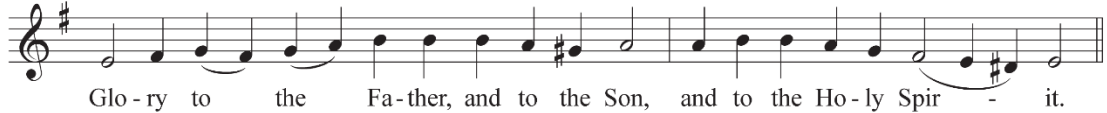


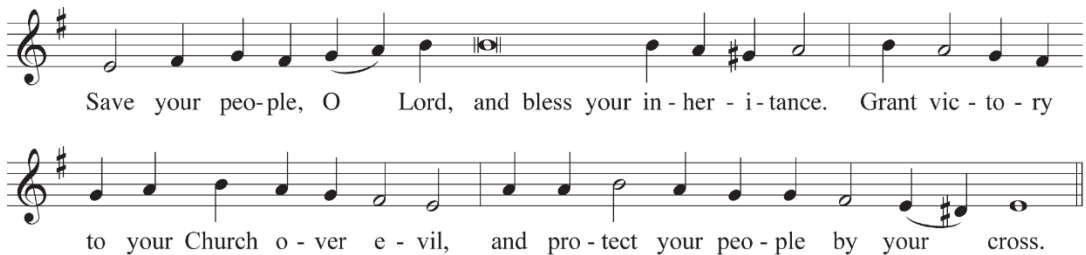
FIRST HOUR PROPERS FOR WEDNESDAY & FRIDAY  
Dedicated to the Precious, Holy, and Life-Creating Cross

*When there is an ordinary saint, two saints, or a saint with six stichera on a weekday, the Troparion and Kontakion for the day are sung at First Hour.<sup>1</sup>*

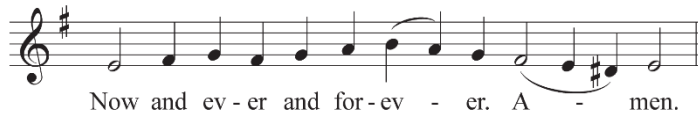
*Tone 1:*



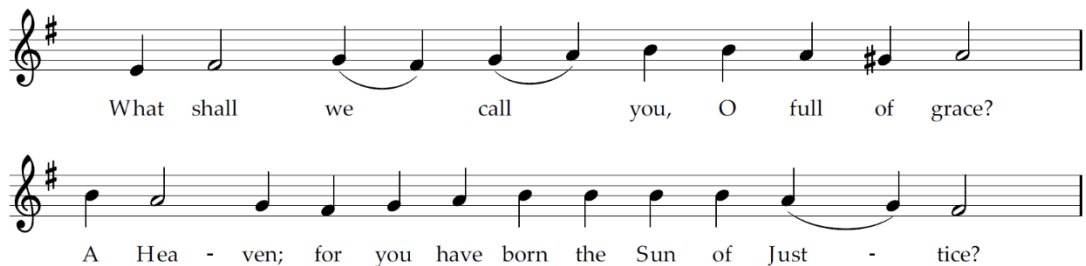
*Troparion - Tone 1:*



*Tone 1:*



*Theotokion of First Hour - Tone 1:*



A Pa - ra - dise; for you have brought forth the flower of im - mor - tal - i - ty?

A Vir - gin; for you have re - mained un - de - filed?

A Moth - er, holding in her holy arms the Son who is the God of all?

In - ter - cede with Him for the sal - va - tion of our souls.

*First Hour continues with "Guide my footsteps according to your promise..." on p. 9*

**Kontakion - Tone 4:**

Christ our God, who were willingly raised up - on the cross, grant your mercies to

the new peo - ple who bear your name. By your pow - er grant joy to the Church.

Give her vic - to - ry o - ver e - vil with your in - vin - cible trophy,

the weap - on of peace, as an al - ly.

*First Hour continues with "Lord, have mercy..." (40 times) on p. 11*

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<sup>1</sup> Formats 1, 3, & 6 in David Petras' *Common Typicon* (Fairfax: Eastern Christian Publications), 9, 12, 18.