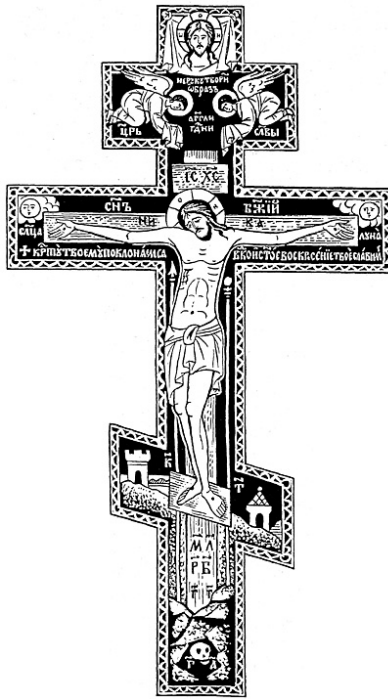


The All-Night Vigil



*for the Feast of the Exaltation of the
Precious, Holy, and Life-creating Cross*

The All-night Vigil Service

THE EXALTATION OF THE PRECIOUS, HOLY, AND LIFE- CREATING CROSS, which is exalted and honored the day after the dedication of the basilica of the Resurrection built over the tomb of Christ, just as the trophy and sign of his paschal victory would appear in heaven, at last foretelling his second advent to all.

Vespers

STAND

Priest: Glory to the holy, consubstantial, life-creating and undivided Trinity, always, now and ever and forever.

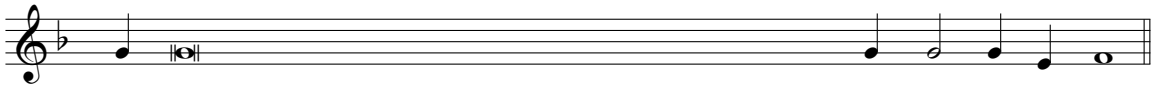


Response: A - - men.

Each time with a reverence:



Come, let us worship our King and God. Come, let us worship Christ, our King and God.



Come, let us worship and bow before the only Lord Jesus Christ, the King and our God.

PSALM 103



1. Bless the Lord, O my soul! Lord my God, how great you are,



2. clothed in maj - es - ty and glo - - - ry, wrapped in light as in a robe.

3. You stretch out the heav-ens like a tent. A-bove the rains you build your
 dwell - ing. 4. You make the clouds your char - - - i - ot, you walk on
 the wings of the wind; 5. you make your an - gels spir - - - its
 and your min - is - ters a flam - ing fire. 6. You found-ed the earth
 on its base, to stand firm from age to age. 7. You make the grass grow for
 the cat - - - tle and the plants to serve man's needs, 8. that he may
 bring forth bread from the earth and wine to cheer man's heart;
 9. oil, to make his face shine and bread to strength - en
 man's heart. 10. I will sing to the Lord all my life, make mu - sic

to my God while I live. 11. You made the moon to mark the months;
the sun knows the time for its set - ting. 12. How man - y are your
works, O Lord! In wis - dom you have made them all. 13. Glo - ry to
the Fa - ther, and to the Son, and to the Ho - ly Spir - it,
14. now and ev - - - er and for - ev - er. A - men.

Three times, each with a reverence

Al - - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia! Glo - ry to you, O God!

SIT

LITANY OF PEACE

Deacon: In peace, let us pray to the Lord.

Response: 1. Lord, have mer - cy.

Deacon: For peace from on high and for the salvation of our souls, let us pray to the Lord.



Response:

2. Lord, have mer - cy.

Deacon: For peace in the whole world, for the stability of the holy Churches of God, and for the union of all, let us pray to the Lord.

Response: **Lord, have mercy. (1)**

Deacon: For this holy church and for all who enter it with faith, reverence, and fear of God, let us pray to the Lord.

Response: **Lord, have mercy. (2)**

Deacon: For our holy father, (Name), pope of Rome, let us pray to the Lord.

Response: **Lord, have mercy. (1)**

Deacon: For our most reverend metropolitan, (Name), for our God-loving bishop, (Name), for the venerable presbyterate, the diaconate in Christ, and all the clergy and people, let us pray to the Lord.

Response: **Lord, have mercy. (2)**

Deacon: For our government and for all in the service of our country, let us pray to the Lord.

Response: **Lord, have mercy. (1)**

Deacon: For this city, [or: For this holy monastery], for every city, community, and for the faithful living in them, let us pray to the Lord.

Response: **Lord, have mercy. (2)**

Deacon: For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

Response: **Lord, have mercy. (1)**

Deacon: For those who travel by sea, air, and land, for the sick, the suffering, the captive and for their salvation, let us pray to the Lord.

Response: **Lord, have mercy. (2)**

Deacon: That we be delivered from all affliction, wrath, and need, let us pray to the Lord.

Response: **Lord, have mercy. (1)**

Deacon: Protect us, save us, have mercy on us, and preserve us, O God, by your grace.

Response: **Lord, have mercy. (2)**

Deacon: Commemorating our most holy, most pure, most blessed and glorious Lady, the Theotokos and ever-Virgin Mary with all the saints, let us commit ourselves and one another and our whole life to Christ our God.



Response: To you, O Lord.

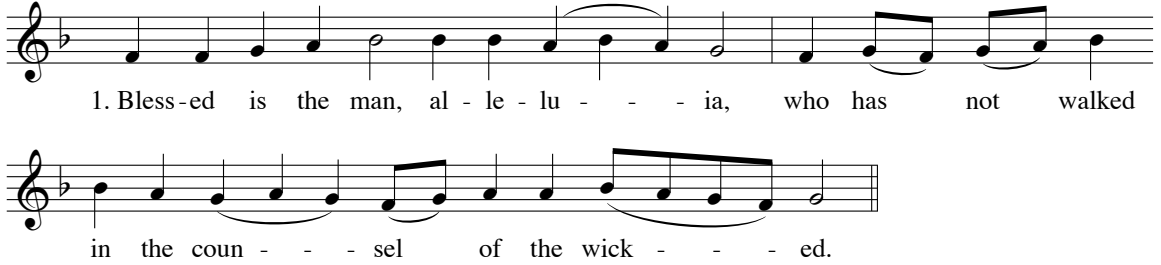
Priest: Evening, morning, and at noon we praise you, we bless you, we thank you, and we pray to you, Master of All, Lord and Lover of us all. Let our prayer rise like incense before you and do not let our hearts be turned to evil words or thoughts, but deliver us from all that might ensnare our souls. For to you, Lord, O Lord, our eyes are turned and in you we hope; let us not be put to shame, O our God. For to you, Father, Son, and Holy Spirit, is due all glory, honor, and worship now and ever and forever.



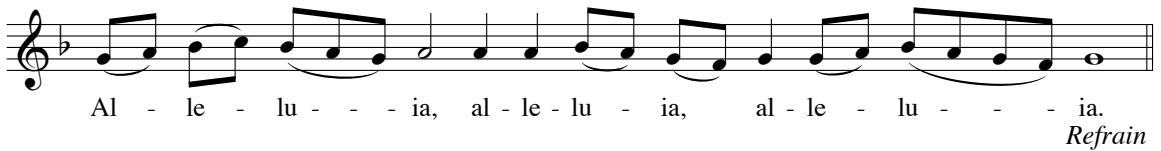
Response: A - men.

THE FIRST KATHISMA

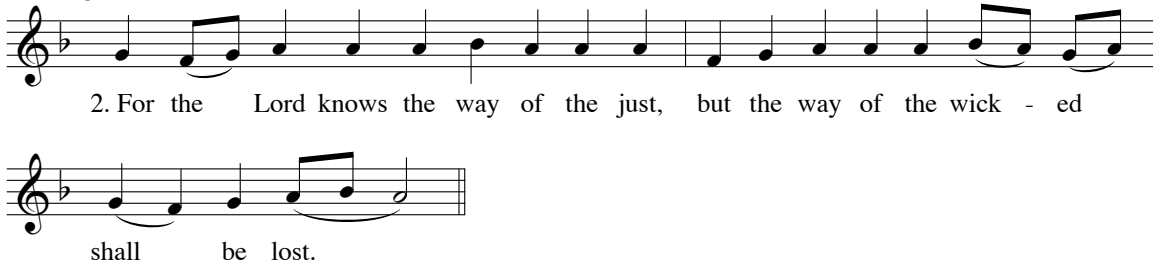
Cantor



Refrain:

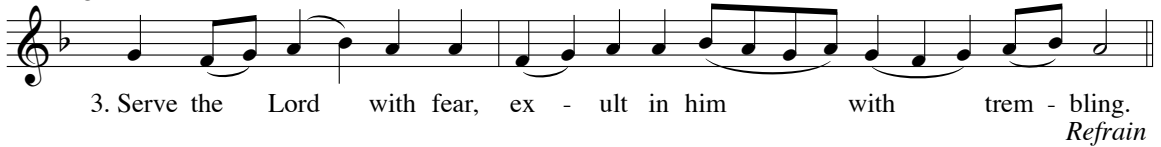


Cantor

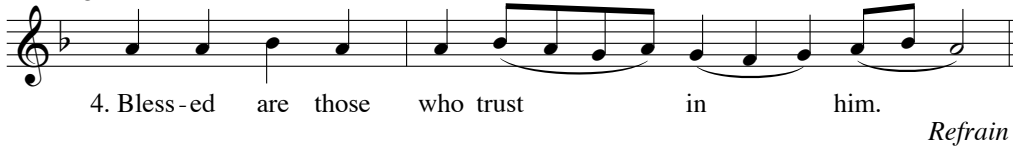


Refrain

Cantor



Cantor



Cantor

5. A - rise, O Lord! Save me, my God.

Cantor

6. Sal - va - tion is of the Lord! Up - on your peo - ple, your bles - sing!

Refrain

Cantor

7. Glo - ry to the Fa - ther and to the Son and to the Ho - ly Spir - it.

Refrain

Cantor

8. Now and ev - er and for - ev - er. A - men.

Refrain

All: Two times, each with a reverence:

Al - leluia, alleluia, allelu - ia! Glo - ry to you, O God!

All: Last time, with a reverence:

Al - leluia, alleluia, al - le - lu - ia! Glo - ry to you, O God!

STAND

PSALM 140

O Lord, I have cried to you, hear me. Hear me, O Lord! O Lord, I have
cried to you, hear me; re - ceive the voice of my pray'r when I call
up - on you. Hear me, O Lord! Let my pray'r ascend to
you like in - cense and the lift - ing up of my hands like an eve - ning
sac - ri - fice. Hear me, O Lord!

SIT *when the priest finishes the incensation*

O Lord, set a guard before my mouth
and set a seal on the door of *my* lips.

Let not my heart be inclined to evil,
nor make excuses for sins I *commit*.

Let me never share in sinners' feasting.
If a just man strikes or reproves me it *is* kindness

but let the oil of the wicked not anoint my head.
Let my prayer be ever against *their* malice.

The princes were thrown down by the side of the rock;
then they understood that my words *were* kind.

As a millstone is shattered to pieces on the ground,
so their bones were strewn at the mouth of *the* grave.

To you, Lord God, my eyes are turned;
in you I take refuge; spare *my* soul!

From the trap they have laid for me keep me safe;
keep me from the snares of those who *do* evil.

Let the wicked fall into the traps they have set
while I pursue my way *unharm*ed.

With all my voice I cry to the Lord,
with all my voice I entreat *the* Lord.

I pour out my trouble before him;
I tell him all my distress while my spirit faints *with*in me.

But you, O Lord, know my path.
On the way where I shall walk they have hidden a snare to *entrap* me.

Look on my right and see:
there is no one who takes *my* part.

I have no means of escape,
not one who cares for *my* soul.

I cry to you, O Lord.

I have said: "You are my refuge, all I have in the land of *the* living."

Listen, then, to my cry

for I am in the depths of *distress*.

Rescue me from those who pursue me

for they are stronger *than* I.

Bring my soul out of this prison

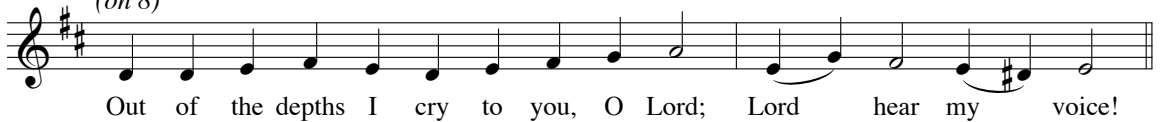
and then I shall praise *your* name.

Around me the just will assemble

because of your goodness *to* me.

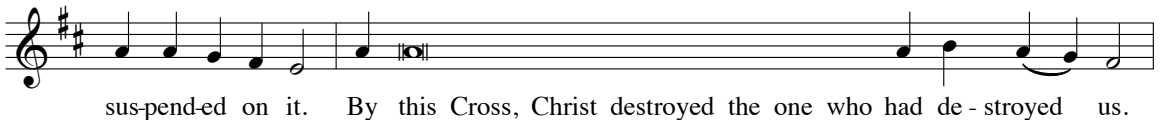
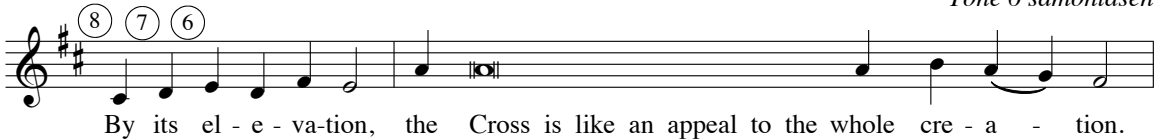
Cantor: (Tone 6)

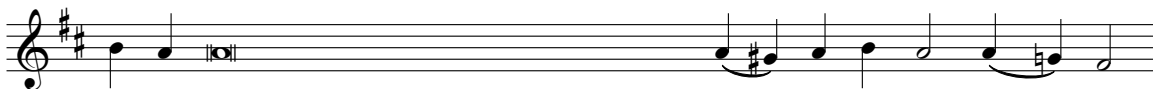
(on 8)



Sticheron:

Tone 6 samohlasen





In his great goodness, he brought us back to life af - ter we had been dead.



In his mer-cy he clothed us with beau - ty and made us worthy of heav - en.



There-fore we exalt his name with great re - joic - ing, and glo - ri - fy



his in - fi - nite com - pas - - - sion.

Cantor:

(on 7)



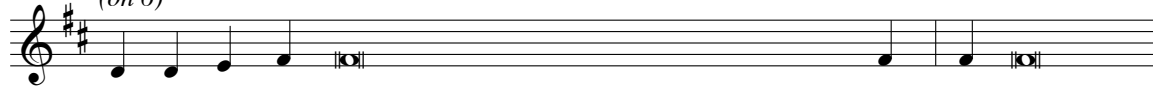
Let your ears be at - ten - tive to the voice of my plead - ing.

Sticheron:

Repeat: "By its elevation..."

Cantor:

(on 6)



If you, O Lord, should mark our guilt, Lord, who would sur-vive? But with you is




found for - give-ness: for this we re-vere you.

Sticheron:


Repeat: "By its elevation..."

Cantor:

(on 5)



My soul is wait-ing for the Lord. I count on his word. My soul is longing for the



Lord more than watch-man for day - break.

Sticheron:



O pre-cious Cross of the Lord, Mo - ses prefigured you when he stretched out his



arms to heav - en, and thus defeated the haugh - ty A - ma - lek.



You are the pride of the faith - ful, and the strength of those who strug - gle,



the glo - ry of the Apostles, the cour - age of the just, and the



sal - va - tion of the saints. There - fore, at the sight of your el - e - va - tion,



the whole creation rejoices, ex - alts, and glo - ri - fies Christ, whose good-ness



joined to - ge - ther those who had strayed.

04 (on 4)



Cantor:



Cantor:





to death for hav - ing eaten of the for - bid - den tree. There - fore, we



praise you with our lips, beg - ging for sanctifi - ca - tion, say - ing:



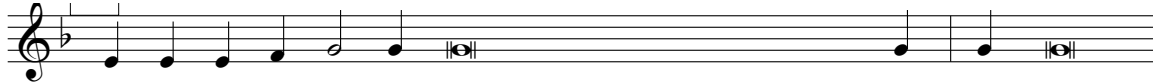
Ex - alt Christ our gracious God, O you na - tions, and for - ev - er a - dore



his di - vine foot - - - steps.

