

Matins Propers, September 13th, 2020
Sunday before the Exaltation of the Cross
The Dedication of the Church of the Resurrection in Jerusalem
in the Sixth Tone with the Fourth Resurrection Gospel

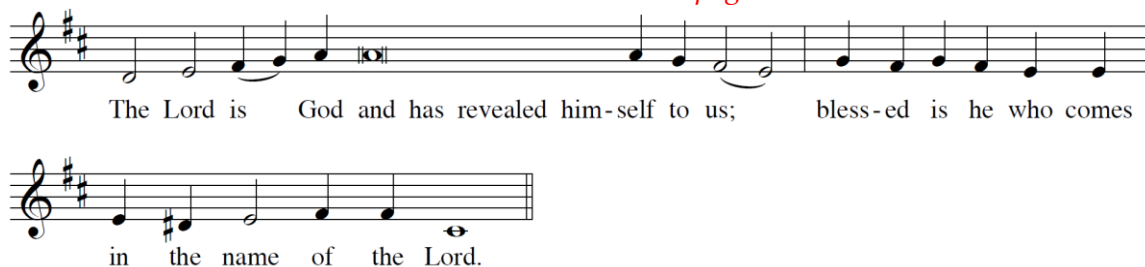
Hexapsalmos

*The reader chants only **Psalm 87** on page 4 followed by "Glory..." on page 6.*

Matins continues with the Litany of Peace on page 7.

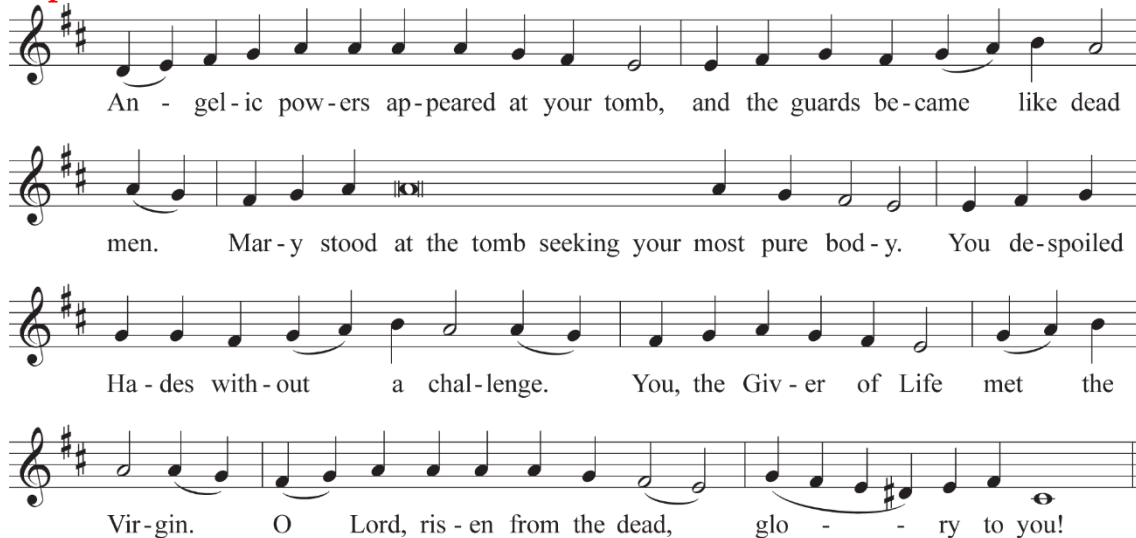
The Lord is God (page 9)

Tone 6



Troparia (page 9)

Troparion of the Resurrection – Tone 6

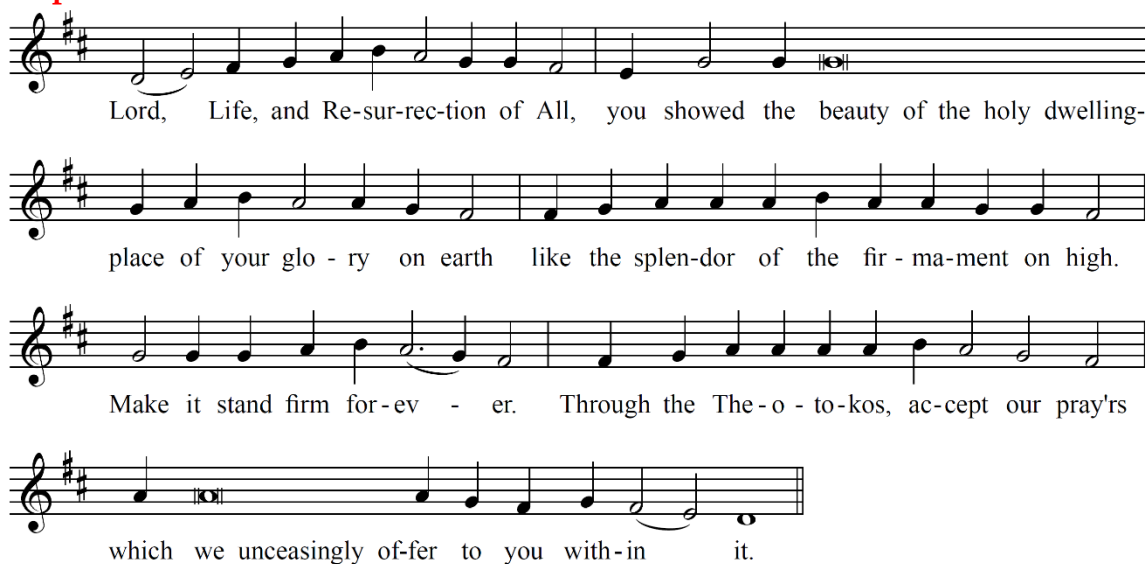


The repetition of this troparion is omitted.

