

VESPERS PROPERs FOR JULY 16TH, 2020

from the Menaion

¹The holy martyrs **Athenogenes, bishop of Sebaste, and his ten disciples** in Armenia. He was an archpriest who left to his disciples a hymn declaring the divinity of the Holy Spirit and was handed over to the flames for the sake of Christ. (311)

Psalm 140 (*Tone 5*)

O Lord, I have cried to you, hear me. Hear me, O Lord! O Lord, I
have cried to you, hear me; re-ceive the voice of my pray'r when I call up-on you.
Hear me, O Lord! Let my pray'r ascend to you
like in-cense and the lift-ing up of my hands like an eve-ning sac-ri-fice.
Hear me, O Lord!

Continue with Psalm 140: "O Lord, set a guard before my mouth..." (p.9).

Stichera at the Lamplighting Psalms

3 stichera in the tone of the week from the Octoechos:

Cantor - (Tone 5):

(on 6)

If you, O Lord, should mark our guilt, Lord, who would sur-vive? But with you is
found for-give-ness: for this we re-vere you.

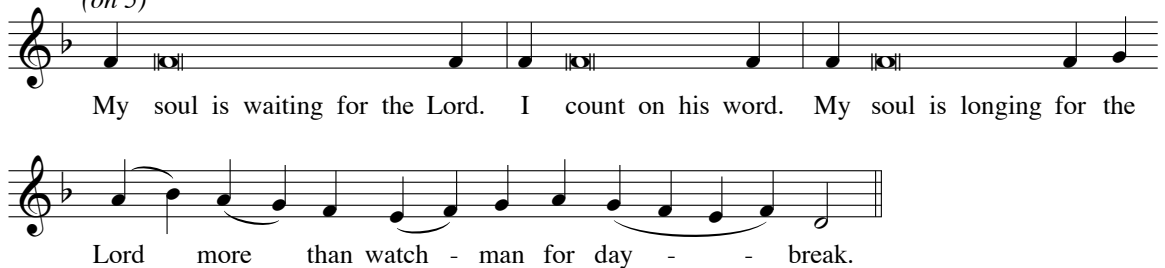
(6) Sticheron



O Dis-ci-ples of the Lord, you went over all the earth sowing the di-vine
teach - ing, tak-ing with you the Word a-lone as your on - ly light and your
on - ly rich-es. With it you con found ed kings and tyr - ants, and rent like a
spi - der's web the ar - gu - ments woven in their fu - ry by or - a - tors
and phil-os - o-phers. You called all nations to an under stand-ing of the Mak-er,
and tore them from the vain ser vice of i - dols. There fore, I en-treat you,
by their pray'rs, to deliver me from the un-rea-son-ing pas - sions.

Cantor:

(on 5)



My soul is waiting for the Lord. I count on his word. My soul is longing for the
Lord more than watch - man for day - - break.

(5) Sticheron

By your sup - pli - ca - tions to God, O most bless - ed A - pos - tles,
may he de - liv - er us from the storm of temp - ta - tions, the fear - ful quarrels of
in - fa - mous her - es - ies, and the e - vil couns els of the dev - il, the bit - ter
wrang lings and storms of man - kind; from the fire that gives no light and the
e - ter - nal worm, from the gnash - ing of teeth and ev 'ry oth - er tor - ment,
that through ab - stin - ence and toil we may re - ceive the re wards of vir - tue,
the inheritance of the King - dom and great mer - - - cy.

Detailed description: This block contains the musical notation for Sticheron (5). It consists of seven staves of music in a single system. The notation is in G-clef (treble clef) with a key signature of one flat (B-flat). The melody is written on a five-line staff. The lyrics are written below the staff, aligned with the notes. The text is: "By your sup - pli - ca - tions to God, O most bless - ed A - pos - tles, may he de - liv - er us from the storm of temp - ta - tions, the fear - ful quarrels of in - fa - mous her - es - ies, and the e - vil couns els of the dev - il, the bit - ter wrang lings and storms of man - kind; from the fire that gives no light and the e - ter - nal worm, from the gnash - ing of teeth and ev 'ry oth - er tor - ment, that through ab - stin - ence and toil we may re - ceive the re wards of vir - tue, the inheritance of the King - dom and great mer - - - cy." The lyrics are written in a simple, sans-serif font. The musical notation includes various note values (quarter, eighth, and half notes), rests, and bar lines. The text is written in a simple, sans-serif font.

Cantor:

(on 4)

Let the watch - man count on day - break and Is - ra - el on the Lord.

Detailed description: This block contains the musical notation for the Cantor's part. It consists of a single staff of music in a single system. The notation is in G-clef (treble clef) with a key signature of one flat (B-flat). The melody is written on a five-line staff. The lyrics are written below the staff, aligned with the notes. The text is: "Let the watch - man count on day - break and Is - ra - el on the Lord." The lyrics are written in a simple, sans-serif font. The musical notation includes various note values (quarter, eighth, and half notes), rests, and bar lines. The text is written in a simple, sans-serif font.