STAND

Cantor: (*Tone 2*)



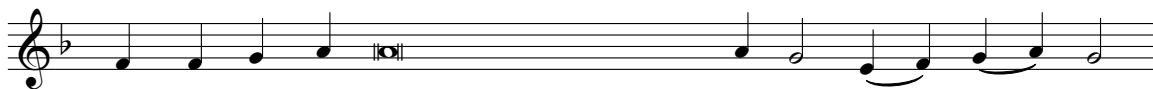
Glo - ry to the Fa - ther, and to the Son, and to the Holy Spir - it, now and ever



and for - ev - er. A - men.

Doxastikon

Tone 2 samohlasen



Come all you peo - ple, let us venerate the bless - ed Cross of the Lord,




through which e - ter - nal jus - tice came to us. He who de - ceived Ad - am,



the first man, was con - quered by a tree, and the same who fettered the royal




cre - a - tion by his cun - ning, was cast down in - to noth - ing - ness.



The ven - om of the serpent has been washed a - way by the di - vine




blood of Christ. The curse of the rightful sen-tence was lift - ed




when the just Christ was condemned un - just - ly. By God's plan, death that



had come from a tree would be con - quered by a Tree, and suf - fer - ing



would be healed by the suf - fer - ing of the Lord. Glo - ry to the ac - tive pres - ence



of your prov - idence in our lives, O Christ our King. Through it you have



brought sal - va - tion to all, for you are gra - cious and the Lov - er of us all.

STAND

THE HYMN OF THE EVENING

Deacon: Wisdom! Be attentive!

The musical score is written on six staves in G major (one sharp). The melody is a simple, flowing line with eighth and quarter notes. The lyrics are written below the staves, with hyphens indicating syllables that span across notes. The text is as follows:

O Joy - ful Light of the ho - ly glo - ry of the Fa - ther Im - mor - tal,
the hea - ven - ly, ho - ly, bles - sed One, O Je - sus Christ: Now that we have
reached the set - ting of the sun, and see the eve - ning light, we sing to God,
Fa - ther, Son, and Ho - ly Spir - it. It is fit - ting at all times to raise
a song of praise in meas - ured mel - o - dy to you, O Son of God, the
Giv - er of Life. There - fore, the u - ni - verse sings your glo - ry.

Deacon: Let us be attentive!

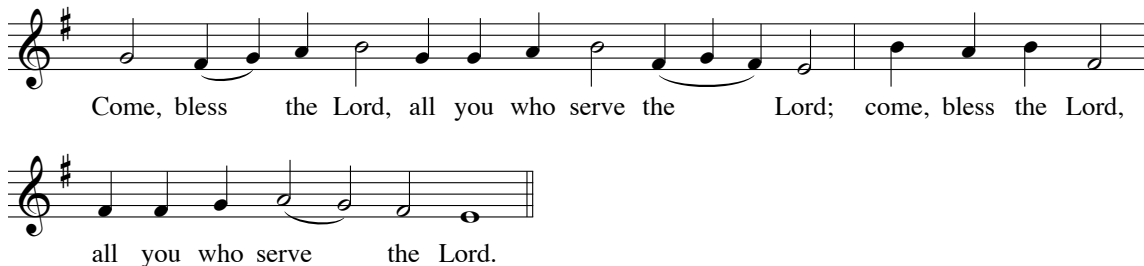
Priest: + Peace be to all!

Deacon: Wisdom! Be attentive!

PROKEIMENON

The Prokeimenon is sung according to the day of the week:

Sunday - Tone 8 (Psalm 133:1; 2)



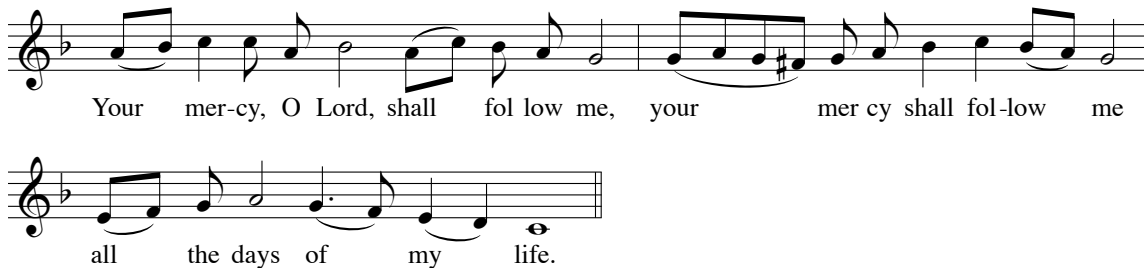
Deacon: Who stand in the house of the Lord, in the courts of the house of our God.

Monday - Tone 4 (Psalm 4:3;1)



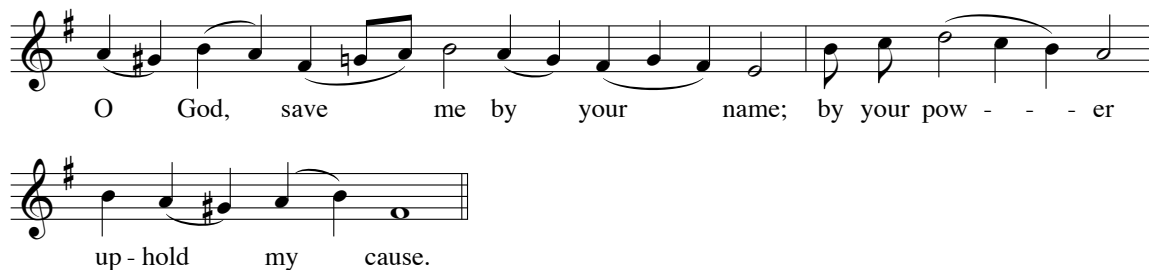
Deacon: When I call, answer me, O God of justice.

Tuesday - Tone 1 (Psalm 22:6; 1)



Deacon: The Lord is my shepherd, there is nothing I shall want;
fresh and green are the pastures where he gives me repose.

Wednesday - Tone 5 (Psalm 53: 1; 2)

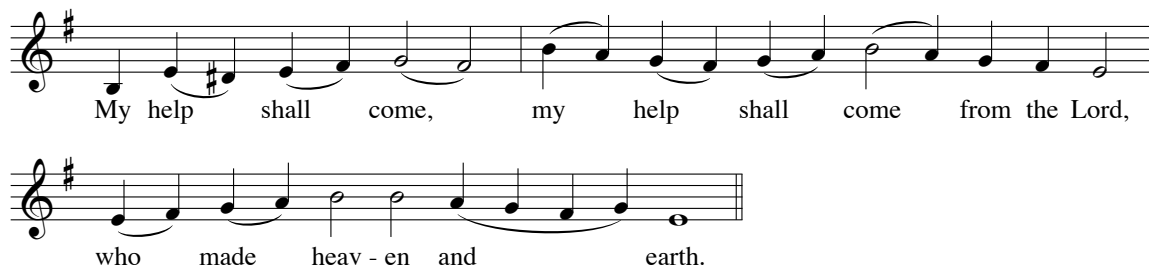


O God, save me by your name; by your pow - - - er
up - hold my cause.

The musical notation is in G major (one sharp) and 4/4 time. The melody for the first line consists of quarter notes G4, A4, B4, C5, followed by a half note B4, then quarter notes A4, G4, F#4, E4, D4, C4. The second line continues with quarter notes B3, A3, G3, F#3, E3, D3, and ends with a whole note C3.

Deacon: O God, hear my prayer; listen to the words of my mouth.

Thursday - Tone 6 (Psalm 120: 2; 1)

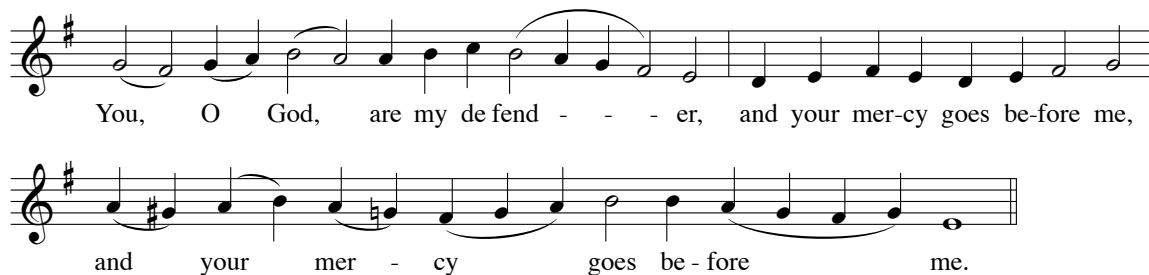


My help shall come, my help shall come from the Lord,
who made heav - en and earth.

The musical notation is in G major (one sharp) and 4/4 time. The melody for the first line consists of quarter notes G4, A4, B4, C5, followed by a half note B4, then quarter notes A4, G4, F#4, E4, D4, C4. The second line continues with quarter notes B3, A3, G3, F#3, E3, D3, and ends with a whole note C3.

Deacon: I lift up my eyes to the mountains, from where shall come my help.

Friday - Tone 7 (Psalm 58: 9-10; 1)



You, O God, are my de fend - - - er, and your mer-cy goes be-fore me,
and your mer - cy goes be - fore me.

The musical notation is in G major (one sharp) and 4/4 time. The melody for the first line consists of quarter notes G4, A4, B4, C5, followed by a half note B4, then quarter notes A4, G4, F#4, E4, D4, C4. The second line continues with quarter notes B3, A3, G3, F#3, E3, D3, and ends with a whole note C3.

Deacon: Rescue me, O God, from my foes; protect me from those who attack me.

Saturday – *from Psalm 92: Tone 6 samopodoben*

The Lord reigns, the Lord reigns; he is clothed in maj - es - ty.

The Deacon chants the verses as follows:

- a. Robed is the Lord and girt about with strength.
- b. The world he made firm, not to be moved.
- c. Holiness is fitting to your house, O Lord, until the end of time.

SIT

READINGS

(EOT 305-306)

- 1.Exodus 15:22 - 16:1
- 2.Proverbs 3:11-18
- 3.Isaiah 60:11-16

LITANY OF FERVENT SUPPLICATION

Deacon: Let us all say with our whole soul and with our whole mind, let us say:

Response:

1. Lord, have mer - cy.

Deacon: O Lord almighty, God of our fathers, we pray you, hear and have mercy.

Response:

2. Lord, have mer - cy.

Deacon: Have mercy on us, O God, according to your great mercy, we pray you, hear and have mercy.



Response: 3. Lord, have mer-cy, Lord, have mer-cy, Lord, have mer - cy.

Deacon: Again we pray for our holy father, (Name), pope of Rome, and for our most reverend metropolitan, (Name), for our God-loving bishop, (Name), for those who serve and have served in this holy church, for our spiritual fathers, and for all our brothers and sisters in Christ.



Response: 4. Lord, have mer - cy, Lord, have mer - cy, Lord, have mer - cy.

Deacon: Again we pray for our government and for all in the service of our country.

Response: Lord, have mercy. (*three times, using response 4.*)

Deacon: Again we pray for the people here present who await your great and abundant mercy, for those who show us mercy, and for all Christians of the true faith.

Response: Lord, have mercy. (*three times, using response 3.*)

Priest: For you are a merciful and loving God, and we give glory to you,
Father, Son, and Holy Spirit, now and ever and forever.



Response: A - men.

STAND

HYMN OF GLORIFICATION

Make us wor - thy, O Lord, to be kept sin - less this eve - ning.

Bless-ed are you, O Lord, the God of our fa - thers, and praise-wor - thy

and glorious is your name for ev - er. A - men. May your mer - cy, O Lord,

be up-on us who have placed our hope in you. Bless-ed are you O

Lord; teach me your com-mand - ments. Bless-ed are you, O Mas - ter;

make me un-der-stand your com-mand - ments. Bless-ed are you, O Ho - ly One;

en - light-en me with your com-mand - ments. O Lord, your mer-cy is for-ev - er;

de - spise not the work of your hands. To you is due praise; to you

is due a hymn; to you is glo - ry due, Father, Son, and Ho - ly Spir - it,

reverence

reverence

reverence



LITANY OF SUPPLICATION

Deacon: Let us complete our morning prayer the Lord



Response:

Deacon: Protect us, save us, have mercy on us, and preserve us, O God, by your grace.



Response:

Deacon: That this whole day be perfect, holy, peaceful, and without sin, let us beseech the Lord.



Response:

Deacon: For an angel of peace, a faithful guide and guardian of our souls and bodies, let us beseech the Lord.



Response:

Deacon: For the pardon and remission of our sins and offenses, let us beseech the Lord.

Response: Grant this, O Lord. (3)

Deacon: For what is good and beneficial to our souls and for peace in the world, let us beseech the Lord.

Response: **Grant this, O Lord (4)**

Deacon: That we may spend the rest of our life in peace and repentance, let us beseech the Lord.

Response: **Grant this, O Lord. (3)**

Deacon: For a Christian, painless, unashamed, peaceful end of our life, and for a good account before the fearsome judgment seat of Christ, let us beseech the Lord.

Response: **Grant this, O Lord (4)**

Deacon: Commemorating our most holy, most pure, most blessed and glorious Lady, the Theotokos and ever-Virgin Mary with all the Saints, let us commit ourselves and one another, and our whole life to Christ our God.



Response: To you, O Lord.

Priest: Great and most high God, you alone possess immortality and dwell in unapproachable light. You made all creation with wisdom, dividing light from darkness, establishing the sun to rule the day and the moon and stars to rule the night. You have allowed us sinners to approach your presence with thanksgiving in this present hour and to offer you evening praise. O Lord, Lover of us all, make our prayer ascend to you like incense and accept it as a sweet fragrance. Grant that we may spend the present evening and the coming night in peace; clothe us with the armor of light; deliver us from the fears of the night and from everything that lurks about in darkness. Grant that the sleep you

have given us to refresh our fatigue may be free from all illusions of the devil. Yes, O Master of All, Giver of good things, let us feel contrition as we lie on our beds remembering your name throughout the night. Enlightened by meditation on your commands, may we rise with gladdened soul to give glory to your goodness, offering prayers and supplications to your compassion for our sins and those of all your people. Visit us with mercy through the intercession of the holy Theotokos.

For you, O God, are good and love us all, and we glorify you, Father, Son, and Holy Spirit, now and ever and forever.



Response:

A - men.

PRAYER OVER BOWED HEADS

Priest:

Peace be to all!



Response:

And to your spir - - - it.

Deacon:

Bow your heads to the Lord!



Response:

To you, O Lord.

Priest:

Lord our God, you bowed the heavens and came down for the salvation of the human race. Look upon your servants and upon your inheritance, for they have bowed their heads and bent their necks to you, the awesome Judge who love us all. They do not expect human help, but await your mercy and long for your

salvation. Protect them at all times, this evening and tonight, from every enemy, from all the devil's assaults, from vain thoughts and evil imaginings. May the might of your kingdom be blessed and glorified, Father, Son, and Holy Spirit, now and ever and forever.



Response:

A - men.

LITIJA

The faithful follow the clergy to the back of the church.

Bolhar Tone 1

①

The proph - e - cy of Da - vid is tru - ly ful-filled to - day, for we now
bow down be-fore your foot - stool in the shad - ow of your wings,
O God of love. Filled with hope, we cry out:
Let the light of your face shine up - on us, and raise up all
the faith - ful Chris - tians by the ex - al - ta - tion of your
pre - cious Cross, O Christ, our God of ten-der-ness and mer - - - cy.

Cantor: (Tone 4) Glory...now and ever...

Doxastikon

Tone 4 Bolhar



Mo - ses pre - fig - ured the pow'r of your pre - cious Cross, O Christ, when he



con - quered A - ma - lek, his en - e - my in the wil - der - ness of Si - nai.



When he stretched out his arms in the form of a cross, the peo - ple were



strength - - - ened. Now these im - a - ges are ful - filled in us.



To - day the Cross is ex - al - ted and the dev - ils are put to flight.



To - day all cre - a - tion is freed from cor - rup - tion. Through the Cross



ev - 'ry gift of grace has shone up - on us. There - fore, re - joic - ing, we bow



down be - fore you and say; How mar - vel - ous are your works, O

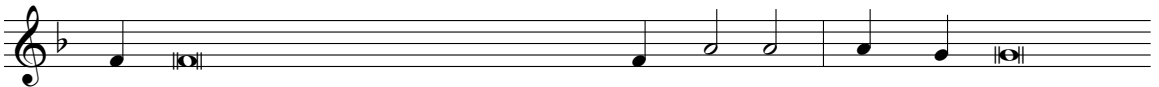


Lord, glo - - - ry to you!