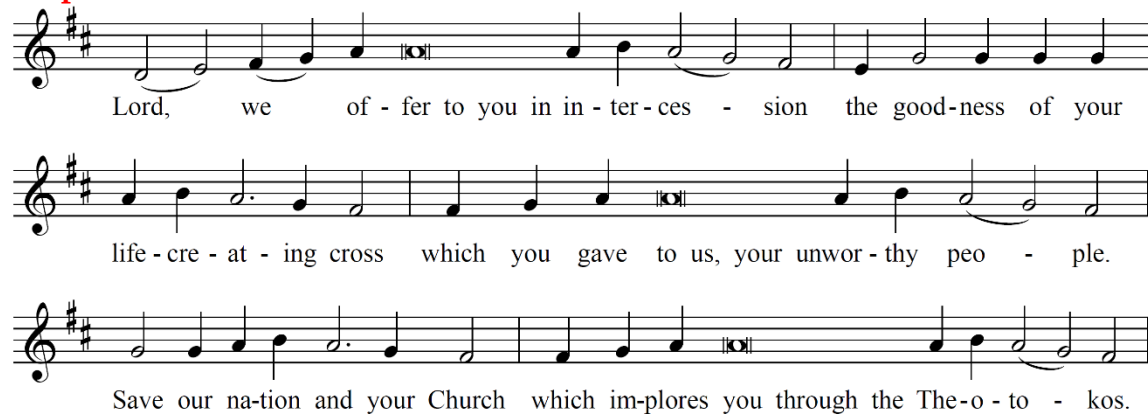
Cantor (*Tone 4*):



Troparion of the Dedication – Tone 4



Troparion of the Prefeast of the Exaltation of the Cross – Tone 4





Kathismata (page 10)

People: Lord, have mercy (*three times*)
Glory to the Father and to the Son and to the Holy Spirit

Reader: Now and ever and forever. Amen.

Only the following select psalms are read. The rest of the kathismata are omitted.

Psalm 45

God is for us a refuge and strength, a helper close at hand, in time of distress, so we shall not fear though the earth should rock, though the mountains fall into the depths of the sea; even though its waters rage and foam, even though the mountains be shaken by its waves. The Lord of hosts is with us: the God of Jacob is our stronghold. The waters of a river give joy to God's city, the holy place where the Most High dwells. God is within, it cannot be shaken; God will help it at the dawning of the day. Nations are in tumult, kingdoms are shaken: he lifts his voice, the earth shrinks away. The Lord of hosts is with us: the God of Jacob is our stronghold. Come, consider the works of the Lord, the redoubtable deeds he has done on the earth. He puts an end to wars over all the earth; the bow he breaks, the spear he snaps. (He burns the shields with fire.) "Be still and know that I am God, supreme among the nations, supreme on the earth!" The Lord of hosts is with us: the God of Jacob is our stronghold.

Psalm 47

The Lord is great and worthy of all praise in the city of our God, his holy mountain rises in beauty, the joy of all the earth. Mount Zion, slopes of the north, is the city of the great King. God, in the midst of its citadels, has shown himself its stronghold. For the kings assembled together, together they advanced. They saw; at once they were astounded; dismayed, they fled in fear. A trembling seized them there, like the pangs of birth. By the east wind you have destroyed the ships of Tarshish. As we have heard, so we have seen in the city of our God, in the city of the Lord of hosts which God upholds forever. O God, we ponder your love within your temple. Your praise, O God, like your name reaches the ends of the earth. With justice your right hand is filled. Mount Zion rejoices; the people of Judah rejoice at the sight of your judgments. Walk through Zion, walk all round it; count the number of its towers. Review all its ramparts, examine its castles, that you may tell the next generation that such is our God, our God forever and always. It is he who leads us.

Psalm 131

Lord, remember David and all his humility, how he swore to the Lord and vowed to the God of Jacob. "I will not enter the house where I live nor go to the bed where I rest. I will give no sleep to my eyes to my eyelids I will give no slumber till I find a place for the Lord, a dwelling for the Strong One of Jacob." At Ephrata* we heard of the ark; we found it in the plains of Yearim. "Let us go to the place of his dwelling; let us go to kneel at his footstool." Go up, Lord, to your rest, you and your holy ark. Your priests will be clothed with righteousness and your saints will rejoice. For the sake of David your servant do not reject your anointed. The Lord swore a true oath to David; he will not go back on his word: "A son, the fruit of your body, will I set upon your throne. If they keep my covenant in truth and my laws that I have taught them, their sons also shall rule on your throne from age to age." For the Lord has chosen Zion; he prefers her for his dwelling: "This is my resting-place forever, here have I chosen to live. I will greatly bless her produce, I will fill her poor with bread. I will clothe her priests with salvation and your saints will rejoice. There David's stock will flower; I will prepare a lamp for my anointed. I will cover his enemies with shame but on him my crown will shine."

Reader: Glory to the Father and to the Son and to the Holy Spirit

People: Now and ever and forever. Amen.

