

Matins Propers

Fifth Sunday after Pentecost

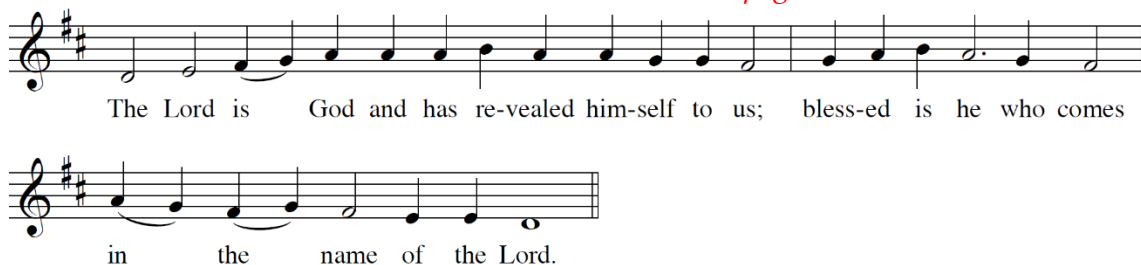
in the Fourth Tone with the Fifth Resurrection Gospel

Hexapsalmos

*The reader chants only **Psalm 102** on page 5 followed by “Glory...” on page 6.*

Matins then continues with the Litany of Peace on page 7.

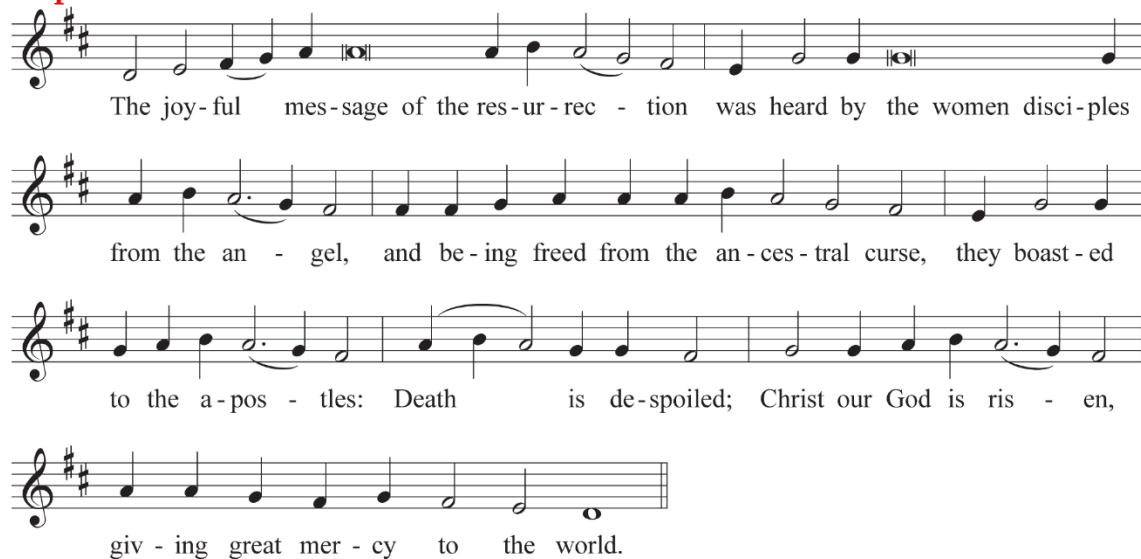
The Lord is God – Tone 4 (page 9)



The Lord is God and has re-vealed him-self to us; bless-ed is he who comes
in the name of the Lord.

Troparia (page 9)

Troparion of the Resurrection – Tone 4



The joy-ful mes-sage of the res-ur-rec - tion was heard by the women disci-ples
from the an - gel, and be-ing freed from the an-ces-tral curse, they boast-ed
to the a-pos - tles: Death is de-spoiled; Christ our God is ris - en,
giv - ing great mer - cy to the world.

The repetition of this troparion is omitted.

Cantor (*Tone 4*):

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,
now and ev - er and for - ev - er. A - men.

The musical notation is in G major (one sharp) and 4/4 time. It consists of two staves. The first staff contains the melody for the first line of text, and the second staff contains the melody for the second line. The melody is a simple, hymn-like tune with a range of one octave.

