

THIRD HOUR PROPER FOR SEPTEMBER 20TH, 2020

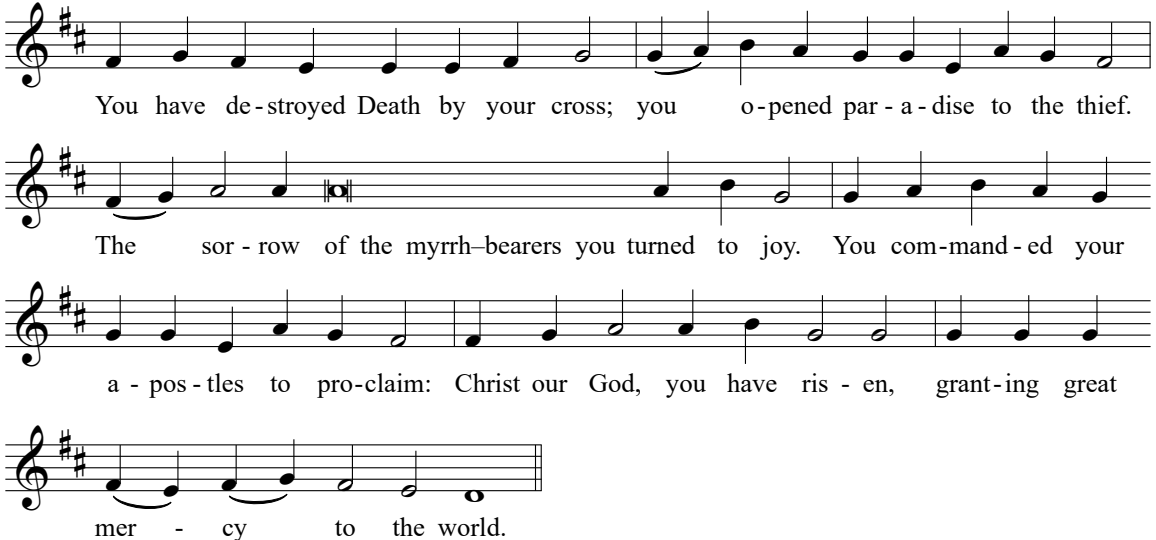
SUNDAY BEFORE THE EXALTATION OF THE HOLY CROSS

Postfestive day of the Exaltation of the Cross

The holy martyr Eustace and his companions. Eustace was a Roman military leader in the time of the emperors Titus and Trajan. He was a righteous and merciful pagan. One day while hunting, he found a stag. In the stag's antlers, a cross appeared, and Eustace heard a voice telling him to find a Christian priest and be baptized. He and his whole family were baptized, and then left Rome for Egypt. Eustace was called back into service by Trajan during the barbarian invasions. After defeating the enemy, Eustace was arrested by the new emperor Hadrian for being a Christian. He was killed with his entire family. (118)

The holy martyrs and confessors, the Great Prince Michael, and his counselor Theodore, Wonderworkers of Chernigov. Prince Michael went to the Tartar horde with his counselor Theodore at the invitation of the Tartar ruler. When they refused to worship the idols upon their arrival, they were beheaded. Their relics are preserved in the Church of the Archangel in Moscow. (1244)

Troparion of the Resurrection - Tone 7



You have de-stroyed Death by your cross; you o-pened par - a - dise to the thief.
The sor - row of the myrrh-bearers you turned to joy. You com-mand - ed your
a - pos - tles to pro-claim: Christ our God, you have ris - en, grant-ing great
mer - cy to the world.

Cantor (Tone 4):



Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.

Troparion of the Martyrs - Tone 4



Your ho - ly mar - tyr, O Lord our God, in their strug - gles, received incor -



rup - ti - ble crowns from you. With your strength, they brought down the ty - rants



and broke the cowardly val - or of de - mons. Through their prayers, O Christ our



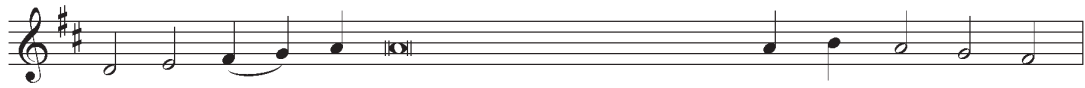
God, save our souls.

Cantor (Tone 4):



Now and ev - er and for - ev - er. A - men.

Theotokion of Third Hour - Tone 4:



O The - o - to - kos, you are the true vine laden with the Fruit of Life;



where - fore, we im - plore you, O La - dy, to in - ter - cede



to - gether with the apos - tles and all the saints that we may obtain mer - cy



for our souls.

Third Hour continues with "May the Lord God be blessed..." on p. 9

Kontakion of the Resurrection - Tone 7

No long - er can the might of Death rule o - ver us; Christ de - scend - ed,
de - stroying and crush - ing its pow - er. Ha - des re - mains en - chained.
The proph - ets re - joi - ce to - geth - er. The Sav - ior has ap - peared, say - ing to
those in dark - ness: Come forth, faith - ful to the Res - ur - rec - tion.

Third Hour continues with "Lord, have mercy..." (40 times) on p. 11

¹Format 16: Sunday within a Postfestive Period and an Ordinary Saint