

VESPERS PROPER FOR AUGUST 3RD, 2020

from the Menaion

¹Our venerable fathers Isaac, Dalmatus, and Faustus. Dalmatus was an officer in the Roman army who abandoned all and entered the monastery where Isaac was abbot. His only son, Faustus, entered with him. Dalmatus followed Isaac as hegumen of the monastery, and took part in the Third Ecumenical Council (431), battling against the Nestorian heresy. (5th century)

The holy Salome the Myrrh-Bearer. Mother of the holy Apostles James and John, the wife of Zebedee, she served the Lord during his earthly life, and was made worthy to be among the first bearers of the tidings of his resurrection.

Day of Alleluia

Psalm 140 (*Tone 8*)

O Lord, I have cried to you, hear me. Hear me, O Lord! O

Lord, I have cried to you, hear me; re - ceive the voice of my pray'r when I

call up - on you. Hear me, O Lord! Let my

pray'r ascend to you like in - - - cense and the lift - ing up of my hands

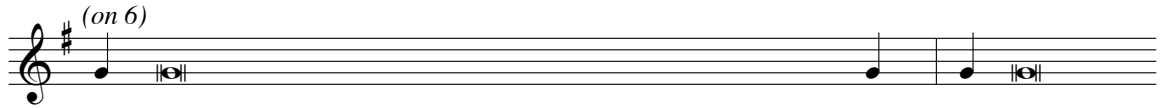
like an eve - ning sac - ri - fice. Hear me, O Lord!

Continue with Psalm 140: "O Lord, set a guard before my mouth..." (p.9).

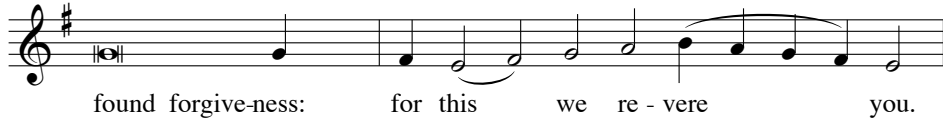
Stichera at the Lamplighting Psalms

3 stichera for the Mother of God, because of the day of Alleluia, from the Menaion:

Cantor - (Tone 8):



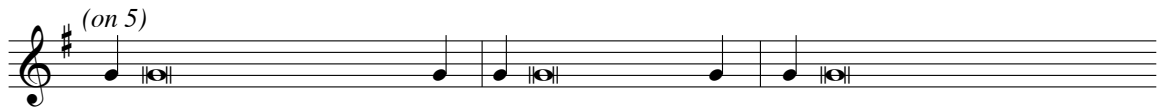
If you, O Lord, should mark our guilt, Lord, who would sur-vive? But with you is



(6) Sticheron:

From the hands of the serpent who has brought death to mankind, * and who wages war utterly to slay me with deception, * snatch me for the Master. * Crush his jaws, I pray, and set at naught his wiles, * that delivered from his talons, ** I may magnify your power.

Cantor:



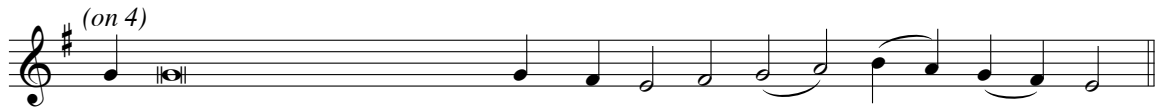
My soul is waiting for the Lord. I count on his word. My soul is longing for the Lord



(5) Sticheron

I am a barren tree devoid of the fruit of salvation * O all-immaculate one. * Wherefore, I tremble at the thought of the visitation, * lest I be cast into the unquenchable fire, * wretch that I am. * I therefore fall down before you, crying: * Deliver me, therefore, and show me forth to your Son as fruitful, ** O pure one, by your mediation.

Cantor:



Let the watchman count on day-break and Is - ra - el on the Lord.