LITANY OF THE LITIJA

Deacon: Save your people, O God, and bless your inheritance. Watch over your world in mercy and compassion. Exalt the strength of true Christians and send down upon us your abundant mercies. Through the prayers of our all-pure Lady, the Theotokos and ever-virgin Mary; through the power of the precious and life-creating Cross; through the protection of the honorable, heavenly, and angelic powers; through the prayers of the honorable and glorious prophet, forerunner, and baptist John; of the holy, glorious, and illustrious apostles; of our holy fathers, the great hierarchs and universal teachers: Basil the Great, Gregory the Theologian, and John Chrysostom; of our holy father Nicholas the Wonderworker, Archbishop of Myra in Lycia; of the holy equals to the apostles and teachers of the Slavs, Cyril and Methodius; of the holy equal to the apostles, the faithful great prince Vladimir; of the holy martyr Josaphat, bishop of Polotsk; of the blessed martyr Theodore, bishop of Mukačevo; of our blessed fathers and confessors Paul, bishop of Prešov; and Basil, bishop of Medila; of the holy, glorious, and victorious martyrs; of our venerable and God-bearing fathers, Anthony and Theodosius of the Monastery of the Caves, and of our other venerable and God-bearing fathers; of the holy and just ancestors of God, Joachim and Anna; and of all the saints; we beseech you, all-merciful Lord, hear the prayers of us sinners and have mercy on us.

Response:



Lord, have mercy. Lord, have mercy. Lord, have mer - cy. Lord, have mercy. Lord,



have mercy. Lord, have mer - cy. (*Sung twice*)

Deacon: Again we pray for our Holy Father (Name), pope of Rome, for his health and salvation, and that the Lord God may hasten and assist him in everything; O Lord, hear and have mercy.

Response: **Lord, have mercy. (*as above*)**

Deacon: Again we pray for our most reverend metropolitan (*Name*), for our God-loving bishop (*Name*); for our spiritual fathers and for all our brothers and sisters in Christ, and for every Christian soul that is troubled and afflicted and in need of God's mercy and help; for the protection of this city and those who dwell here; for the peace and serenity of the whole world, for the stability of the holy Churches of God; for the salvation and assistance of our fathers and brothers and sisters who labor and serve with diligence and fear of God; for those who are absent and for those who are traveling; for the healing of those who are confined by illness; for the repose, blessed memory, and remission and forgiveness of sins of all our true-believing fathers and brothers and sisters who have gone before us; and for all our brothers and sisters who are present at these services; and for all who have served and now serve in this holy church, let us say:

Response: **Lord, have mercy. (*as above*)**

Priest: Hear us, O God our Savior, hope of the ends of the earth and of those far off at sea, and be merciful to us, O merciful Master, on account of our sins, and have mercy on us. For you are a merciful and loving God, and we give glory to you, Father, Son, and Holy Spirit, now and ever and forever.



Response: A - men.

Priest: Peace + be to all!



Response: And to your spir - - - it.

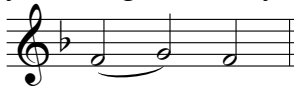
Deacon: Bow your heads to the Lord!



Response: To you, O Lord.

Priest: All-merciful Master, Lord Jesus Christ our God, make our prayer acceptable: through the prayers of our all-pure Lady, the Theotokos and ever-virgin Mary; through the power of the precious and life-creating Cross; through the protection of the honorable, heavenly, and angelic powers; through the prayers of the honorable and glorious prophet, forerunner, and baptist John; of the holy, glorious, and illustrious apostles; of our holy fathers, the great hierarchs and universal teachers: Basil the Great, Gregory the Theologian, and John Chrysostom; of our holy father Nicholas the Wonderworker, Archbishop of Myra in Lycia; of the holy equals to the apostles and teachers of the Slavs, Cyril and Methodius; of the holy equal to the apostles, the faithful great prince Vladimir; of the holy martyr Josaphat, bishop of Polotsk; of the blessed martyr Theodore, bishop of Mukačevo; of our blessed fathers and confessors Paul, bishop of Prešov, and Basil, bishop of Medila; of the holy, glorious, and victorious martyrs; of our venerable and God-bearing fathers, Anthony and Theodosius of the Monastery of the Caves, and of our other venerable and God-bearing fathers; of the holy and just ancestors of God, Joachim and Anna; and of all the saints; grant us remission of our faults; shelter us under the shadow of your wings; drive far from us every enemy and adversary and make our life peaceful.

Lord, have mercy on us and on your world and save our souls, for
you are good and you love us all.



Response:

A - men.

APOSTICHA

The faithful follow the clergy back into the church, and may SIT.

Tone 5 samohlasen



Joy to you, life-bearing Cross of the Lord, in - vin-cible tri-umph of the true faith.



You are the gate to Par - a-dise, the strength of the faithful and the stronghold



of the Church. Be-cause of you, corruption no longer has mean-ing or pow - er.



By you, we have been lifted up from earth to heav-en. You are an invincible

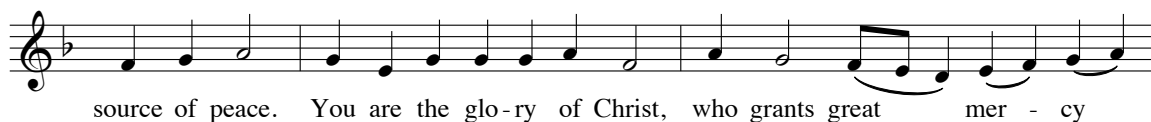
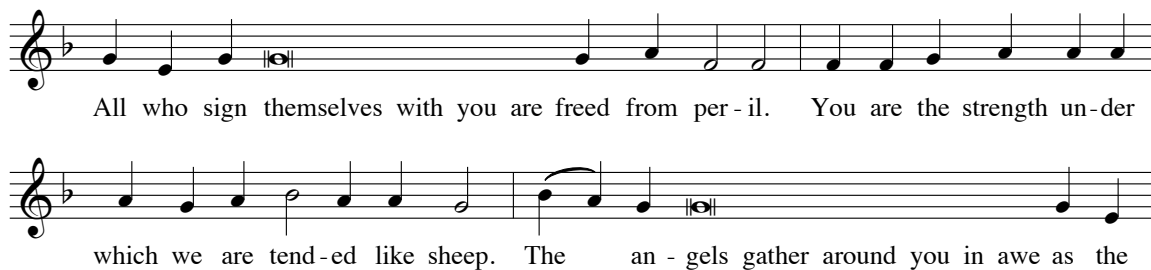
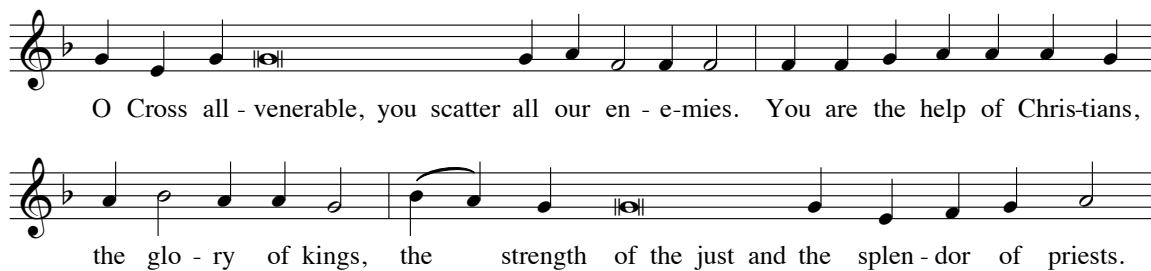
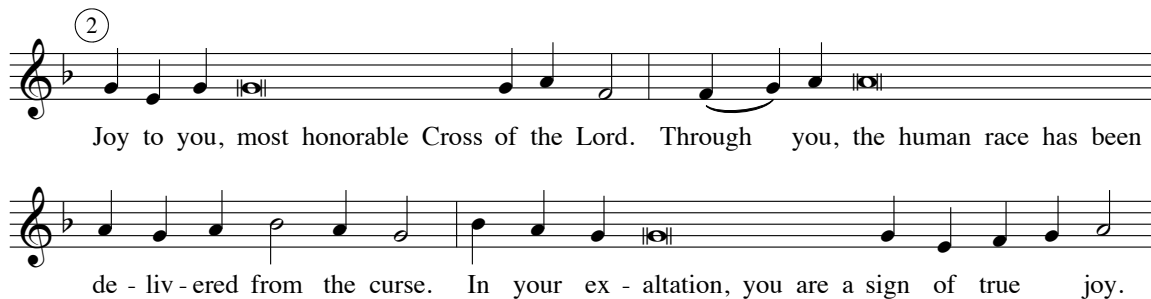
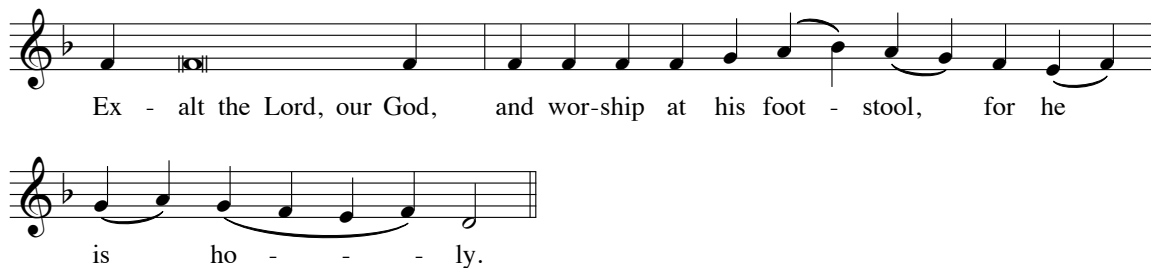


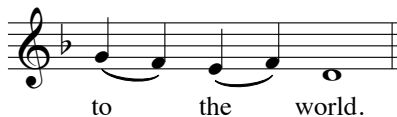
weapon a-against e - vil, a glo - ry indeed for saints and mar - tyrs, and a



ha-ven for sal - va-tion. You are the source of mer-cy to the world.

Cantor



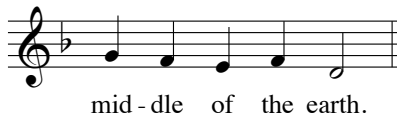


to the world.

Cantor

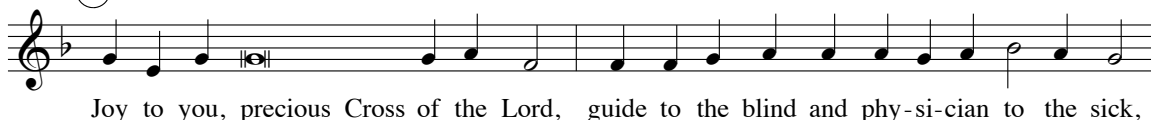


God is our king from all ag-es; he has ac-com - plished sal - va-tion in the



mid - dle of the earth.

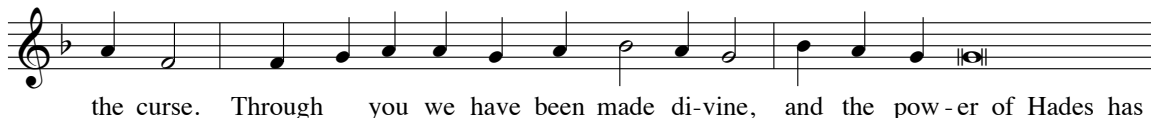
③



Joy to you, precious Cross of the Lord, guide to the blind and phy-si-cian to the sick,



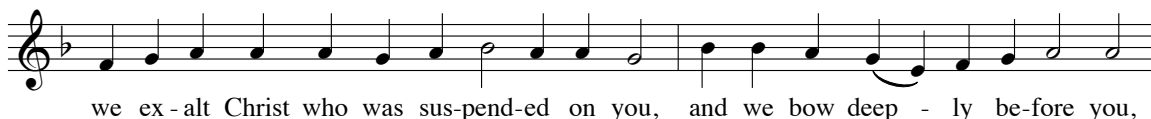
and re-sur-rec-tion to the dead. You raised us out of corruption and re-moved



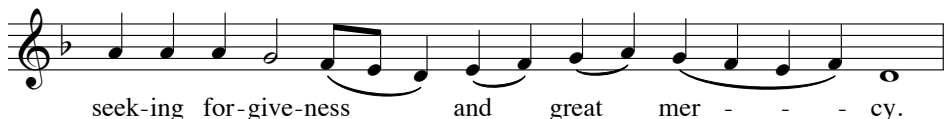
the curse. Through you we have been made di-vine, and the pow-er of Hades has



been de-destroyed in full. There-fore, see - ing you lifted up today by our priests,



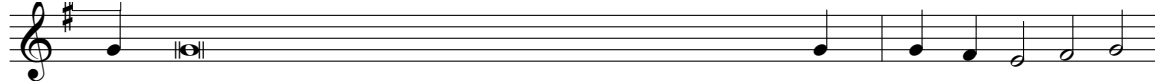
we ex-alt Christ who was sus-pend-ed on you, and we bow deep - ly be-fore you,



seek-ing for-give-ness and great mer - - - cy.

STAND

Cantor: (Tone 8)



Glo - ry to the Father and to the Son and to the Holy Spir-it, now and ev - er and



for - ev - er. A - men.

Doxastikon

Tone 8 samohlasen



Of old, Mo-ses pre-fig - ured your Cross while van - quishing Amalek and obtaining



vic-t'ry o - ver him. Da-vid the psalm-ist called it your foot - stool and di-rect-ed



us to a - dore it. We sin - ners indeed venerate your Cross to-day,



O Christ our God. With our unworthy lips we ex - tol you,



for you deigned to be cru - ci - fied on it; and we en - treat you, O Lord:



To - gether with the thief, make us wor - thy of your king - dom.

REMAIN STANDING

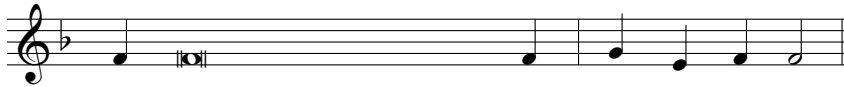
THE PRAYER OF THE HOLY PROPHET SIMEON

Now you may dis-miss your serv - ant, O Lord,
in peace, ac - - - cord - ing to your word; for
my eyes have seen your sal - va - tion
which you have pre - pared be - fore the face of all peo - ple:
a light for re - ve - la - tion to the Gen - tiles, and the glo - ry
of your peo - ple Is - ra - el.

THE TRISAGION PRAYERS

Three times:
Ho - ly God! Ho - ly and Might - - - y! Ho - ly and Im - mor - tal,
have mer - - - cy on us.

Most Holy Trinity, have mercy on us;
 Lord, cleanse us of our sins;
 Master, forgive our transgressions;
 Holy One, come to us and heal our infirmities for *your*
 name's sake.



Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. Amen.

Priest: For thine is the kingdom and the power and the glory, Father, Son,
and Holy Spirit, now and ever and forever

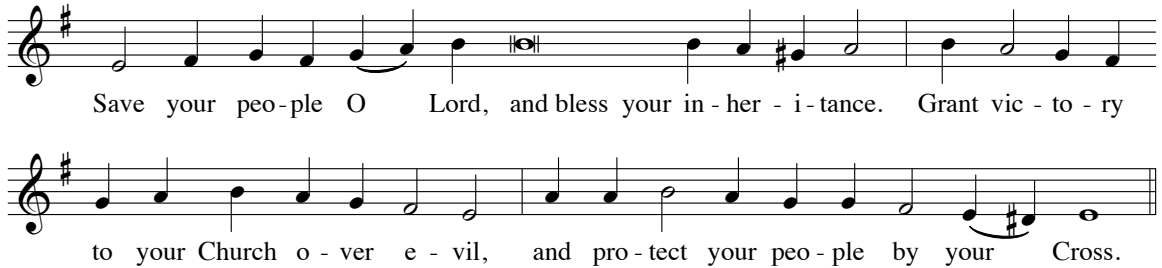


35

TROPARION

Sung once by the Priest alone:

Troparion of the Cross – (Tone 1)



Save your peo-ple O Lord, and bless your in-her-i-tance. Grant vic-to-ry
to your Church o-ver e-vil, and pro-tect your peo-ple by your Cross.

The faithful sing the Troparion 2 more times.

BLESSING OF BREAD

Deacon: Let us pray to the Lord.



Response: Lord, have mer-cy.

Priest: Lord Jesus Christ our God, you blessed the five loaves in the wilderness and fed the five thousand. Likewise bless these loaves, wheat, wine, and oil, and multiply them in this city and through your whole world. Sanctify your faithful who will partake of them, for you yourself bless and sanctify all things, O Christ our God, and we give glory to you with your eternal Father and your all-holy, good, and life-creating Spirit, now and ever and forever.



