

Sunday Matins Propers

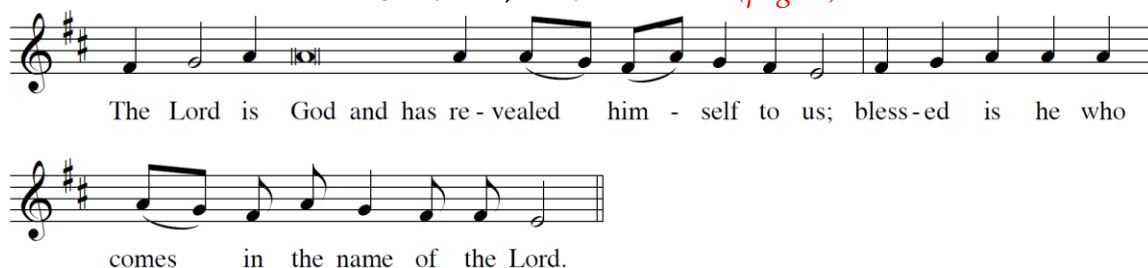
in the Second Tone with the Eighth Resurrection Gospel

Hexapsalmos

*The reader chants only **Psalm 37** on pages 2 & 3 followed by "Glory... on page 6.*

Matins then continues with the Litany of Peace on page 7.

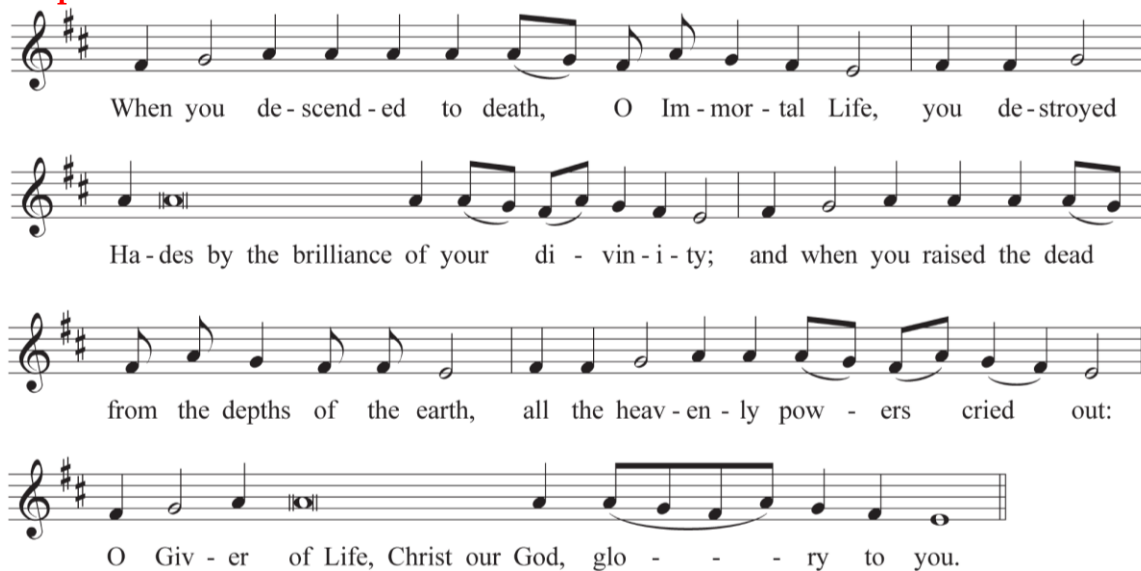
The Lord is God – *Tone 2 (page 9)*



The Lord is God and has re-vealed him - self to us; bless-ed is he who comes in the name of the Lord.

Troparia (*page 9*)

Troparion of the Resurrection – *Tone 2*



When you de-scend-ed to death, O Im-mor-tal Life, you de-destroyed Ha-des by the brilliance of your di-vin-i-ty; and when you raised the dead from the depths of the earth, all the heav-en-ly pow-ers cried out: O Giv-er of Life, Christ our God, glo-ry to you.