(4) Sticheron

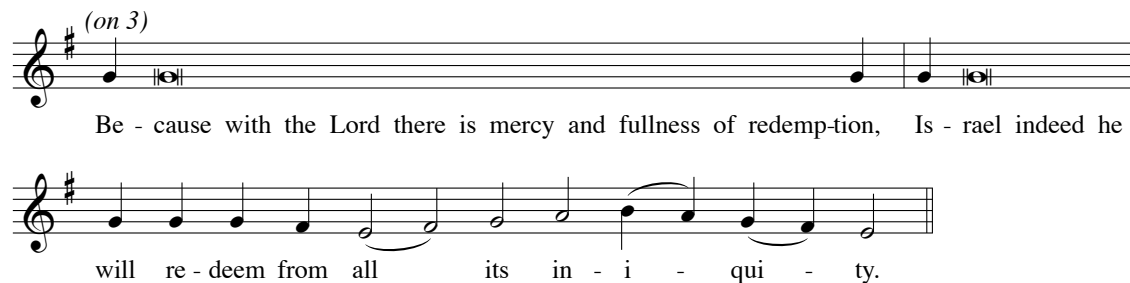
My thoughts are defiled, my lips false, * and all my deeds impure. * What, then, shall I do? * How shall I meet the Judge? * O Virgin and Mistress, entreat the Lord, your Son

and Creator, * that He accept my spirit in repentance, ** in that He alone is compassionate.

3 stichera for our venerable fathers from the Menaion:

Cantor:

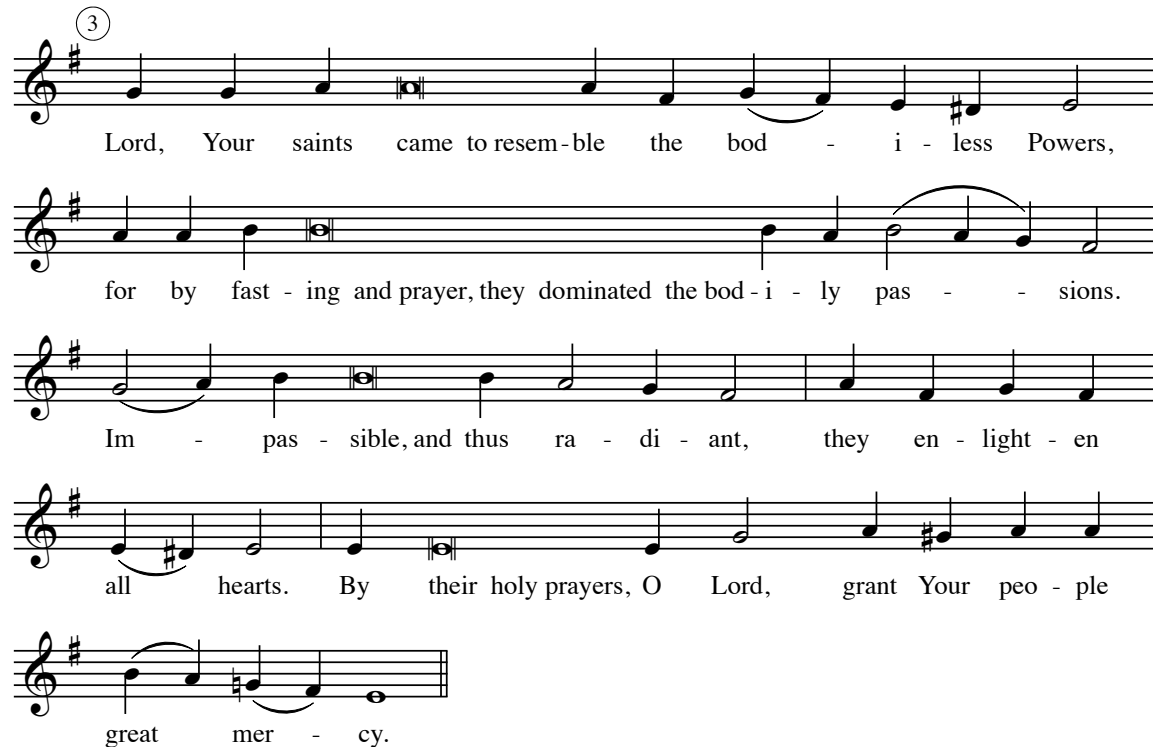
(on 3)



Be - cause with the Lord there is mercy and fullness of redemp-tion, Is - rael indeed he will re - deem from all its in - i - qui - ty.

