


THIRD HOUR PROPERs FOR JULY 5TH, 2020

FIFTH SUNDAY AFTER PENTECOST




1 Our venerable father Athanasius of Mt. Athos, hegumen, humble and peaceful, who founded a coenobitic way of living in the Great Laura. Despite many trials, he was father to many monks who followed his ascetic model. (1003)


Troparion of the Resurrection - Tone 4




The joy - ful mes - sage of the res - ur - rec - tion was heard by the women disci - ples



from the an - gel, and be - ing freed from the an - ces - tral curse, they boast - ed



to the a - pos - tles: Death is de - spoiled; Christ our God is ris - en,



giv - ing great mer - cy to the world.

Cantor (Tone 3):



Glo - ry to the Fa - ther, and to the Son,



and to the Ho - ly Spir - it.

Troparion - Tone 3



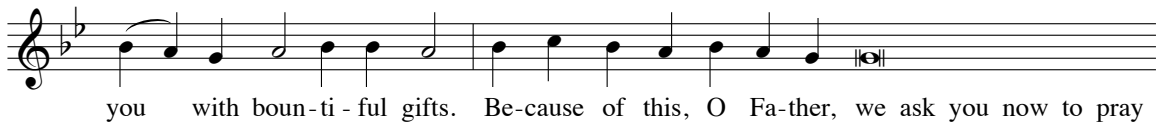
The an - gels in heav - en mar - velled at your life on earth, for you



oc - cu - pied your flesh as a spir - it from on high. You dis - armed



le - gions of de - mons, O glo - rious saint, and Christ re - ward - ed



you with boun - ti - ful gifts. Be - cause of this, O Fa - ther, we ask you now to pray



for the sal - va - tion of all.

Cantor (Tone 3):



Now and ev - er and for - ev - er. A - men.

Theotokion of Third Hour – Tone 3:



O The - o - to - kos, you are the true vine laden with the Fruit of Life;



where - fore, we im - plore you, O La - dy,



to in - ter - cede to - geth - er with the a - pos - tles and all the saints



that we may ob - tain mer - cy for our souls.

Third Hour continues with "May the Lord God be blessed..." on p. 9

Kontakion - Tone 8



Your flock in - vokes you as a man of spe-cial sight and a zeal-ous preacher of God,



O in - spired saint. Do not cease pray - ing for your serv - ants



that they may be delivered from at - tacks and as - saults. We cry to you:



Re - joice, O father A - tha - na - si - us.

Third Hour continues with "Lord, have mercy..." (40 times) on p. 11

¹Format 17: Sunday and a Polyeleos Saint