(4) Sticheron

As far as human na ture is a - ble, the a - pos - tles received the

Detailed description: This block contains the musical notation for Sticheron (4). It consists of a single staff of music in a single system. The notation is in G-clef (treble clef) with a key signature of one flat (B-flat). The melody is written on a five-line staff. The lyrics are written below the staff, aligned with the notes. The text is: "As far as human na ture is a - ble, the a - pos - tles received the". The lyrics are written in a simple, sans-serif font. The musical notation includes various note values (quarter, eighth, and half notes), rests, and bar lines. The text is written in a simple, sans-serif font.



bright ness of the light of the in - ef - fable dispen sa - tion of the Word.



They showed them-selves forming, with com-mon zeal, a per fect as-sem - bly



to which the Sev - enty-two al - so be-longed. Pray - ing to God to give the



world great mer - cy, they en - light ened the ends of the earth that lay in

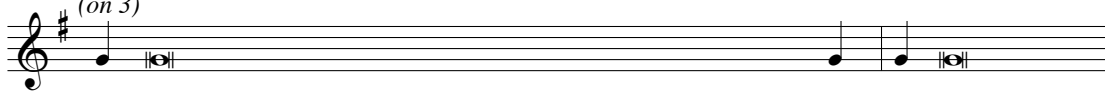


de - struc - tive dark - - - ness.

3 stichera for the martyrs from the Menaion:

Cantor – (Tone 8):

(on 3)



Be - cause with the Lord there is mercy and fullness of redemp-tion, Is - rael indeed he



will re - deem from all its in - i - qui - ty.

(3) Sticheron

Robed in his priestly vestments, * the illustrious Athenogenes made them more sacred yet by the streams of his own blood. * Thus adorned, he entered the temple of heaven, * coming into the presence of the Lord who sees all things. * There he serves with the bodiless choirs * and shines with the light of God. ** Let us call him blessed.

Cantor:

(on 2)

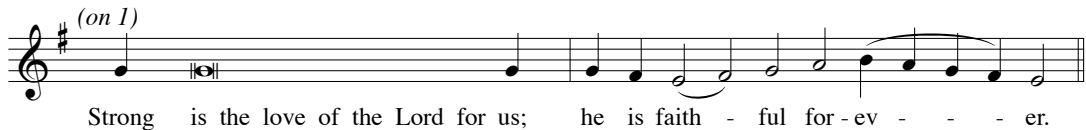


Praise the Lord, all you na-tions, ac-claim him all you peo - - - ples!

(2) Sticheron

The wise Athenogenes led a choir of victorious athletes to Christ. * They fought the good fight for the faith * and ran their race to the end. * Together with them, he triumphed over the evil one * and was received into the choirs of martyrs, * divinized before God, * where they ceaselessly intercede for us ** who celebrate their sacred memory.

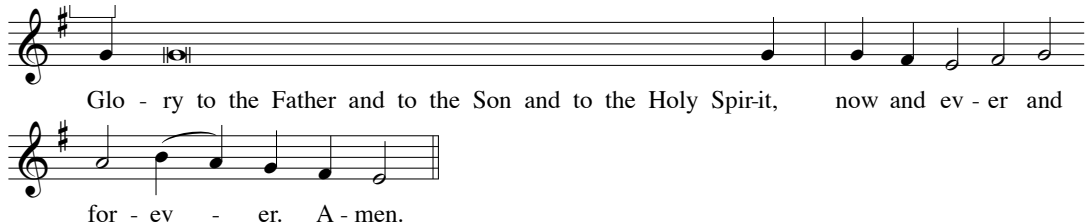
Cantor:



(1) Sticheron

The ten disciples, chosen by God, * had fought in the ascetic life, * mastering the impulses of their passions. * By the power of God, they put to death the serpent, * under the direction of holy Athenogenes. * Through their prayers, save us in your love, ** for we place our hope in your supreme goodness.

Cantor - (Tone 8):



Theotokion

Save me, O all-pure Mistress, * who ineffably gave birth to Christ the Savior; * for I have acquired you as my only intercessor * and invincible rampart, * my protection and joy, * and the divine consolation of my soul. * Wherefore, deliver me from the worm which sleeps not ** and from everlasting fire, O Mother of Christ God.

Continue with "Wisdom..." and the Hymn of the Evening (p. 12)

The Prokeimenon is for the Day of the Week (pp. 13-15).

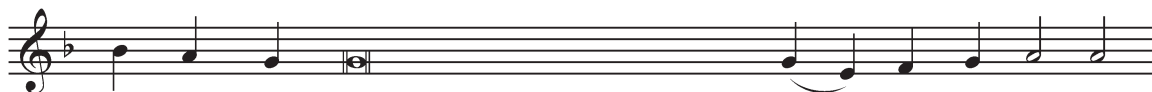
Aposticha

The aposticha are from the Octoechos:

(Tone 5)

Aposticheron:





You pro - claimed him who is invisible and without be gin - ning by say - ing:



In the be - gin-ning was the Word. You were not made be - fore the an - gels,

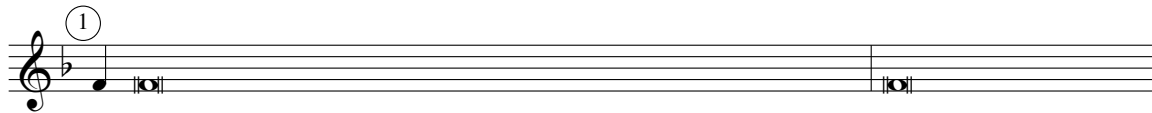


nor were you taught by men, but by the Wis - dom from on high.