Alleluia, alleluia, alleluia! Glory to you, O God! (*three times*)

Matins continues with the small litany on page 10.

Sessional Hymn (*page 11*)

The 1st set of Sessional Hymns & the first two of the 2nd set are omitted.

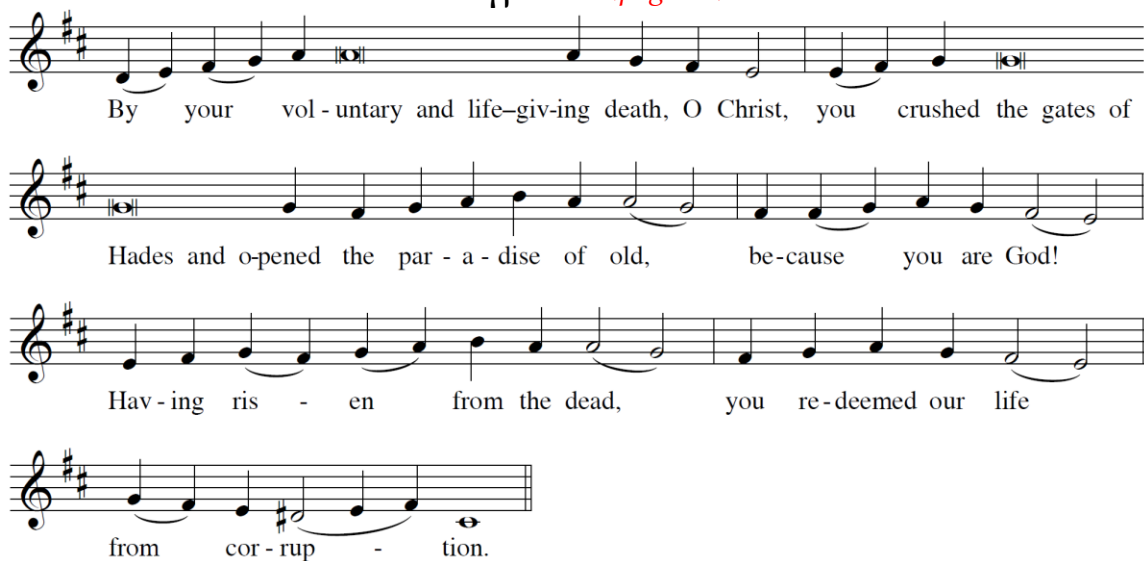
The 2nd Sessional Hymn of the Dedication (Tone 4 Kontakion):

O faithful, the festive day of the dedication has overtaken us, * decreeing that all the chosen of Christ be renewed, * and that with radiant countenance they faithfully chant hymns from the depths of their hearts unto the Master, * as the Deliverer who renews us.

Matins continues with Psalm 118 on page 17 followed by Hosts of Angels on page 18.

Ἡψαλμὸς (page 21)

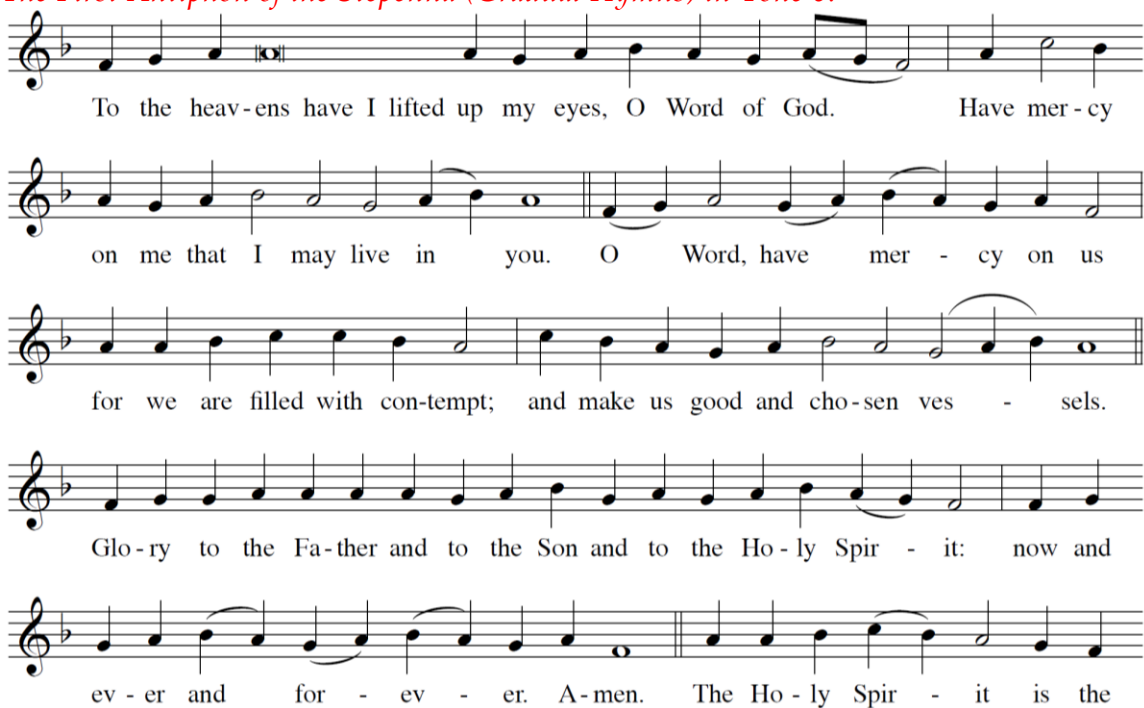
Tone 6



By your vol - untary and life-giv-ing death, O Christ, you crushed the gates of
Hades and o-pened the par - a - dise of old, be-cause you are God!
Hav-ing ris - en from the dead, you re-deemed our life
from cor - rup - tion.