Cantor (*Tone 2*):

Glo - ry to the Father, and to the Son, and to the Ho - ly Spir - it,
now and ev - er and for - ev - er. A - men.

The musical notation is written on two staves in G major (one sharp). The first staff contains the melody for "Glo - ry to the Father, and to the Son, and to the Ho - ly Spir - it," and the second staff contains the melody for "now and ev - er and for - ev - er. A - men." The melody is a simple, melodic line with some rests and a final cadence.

Festive Theotokion – Tone 2

O The - o - tokos, the mysteries surrounding you are ex - ceed - ing - ly glo - rious,
and be - yond the pow - er of un - der - stand - ing. For you re - tained
the seal of pur - i - ty, and your vir - ginity re - mained in - vi - o - late;
yet you are ac - knowl - edged, with - out doubt, to be the Mother who gave birth
to the true God. We beg you, therefore, to en - treat him to save our souls.

The musical notation is written on five staves in G major (one sharp). The melody is a simple, melodic line with some rests and a final cadence. The text is written below the staves, with hyphens indicating syllables that span across notes.

Kathismata (*page 10*)

People: Lord, have mercy (*three times*)
Glory to the Father and to the Son and to the Holy Spirit

Reader: Now and ever and forever. Amen.

Psalm 11

Save me, O Lord, for the righteous have vanished; truth has gone from the sons of men. Falsehood they speak one to another, with lying lips, with a false heart. May the Lord destroy all lying lips, the tongue that speaks high-sounding words, those who say: "Our tongue is our strength; our lips are our own, who is our master?" "For the poor who are oppressed and the needy who groan I myself will arise," says the Lord, "I shall grant them the salvation for which they thirst." The words of the Lord are words without alloy, silver from the furnace, seven times refined. You, O Lord, will keep us and preserve us forever from this generation. See how the wicked prowl on every side, while the worthless are prized highly by the sons of men.

Psalm 12

How long, O Lord, will you forget me? How long will you hide your face? How long must I bear grief in my soul, this sorrow in my heart day and night? How long shall my enemy prevail? Look at me; answer me, Lord my God! Give light to my eyes lest I fall asleep in death, lest my enemy say: "I have overcome him"; lest my foes rejoice to see my fall. As for me, I trust in your merciful love. Let my heart rejoice in your saving help: Let me sing to the Lord for his goodness to me, singing psalms to the name of the Lord, the Most High.

Psalm 13

The fool has said in his heart: "There is no God above." Their deeds are corrupt, depraved; not a good man is left. From heaven the Lord looks down on the sons of men to see if any are wise, if any seek God. All have left the right path, depraved, every one; there is not a good man left, no, not even one. Will the evil-doers not understand? They eat up my people as though they were eating bread: they never pray to the Lord. See how they tremble with fear without cause for fear: for God is with the just. You may mock the poor man's hope, but his refuge is the Lord. O that Israel's salvation might come from Zion! When the Lord delivers his people from bondage, then Jacob will be glad and Israel rejoice.

Reader: Glory to the Father and to the Son and to the Holy Spirit

People: Now and ever and forever. Amen.


Alleluia, alleluia, alleluia! Glory to you, O God! (*three times*)

Matins continues with the Small Litany on page 10.


Sessional Hymn (page 11)

The 2nd Hymn of the first set of Sessional Hymns (Samopodoben: Blahoobraznyj Josif):

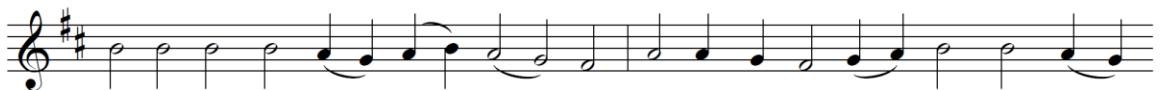
Cantor: Arise, O Lord, lift up your hand.
O God, do not forget the poor!




The an - gel ap - peared to the myrrh-bear-ing wom-en at the tomb and said:



Oint - ments are for the dead, but Christ has been shown



to be free from all cor - rup - tion. Ra-ther, cry out in - stead: The Lord




is ris - en, grant - ing great mer - cy to the world.


