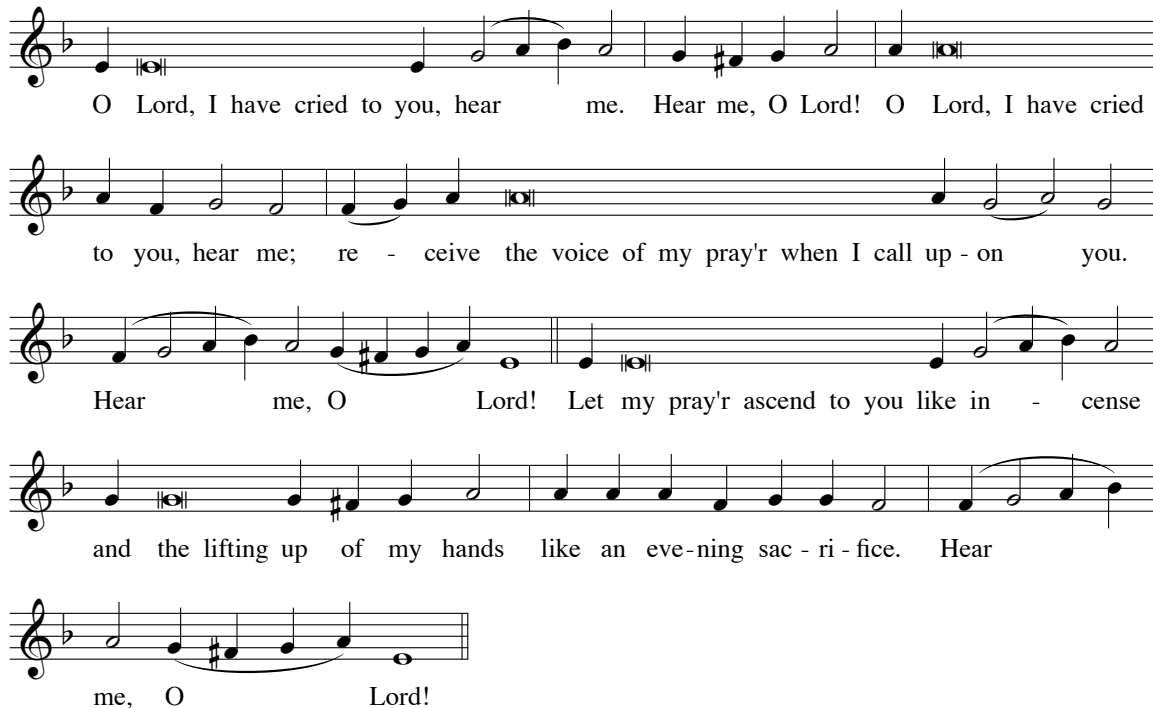


VESPERS PROPERS FOR JULY 9TH, 2020

from the Menaion

¹The holy martyr Pancratius, bishop of Taormina in Sicily, who, it is believed, was a follower of St. Peter the Apostle and the first to lead this Church. His holy relics are preserved in Rome. (1st century)

Psalm 140 (*Tone 4*)



O Lord, I have cried to you, hear me. Hear me, O Lord! O Lord, I have cried
to you, hear me; re - ceive the voice of my pray'r when I call up - on you.
Hear me, O Lord! Let my pray'r ascend to you like in - cense
and the lifting up of my hands like an eve-ning sac - ri - fice. Hear
me, O Lord!

Continue with Psalm 140: "O Lord, set a guard before my mouth..." (p.9).

Stichera at the Lamplighting Psalms

3 stichera in the tone of the week from the Octoechos:

Cantor - (Tone 4):



(on 6)
If you, O Lord, should mark our guilt, Lord, who would sur-vive? But with you is
found forgive - ness: for this we re - vere you.

(6) Sticheron

O glorious A-pos - tles who fought with the prudence that is might-y strength,
you formed a united front against the a-veng-er; and for - tified by the armor of
the Spir - it, you de - stroyed all the forces of the dev - - - il,
and stole away as spoils the souls of all. There fore, we hon - or you in
all e - ter - ni - ty.