Response: A - men.

Priest: Blessed be the name of the Lord, now and forever,

Response:



Psalm 33

I will bless the Lord at all times,
his praise always on *my* lips;

in the Lord my soul shall make its boast.
The humble shall hear and *be* glad.

Glorify the Lord with me.
Together let us praise *his* name.

I sought the Lord and he answered me;
from all my terrors he set *me* free.

Look towards him and be radiant;
let your faces not be *abashed*.

This poor man called; the Lord heard him
and rescued him from all his *distress*.

The angel of the Lord is encamped
around those who revere him, *to* rescue them.

Taste and see that the Lord is good.
He is happy who seeks refuge *in* him.

Revere the Lord, you his saints.
They lack nothing, those who *revere* him.

Strong lions suffer want and go hungry
but those who seek the Lord lack *no* blessing.

Priest: The blessing of the Lord be upon you through his grace and loving-kindness, always, now and ever and forever.



Response: A - men.

Matins

Each time with a bow:

Glory to God in the highest
And to people on earth peace and good will (3 times)
O Lord, You shall open my lips,
And my mouth will declare your praise. (2 times)

HEXAPSALMOS

PSALM 3

Lector: How many are my foes, O Lord!
How many are rising up against me!

How many are saying about me:
“There is no help for him in God.”

But you, Lord, are a shield about me,
my glory, who lift up my head.

I cry aloud to the Lord.
He answers from his holy mountain.

I lie down to rest and I sleep.
I wake, for the Lord upholds me.

I will not fear even thousands of people
who are ranged on every side against me.

Arise, Lord; save me, my God,
you who strike all my foes on the mouth,
you who break the teeth of the wicked!

O Lord of salvation,
bless your people!

and again:

I lie down to rest and I sleep.
I wake, for the Lord upholds me.

PSALM 37

O Lord, do not rebuke me in your anger;
do not punish me, Lord, in your rage.

Your arrows have sunk deep in me;
your hand has come down upon me.

Through your anger all my body is sick:
through my sin, there is no health in my limbs.

My guilt towers higher than my head;
it is a weight too heavy to bear.

My wounds are foul and festering,
the result of my own folly.

I am bowed and brought to my knees.
I go mourning all the day long.

All my frame burns with fever;
all my body is sick.

Spent and utterly crushed,
I cry aloud in anguish of heart.

O Lord, you know all my longing:
my groans are not hidden from you.

My heart throbs, my strength is spent;
the very light has gone from my eyes.

My friends avoid me like a leper;
those closest to me stand afar off.

Those who plot against my life lay snares;
those who seek my ruin speak of harm,
planning treachery all the day long.

But I am like the deaf who cannot hear,
like the dumb unable to speak.

I am like a man who hears nothing
in whose mouth is no defense.

I count on you, O Lord;
it is you, Lord God, who will answer.

I pray: "Do not let them mock me,
those who triumph if my foot should slip."

For I am on the point of falling
and my pain is always before me.

I confess that I am guilty
and my sin fills me with dismay.

My wanton enemies are numberless
and my lying foes are many.

They repay me evil for good
and attack me for seeking what is right.

O Lord, do not forsake me!
My God, do not stay afar off!

Make haste and come to my help,
O Lord, my God, my Savior!

and again:

O Lord, do not forsake me!
My God, do not stay afar off!

Make haste and come to my help,
O Lord, my God, my Savior!

PSALM 62

O God, you are my God, for you I long
For you my soul is thirsting.

My body pines for you
like a dry, weary land without water.

So I gaze on you in the sanctuary
to see your strength and your glory.

For your love is better than life,
my lips will speak your praise.

So I will bless you all my life,
In your name I will lift up my hands.

My soul shall be filled as with a banquet,
My mouth shall praise you with joy.

On my bed I remember you.
On you I muse through the night

for you have been my help;
in the shadow of your wings I rejoice.

My soul clings to you;
Your right hand holds me fast.

Those who seek to destroy my life
shall go down to the depths of the earth.

They shall be put into the power of the sword
and left as the prey of the jackals.

But the king shall rejoice in God;
(all that swear by him shall be blessed,)
for the mouth of liars shall be silenced.

and again:

On you I muse through the night
for you have been my help;
in the shadow of your wings I rejoice.

My soul clings to you;
your right hand holds me fast.

STAND

Glory to the Father and to the Son and to the Holy Spirit:
now and ever and forever. Amen.

Each time with a bow:

Alleluia! Alleluia! Alleluia! Glory to you, O God! (*twice*)

The third time, all sing:



SIT

LITANY OF PEACE

Deacon: In peace, let us pray to the Lord.



Response: 1. Lord, have mer - cy.

Deacon: For peace from on high and for the salvation of our souls, let us pray to the Lord.



Response: 2. Lord, have mer - cy.

Deacon: For peace in the whole world, for the stability of the holy Churches of God, and for the union of all, let us pray to the Lord.

Response: Lord, have mercy. (1)

Deacon: For this holy church and for all who enter it with faith, reverence, and fear of God, let us pray to the Lord.

Response: Lord, have mercy. (2)

Deacon: For our holy father, (Name), pope of Rome, let us pray to the Lord.

Response: Lord, have mercy. (1)

Deacon: For our most reverend metropolitan, (Name), for our God-loving bishop, (Name), for the venerable presbyterate, the diaconate in Christ, and all the clergy and people, let us pray to the Lord.

Response: Lord, have mercy. (2)

Deacon: For our government and for all in the service of our country, let us pray to the Lord.

Response: Lord, have mercy. (1)

Deacon: For this city, [or: For this holy monastery], for every city, community, and for the faithful living in them, let us pray to the Lord.

Response: **Lord, have mercy. (2)**

Deacon: For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

Response: **Lord, have mercy. (1)**

Deacon: For those who travel by sea, air, and land, for the sick, the suffering, the captive and for their salvation, let us pray to the Lord.

Response: **Lord, have mercy. (2)**

Deacon: That we be delivered from all affliction, wrath, and need, let us pray to the Lord.

Response: **Lord, have mercy. (1)**

Deacon: Protect us, save us, have mercy on us, and preserve us, O God, by your grace.

Response: **Lord, have mercy. (2)**

Deacon: Commemorating our most holy, most pure, most blessed and glorious Lady, the Theotokos and ever-Virgin Mary with all the saints, let us commit ourselves and one another and our whole life to Christ our God.



Response: To you, O Lord.

Priest: We thank you, Lord, our God, for you have wakened us from our sleep, and have filled our lips with praise that we might worship

For to you is due all glory, honor, and worship, Father, Son, and Holy Spirit, now and ever and forever.



A - men.

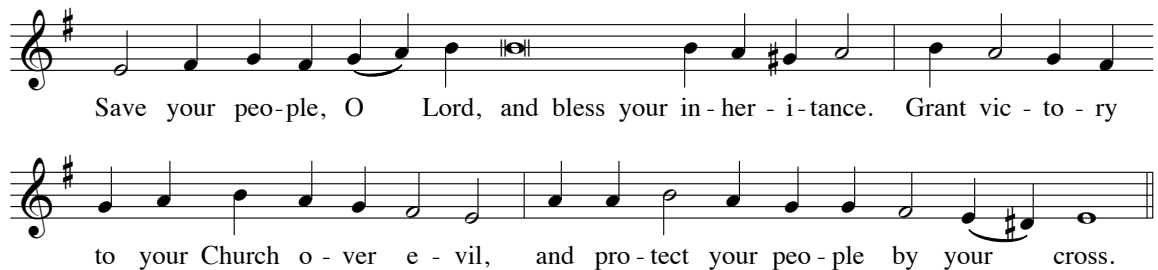
THE LORD IS GOD

The Lord is God and has revealed him - self to us; bless - ed is he



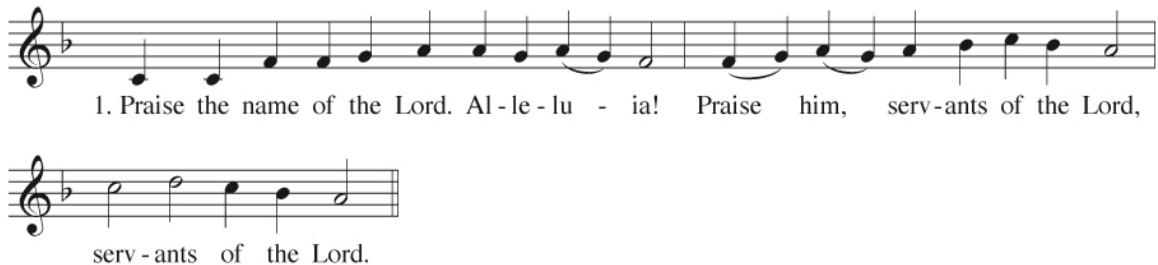
46

Troparion - Tone 1 (*sung three times*)



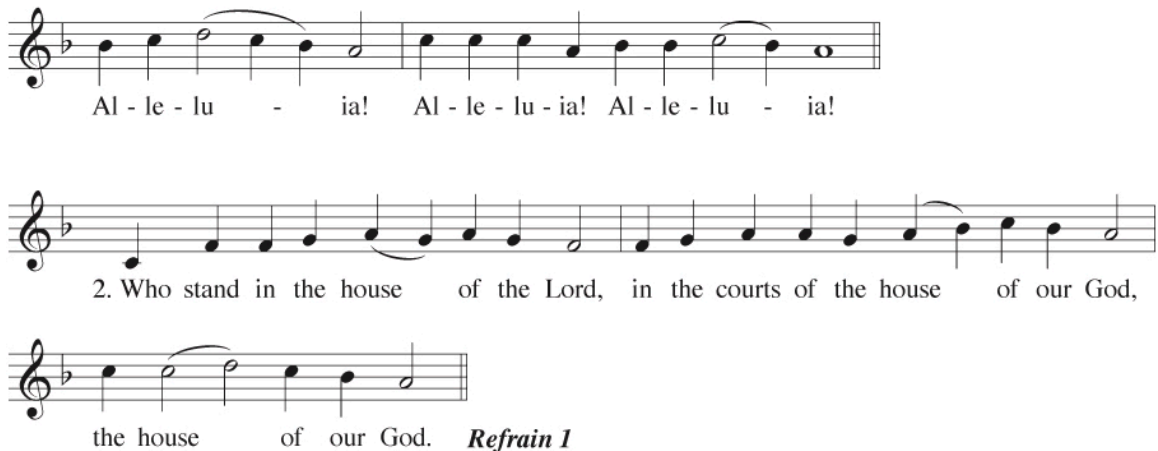
Save your peo-ple, O Lord, and bless your in-her-i-tance. Grant vic-to-ry
to your Church o-ver e-vil, and pro-tect your peo-ple by your cross.

POLYELEOS



1. Praise the name of the Lord. Al-le-lu-ia! Praise him, serv-ants of the Lord,
serv-ants of the Lord.

Refrain 1



Al-le-lu-ia! Al-le-lu-ia! Al-le-lu-ia!
2. Who stand in the house of the Lord, in the courts of the house of our God,
the house of our God. *Refrain 1*



3. Lord, your name stands for-ev-er, un-for-got-ten from age to age,



from age to age. *Refrain 1*



4. From Zi - on may the Lord be blessed, he who dwells in Je - ru - sa - lem,



in Je - ru - sa - lem. *Refrain 1*



5. O give thanks to the Lord, for he is good.

Refrain 2



Al - le - lu - ia! For his love en - dures for - ev - er. Al - le - lu - ia! Al - le - lu - ia!



6. who fixed the earth firm - ly on the seas,

Refrain 2



7. and he snatched us a - way from our foes,

Refrain 2

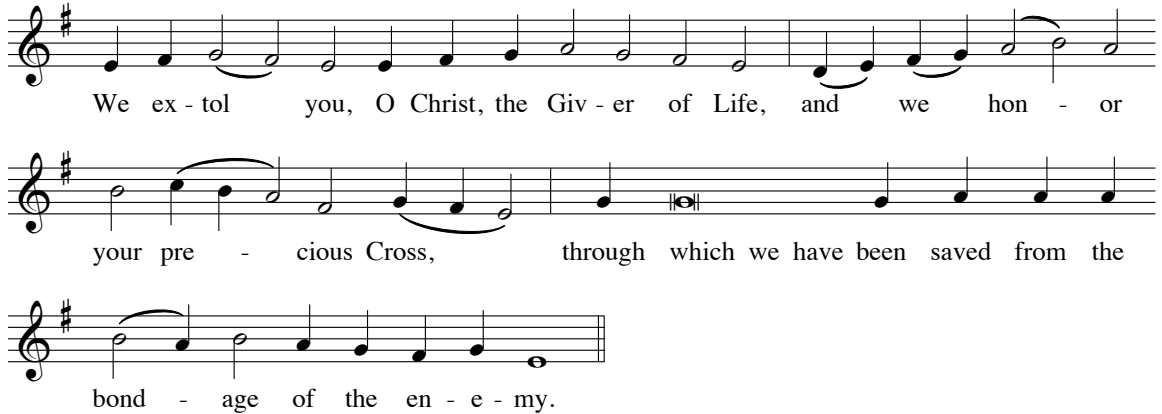


8. To the God of heav - en, give thanks,

Refrain 2

EXALTATION

The priest sings once, then the faithful repeat:



We ex - tol you, O Christ, the Giv - er of Life, and we hon - or
your pre - cious Cross, through which we have been saved from the
bond - age of the en - e - my.

The Exaltation is repeated after each verse.

Verse: O Lord, plead my cause against my foes; fight those who fight me.

Verse: Take up your buckler and shield; arise to help me.

Verse: All the ends of the earth have seen the salvation of our God.

Verse: O Lord, let the light of your countenance shine upon us.

Verse: Glory...now and ever...

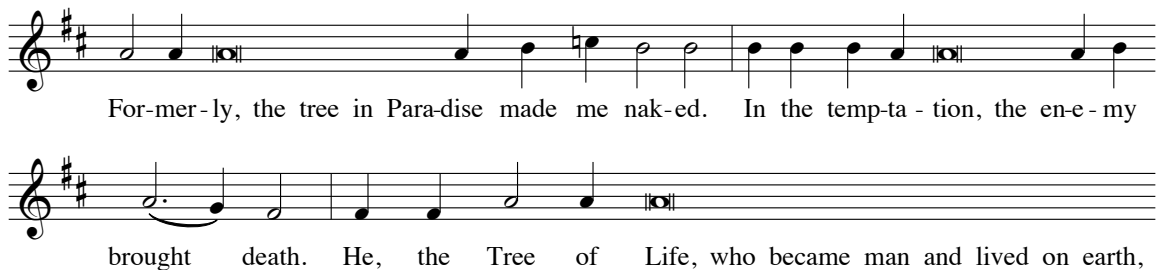
Three times:



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia! Glo - ry to you, O God.

SIT

Sessional Hymn - Tone 8 Kontakion



For-mer-ly, the tree in Para-dise made me nak-ed. In the temp-ta - tion, the en-e - my
brought death. He, the Tree of Life, who became man and lived on earth,



STAND

Deacon: Let us be attentive!

Priest: Peace + be to all!

Deacon: Wisdom! Be attentive!

Prokeimenon - Tone 4



Verse: Sing a new song to the Lord, for he has worked wonders.

PREPARATION FOR THE GOSPEL

Deacon: Let us pray to the Lord.



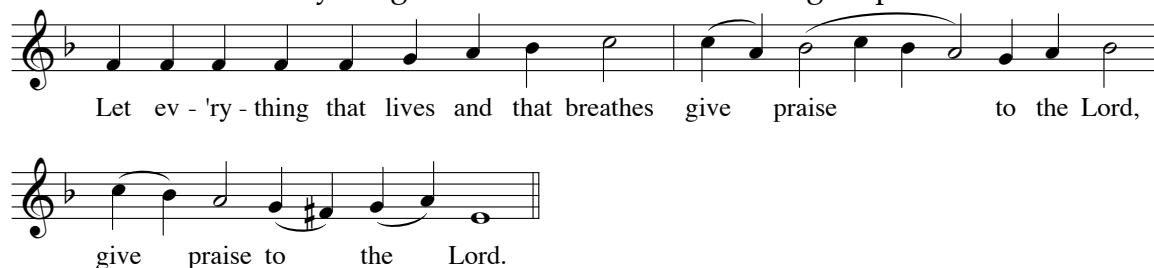
Response: Lord, have mer - cy.

Priest: For you are holy, O our God, and you dwell in the holy place, and to you we give glory, Father, Son, and Holy Spirit, now and ever and forever.



Response: A - - - men.