Stepenna (page 21)

The First Antiphon of the Stepenna (Gradual Hymns) in Tone 6:



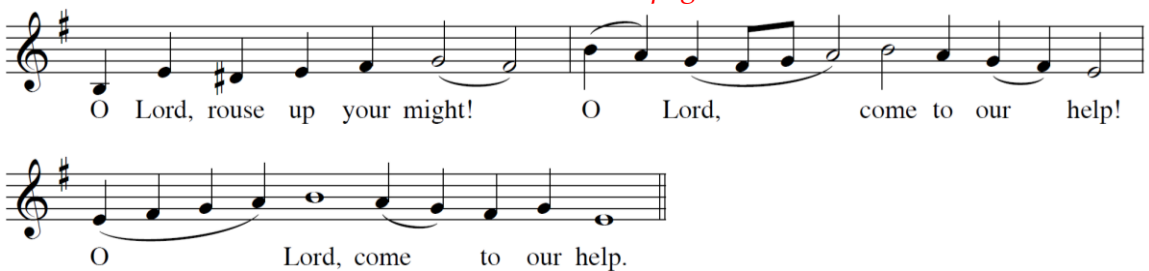
To the heav-ens have I lifted up my eyes, O Word of God. Have mer-cy
on me that I may live in you. O Word, have mer - cy on us
for we are filled with con-tempt; and make us good and cho-sen ves - sels.
Glo-ry to the Fa-ther and to the Son and to the Ho-ly Spir - it: now and
ev - er and for - ev - er. A-men. The Ho - ly Spir - it is the



The 2nd & 3rd Antiphons of the Stepenna are omitted & Matins continues with the Prokeimenon ("Let us be attentive...") on page 22.

Prokeimenon (page 21)

Psalm 79: 3, 2

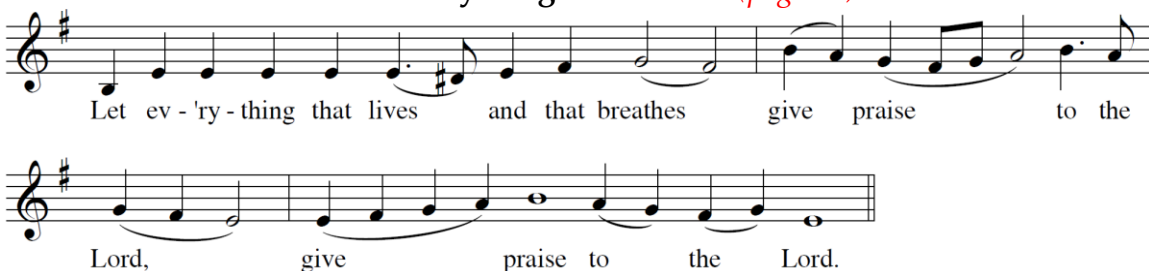


Deacon: O Shepherd of Israel, hear us;
you who lead Joseph like a flock.

Matins continues with the Preparation for the Gospel ("Let us pray...") on page 22.

Let everything that lives... (page 21)

Tone 6



The Preparation for the Gospel continues with "That we may be deemed..." on page 23.

The Fourth Resurrection Gospel is read (Luke 24:1-12).

The Hymn of the Resurrection is sung (p. 24) and then Psalm 50 (p. 26).

The usual stichera at Psalm 50 (p. 28) are sung.

The Canon (page 32)

Tone 6

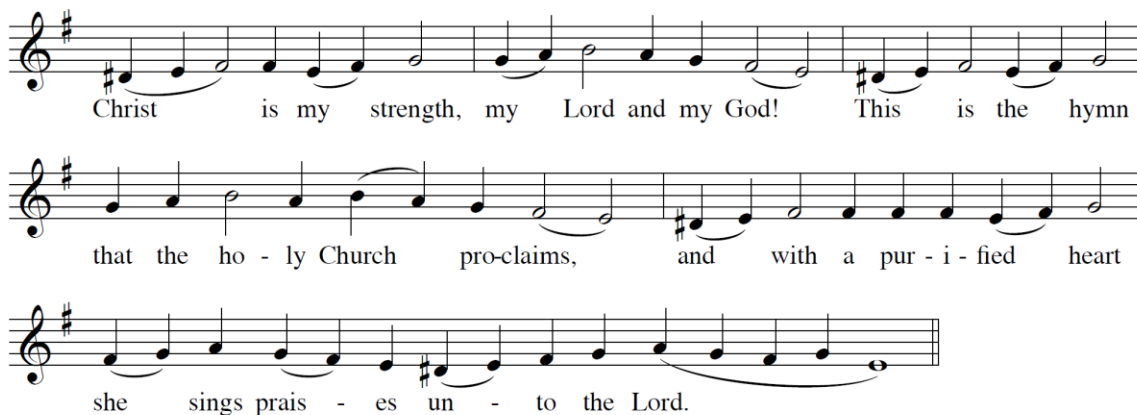
Odes 1-3 are omitted and the Canon of the Resurrection continues with Ode 4.