The musical notation is written on a single staff in G major (one sharp) and 4/4 time. It consists of five lines of music. The first line contains the first two lines of text. The second line contains the next two lines. The third line contains the final line of text. The fourth line contains the final line of text. The fifth line contains the final line of text. The melody is simple and homophonic, with a clear cadence at the end of each line of text.

Cantor:

(on 5)

My soul is wait-ing for the Lord. I count on his word. My soul is long-ing for the Lord
more than watch - man for day - break.

The musical notation is written on a single staff in G major (one sharp) and 4/4 time. It consists of two lines of music. The first line contains the first line of text. The second line contains the second line of text. The melody is simple and homophonic, with a clear cadence at the end of each line of text.

(5) Sticheron

Spread ing out the net of faith in the form of the cross, the twelve apostles
caught all the na-tions and drew them towards knowledge of you, O Christ.

The musical notation is written on a single staff in G major (one sharp) and 4/4 time. It consists of two lines of music. The first line contains the first line of text. The second line contains the second line of text. The melody is simple and homophonic, with a clear cadence at the end of each line of text.

They dried the sea of the pas - sions, and by their sup - pli - ca - tions
are found most pleas - ing to you. I pray that you call me from the depths
of my trans gres - - - sions.

Cantor:

(on 4)

Let the watch - man count on day-break and Is - ra - el on the Lord.

(4) Sticheron

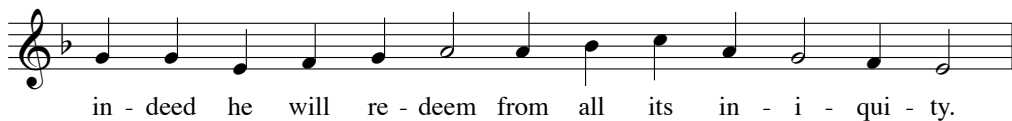
Let spiritual songs be sung to - day in praise of the twelve apostles, the E - lect
of God: Pe - ter and Paul, James, Luke, and John, Mat - thew, Thom - as and Mark,
Simon, Philip and An - drew, now glo - rified with wise and god ly Bar tho - lo - mew
and the rest of the sev - en - - ty a - pos - - - tles.

3 stichera for the holy martyr Pancratius from the Menaion:

Cantor – (Tone 2):

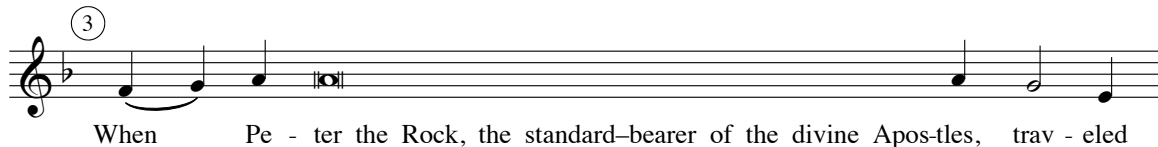
(on 3)

Be - cause with the Lord there is mercy and fullness of redemp - tion, Is - ra - el



in - deed he will re - deem from all its in - i - qui - ty.

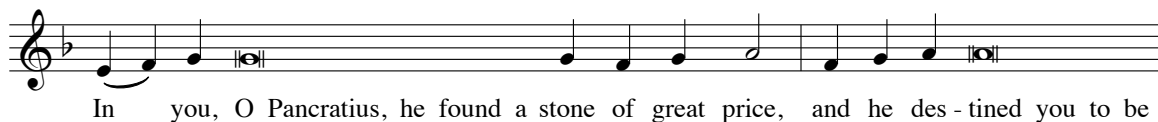
Sticheron



When Pe - ter the Rock, the standard-bearer of the divine Apos-tles, trav - eled



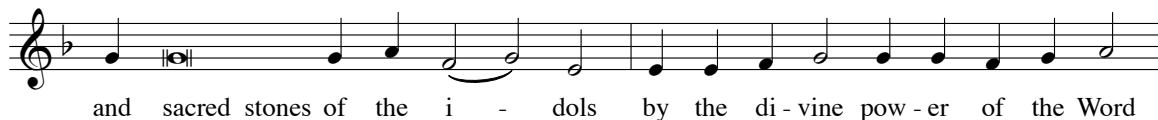
through-out the world, he made it firm on a sol - id foun-da - tion.