Thus, hav - ing bold - ness, pray for our souls.

Cantor:



To you have I lifted up my eyes, you who dwell in the heavens; my eyes, like the eyes

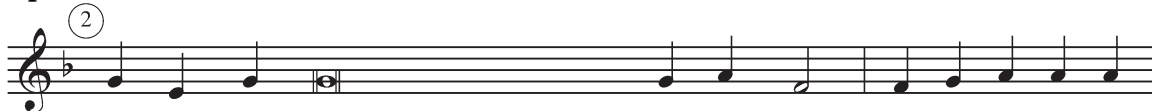


of slaves on the hand of their lords. Like the eyes of a servant on the hand of her mistress,



so our eyes are on the Lord our God till he show us his mer - cy.

Aposticheron:



Let us praise with one accord the apostles of the Lord; for, ar-rayed in the



ar - mor of the cross, they brought to noth - ing the e - rror of i - dol - at - ry,



and they appeared crowned with vic-t'ry. By their pray'rs and those of your serv - ants,



O God, have mer - cy on us.

Cantor:



Have mercy on us, Lord, have mercy. We are filled with contempt. Indeed all too



full is our soul with the scorn of the rich, with the proud man's dis-dain.

Aposticheron:



With your souls filled with unquench a - ble love, you en-dured the most ter - ri - ble



suf - fer - ings with - out ev - er de - ny - ing Christ; and you laid low the impudence



of the tor - tur - ers. You kept the faith un - wav - er - ing and unharmed, and have gone



to dwell in heav - en. There - fore, hav - ing the boldness to approach the Lord,



beg him to grant us his great mer - - - - cy.

Cantor (Tone 5):

Glo - ry to the Father, and to the Son, and to the Holy Spir-it, now and
ev - er and for - ev - er. A - - - men.

The musical notation is in G-flat major (one flat) and 4/4 time. It consists of two staves. The first staff contains the melody for the first line of text, ending with a double bar line. The second staff continues the melody for the second line of text, also ending with a double bar line.

Theotokion

We call you blessed, O Virgin The - o - to - kos; and we faith - ful give you
glo - ry as is right. You are an Un-shak - able City and In vin - ci - ble Wall,
a Firm In - ter - ces - sor and the Ref - uge of our souls.

The musical notation is in G-flat major (one flat) and 4/4 time. It consists of three staves. The first staff contains the melody for the first line of text, ending with a double bar line. The second staff continues the melody for the second line of text, ending with a double bar line. The third staff continues the melody for the third line of text, ending with a double bar line.

Continue with the Prayer of the Holy Prophet Simeon (p. 21).

Troparion & Theotokion

Troparion - Tone 8

The ho - ly A - the - no - ge - nes of - fered his ten dis - ci - ples like a sac - ri - fice
to the Lord. The shep - herd and his sheep en - tered the heav - en - ly fold.
By their work they van - quished the lies of the pa - gans. O Christ our God,
save your flock from the wolves by the pray'r of your mar - - tyrs.

The musical notation is in D major (two sharps) and 4/4 time. It consists of four staves. The first staff contains the melody for the first line of text, ending with a double bar line. The second staff continues the melody for the second line of text, ending with a double bar line. The third staff continues the melody for the third line of text, ending with a double bar line. The fourth staff continues the melody for the fourth line of text, ending with a double bar line.

Cantor (Tone 8):

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,
now and ev - er and for - ev - er. A - - - men.

The musical notation is in G major (one sharp) and 4/4 time. It consists of two staves. The first staff contains the melody for 'Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,'. The second staff contains the melody for 'now and ev - er and for - ev - er. A - - - men.'.

Theotokion

O pure The - o - to - kos, you are the gate of spir - it - ual life,
save from all dan - gers those who run to you with con - fi - dence
to glo - ri - fy your ho - ly birth giv - ing for the sal - va - tion of our souls.

The musical notation is in G major (one sharp) and 4/4 time. It consists of three staves. The first staff contains the melody for 'O pure The - o - to - kos, you are the gate of spir - it - ual life,'. The second staff contains the melody for 'save from all dan - gers those who run to you with con - fi - dence'. The third staff contains the melody for 'to glo - ri - fy your ho - ly birth giv - ing for the sal - va - tion of our souls.'.

Continue with the Litany of Daily Vespers (p.23) and then the Dismissal (p. 24).

¹Format 1: Ordinary Saint on a Weekday