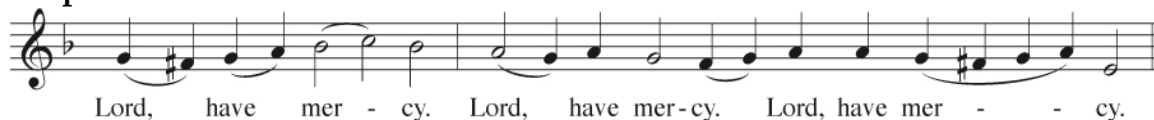
Deacon: Let everything that lives and that breathes give praise to the Lord!



Verse: Praise God in his holy place;
praise him in his mighty heavens.

Deacon: That we may be deemed worthy of hearing the holy Gospel, let us pray to the Lord, our God.

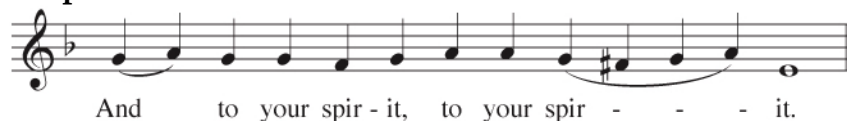
Response:



Deacon: Wisdom! Let us stand and listen to the Holy Gospel.

Priest: Peace be to all!

Response:



Priest: A reading of the Holy Gospel according to the holy apostle and evangelist (*Name*).

Response:



After the Gospel, the faithful respond:

Response:



HYMN OF THE RESURRECTION

Having beheld the Res - ur - rec - tion of Christ, let us bow to the holy Lord Je - sus
who a - lone is sin - less. We bow to your Cross, O Christ,
and we praise and glorify your holy Res - ur - rec - tion. For you a - lone are our God,
and we know no oth - er. We call you by name. Come all you faith - ful,
let us bow to the holy Res - ur - rec - tion of Christ,
for behold, through the Cross, joy has come to the whole world.
Al - ways bless - ing the Lord, let us praise his Res - ur - rec - tion.
By enduring the Cross for us, he destroyed Death by death.

PSALM 50

Have mercy on me, God, in your kindness.
In your compassion blot out my *offense*.

O wash me more and more from my guilt
and cleanse me from *my* sin.

My offenses truly I know them;
my sin is always *before* me.

Against you, you alone, have I sinned;
what is evil in your sight I *have* done.

That you may be justified when you give sentence
and be without reproach when *you* judge,

O see, in guilt I was born,
a sinner was I *conceived*.

Indeed you love truth in the heart;
then in the secret of my heart teach *me* wisdom.

O purify me, then I shall be clean;
O wash me, I shall be whiter *than* snow.

Make me hear rejoicing and gladness,
that the bones you have crushed *may* thrill.

From my sins turn away your face
and blot out all *my* guilt.

A pure heart create for me, O God;
put a steadfast spirit *within* me.

Do not cast me away from your presence,
nor deprive me of your *holy* spirit.

Give me again the joy of your help;
with a spirit of fervor *sustain* me,

that I may teach transgressors your ways
and sinners may return *to* you.

O rescue me, God, my helper,
and my tongue shall ring out *your* goodness.

O Lord, open my lips
and my mouth shall declare *your* praise.

For in sacrifice you take no delight,
burnt offering from me you would *refuse*,

my sacrifice, a contrite spirit,
a humbled, contrite heart you will *not* spurn.

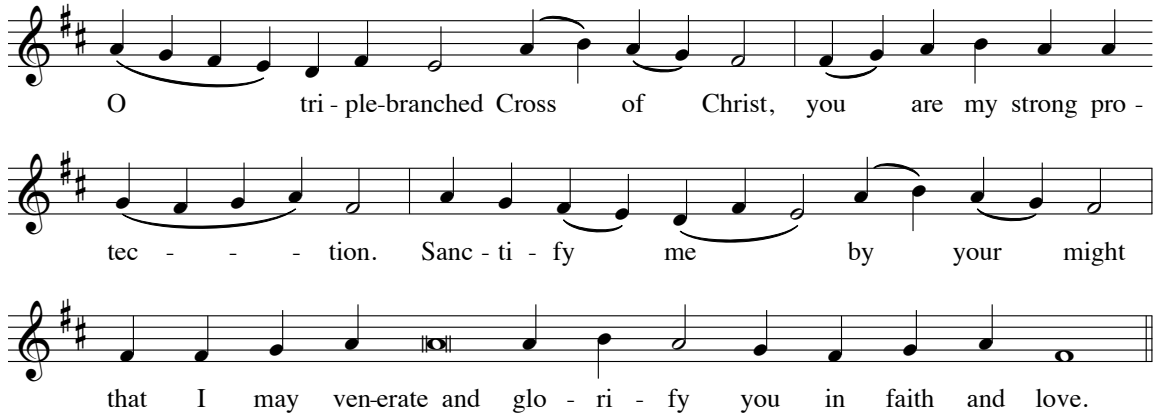
In your goodness, show favor to Zion:
rebuild the walls of *Jerusalem*.

Then you will be pleased with lawful sacrifice,
burnt offerings wholly consumed
then you will be offered your bulls on *your* altar.

STICHERA AT PSALM 50

Cantor: (Tone 2) Glory...

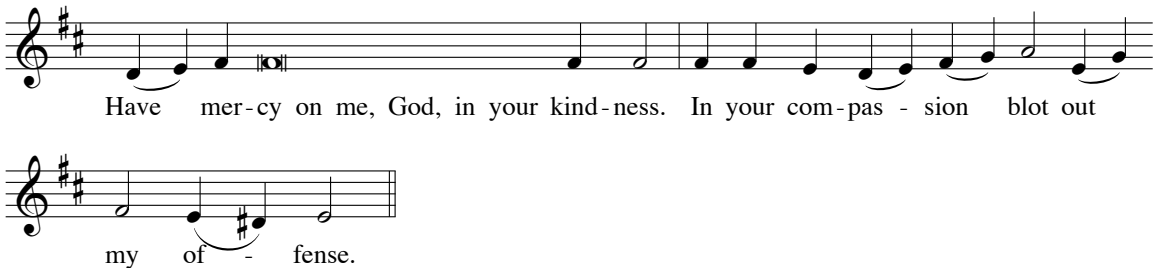
Tone 2 Bolhar



O tri - ple-branched Cross of Christ, you are my strong pro -
tec - - - tion. Sanc - ti - fy me by your might
that I may ven-erate and glo - ri - fy you in faith and love.

Cantor: Now and ever and forever. Amen. *Repeat "O triple-branched Cross..."*

Cantor: (Tone 6)

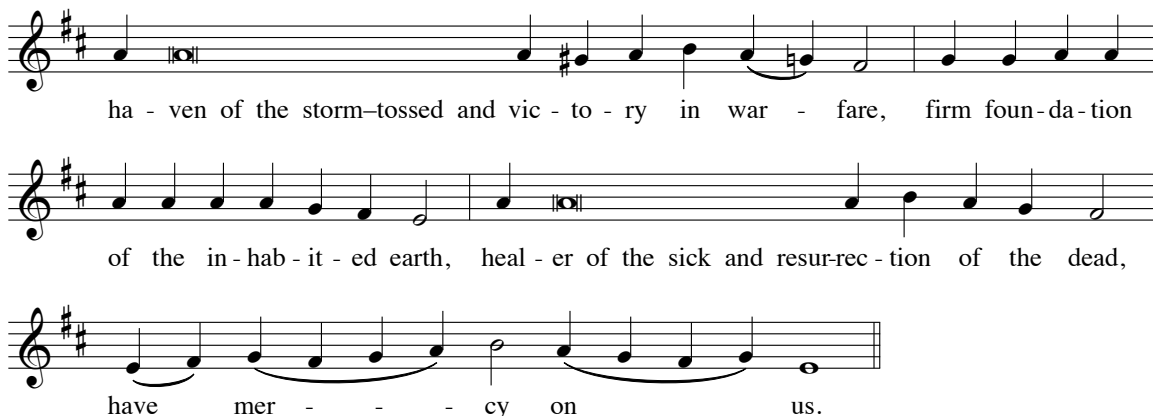


Have mer-cy on me, God, in your kind-ness. In your com-pas - sion blot out
my of - fense.

Sticheron:



O Cross of Christ, hope of Chris-tians, guide of all those who have gone a-stray,



ha - ven of the storm-tossed and vic - to - ry in war - fare, firm foun-da-tion
of the in-hab - it - ed earth, heal - er of the sick and resur-rec - tion of the dead,
have mer - - - cy on us.

Deacon: Let us pray to the Lord.



Response: Lord, have mer - cy.

Priest: O Lord our God, you have given us forgiveness through repentance, and as a model of knowledge and confession of sins, you have revealed to us the repentance of the prophet David that led to pardon. Master, have mercy on us who have fallen into so many and so great sins. Have mercy in your kindness, and in your compassion blot out our offenses, for against you have we sinned, O Lord, who know the hidden depths of our hearts, and who alone have the power to forgive sins. A pure heart you have created for us; you have sustained us with a spirit of fervor and have given us the joy of your help.

Do not cast us away from your presence, but in your goodness and love for all, grant that we may offer a sacrifice of righteousness and oblation on your holy altar until our last breath.

Through the mercies and goodness and love of your only begotten Son, with whom you are blessed, together with your good and life-creating Spirit, now and ever and forever.



Response:

A - - - men.

The faithful come forward during the Canon to receive the anointing and blessed bread and wine. After, the faithful may SIT.

Ode 1

Irmos

Tone 8 samopodoben

Mo - ses took his staff and marked a straight line be-fore him

and di-vid - ed the sea, there - by o - pen - ing a path for Israel who

walked a - cross dry - shod. Then he marked a sec - ond line

o - ver the wa - ters and u - nit - ed them a - gain, there - by

o - ver - whelm - ing the chariots of Pha - - - raoh. Thus Mo - ses

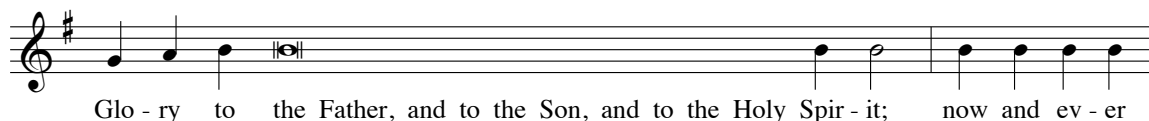
in - scribed the invin-ci-ble weap-on of the Cross up - on the wa-ters.

There-fore let us praise Christ our God,



When the Israelites battled against Amalek, Moses stood between the two men of God, thereby prefiguring in his person the undefiled Passion. He raised a standard of victory by forming a cross with his outstretched hands; through this sign the power of Amalek was overthrown. Therefore, let us praise Christ our God, for he has been glorified. *Refrain*

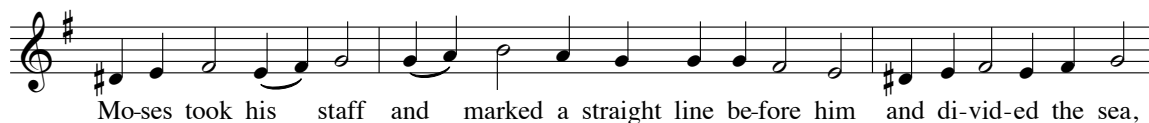
After raising up a staff as a cure against the deadly and poisonous bite of the serpents, Moses placed upon it crosswise, as a symbol of the Cross, a serpent. In this manner he triumphed over calamity. Therefore, let us praise Christ our God, for he has been glorified.

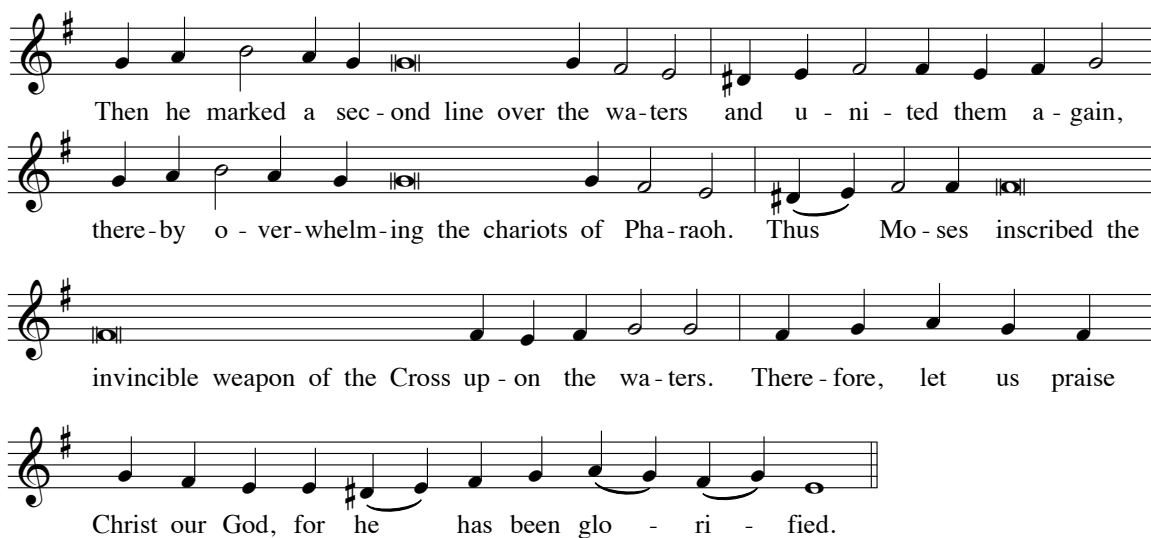


The Cross was revealed in the heavens as a sign of victory to Constantine, the holy king and defender of the faith. Through this sign the proud contempt of his enemies was conquered, deceit was overthrown, and the divine faith was spread to the ends of the earth. Therefore, let us praise Christ our God, for he has been glorified.

Katavasia

Tone 6 simple

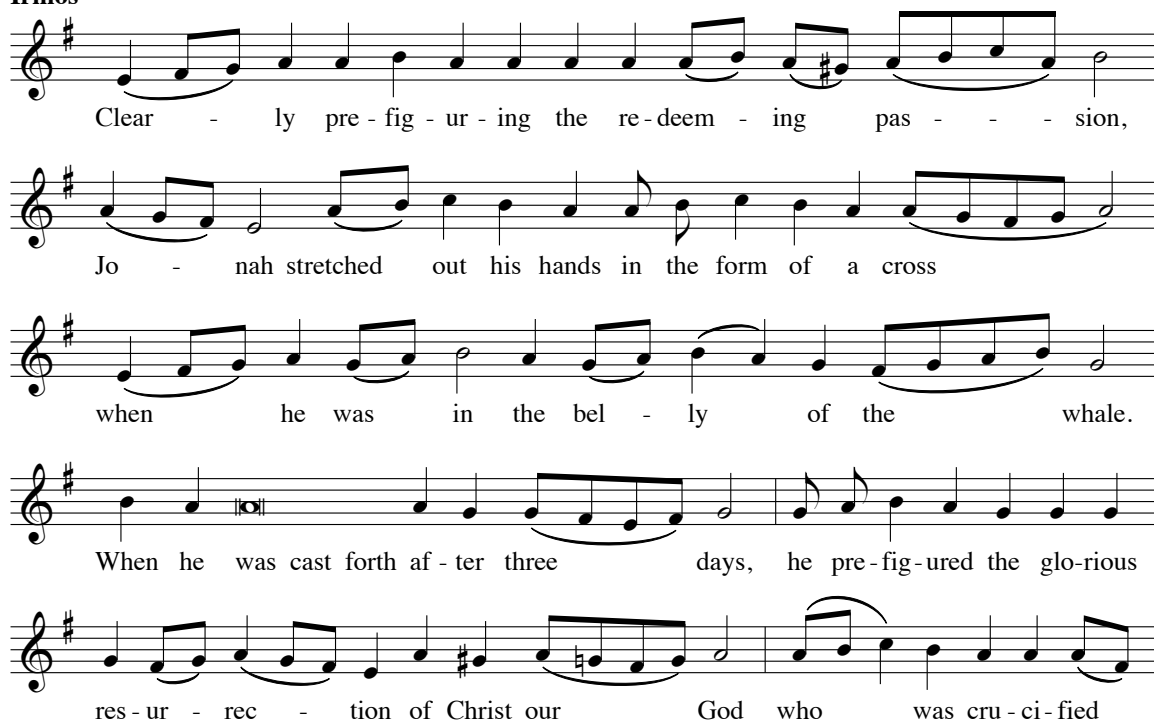




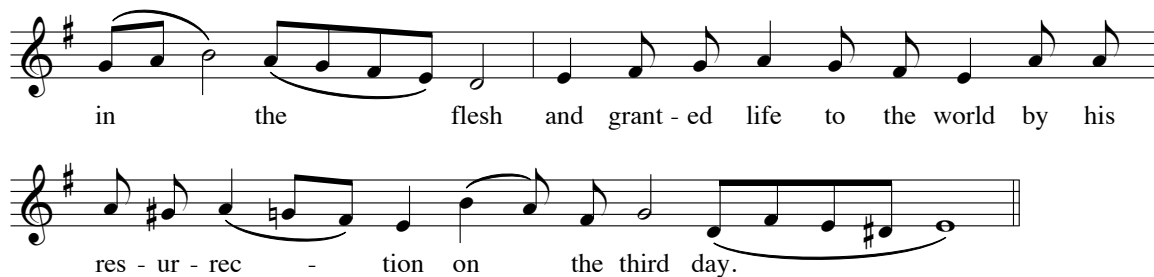
Then he marked a sec - ond line over the wa - ters and u - ni - ted them a - gain,
there - by o - ver - whelm - ing the chariots of Pha - raoh. Thus Mo - ses in - scribed the
invincible weapon of the Cross up - on the wa - ters. There - fore, let us praise
Christ our God, for he has been glo - ri - fied.