(The Canons of the Dedication and of the Prefeast are omitted)

Ode 4

Irmos

Tone 6

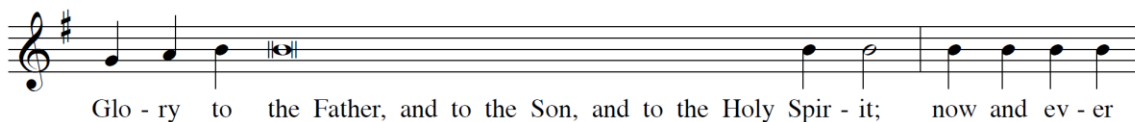


Refrain



The wood of the true life flourished, O Christ, when your cross was planted in the ground. Sprinkled with blood and water from your pure side, it made life spring up for us.
Refrain

Never again shall the Serpent deceive me by offering me the chance to become like God, for Christ, my divine Creator, has opened the path of life for me once again.





and for - ev - er. A - men.

Truly ineffable and impossible to encompass! Such are the mysteries of your divine birthgiving for those in heaven and on earth, O Mother of God and ever-Virgin Mary.

Katavasia of the Exaltation of the Cross

Tone 6 simple



I have re - ceived the mystery of your Law, O Lord; I have med - i - tat - ed upon



your works; and I have glo - ri - fied your di - vin - i - ty.

Ode 5 is omitted and the Canon continues with Ode 6.

Ode 6 Irmos



When I see the o - cean of this life tossed a - bout by the tem - pest of



temp - ta - tions, I has - ten to your har - bor of peace and cry out to



you, O God of good - ness: Res - cue my life from the pit of



cor - rup - - - tion.

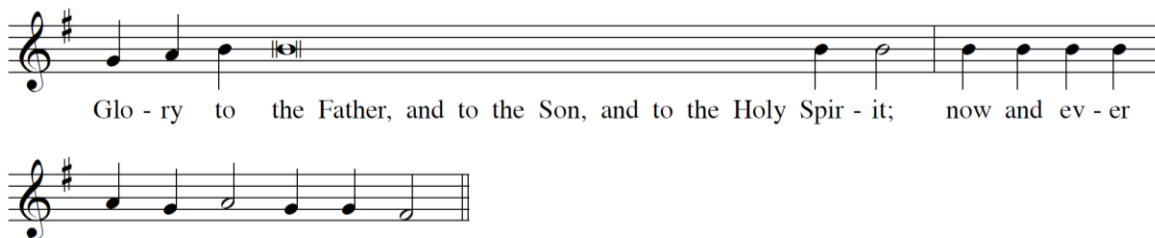
Refrain



Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

When you were nailed to the cross, O Lord, you wiped out the ancient curse; and when the lance pierced your side, you tore up the debt against Adam and set the whole world free.
Refrain

Deceived by the Serpent, Adam was hurled into the pit of Hades; but you, O God of compassion, have gone in search of him, and carrying him upon your shoulders, you have raised him with you.

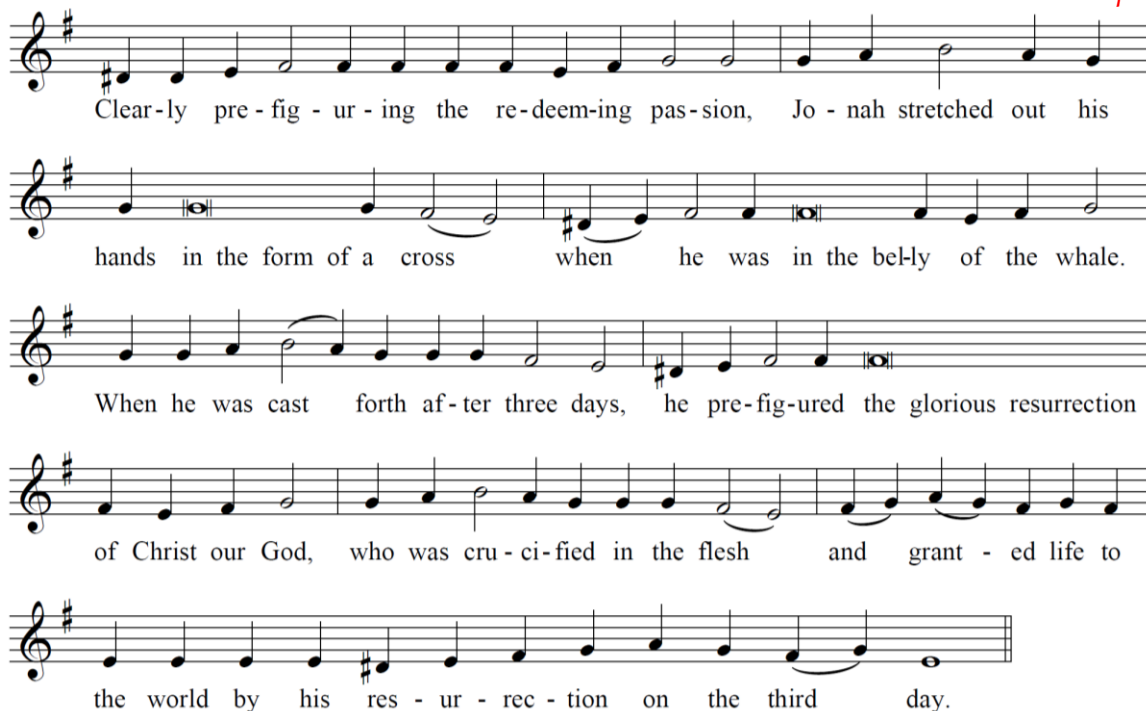


Glo - ry to the Father, and to the Son, and to the Holy Spir - it; now and ev - er
 and for - ev - er. A - men.

