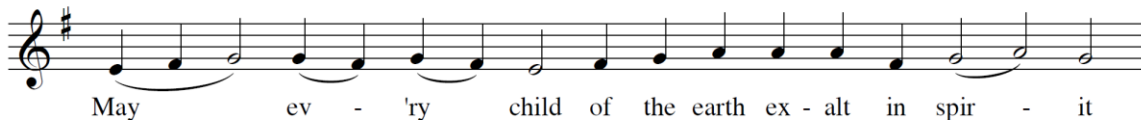
You deny the resurrection of the body; now go to the tomb of Christ, and there you shall learn. The flesh of the Author of life has been put to death; but it has been raised up again to confirm the final resurrection in which we hope.

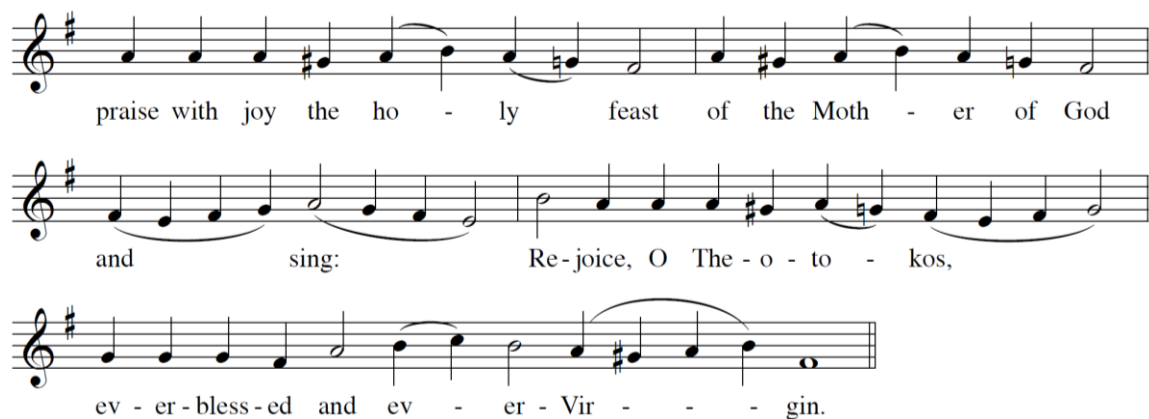


It is not a triad of divinities that we venerate but a Trinity of persons; not only one person but one sole Divinity. We cut short those who divide the Trinity, and we confound those who in their audacity do not distinguish the Persons. This is the Trinity whom we extol!

Katavasia 9 of the Theotokos

Tone 4





Matins continues with the Small Litany on page 36.

Holy is the Lord our God (page 37)

Tone 7



Hymn of Light (page 37)

When the myrrh-bearing women saw the stone rolled away, they rejoiced; for they saw a young man sitting at the grave, who said to them: Behold, Christ is risen! Say to Peter, the disciple of the Lord: Hasten to the mountain in Galilee; there you shall see Christ as he had said to his friends.

Glory... now and ever...

At the time of your conception, O Lord, an angel said to the Virgin: Rejoice! At the time of your Resurrection, an angel also rolled the stone away from your glorious tomb. Instead of sadness and death one proclaimed signs of joy; the other announced you as the Source of life, extolling your Resurrection to the disciples and the women.

Matins continues with the Psalms of Praise.

Psalms of Praise (page 38)

Tone 7

Psalm 148

Let ev - 'ry-thing that lives and that breathes give praise to the Lord.

Praise the Lord from the heav-ens, praise him in the heights. To you

is due a hymn, O God! Praise him, all his an-gels, praise

him, all his host. To you is due a hymn, O God.

The Psalms of Praise continue with "Praise him, sun and moon..." on page 38.

Stichera (page 36)

the 1st & 2nd of the 8 Sunday stichera (all the rest are omitted):

Cantor (Tone 7):

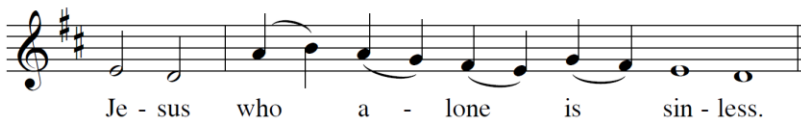
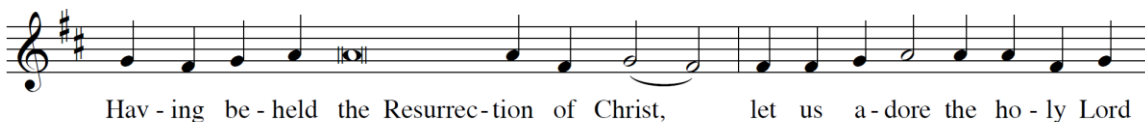
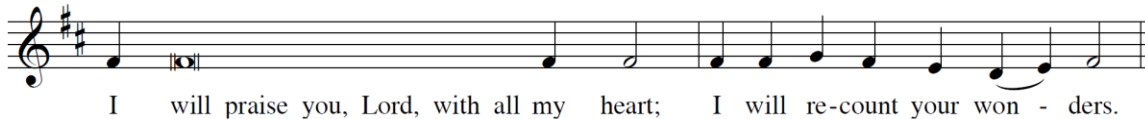
A - rise, O Lord, lift up your hand! O God, do not for - get the poor.

Christ is ris - en from the dead, loos - en - ing the bonds of death.

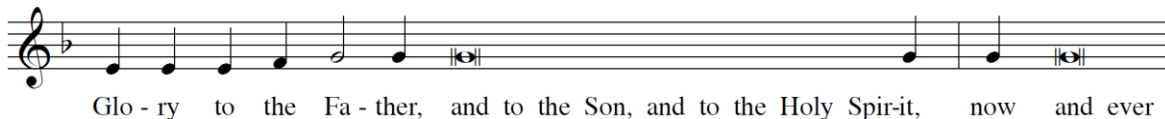
An-ounce this great joy o - ver all the earth and let the heav - ens praise



Cantor (*Tone 7*):

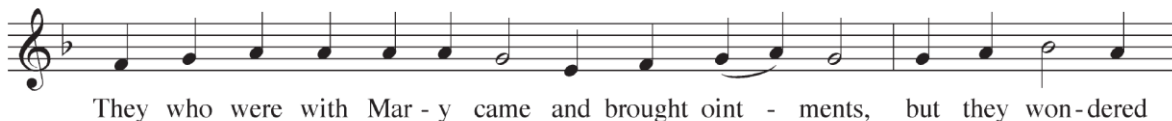


Cantor (*Tone 2*):



Second Gospel Stanza

Tone 2



already been rolled a - way, and a di - vine angel appeared and gave peace

to their trou - bled souls. He said: The Lord Je - sus has ris - en.

There - fore, pro - claim to his dis - ci - ples that they should has - ten

to Galilee and behold him ris - en from the dead, for he is the Lord,

the Giv - er of life.

Matins continues with "Now and ever..." & the Theotokion for normal Sundays on p. 41.