In you, O Pancratius, he found a stone of great price, and he des - tined you to be



the cornerstone of a church, O bless-ed one. You o - ver-threw the tem-ples



and sacred stones of the i - dols by the di - vine pow - er of the Word



who willed, in his good pleas-ure, to take flesh and make his dwell-ing



a - mong us.

Cantor:



Praise the Lord, all you na - tions; ac-claim him all you peo - ples!

Sticheron

(2)

Driv-ing off the dark spirits of evil by your word, O Pan-cra - tius, you made your
peo-ple spir-itual through the grace of the Ho-ly Spir - it. You plowed the fur-rows
of their hearts and made them grow as good wheat, which you pre-sent-ed
to the Master of the har - vest. You in - ter - cede for the faith - ful
who ac - claim you, O ho - ly mar - tyr.

Detailed description: This block contains the musical notation for a Sticheron, marked with a circled '2'. It consists of five staves of music in a single system. The notation is in treble clef with a key signature of one flat (B-flat). The melody is written on a five-line staff. The lyrics are written below the staff, aligned with the notes. The text is: "Driv-ing off the dark spirits of evil by your word, O Pan-cra - tius, you made your peo-ple spir-itual through the grace of the Ho-ly Spir - it. You plowed the fur-rows of their hearts and made them grow as good wheat, which you pre-sent-ed to the Master of the har - vest. You in - ter - cede for the faith - ful who ac - claim you, O ho - ly mar - tyr." The music features various note values including quarter, eighth, and half notes, with some notes beamed together. There are also rests and a double bar line at the end of the fifth staff.

Cantor:

(on 1)

Strong is the love of the Lord for us; he is faith-ful for - ev - er.

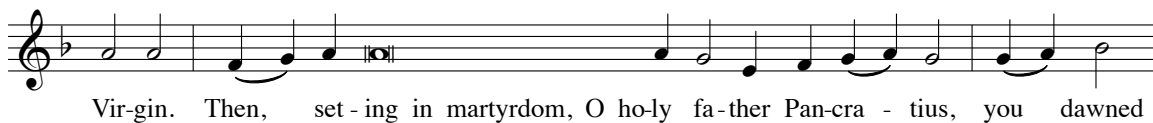
Detailed description: This block contains the musical notation for a Cantor, marked with "(on 1)". It consists of one staff of music in a single system. The notation is in treble clef with a key signature of one flat (B-flat). The melody is written on a five-line staff. The lyrics are written below the staff, aligned with the notes. The text is: "Strong is the love of the Lord for us; he is faith-ful for - ev - er." The music features various note values including quarter, eighth, and half notes, with some notes beamed together. There is a double bar line at the end of the staff.

Sticheron

(1)

You have changed the West into an East, filled with dawn-ing light, for you brought it,
as its sun, to the knowl-edge of God who in - ef - fa - bly dawned for us all from the

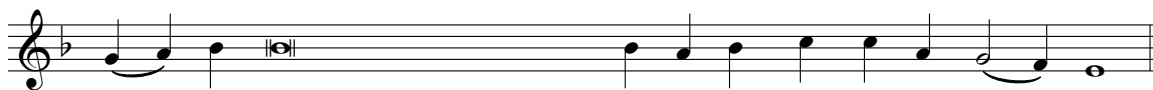
Detailed description: This block contains the musical notation for a Sticheron, marked with a circled '1'. It consists of two staves of music in a single system. The notation is in treble clef with a key signature of one flat (B-flat). The melody is written on a five-line staff. The lyrics are written below the staff, aligned with the notes. The text is: "You have changed the West into an East, filled with dawn-ing light, for you brought it, as its sun, to the knowl-edge of God who in - ef - fa - bly dawned for us all from the". The music features various note values including quarter, eighth, and half notes, with some notes beamed together. There is a double bar line at the end of the second staff.