O most pure Lady, who for the human race gave birth to their Lord and Leader, appease the unceasing stirrings of my violent passions and grant a calmness to my heart.

Katavasia of the Exaltation of the Cross

Tone 6 simple

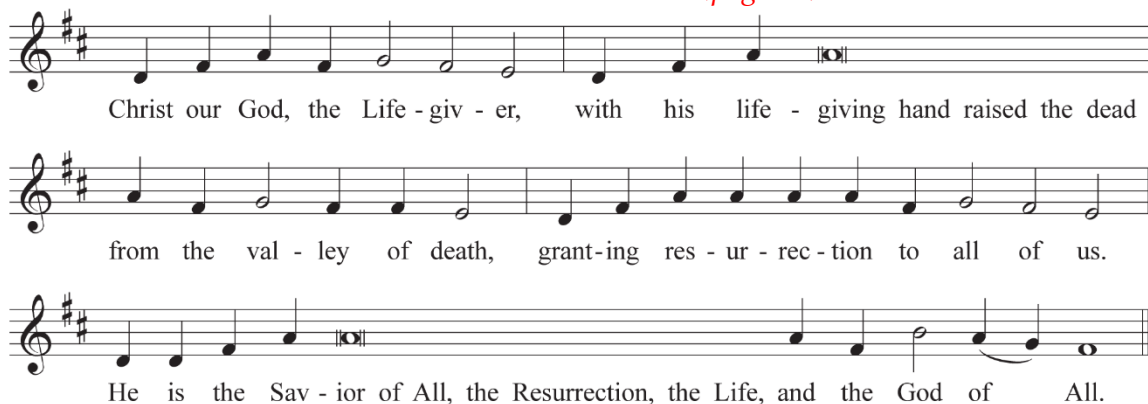


Clear-ly pre - fig - ur - ing the re-deem-ing pas-sion, Jo - nah stretched out his
 hands in the form of a cross when he was in the bel-ly of the whale.
 When he was cast forth af - ter three days, he pre-fig-ured the glorious resurrection
 of Christ our God, who was cru - ci - fied in the flesh and grant - ed life to
 the world by his res - ur - rec - tion on the third day.

Matins continues with the Small Litany on page 33.

Kontakion & Ikos (page 34)

Tone 6

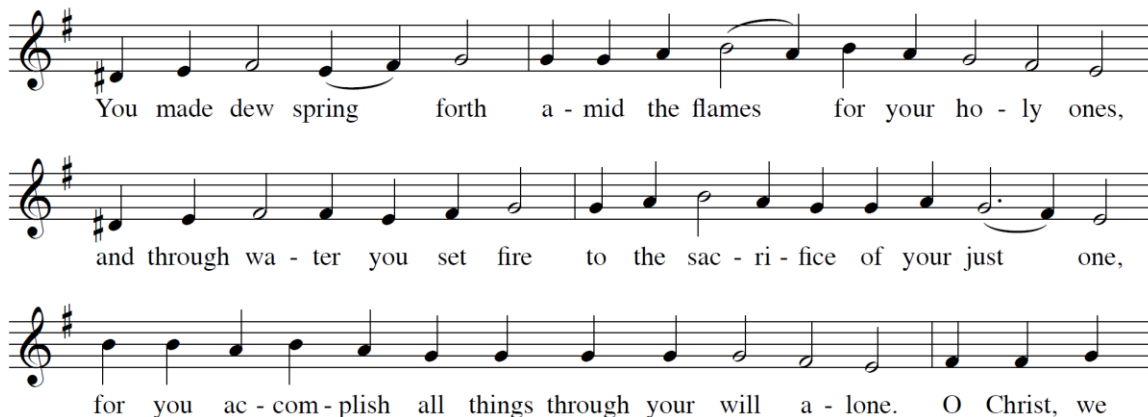


Christ our God, the Life - giv - er, with his life - giving hand raised the dead
from the val - ley of death, grant-ing res - ur - rec - tion to all of us.
He is the Sav - ior of All, the Resurrection, the Life, and the God of All.

Ikos: O Source of life, we the faithful, praise and bow before your cross and your tomb; for you have chained Hades, O immortal Lord, and as the almighty God, you have raised the dead with you. You shattered the gates of Hades and destroyed the dominion of Death. We mortals now praise you with love, for you have risen and demolished the power of the deadly enemy. You have raised all those who believe in you, and you delivered the world from the arrows of the Serpent. O all-powerful One, you have freed us from the deceits of the Enemy. Therefore, in faith we praise your Resurrection by which you save us, O God of the universe.

The Synaxarion & Ode 7 are omitted & the Canon continues with Ode 8.