Matins continues with the Third Kathisma (either Polyeleos (p. 12) or Ps. 118 (p. 17)).

҃пакѡе (page 21)


Tone 2




The wom - en went to the tomb af - ter your pas - sion to a - noint your



bod - y, O Christ our God. They saw the an - gels and were a - ston - ished;



for they heard them cry-ing with a loud voice: The Lord is risen and grants great



mer - cy to the world.

Stepenna (page 21)

The Second Antiphon of the Stepenna in Tone 2:



Un - less the Lord were in our midst, who could have been kept safe from the

man - de - stroy - ing en - e - my? My en - e - mies roar like li - ons;

O Sav - ior, de - liv - er not your serv - ant to their teeth. Glo - ry to the Fa - ther, and

to the Son, and to the Ho - ly Spir - it; now and ev - er and

for - ev - er. A - men. To the Ho - ly Spir - it is do - min - ion

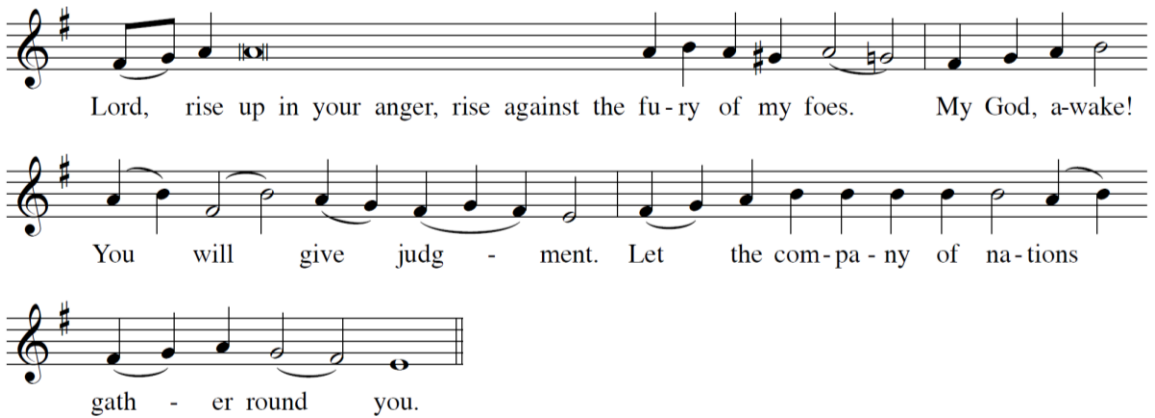
and hon - - - or; for, as God, he es - tab - lish - es all crea - tures

and pre - serves them in the Fa - ther and the Son.

Matins continues with the Prokeimenon (page 22).

Prokeimenon (page 22)

Psalm 7:6,7



Lord, rise up in your anger, rise against the fu-ry of my foes. My God, a-wake!

You will give judg - ment. Let the com-pa - ny of na-tions

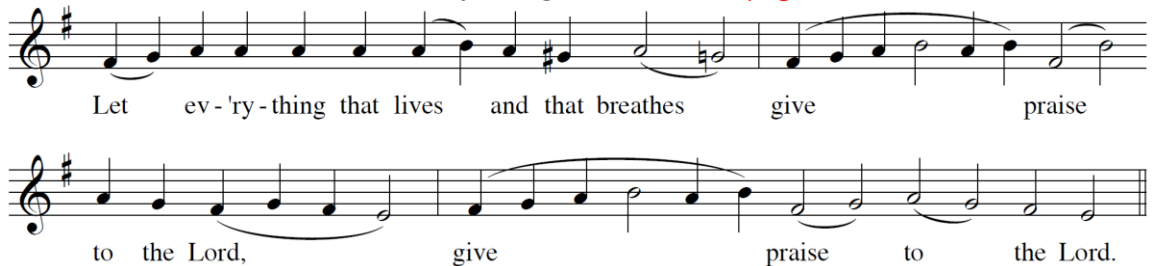
gath - er round you.