Festive Theotokion – Tone 4

The mys - ter - y hid - den from all a - ges and un - known to the an - gels
has been made known to those on earth through you, O The - o - to - kos.
God has taken flesh in a union with - out con - fu - sion, and will - ing - ly ac - cept - ed
the Cross for us; where by he raised the first - formed Ad - am and saved
our souls from death.

The musical notation is in G major (one sharp) and 4/4 time. It consists of five staves. The first staff contains the melody for the first line of text, the second staff for the second line, the third staff for the third line, the fourth staff for the fourth line, and the fifth staff for the fifth line. The melody is a simple, hymn-like tune with a range of one octave.

Kathismata (*page 10*)

People: Lord, have mercy (*three times*)
Glory to the Father and to the Son and to the Holy Spirit

Reader: Now and ever and forever. Amen.

The 2nd stasis of the 3rd Kathisma:

Psalms 18

The heavens declare the glory of God, and the firmament proclaims his handiwork. Day unto day pours out the word and night unto night imparts knowledge. No speech, no word, no voice is heard yet through all the earth their voice resounds; their message reaches to the ends of the world.

There he has placed a tent for the sun; it comes forth like a bridegroom coming from his tent, rejoices like a champion to run its course. At the end of the sky is the rising of the sun; to the furthest end of the sky is its course. There is nothing concealed from its burning heat. The law of the Lord is perfect, it revives the soul. The rule of the Lord is to be trusted; it gives wisdom to the simple. The precepts of the Lord are right, they gladden the heart. The command of the Lord is clear, it gives light to the eyes. The fear of the Lord is holy, abiding forever. The decrees of the Lord are truth and all of them just. They are more to be desired than gold, than the purest of gold and sweeter are they than honey, than honey from the comb. So in them your servant finds instruction; great reward is in their keeping. But who can detect all his errors? From hidden faults acquit me. From presumption restrain your servant and let it not rule me. Then shall I be blameless, clean from grave sin. May the spoken words of my mouth, the thoughts of my heart, win favor in your sight, O Lord, my rescuer, my rock!

Psalm 19

May the Lord hear you on the day of distress; may the name of Jacob's God protect you. May he send you help from his shrine and give you support from Zion. May he remember all your offerings and receive your sacrifice with favor. May he give you your heart's desire and fulfill every one of your plans. May we ring out our joy at your victory and rejoice in the name of our God. (May the Lord grant all your prayers.) I am sure now that the Lord will give victory to his anointed, will reply from his holy heaven with the mighty victory of his hand. Some trust in chariots or horses, but we in the name of the Lord. They will collapse and fall, but we shall hold and stand firm. O Lord, save the king, and hear us when we call upon you.

Psalm 20

Lord, your strength gladdens the king; he rejoices greatly in your salvation. You have granted him his heart's desire; you have not refused the prayer of his lips. You came to meet him with the blessings of success, you have set on his head a crown of precious stones. He asked you for life and this you have given, days that will last from age to age. Your saving help has given him glory. You have laid upon him majesty and splendor; you have granted your blessings to him forever. You have made him rejoice with the joy of your presence. The king has put his trust in the Lord: through the mercy of the Most High he shall stand firm. His hand will seek and find all his foes, his right hand finds out those that hate him. You will burn them like a blazing furnace on the day when you appear. And the Lord will destroy them in his anger; fire will swallow them up. You will wipe out their race from the earth and their children from the sons of men. Though they plan evil against you, though they plot, they shall not prevail. For you will force them to retreat; at them you will aim with your bow. Be exalted, O Lord, in your strength; we will sing and praise your mighty deeds.

Reader: Glory to the Father and to the Son and to the Holy Spirit

People: Now and ever and forever. Amen.

Alleluia, alleluia, alleluia! Glory to you, O God! *(three times)*

Matins continues with the Small Litany on page 10.

Sessional Hymn (*page 11*)
The 2nd Hymn of the 2nd set of Sessional Hymns (podoben: Udivisja Josif):

Matins continues with Psalm 118 (p. 17).

Tone 4

4

Stepenna (page 21)

The 2nd Antiphon of the Stepenna in Tone 4:

To you, O Lord, have I cried fer-vent-ly from the depths of my soul.

Let your di-vine ears lis-ten to me. All those who have

put their trust in the Lord shall tran-scend all sor-rows.