Ode 6

Irmos



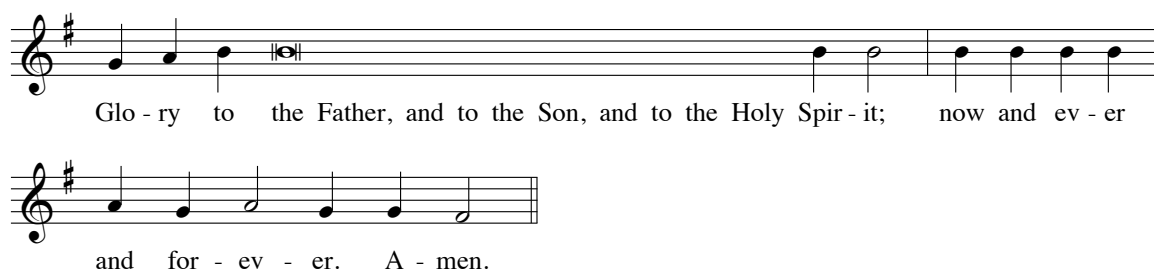
Clear - ly pre - fig - ur - ing the re - deem - ing pas - - - sion,
Jo - nah stretched out his hands in the form of a cross
when he was in the bel - ly of the whale.
When he was cast forth af - ter three days, he pre - fig - ured the glo - rious
res - ur - rec - - tion of Christ our God who was cru - ci - fied



Refrain



Distorted in body because of age and wasted away by sickness, Jacob was straightened when he crossed his hands, thereby revealing the power of the life-giving Cross. For God, who was crucified upon it in the flesh, rewrote the shadowy Old Law in new letters, and thus drove away the disease of error which corrupts our souls.



When Jacob placed his hands upon the heads of his grandsons in the form of a cross, he indicated that those who serve under the Law would enjoy for a time the honor that is due to the firstborn. Although the error of his act was noticed, he did not change the life-giving figure; for he announced that the newly-formed people of Christ our God, strengthened by the Cross, shall have the higher place.

Katavasia



hands in the form of a cross when he was in the bel-ly of the whale.

When he was cast forth af-ter three days, he pre-fig-ured the glorious resurrection

of Christ our God, who was cru-ci-fied in the flesh and grant-ed life to

the world by his res-ur-rec-tion on the third day.

Kontakion - Tone 4:

Christ our God, who were willingly raised up-on the cross, grant your mercies to

the new peo-ple who bear your name. By your pow-er grant joy to the Church.

Give her vic-to-ry o-ver e-vil with your in-vin-cible tro-phy,

the weap-on of peace, as an al-ly.


Ikos: He, who was caught up in the third heaven to Paradise and who heard unspeakable and divine words which human beings cannot express, wrote to the Galatians. Study the Scripture, and you will read and understand what he wrote:

God forbid that I should glory in anything except the Cross of the Lord on which He suffered the passion. Therefore, let us continue to praise this Cross of the Lord with confidence, for it is the glory of us all. This Wood is our salvation, a weapon of peace, and an unconquerable sign of victory.

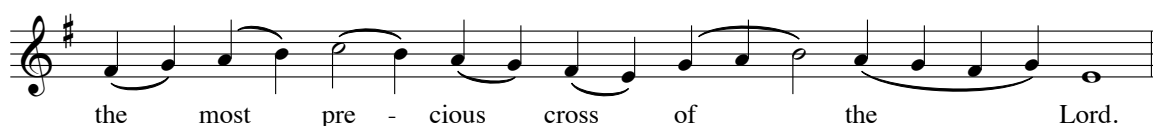
STAND

Ode 9

The priest sings the Magnification:




Ex - tol, ex - tol, O my soul, O my soul,



the most pre - cious cross of the Lord.

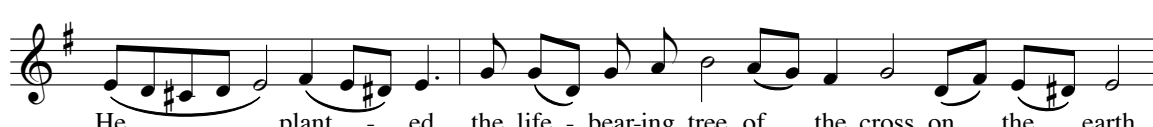
All sing the Irmos:




You are a mys-tic-al par-a-dise, O The-o-to-kos; Christ has



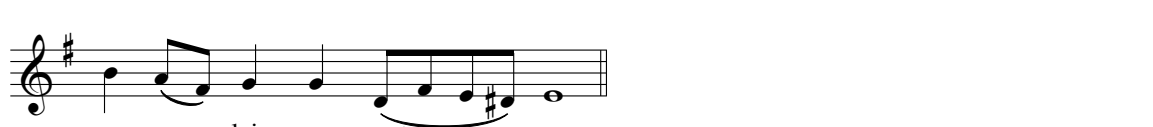
blos - somed forth from you with-out till - ing.



He plant - ed the life - bear-ing tree of the cross on the earth.



As we now ex-alt the cross and bow be-fore it,



we pro - claim your great - ness.

All repeat "Extol..."

Let all the trees of the forest exult, for they are made holy by Christ who planted them in the beginning and who was stretched out upon the Tree. On this day of its exaltation, we worship him and extol you, O Cross.

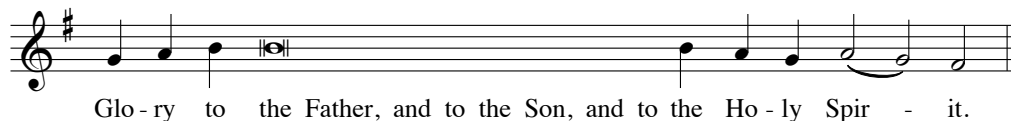
The Cross is marked upon the foreheads of all God's people, and it is raised up as their sacred horn of strength. By it, all the horns of the spiritual powers of evil are crushed. Therefore, on this day of its exaltation, we worship him and extol you, O Cross.

All repeat "Extol..."

Today the death that came to man through eating of the tree is made ineffective through the Cross. For the curse of our mother Eve that fell on the human race is destroyed by the pure fruit of the Theotokos, whom all the powers of heaven magnify.

All repeat "Extol..."

You did not want the deadly bitterness of the tree to remain, so you destroyed it through the Cross. In the same way, in times past, the wood destroyed the bitterness of the waters of Marah, prefiguring the strength of the Cross that all the powers of heaven magnify.

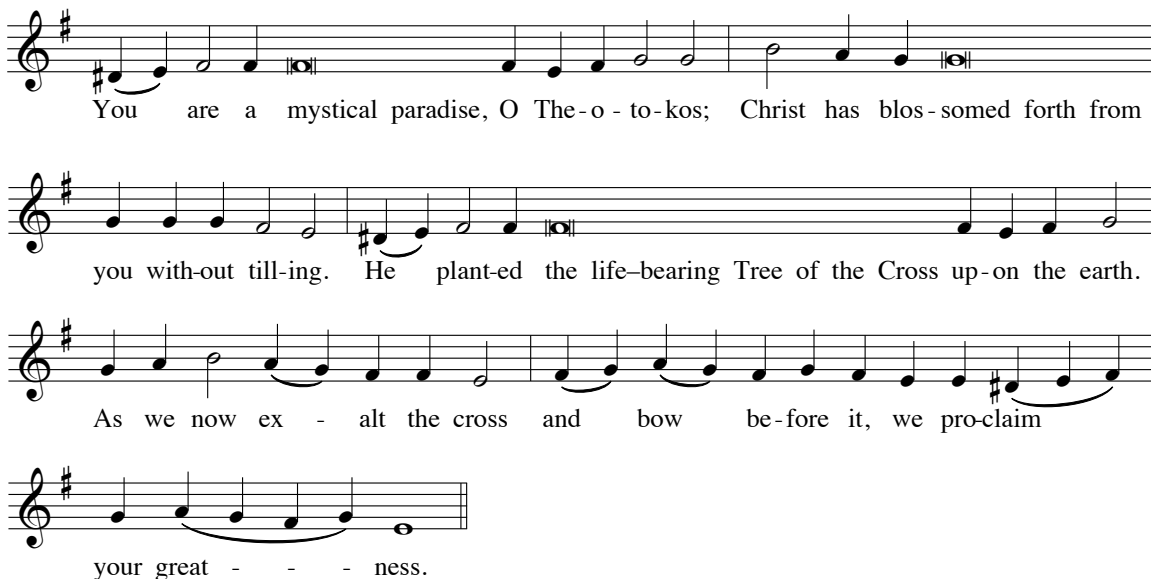


Through the Cross, O Lord, today you have raised us up again. We were plunged continually in the gloom of our father Adam. Unrestrained greed thrust down our nature into error, but now we have been restored to our full inheritance by the light of the Cross, which we, the faithful, magnify.



To show that the Cross was to be revered in all places as being glorious, O Lord, you formed it in the sky, shining with boundless light, as an unconquerable sign for Constantine. All the powers of heaven magnify this Holy Cross.

Katavasia



You are a mystical paradise, O The-o - to-kos; Christ has blos-somed forth from
you with-out till-ing. He plant-ed the life-bearing Tree of the Cross up-on the earth.
As we now ex - alt the cross and bow be-fore it, we pro-claim
your great - - - ness.

SIT

SMALL LITANY

Deacon: Again and again, in peace let us pray to the Lord.



Response: Lord, have mer - cy.

Deacon: Protect us, save us, have mercy on us, and preserve us, O God, by your grace.



Response: Lord, have mer - cy.

Deacon: Commemorating our most holy, most pure, most blessed and glorious Lady, the Theotokos and ever-Virgin Mary with all the saints, let us commit ourselves and one another and our whole life to Christ our God.



Response:

To you, O Lord.

Priest:

O God, our God, who have placed all spiritual and intellectual powers under your will, we pray and beg you: accept these hymns of praise which we offer to you according to our ability together with all your creatures. Give us in exchange the riches of your goodness, for before you all beings in the heavens, or on earth and under the earth bend their knees, and everything that lives or that breathes gives praise to your glory beyond reach, for you are the one true God, full of mercy. For all the heavenly powers praise you, and we give glory to you: to the Father, and to the Son, and to the Holy Spirit, now and ever and forever.



Response:

A - - - men.

STAND

HYMN OF LIGHT

The Cross is the guardian of the universe; the Cross is the beauty of the Church. It is the power of kings, and it sustains the strength of our faith. It is the glory of the angels and the slayer of demons.

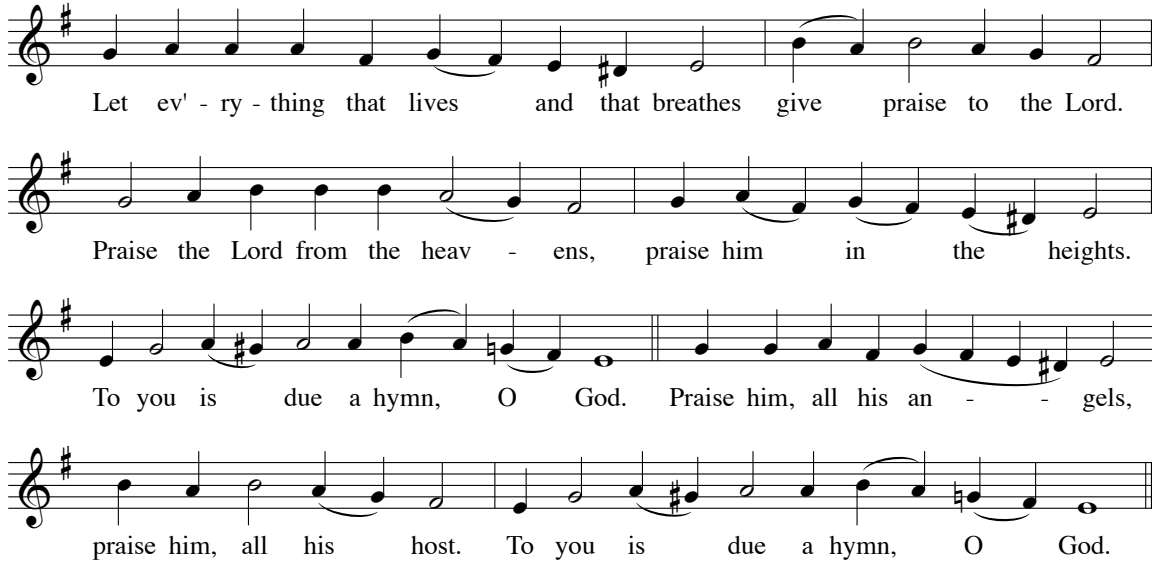
Glory...now and ever...

Today the Cross is elevated, and the world is sanctified. * For You, O Christ who are enthroned with the Father and the Holy Spirit, * have stretched your arms upon it and drawn the world to the knowledge of God. * Make us who have placed our trust in You worthy of divine glory.

SIT

THE PSALMS OF PRAISE

Psalm 148



Let ev' - ry - thing that lives and that breathes give praise to the Lord.

Praise the Lord from the heav - ens, praise him in the heights.

To you is due a hymn, O God. Praise him, all his an - - gels,

praise him, all his host. To you is due a hymn, O God.

Praise him, sun and moon,
praise him, shining stars.

Praise him, highest heavens
and the waters above *the* heavens.

Let them praise the name of the Lord,
He commanded; they *were* made.

He fixed them forever,
gave a law which shall not pass *away*.

Praise the Lord from the earth,
sea creatures and *all* oceans,

fire and hail, snow and mist,
stormy winds that obey *his* word;

all mountains and hills,
all fruit trees *and* cedars,

beasts, wild and tame,
reptiles and birds on *the* wing;

all earth's kings and peoples,
earth's princes *and* rulers.

young men and maidens,
old men together *with* children.

Let them praise the name of the Lord
for he alone is *exalted*.

The splendor of his name
reaches beyond heaven *and* earth.

He exalts the strength of his people,
he is the praise of all *his* saints,

of the children of Israel,
of the people to whom he *comes* close.

PSALM 149

Sing a new song to the Lord,
his praise in the assembly of *the* faithful.

Let Israel rejoice in its Maker,
let Zion's sons exult in *their* king.

Let them praise his name with dancing
and make music with timbrel *and* harp.

For the Lord takes delight in his people.
He crowns the poor with *sal*vation.

Let the faithful rejoice in their glory,
shout for joy and take *their* rest.

Let the praise of God be on their lips
and a two-edged sword in *their* hand,

to deal out vengeance to the nations
and punishment on all *the* peoples;

to bind their kings in chains
and their nobles in fetters *of* iron.

to carry out the sentence pre-ordained:
this honor is for all *his* faithful.

Praise God in his holy place,
praise him in his mighty heavens.

Praise him for his powerful deeds,
praise his surpassing greatness.

