

## THIRD HOUR PROPER FOR JULY 22<sup>ND</sup>

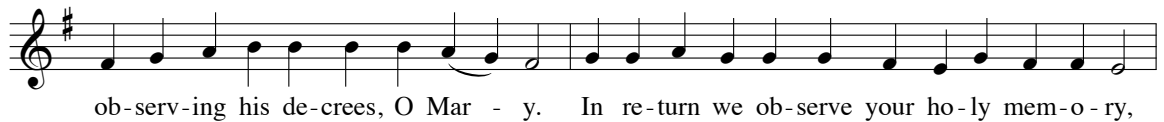
**1** **The holy myrrh-bearer Mary Magdalene, equal to the apostles**, who, freed by the Lord of seven demons and made a disciple, followed him even to Mount Calvary. At the break of dawn on the first Pascha, she was found worthy to see the Savior risen again from the dead and to bear the news of his resurrection to the other disciples.

**Translation of the relics of the holy bishop martyr Phocas, bishop of Sinope.** His relics were taken from Sinope to Vienne in France in the 13th century, and today is the feast of the translation.

### **Cantor** (*Tone 1*):



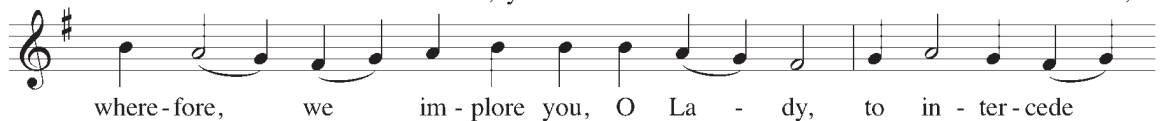
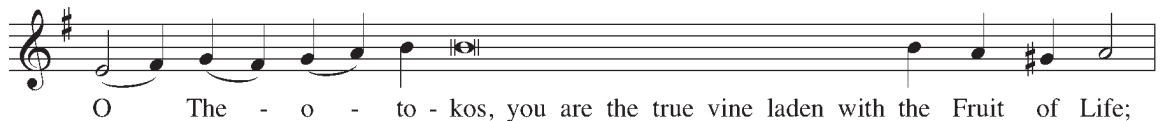
### **Troparion of Mary Magdalene - Tone 1:**

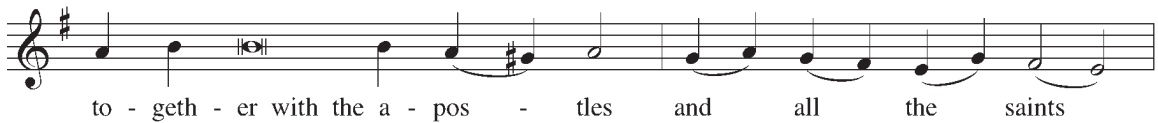


### **Cantor** (*Tone 1*):



### **Theotokion of Third Hour - Tone 1:**





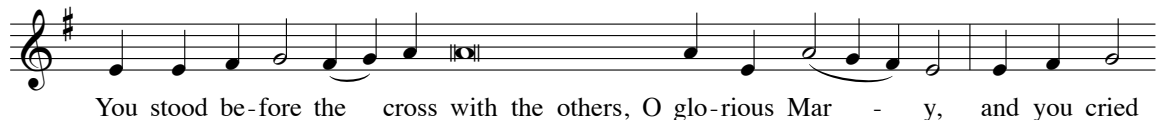
to - geth - er with the a - pos - tles and all the saints



that we may ob - tain mer - cy for our souls.

*Third Hour continues with "May the Lord God be blessed..." on p. 9*

**Kontakion of Mary Magdalene - Tone 3:**



You stood be - fore the cross with the others, O glo - rious Mar - y, and you cried



as you suf - fered there with the The - o - to - kos. You o - pened your mouth in



praise, say - ing: How strange this is that he who uphold all



cre - a - tion has deigned to suf - fer. Glo - ry to your pow'r!

*Third Hour continues with "Lord, have mercy..." (40 times) on p. 11*

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<sup>1</sup>Format 6: Saint with Six Stichera on a Weekday