Ode 8 Irmos



You made dew spring forth a - mid the flames for your ho - ly ones,
and through wa - ter you set fire to the sac - ri - fice of your just one,
for you ac - com - plish all things through your will a - lone. O Christ, we

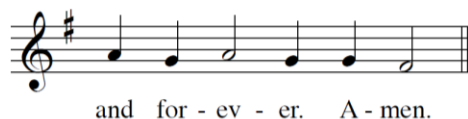
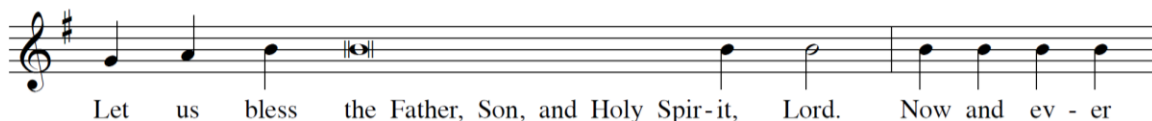


Refrain

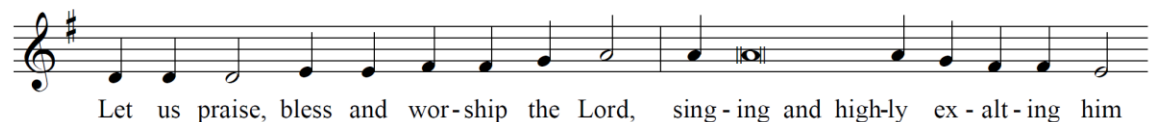


The people who formerly killed the prophets have now been seized with envy and have crucified the Word of God, whom we exalt through all ages. *Refrain*

Without leaving the vaults of heaven, you descended into Hades, O Christ, and raised with you humanity who had been lying in the corruption of the grave, and who exalts you through all ages.



You conceived the Word, the Light of light, and are filled with glory for having given birth in a manner beyond expression, for the Holy Spirit made his dwelling in you. O Virgin, we exalt you through all ages.



Katavasia of the Exaltation of the Cross

Tone 6 simple

O you chil - dren, equal in num - ber to the Trin - i - ty, O bless the
Fa - ther and Creator of all; sing the prais - es of the Word who came
to earth and changed the flames to dew; and ex - alt a - bove all for - ev - er
the most Ho - ly Spir - it who gives life to all.

The people stand &

Matins continues with "Let us greatly extol..." & the Cantic of the Theotokos on p. 34.

Ode 9

Irmos

For the hu - man race, it is im - pos - si - ble to see God, up - on
whom e - ven the an - gels dare not gaze; but be - cause of you,
O most pure One, the Word made flesh is seen by mor - tals; and when
we ex - tol you, together with the ranks of heav - ens, we pro - claim you

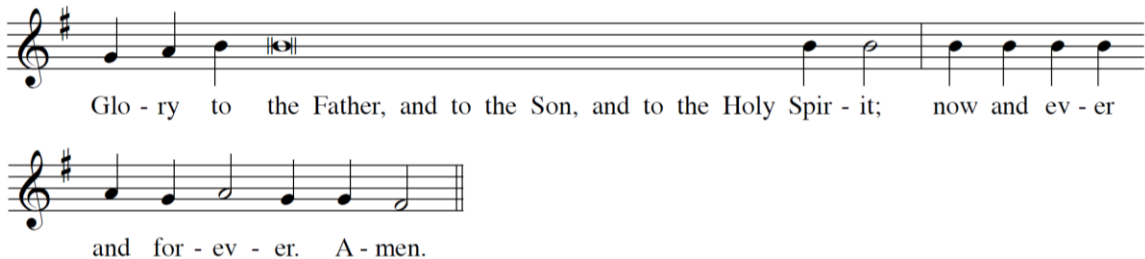


Refrain



You remained a stranger to passions, O Word of God, even though you lived our human condition in the flesh; but you delivered humanity from its passions, having overcome our passions by your own passion, O our Savior. For you alone are beyond all suffering and are almighty. *Refrain*

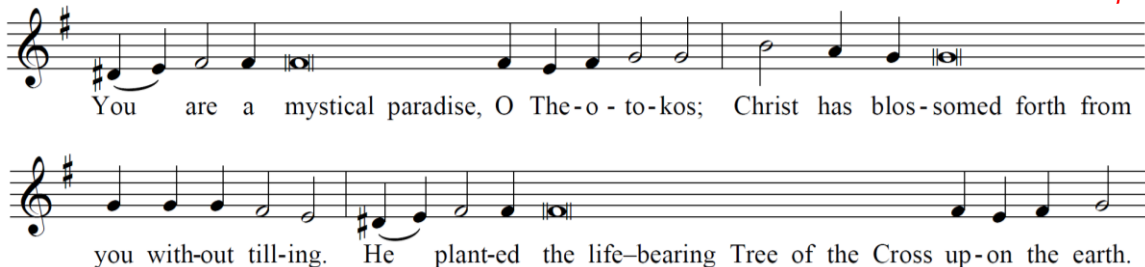
Descending into the abyss of death, you preserved your body from the corruption of the tomb; and your soul was not left in Hades, O Giver of life, but you were raised up as from sleep, O Lord, raising us with you.