Deacon: Lord God, I take refuge in you.
From my pursuers save me and rescue me.

Matins continues with the Preparation for the Gospel on page 22.

Let everything that lives... (page 22)

Tone 2



Let ev-'ry-thing that lives and that breathes give praise

to the Lord, give praise to the Lord.

The Preparation for the Gospel continues on page 23.

The Eighth Resurrection Gospel is read (John 20:11-18).

Matins then continues with the Hymn of the Resurrection on p. 24.

You have come forth from the Vir - gin, not as an an - gel or a
mes-sen - ger, but as the Lord clothed in our flesh;
you have saved me com - plete - ly, and so I cry out:
Glo - ry to your pow - er, O - - - - Lord!

Refrain

Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

Before the judgment-seat of Caiaphas, you appeared as one accused; yet you did not raise your voice, O Master of the nations. The judgment that you announced to them is the salvation of the world, which you accomplished by your passion, O Lord. *Refrain*

The Enemy unleashed his sword at your passion; and when you descended into Hades, the rebellious cities were destroyed, and the boldness of the Tyrant was overthrown.

Glo - ry to the Father, and to the Son, and to the Holy Spir - it; now and ev - er
and for - ev - er. A - men.

O Theotokos, we the faithful recognize in you the harbor of salvation and the unshakable fortress. By your intercession, O our Lady, save our souls from every danger.

Matins continues with the Small Litany on page 33.

Kontakion & Ikos (page 34)

Tone 2

You a - rose from the grave, Al-might - y Sav - ior. See - ing the

mir - acle, Hades was struck with fear; the dead a - rose. At this sight, all

cre - a - tion re-joic - es with you; Ad - am joins with ex - ul - ta - tion;

and the world, O my Savior, sings your prais - es for - ev - er.

Ikos: O Light of those who are in darkness, you are the Resurrection and the Life of all. You have raised the faithful with you, O Savior. You have despoiled the kingdom of Death and have shattered the gates of Hades, O Word. The sight of such wonders astonished mortals, and every creature rejoices in your Resurrection. We also glorify you, O Lover of us all, and we praise your condescension; the whole world sings your praises, O my Savior.

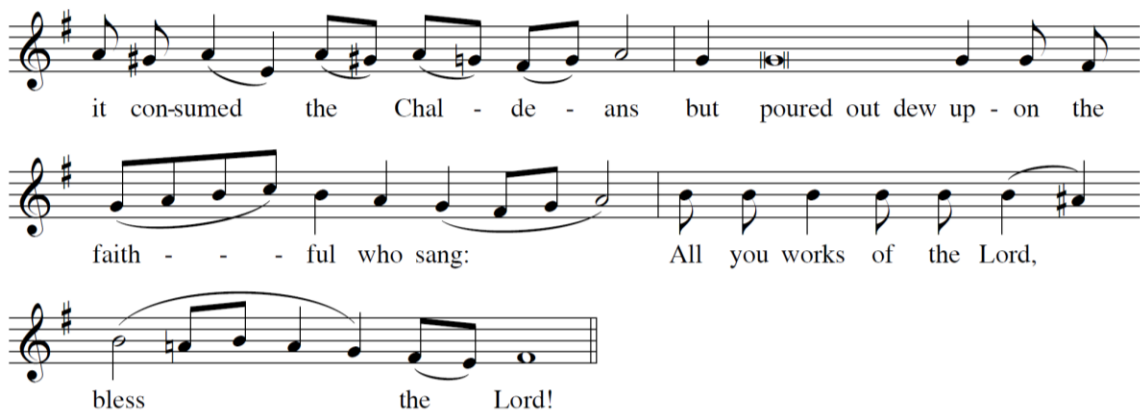
Ode 8

Irmos

Tone 2

For - mer - ly the fie - ry fur - nace in Bab - - - y - lon

di - vid - ed its pow - er, and ac-cord-ing to the di-vine de - cree,



it con-sumed the Chal - de - ans but poured out dew up - on the
 faith - - - ful who sang: All you works of the Lord,
 bless the Lord!