Vir-gin. Then, set - ing in martyrdom, O ho-ly fa-ther Pan-cra - tius, you dawned

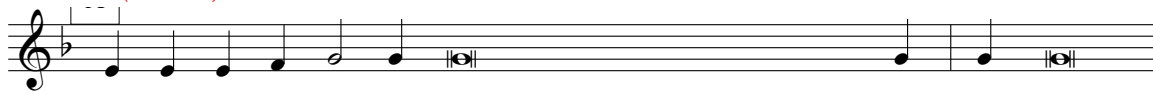


a - gain in the nev - er - set - ting Light. Now that mir - rors have passed a - way,



you gaze directly upon the desired beau-ty of the judge of all com - bats.

Cantor - (Tone 2):



Glo - ry to the Fa - ther, and to the Son, and to the Holy Spir-it, now and ever



and for - ev - er. A - men.

Theotokion

In your womb you, without confining Him, * bear God Who alone is infinite and Who became man in His goodness, * O all-holy Bride of God. * Therefore, I entreat you: rescue me from the passions which hem me in, * that, having trod the straight and narrow path, ** I may attain to that which leads to life, O Virgin.

Continue with "Wisdom..." and the Hymn of the Evening (p. 12)

The Prokeimenon is for the Day of the Week (pp. 13-15).

Aposticha


The aposticha are from the Octoechos:

(Tone 4)

Aposticheron:

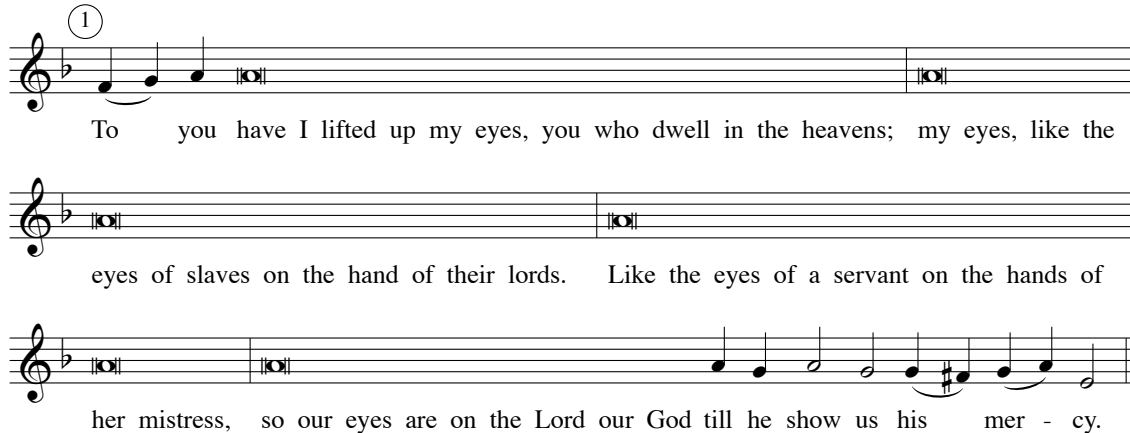


O Christ, you have en - light - ened the choir of the apostles with the



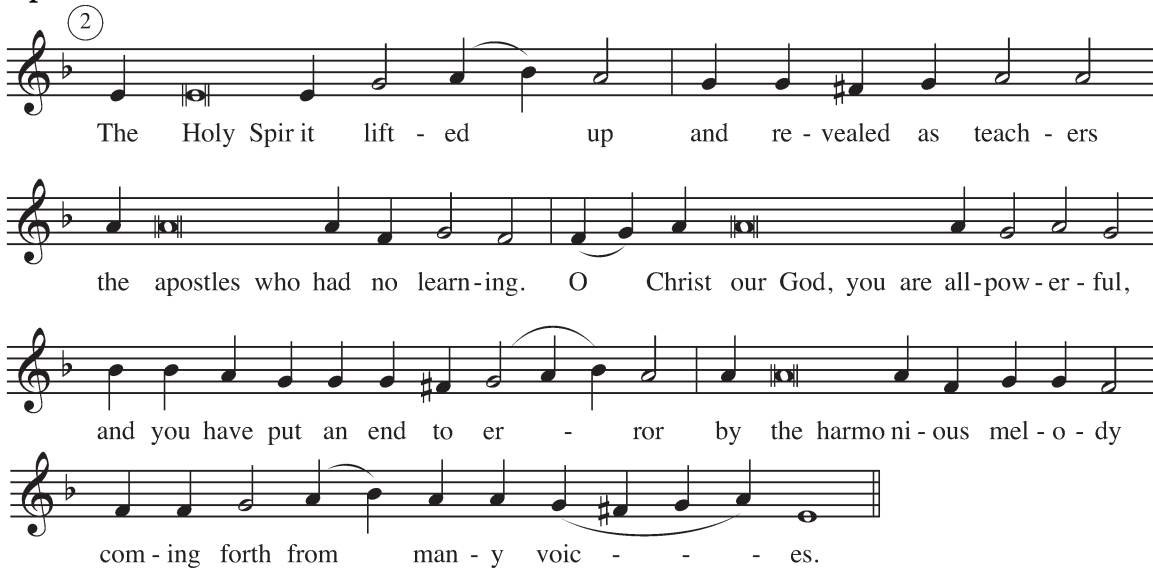
Ho - ly Spir - it. On their be - half, O God, wash a - way the filth of our sins,
and have mer - cy on us.

Cantor:



To you have I lifted up my eyes, you who dwell in the heavens; my eyes, like the
eyes of slaves on the hand of their lords. Like the eyes of a servant on the hands of
her mistress, so our eyes are on the Lord our God till he show us his mer - cy.

Aposticheron:

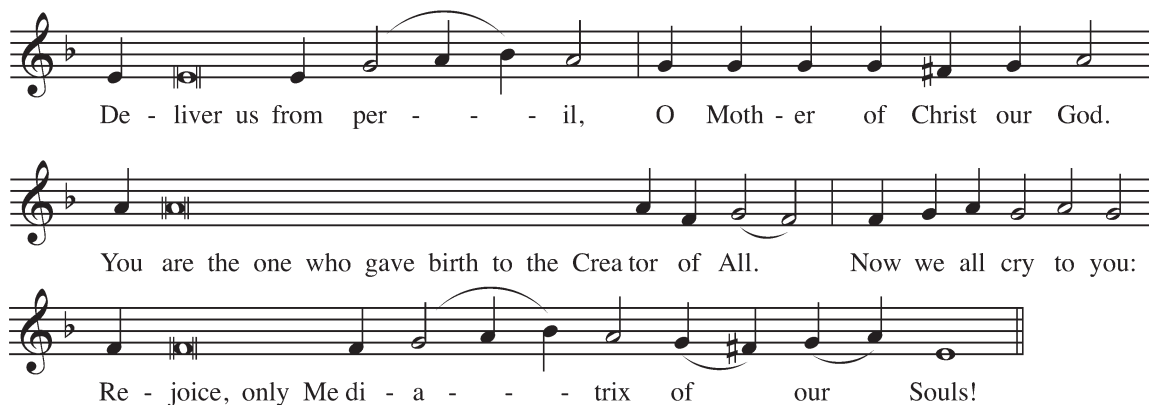


The Holy Spir it lift - ed up and re - vealed as teach - ers
the apostles who had no learn - ing. O Christ our God, you are all - pow - er - ful,
and you have put an end to er - ror by the harmo ni - ous mel - o - dy
com - ing forth from man - y voic - - - es.

Cantor:

(2)

Theotokion



De - liver us from per - - - il, O Moth - er of Christ our God.