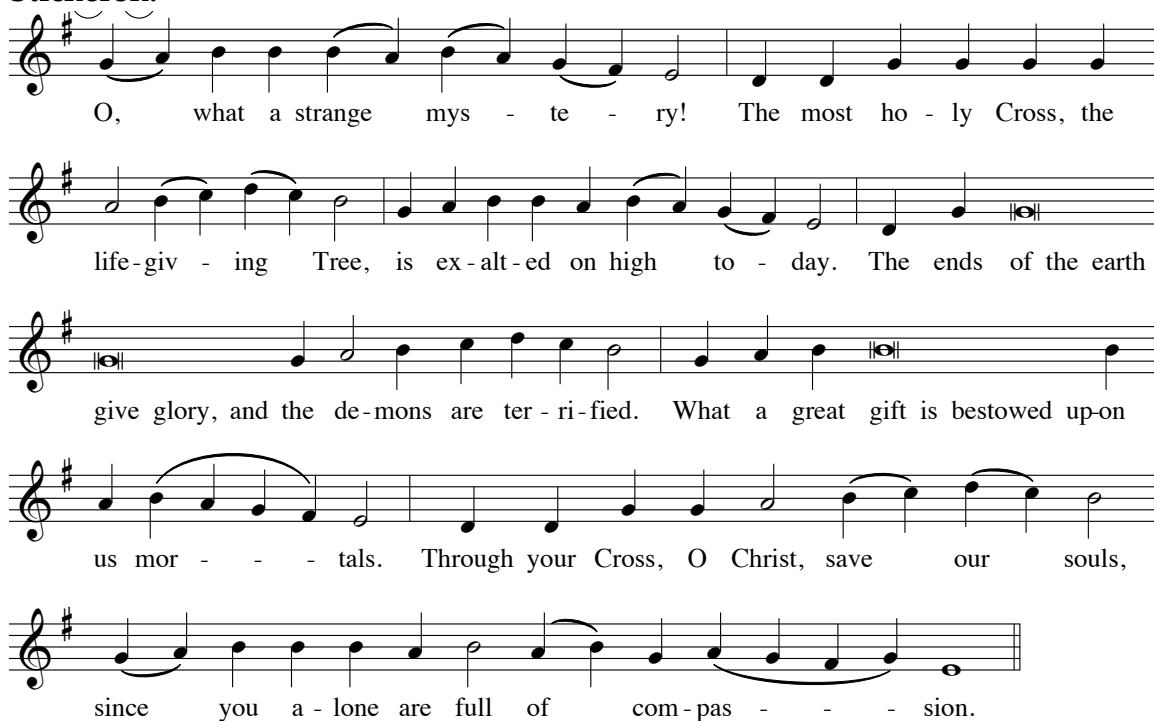
While the hymns at the Praises are being sung, the priest vests in all his priestly vestments.

Cantor (on 3)



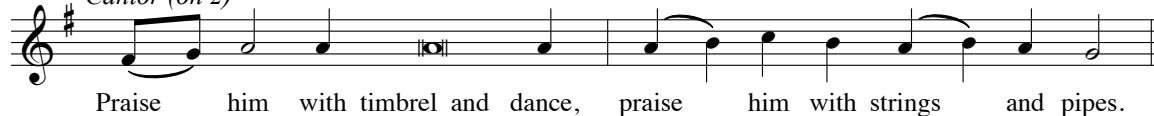
O praise him with sound of trum-pet, praise him with lute and harp.

Sticheron:



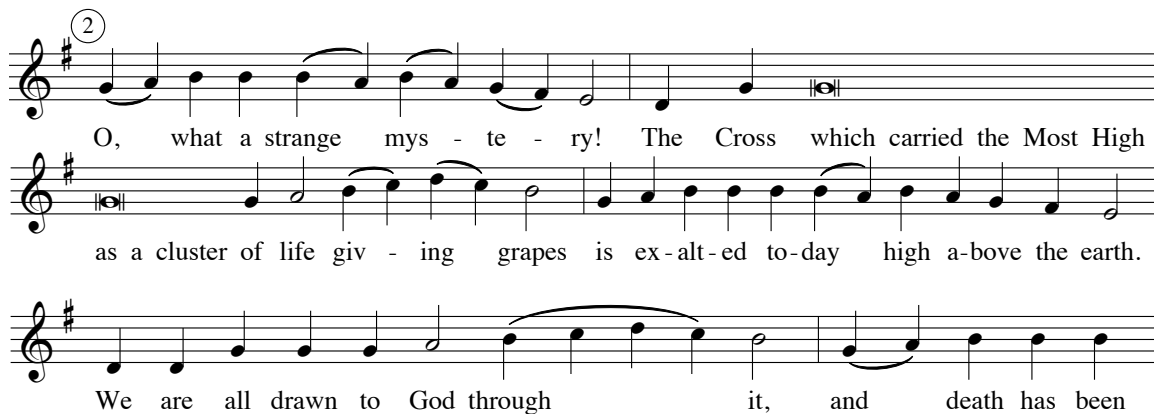
O, what a strange mys - te - ry! The most ho - ly Cross, the
life-giv - ing Tree, is ex-alt-ed on high to - day. The ends of the earth
give glory, and the de-mons are ter - ri-fied. What a great gift is bestowed up-on
us mor - - - tals. Through your Cross, O Christ, save our souls,
since you a - lone are full of com-pas - - - sion.

Cantor (on 2)

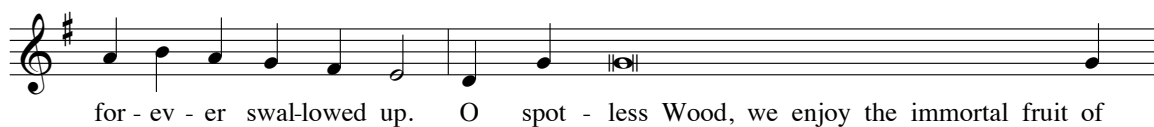


Praise him with timbrel and dance, praise him with strings and pipes.

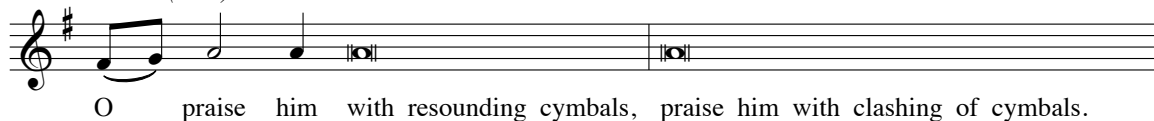
Sticheron:



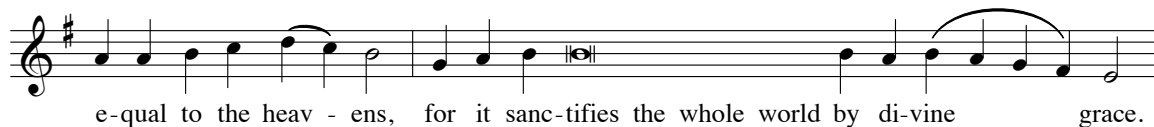
O, what a strange mys - te - ry! The Cross which carried the Most High
as a cluster of life giv - ing grapes is ex-alt-ed to-day high a-bove the earth.
We are all drawn to God through it, and death has been



Cantor (on 1)

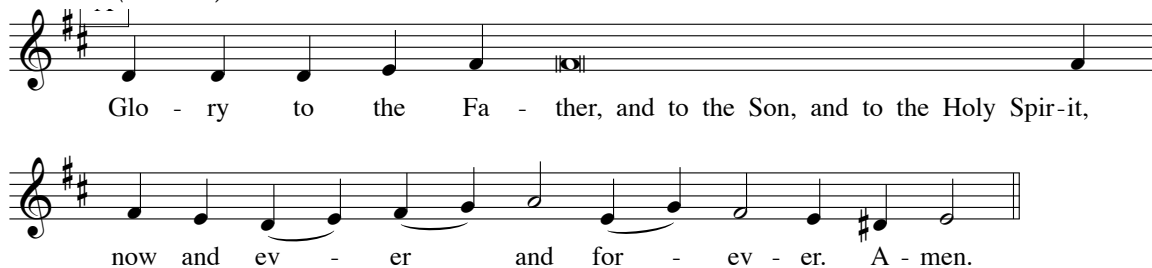


Sticheron:



STAND

Cantor (*Tone 6*):



Glo - ry to the Fa - ther, and to the Son, and to the Holy Spir-it,
now and ev - er and for - ev - er. A - men.

Doxastikon - *Tone 6 samohlasen*



To - day the Cross of the Lord is ex - alt - ed, and the faithful wel - come
it with love. Through it they receive healing of both soul and bod - y
and are re-lieved of ev - 'ry weak - ness. Let us kiss it with joy and fear;
with joy because Christ the Lord was crucified in his great mer - cy up-on it;
with fear because of our unworthi-ness due to sin. Through the Cross, Christ our
God grants sal - va - tion to the world.

THE GREAT DOXOLOGY

Priest: Glory to you who show us the light!

Glo - ry to God in the high - est, and to peo - ple on earth,
peace and good will. We praise you, we bless you,
we wor - ship you, we glo - ri - fy you, we thank you for your great
glo - ry. Lord God, heav'n - ly King, Fa - ther Al - might - y;
Lord, on - ly be - got - ten Son, Jesus Christ, and Ho - ly Spir - it. Lord God,
Lamb of God, Son of the Fa - ther, you take a - way the sin of the world,
have mer - cy on us. You take a - way the sins of the world, hear our pray'r.
You are seat - ed at the right hand of the Fa - ther, have mer - cy on us.

For you a - lone are ho - ly, you a - lone are Lord, Je - sus Christ,

to the glory of God the Fa - ther. A - men. I will bless you day aft - er

day, and praise your name for - ev - er. Make us wor - thy, O Lord,

to be kept sin - less this morn - ing. Bless - ed are you, O Lord,

the God of our fa - thers, and praise - wor - thy and glorious is your name for - ev - er.

A - men. May your mer - cy, O Lord, be up - on us who have placed our

reverence

hope in you. Bless - ed are you, O Lord; teach me your com - mand - ments.

reverence

Bless - ed are you, O Mas - ter; make me understand your com - mand - ments.

reverence

Bless - ed are you, O Ho - ly One; enlighten me with your com - mand - ments.



O Lord, you have been our re - fuge from one gen - er - a - tion to the next.



I said: Lord, have mercy on me, heal my soul for I have sinned a - gainst you.



O Lord, I have fled to you for re - fuge. Teach me to do your will, for



you, O Lord, are my God. In you is the source of life and in your



light we see light. Ex - tend your mer - cy to those who know you.

At the end of the Great Doxology, during the Trisagion, the priest incenses the Cross at the altar three times. Then, taking the Cross and holding it towards the people, he processes around the altar, through the Northern Doors.

Three times, each with a bow:



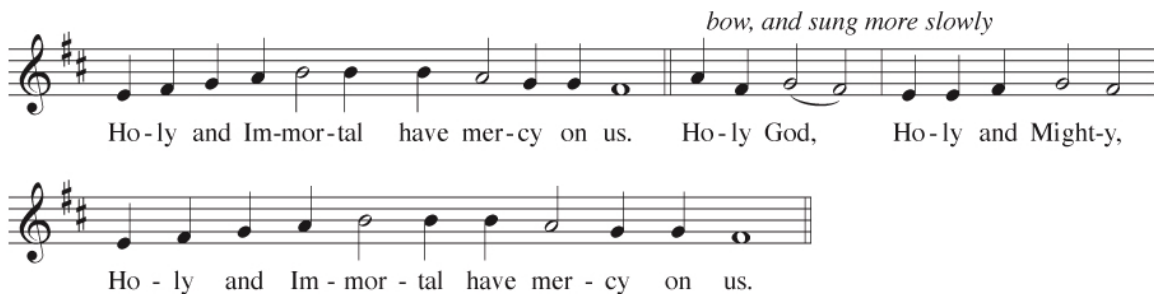
Ho - ly God, Ho - ly and Might - y, Ho - ly and Im - mor - tal have mer - cy on us.



Glo - ry to the Fa - ther and to the Son and to the Ho - ly Spir - it:

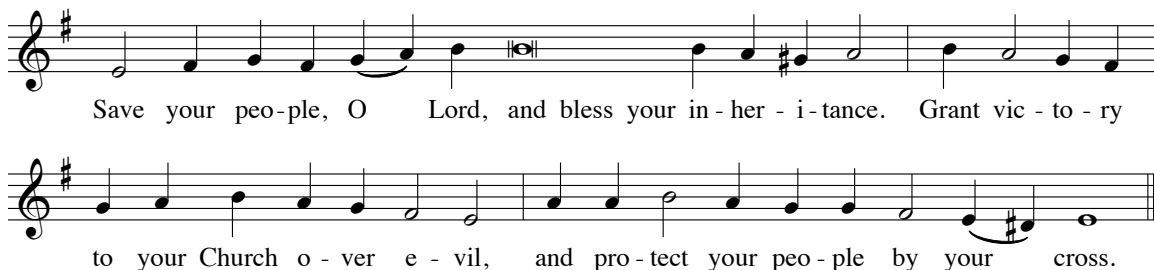


now and ev - er and for ev - er. A - men.



Deacon: Wisdom! Be attentive!

Troparion - Tone 1



Cantor: Glory...*(The Troparion is repeated.)*

Cantor: Now and ever...*(The Troparion is repeated.)*

While this is sung, the priest processes and places the Cross on the tetrapod, incensing it round-about three times.

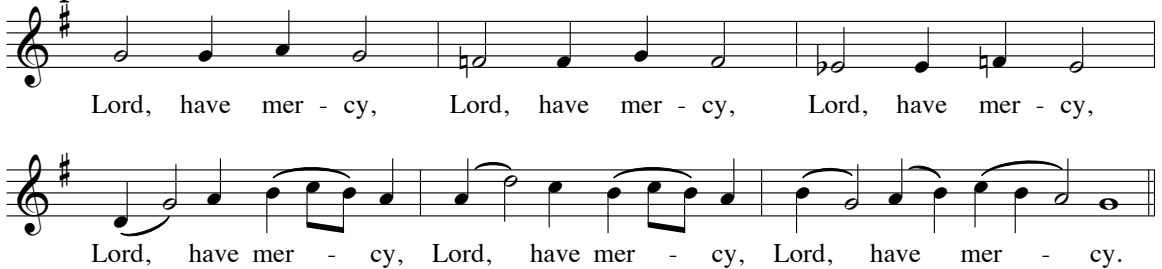
Then the priest takes the Cross, and holding it above his head, says the first petition of the litany while facing the East. The people sing "Lord, have mercy" as the priest bows slowly and then rises up again slowly, while holding the Cross.

This is repeated five times: before the tetrapod, at the other three sides, and again finally before the tetrapod. The Cross is then replaced on the Tetrapod.

LITANY

Priest: Have mercy on us, O God, according to your great mercy; we pray you, hear and have mercy.

Response:



Priest: We also pray for our holy ecumenical Pontiff, (Name), the Pope of Rome, that the Lord God will grant him health and salvation, ever-directing and assisting him in all he does; we pray you, O Lord, hear and have mercy.