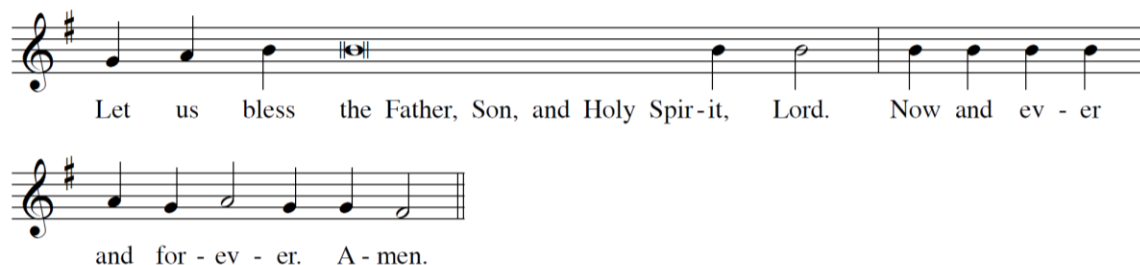
Refrain



Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

Seeing your garment of flesh crimsoned with your blood, the angels in heaven were seized with fear at your long-suffering, and together they began to sing: All you works of the Lord, bless the Lord! *Refrain*

O God of mercy, by your Resurrection, mortals have been clothed with immortality. Filled with joy, O Christ, your chosen people sing to you in thanksgiving: Truly death has been swallowed up in your victory!



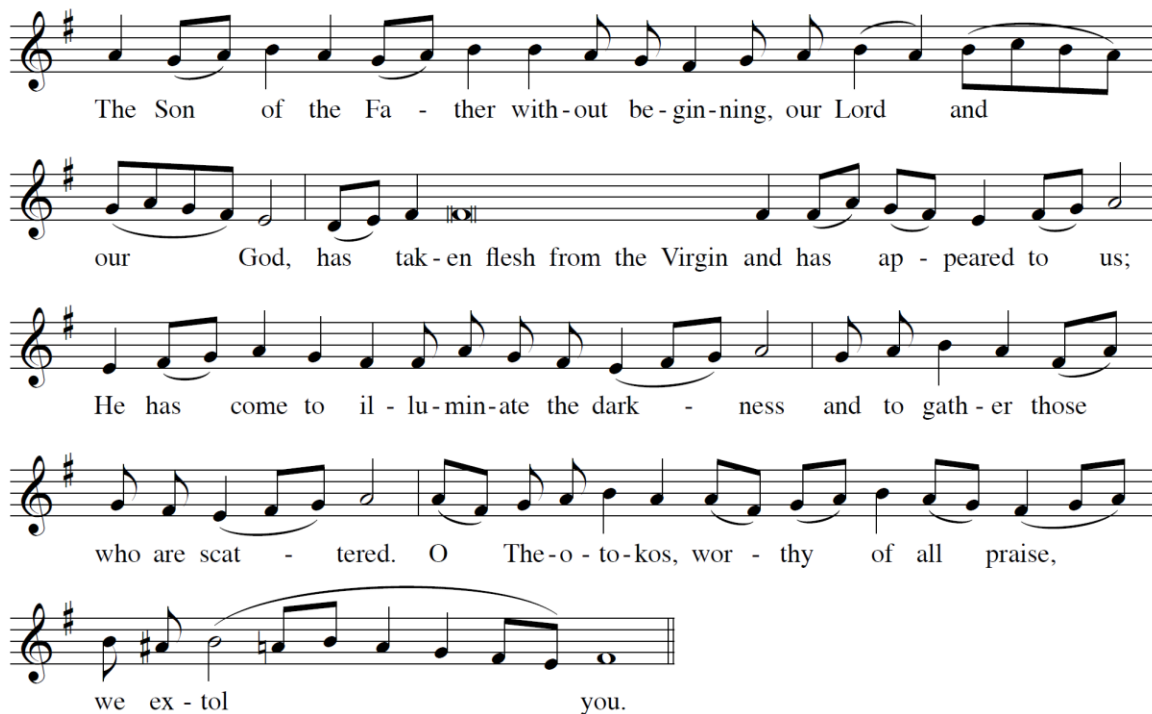
Let us bless the Father, Son, and Holy Spir-it, Lord. Now and ev - er
 and for - ev - er. A - men.