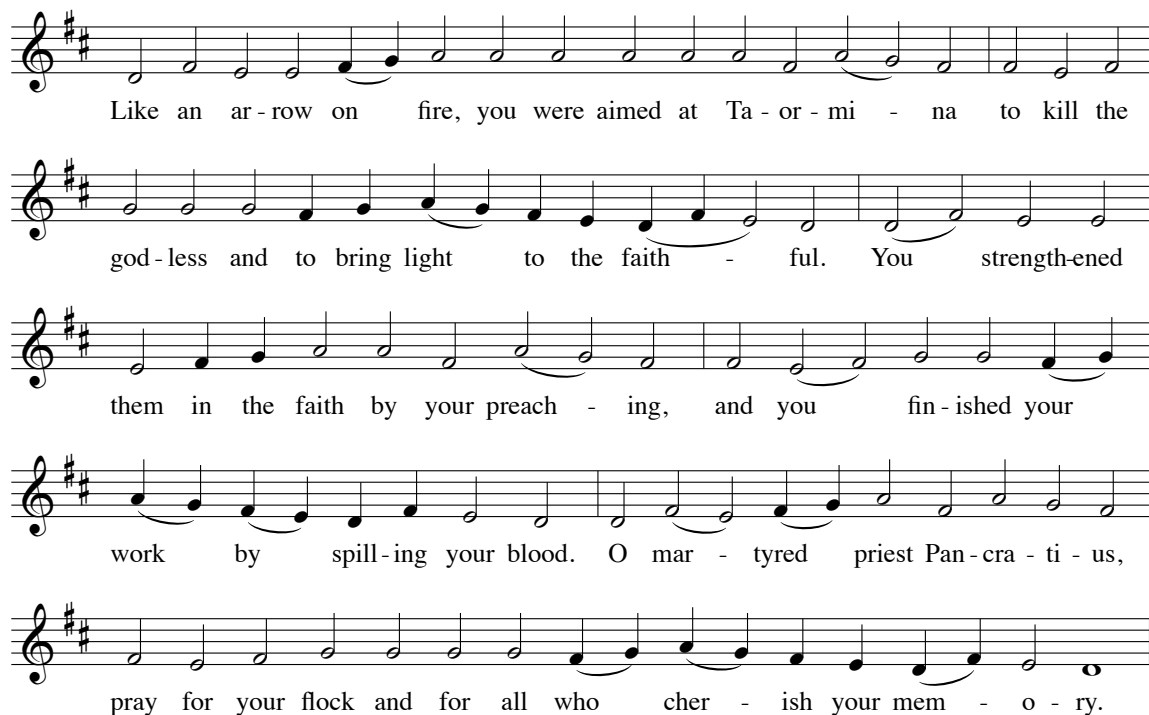
You are the one who gave birth to the Creator of All. Now we all cry to you:

Re - joice, only Me di - a - - - trix of our Souls!

Continue with the Prayer of the Holy Prophet Simeon (p. 21).

Troparion & Theotokion

Troparion - Tone 8



Like an ar - row on fire, you were aimed at Ta - or - mi - na to kill the

god - less and to bring light to the faith - ful. You strength - ened

them in the faith by your preach - ing, and you fin - ished your

work by spill - ing your blood. O mar - tired priest Pan - cra - ti - us,

pray for your flock and for all who cher - ish your mem - o - ry.

Cantor (Tone 8):

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,
now and ev - er and for - ev - er. A - - - men.

The musical notation is in G major (one sharp) and 4/4 time. It consists of two staves. The first staff contains the melody for "Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,". The second staff contains the melody for "now and ev - er and for - ev - er. A - - - men.".

Theotokion

O pure The - o - to - kos, you are the gate of spir - it - ual life,
save from all dan - gers those who run to you with con - fi - dence
to glo - ri - fy your ho - ly birth giv - ing for the sal - va - tion of our souls.

The musical notation is in G major (one sharp) and 4/4 time. It consists of three staves. The first staff contains the melody for "O pure The - o - to - kos, you are the gate of spir - it - ual life,". The second staff contains the melody for "save from all dan - gers those who run to you with con - fi - dence". The third staff contains the melody for "to glo - ri - fy your ho - ly birth giv - ing for the sal - va - tion of our souls.".

Continue with the Litany of Daily Vespers (p.23) and then the Dismissal (p. 24).

¹Format 1: Ordinary Saint on a Weekday