Sticheron

③



Lord, Your saints came to resem-ble the bod - i - less Powers, for by fast - ing and prayer, they dominated the bod - i - ly pas - sions. Im - pas - sible, and thus ra - di - ant, they en - light - en all hearts. By their holy prayers, O Lord, grant Your peo - ple great mer - cy.

Cantor:

(on 2)



Praise the Lord, all you na-tions, ac-claim him all you peo - - - ples!

Sticheron

(2)

Dal - ma - tus and I - saac, moved by vir - tuous zeal, o - ver - came

the heresy of Arius and Nes - to - ri - us. Strug - gling to - geth - er

with the Or - tho - dox, they en - light - ened the eyes of all.

By their holy prayers, O Lord, grant Your peo - ple great mer - cy.

Cantor:

(on 1)

Strong is the love of the Lord for us; he is faith - ful for - ev - - - er.

(1) Sticheron

(1)

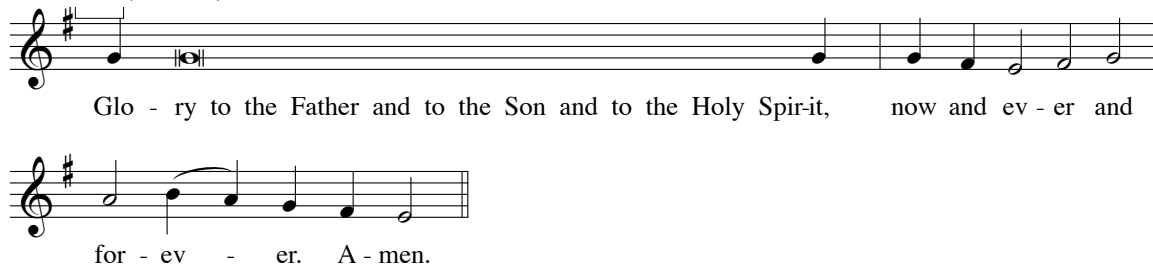
Hav - ing ap - peared in the firmament of as - cet - i - ci - sm, O ven - er - a - ble

fa - thers, you shone upon the souls of monks like re - splen - dent stars,

driv - ing a - way the dark - ness of the de - mons. Af - ter your death,



Cantor - (Tone 8):



Theotokion

Woe is him who has angered his God! * Woe is me who abide in despondency * and slothfulness and ignorance, as I do! * O Virgin and Mistress: * help me who am unenlightened, * and entreat your Son and Creator ** to grant me forgiveness of my offenses.

Continue with "Wisdom..." and the Hymn of the Evening (p. 12)

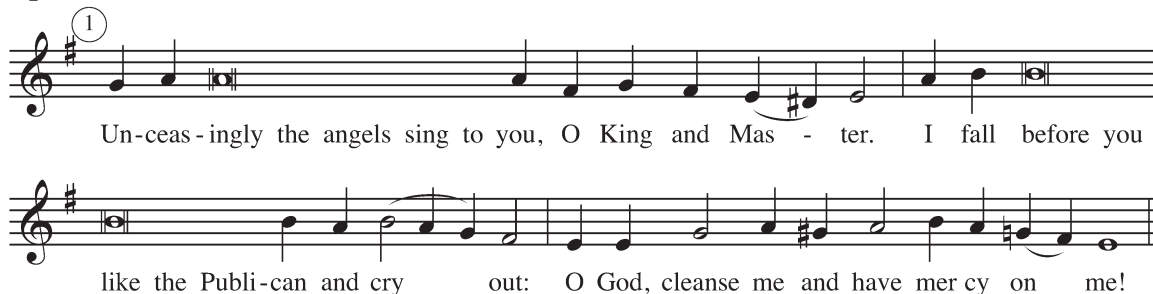
Alleluia is sung for the day of the week with its verses (p. 16)

Aposticha

The aposticha are from the Octoechos:

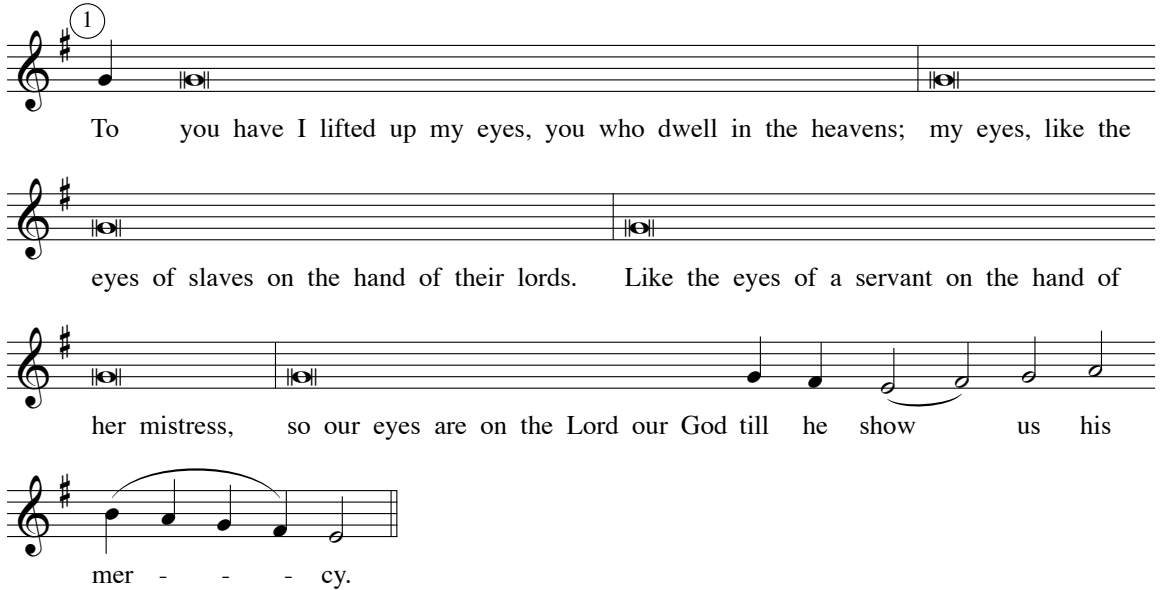
(Tone 8)

Aposticheron:



Cantor:

①




To you have I lifted up my eyes, you who dwell in the heavens; my eyes, like the eyes of slaves on the hand of their lords. Like the eyes of a servant on the hand of her mistress, so our eyes are on the Lord our God till he show us his

mer - - - cy.

Aposticheron:

②

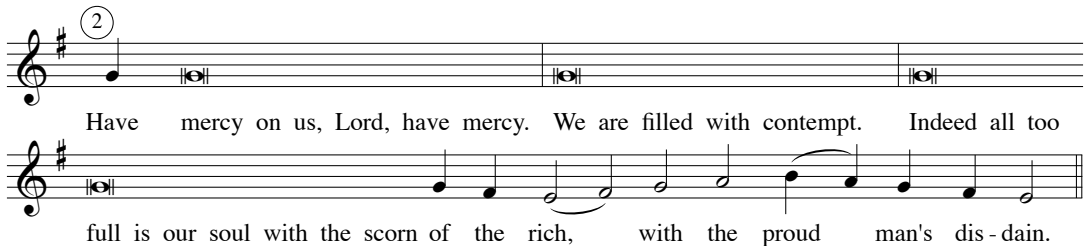


You are im-mor-tal, O my soul! Do not be overcome by the waves of life, but rise up and, to your Benefac-tor, cry out: O God cleanse me and have

mer - cy on me!

Cantor:

②



Have mercy on us, Lord, have mercy. We are filled with contempt. Indeed all too full is our soul with the scorn of the rich, with the proud man's dis-dain.

Aposticheron:

³
O mar-tys of the Lord, you sanc - tify every place and cure ev - 'ry ill.
We be - seech you to pray that our souls be saved from the snares of
the en - e - my.

Cantor (Tone 8):

Glo - ry to the Father and to the Son and to the Holy Spir-it, now and ev - er and
for - ev - er. A - men.

Theotokion

Re - joice, O Loving Pal ace! O Spir - it - ual Dove! Re - joice, O City of
our Cre - a - tor! Re - joice, O Refuge of the Faith - ful! Re joice, O
For tress and In - ter-ces - sion, Re-joyce, O Salvation and Deliverance of those who
love you! Re - joice, O Bridge which brings all to heav - en!



Continue with the Prayer of the Holy Prophet Simeon (p. 21).

Troparion & Theotokion

Continue with the Troparia and prostrations for days of Alleluia (p. 26).

¹ Format 4: Day of Alleluia in a Minor Fast