The God who became flesh has dwelt in your womb without being separated from his Father in heaven. Without seed, you have conceived, O Virgin, and in a manner beyond words, you have given birth, O Mother. You are truly the salvation of us all.

Matins continues with "Let us greatly extol..." & the Cantic of the Theotokos on p. 34.

Ode 9
Irmos

Tone 2



The Son of the Fa - ther with - out be - gin - ning, our Lord and
our God, has tak - en flesh from the Virgin and has ap - peared to us;
He has come to il - lu - min - ate the dark - ness and to gath - er those
who are scat - tered. O The - o - to - kos, wor - thy of all praise,
we ex - tol you.

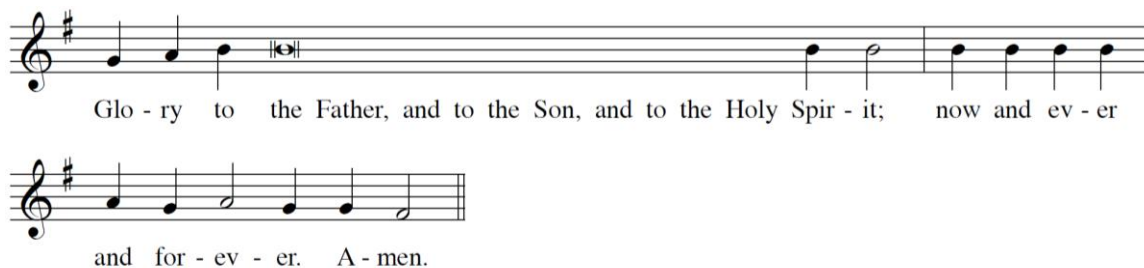
Refrain



Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

The thrice-blessed wood of your precious cross has been planted in the place of the Skull as in the heart of paradise. Sprinkled with the blood and water that flowed from your divine side, O Christ, it made our life blossom forth. *Refrain*

On the cross you overthrew the powerful; from the depths of Hades, you raised up human nature which was held captive, and you enthroned it with your Father in heaven, O almighty One; and in that same nature you shall come again. We adore you and we extol you!



O faithful, let us praise and glorify in the true faith the Unity in three Persons, the consubstantial Trinity, the divine and indivisible nature, the unsetting light with a triple flame, who alone is incorruptible, and who fills us with brightness.

Matins continues with the Small Litany on page 36.

Holy is the Lord our God (page 37)

Tone 2



Hymn of Light (page 37)

When Mary saw two angels inside the grave, she was seized with fright. She did not recognize Christ but thought that he was the gardener; she said to him: Sir, where have you placed the body of Jesus? She knew from his voice that he was the Savior, and she obeyed him when he said: Touch me not, for I am going to my Father. Tell this to my disciples.