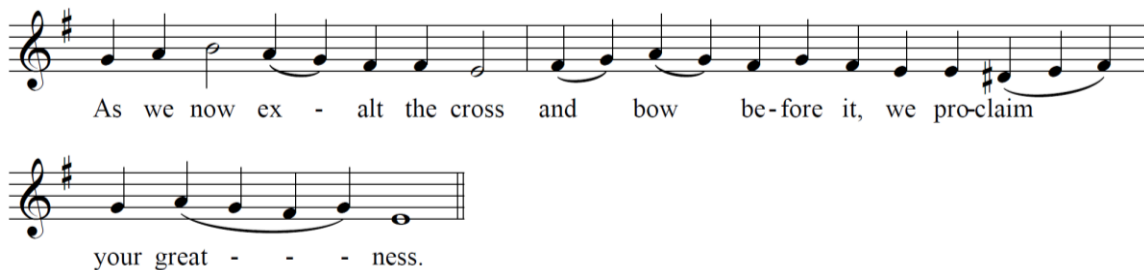


Let us mortals purify our lips that we may glorify God the Father and his coeternal Son, and venerate the ineffable and glorious power of the most Holy Spirit. For you alone are all-powerful, O indivisible Trinity.

Katavasia of the Exaltation of the Cross

Tone 6 simple

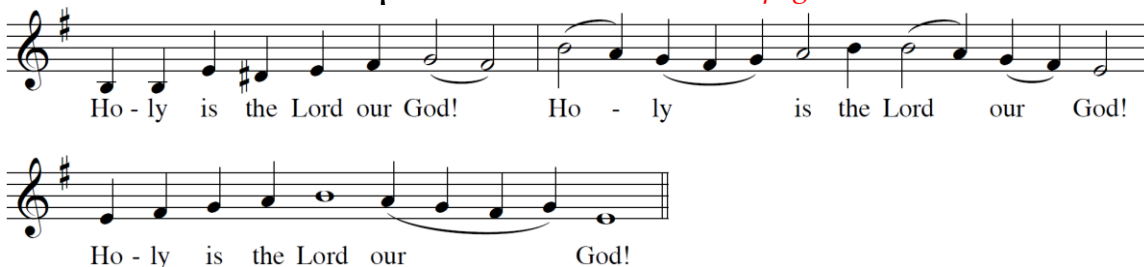




Matins continues with the Small Litany on page 36.

Holy is the Lord our God (page 37)

Tone 6



Hymns of Light (page 37)

Exapostilarion of the Resurrection Gospel:

Resplendent with virtues, let us behold the men standing in brilliant clothes inside the grave, giving life to the saddened myrrh-bearing women. Let us learn of the resurrection of the Lord of heaven and hasten with Peter to the tomb of Life. Let us stand before his wondrous Resurrection and contemplate the marvels of Christ.

Glory...

Exapostilarion of the Dedication:

The most wondrous and most precious and holy Church, which you redeemed by your all-pure blood, O good Word, renew by the Spirit, and adorn it with most divine rays, glorifying it with glory by those who celebrate the dedication of your temple as is proper.

Now & ever ...

Exapostilarion of the Prefeast:

With light-giving splendors, the Cross of the Lord summons to its elevation all who with divine love stand before it. Come all, and with joy, love, fear, and faith let us kiss it and glorify the one Creator and Master!

Matins continues with the Psalms of Praise.

Psalms of Praise (page 38)

Tone 6

Let ev - 'rything that lives and that breathes give praise to the Lord.

Praise the Lord from the heav - ens, praise him in the heights.

To you is due a hymn, O God! Praise him, all his an - gels,

praise him, all his host. To you is due a hymn, O God!

The Psalms of Praise continue with "Praise him, sun and moon..." on page 38.

Stichera (page 40)

The versicles of the Dedication replace those of the Resurrection.

All but the last two stichera are omitted:

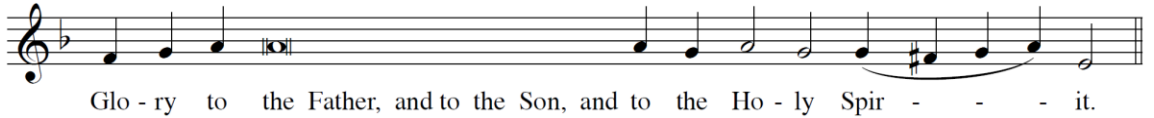
Cantor (*Tone 3 samohlasen*): Holiness is fitting to your house, O Lord, until the end of time.

Return within yourself, O man! * Be new instead of old! * And celebrate the restoration of the soul while you have life, * that the path of all life may be restored to you; * for the old has passed away, * and, behold, all things are new! * Let the fruit of this feast be a for you a change for the good, * Thus is man made new, * and thus is the day of the dedication honored.

Cantor (*Tone 3 samohlasen*): The Lord reigns, he is clothed in majesty.

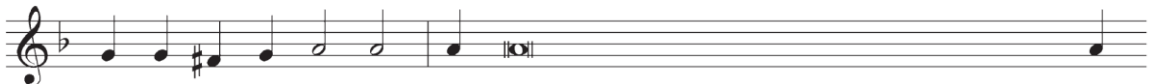
O Christ our God, * who deigned to suffer crucifixion for the common resurrection of the human race * and, with the pen of the Cross, * stained your fingers with blood as with ink of royal purple, * and, in your love for us all, , signed, as King, the decree of our liberation. * Disdain us not who are in distress and again are far from you, * but have pity upon your people who find themselves in evil circumstances, O Long-suffering One. * Arise, and do battle with those who fight against us, O almighty Lord.

Cantor (Tone 4):



Fourth Gospel Stanza

Tone 4



Matins continues with the "Now and ever..." & the Theotokion for normal Sundays on page 41.