Response: Lord, have mercy. (*six times, as above.*)

Priest: We also pray for our most reverend Archbishop and Metropolitan, (Name), for our God-loving Bishop, (Name), for our spiritual guides, and for all our brothers and sisters in Christ; for their health and salvation, and for the remission of all their sins, let us all say:

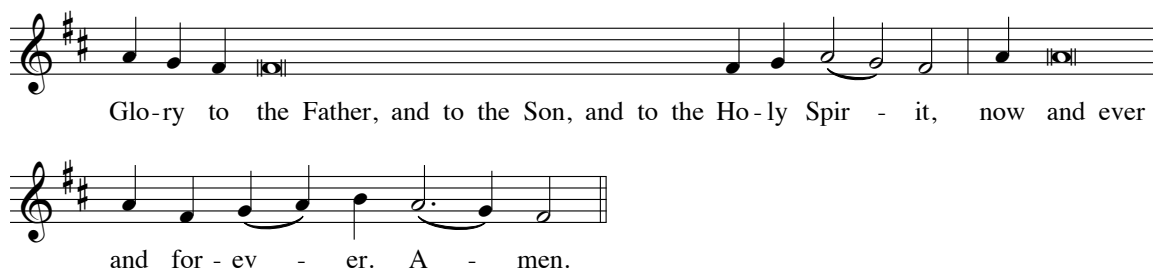
Response: Lord, have mercy. (*six times, as above.*)

Priest: We also pray for every Christian soul that is afflicted and maltreated; for their health and salvation, and for the remission of their sins, let us all say:

Response: Lord, have mercy. (*six times, as above.*)

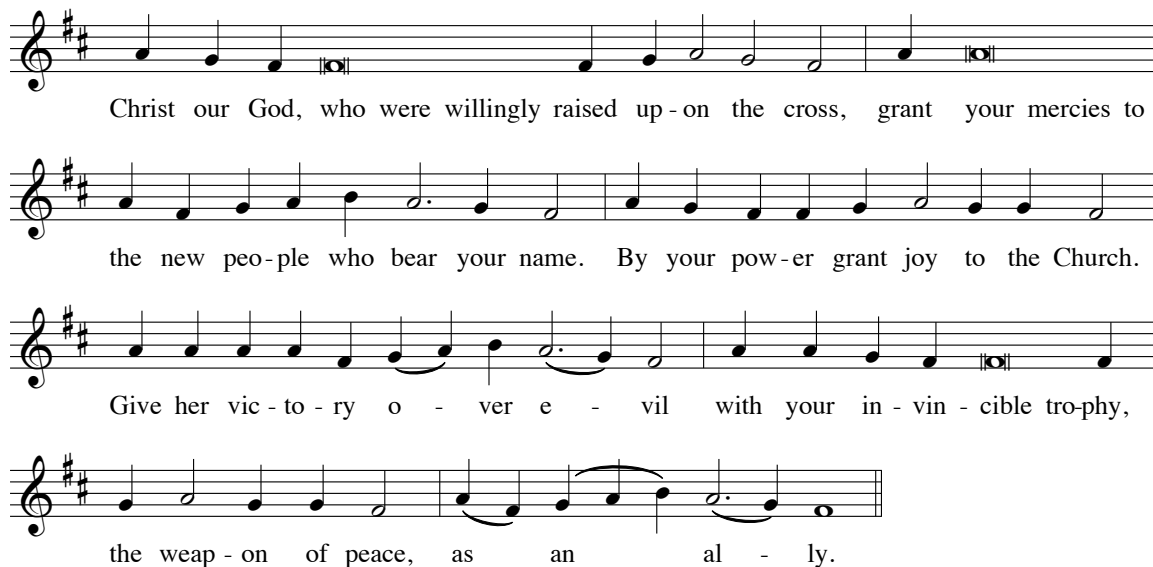
Priest: We also pray for all those who serve and have served in this holy church (monastery); for their health and salvation, and for the remission of their sins, let us all say:

Response: Lord, have mercy. (*six times, as above.*)



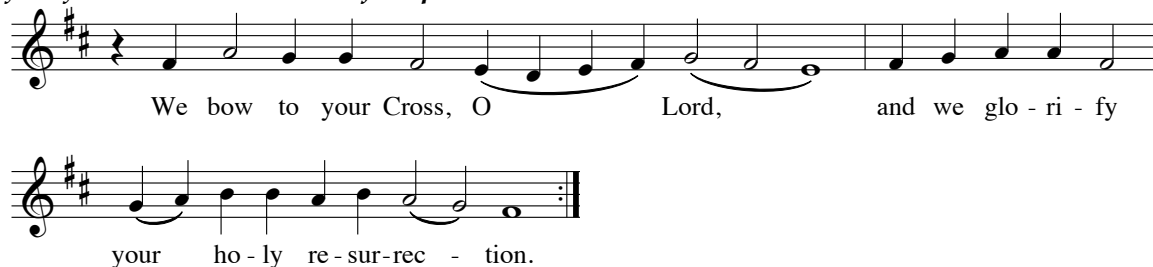
Glo-ry to the Father, and to the Son, and to the Ho-ly Spir - it, now and ever
and for - ev - er. A - men.

Kontakion of the Cross - Tone 4



Christ our God, who were willingly raised up-on the cross, grant your mercies to
the new peo-ple who bear your name. By your pow-er grant joy to the Church.
Give her vic-to-ry o-ver e-vil with your in-vin-cible tro-phy,
the weap-on of peace, as an al-ly.

*"We bow to your cross..." is sung three times, once by the **priest** and twice by the faithful, each time with a full prostration.*



We bow to your Cross, O Lord, and we glo-ri-fy
your ho-ly re-sur-rec-tion.

All come forward to venerate the Cross. As many stichera as are needed to finish the veneration are sung. After the last person has venerated the Cross, the cantor may skip to the "Glory..."

STICHERA AT THE VENERATION

Tone 2 samohlasen



Come, O faith-ful, let us bow before the life-giv - ing Cross in which Christ,



the King of Glory, free-ly stretched out his hands. By this he raised us up to



our for-mer hap-pi-ness, which we had lost because of the an-cient En - e - my



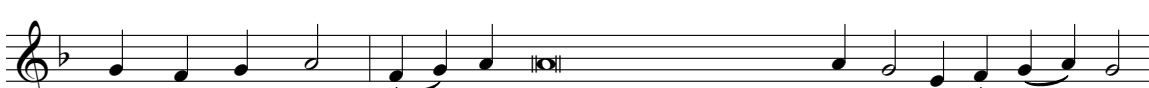
and the bit - ter pleas-ure that ex-iled us from God. Come, O faith-ful, let us bow



be-fore the Wood which lets us crush the head of the in - vis - i - ble En - e - my.



Come, all you fam-'lies of the na - tions, let us ven - er - ate the Cross of the



Lord with our hymns: Re - joice, O perfect redemption of the fall of Ad - am;

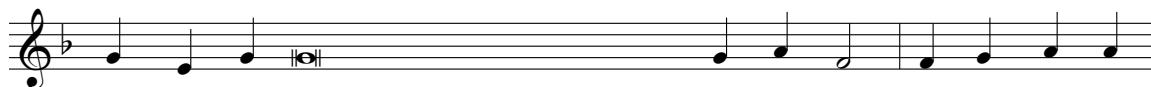


Re - joice, O ven-er - a - ble Cross. Filled with fear and awe we em-brace you;

we glo - ri - fy our God, and we say: O Lord, you were nailed
on the Cross; in your good - ness and love, have mer - cy on us.

Tone 5 samohlasen

Come, O peo - ple, let us contemplate the mar-vel - ous won - der; let us bow
be-fore the pow'r of the Cross. For the tree of Paradise gave rise to the reign
of death, and now a Tree has made our life blos - som forth, when the
sin - less Savior was nailed up - on it. And now, all the nations that are
nourished by this incorruptible food sing prais-es: You de-destroyed death by your
Cross and set us free. O Lord, glo - - - ry to you!



The word of your prophets Isaiah and David is now ful-filled, for they spoke of



you, O Lord, and said: All the na-tions shall come to you and bow be-fore you.



Be-hold the people who are now filled with your grace in your sanc-tuary in the



tem-ple of Je - ru - sa - lem. O God of goodness who suffered on the



Cross for us and gave us life through your holy re-sur-rec-tion,



pro-TECT us with your care, O Lord, and save us.

Tone 6 samohlasen



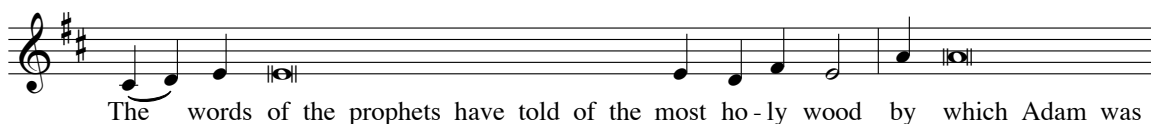
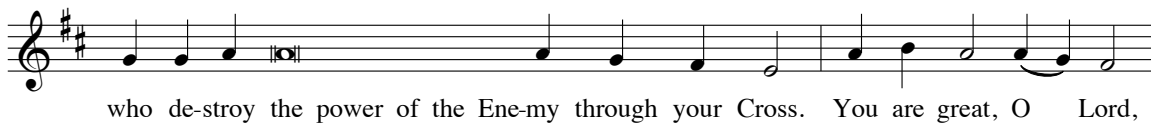
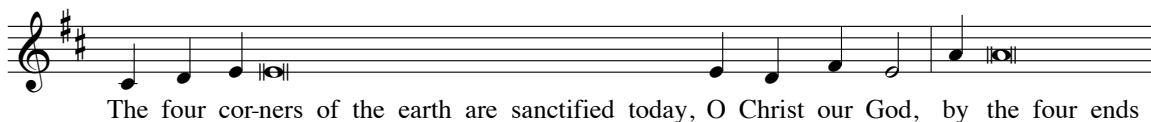
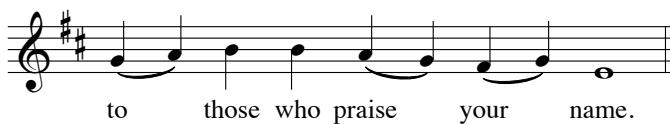
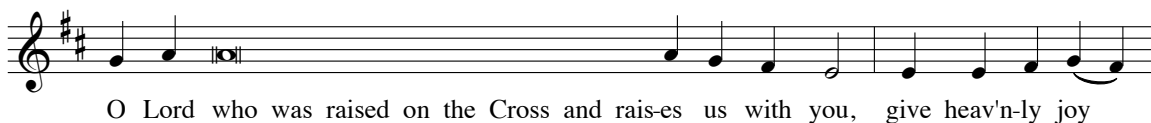
Ris-ing from the depths of the earth on this day, the Tree of Life strength-ens



our faith in the re-surrection of Christ who was nailed on it. His raised

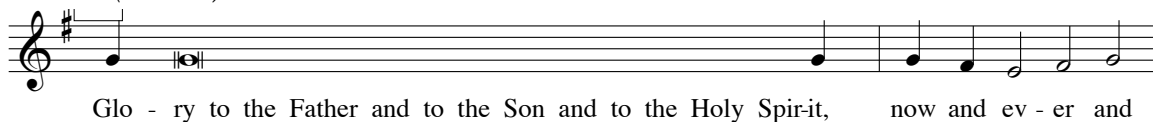


hands announce his ascension in-to heav-en, which permitted him to dwell in

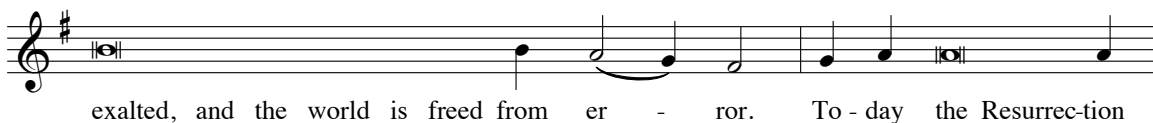
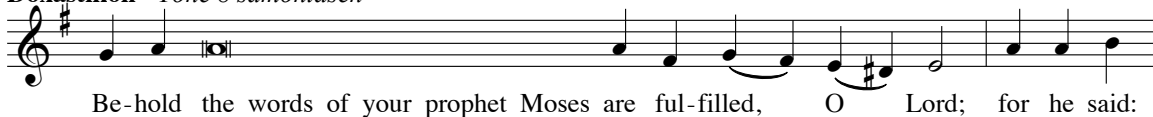




Cantor (*Tone 8*):



Doxastikon - *Tone 8 samohlasen*



At the sound of the cymbals of Da - vid, they of - fer a hymn of praise
and say: In your good-ness and love for all, you have brought about your
salvation in the middle of the earth, O our God. Through your Cross and Resurrec-tion
you save us. O Lord all - pow - er - ful, glo - ry to you!

LITANY OF SUPPLICATION

Deacon: Let us complete our morning prayer the Lord



Response: Lord, have mer - cy.

Deacon: Protect us, save us, have mercy on us, and preserve us, O God, by your grace.



Response: Lord, have mer - cy.

Deacon: That this whole day be perfect, holy, peaceful, and without sin, let us beseech the Lord.



Response: Grant this, O Lord.

Deacon: For an angel of peace, a faithful guide and guardian of our souls and bodies, let us beseech the Lord.



Response: Grant this, O Lord.

Deacon: For the pardon and remission of our sins and offenses, let us beseech the Lord.



Response: Grant this, O Lord.

Deacon: For what is good and beneficial to our souls and for peace in the world, let us beseech the Lord.



Response: Grant this, O Lord.

Deacon: That we may spend the rest of our life in peace and repentance, let us beseech the Lord.



Response: Grant this, O Lord.

Deacon: For a Christian, painless, unashamed, peaceful end of our life, and for a good account before the fearsome judgment seat of Christ, let us beseech the Lord.



Response:

Grant this, O Lord.

Deacon:

Commemorating our most holy, most pure, most blessed and glorious Lady, the Theotokos and ever-Virgin Mary with all the Saints, let us commit ourselves and one another, and our whole life to Christ our God.



Response:

To you, O Lord.

Priest:

We sing to you, we praise you, we bless you, and we thank you, God of our Fathers, for you have banished the dark of night and shown us once again the light of the day. We beseech you, forgive our sins and accept our prayer in your great tenderness of heart because we take refuge in you, the merciful and all-powerful God. Shine in our hearts your true Sun of Justice. Enlighten our minds and guard all our senses, so that walking blamelessly in the path of your commandments as in daylight, we may reach eternal life, for in you is the source of life. Make us worthy to enjoy the unapproachable light. For you are our God and we give glory to you, Father, Son, and Holy Spirit, now and ever and forever.



Response:

A - men.

PRAYER OVER BOWED HEADS

Priest: Peace be to all!



Response: And to your spi - rit.

Deacon: Bow your heads to the Lord!



Response: To you, O Lord.

Priest: Holy Lord, you dwell on high and look upon the lowly, and with your all seeing eye watch over all creation. To you we bend our necks in spirit and body and we implore you, O Holy of Holies, stretch forth your invisible hand from your holy dwelling place and bless us. If we have sinned voluntarily or involuntarily forgive us as a good and loving God who gives us earthly and heavenly gifts.

For yours are mercy and salvation, O Christ our God, and we give glory to you, with your eternal Father and your life-creating Spirit, now and ever and forever.



Response: A - men.

DISMISSAL

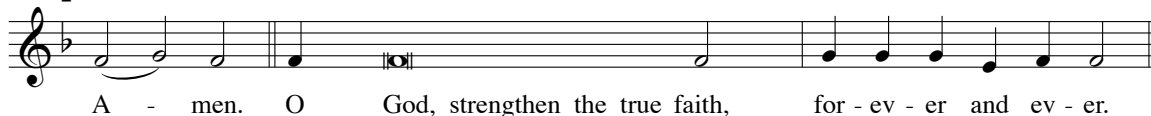
Deacon: Wisdom!



Response: Give the bless-ing.

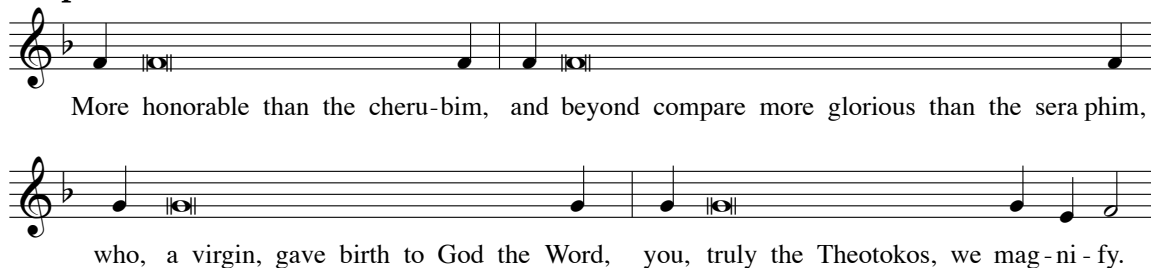
Priest: Blessed is Christ our God, the One-Who-Is, always, now and ever and forever.

Response:



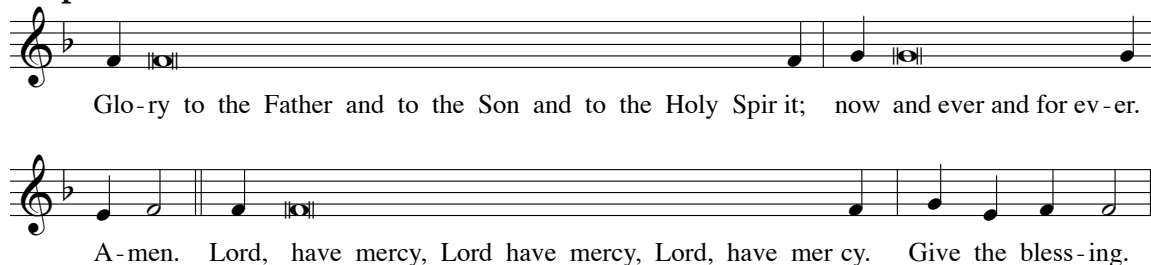
Priest: O most holy Theotokos, save us!

Response:



Priest: Glory to you, O Christ God, our hope; glory to you!

Response:



Priest:

May Christ our true God have mercy on us and save us through the prayers of his most pure Mother; by the power of the precious and life-creating cross, whose universal exaltation we gloriously celebrate today; and through the prayers of all the saints; for Christ is good and loves us all.