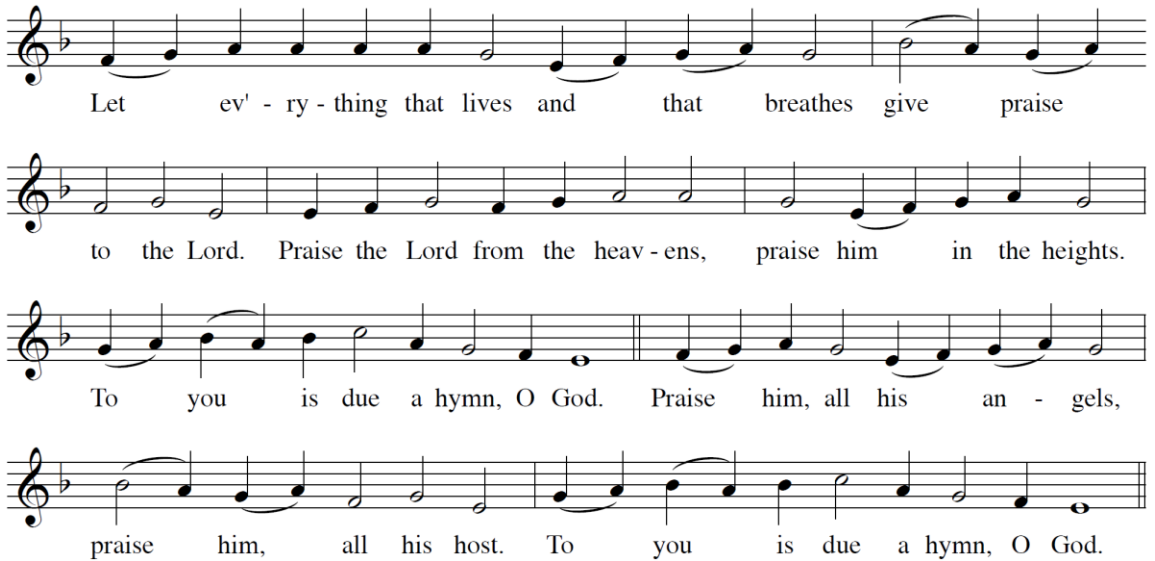
Glory... now and ever...

You have given birth, O Virgin, to one of the Trinity in a manner beyond description, dual in nature, dual in will, but one in Person. Therefore, always beseech him for those who honor you in faith, that we may escape the temptations of the Enemy, for in you we now seek refuge, O Theotokos.

Matins continues with the Psalms of Praise.

Psalms of Praise (page 38)

Tone 2



Let ev - ry - thing that lives and that breathes give praise
to the Lord. Praise the Lord from the heav - ens, praise him in the heights.
To you is due a hymn, O God. Praise him, all his an - gels,
praise him, all his host. To you is due a hymn, O God.

The Psalms of Praise continue with "Praise him, sun and moon..." on page 38.

Stichera (page 40)

the 7th & 8th of the 8 Sunday stichera:

Cantor (Tone 2):



A - rise, O Lord, lift up your hand! O God, do not for - get the poor.
O Christ, you were crucified and bur - ied as you willed. You held Death
cap tive and resurrected in glo - ry as Lord and God, who grant ed to the world life
e - ter - nal and great mer - cy.

Cantor (*Tone 2*):



I will praise you, Lord, with all my heart; I will re-count your won - ders.



O trans-gres-sors of the law, when you sealed the tomb, you did in truth



mag - nify the miracle for us as the guards know; es - pe - cial - ly since you



per-suad-ed them to say on the day of his res-ur - rec - tion from the tomb:



While we slept, the disciples came and stole him a-way. For who would steal



a corpse, espe-cial - ly a nak - ed one? He tru - ly arose in his di - vine



pow - - - er leav - ing his shroud in the grave; with - out break - ing

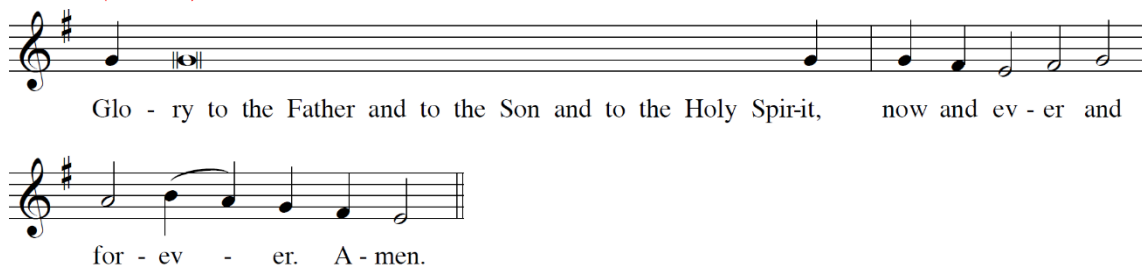


the seals he has tram - pled down Death, and he has giv - en to the human



race life e-ter - nal and great mer - cy.

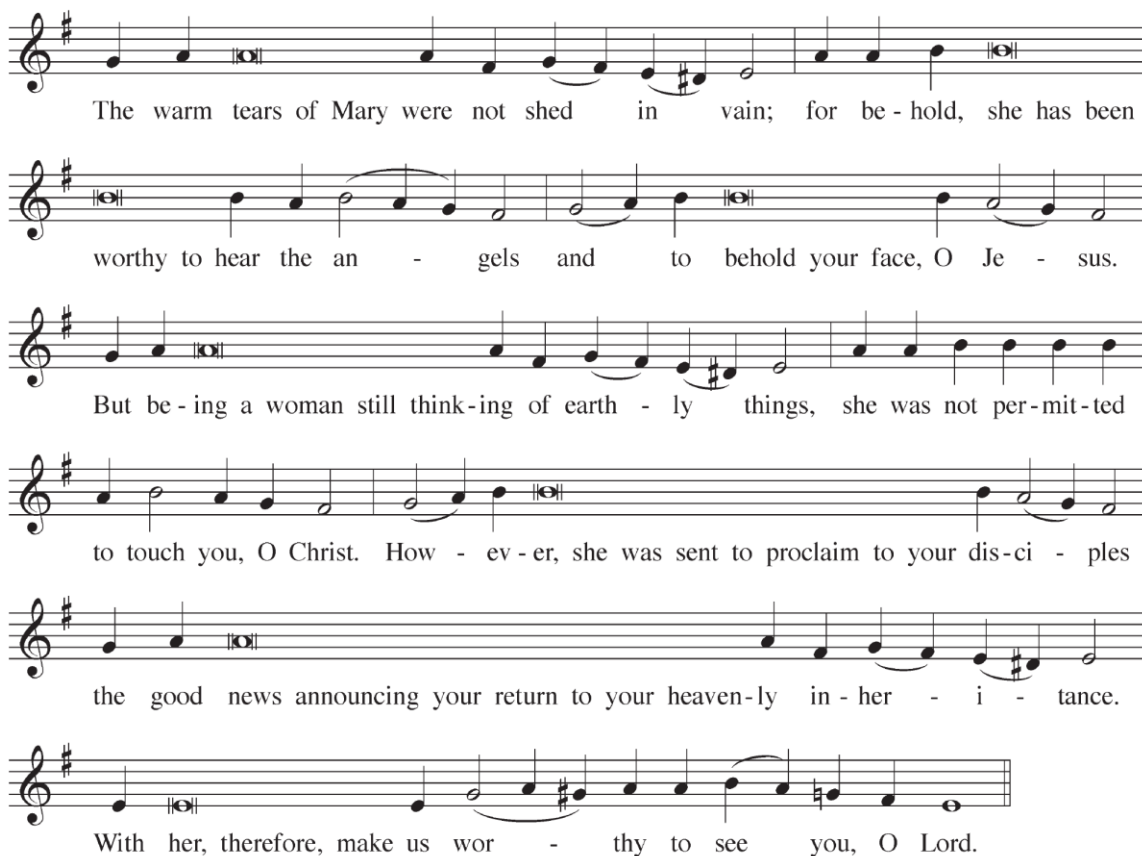
Cantor (*Tone 8*):



Glo - ry to the Father and to the Son and to the Holy Spir-it, now and ev - er and
for - ev - er. A - men.

Eighth Gospel Stanza

Tone 8



The warm tears of Mary were not shed in vain; for be - hold, she has been
worthy to hear the an - gels and to behold your face, O Je - sus.
But be - ing a woman still think-ing of earth - ly things, she was not per-mit-ted
to touch you, O Christ. How - ev - er, she was sent to proclaim to your dis-ci - ples
the good news announcing your return to your heaven-ly in - her - i - tance.
With her, therefore, make us wor - thy to see you, O Lord.

Matins continues with "Now and ever..." & the Theotokion for normal Sundays on p. 41.