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it;

now and ev-er and for-ev-er. A-men.

The Ho-ly Spir-it now o-ver-flows with riv-ers of grace

and wa-ters all of cre-a-tion with re-fresh-ing life.

Matins continues with the Prokeimenon ("Let us be attentive..." page 22).

Prokeimenon (page 22)

Psalm 43: 27, 1

Stand up and come to our help! Re-deem us

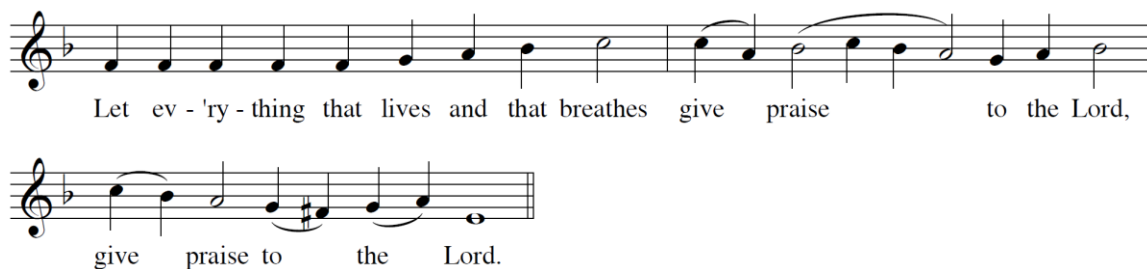
be-cause of your love!

Deacon: We heard with our own ears, O God;
our fathers have told us the story of the things you did in days long ago

Matins continues with the Preparation for the Gospel ("Let us pray..." page 22).

Let everything that lives... (page 22)

Tone 4



The Preparation for the Gospel continues with "That we may be deemed..." on page 23.

The Fifth Resurrection Gospel is read (Luke 24:12-35).

The Hymn of the Resurrection is sung (p. 24) and then Psalm 50 (p. 26).

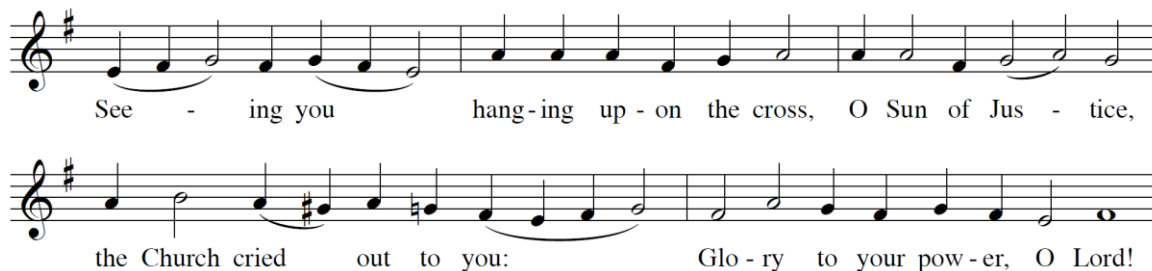
The usual stichera at Psalm 50 (p. 28) are sung.

The Canon (page 32)

Tone 4

Ode 4
Irmos

Odes 1-3 are omitted and the Canon continues with Ode 4.

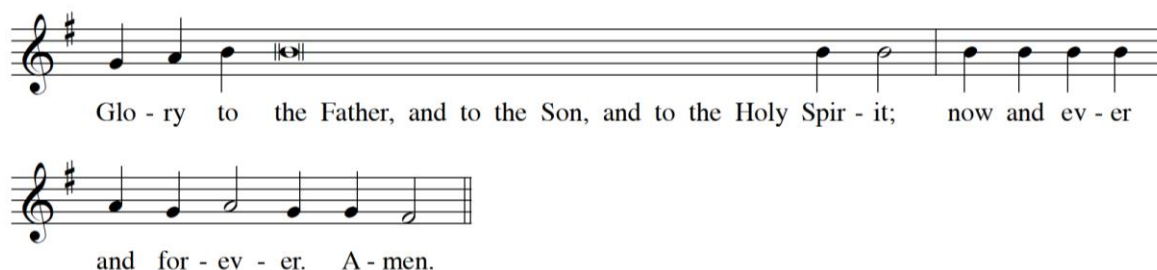


Refrain



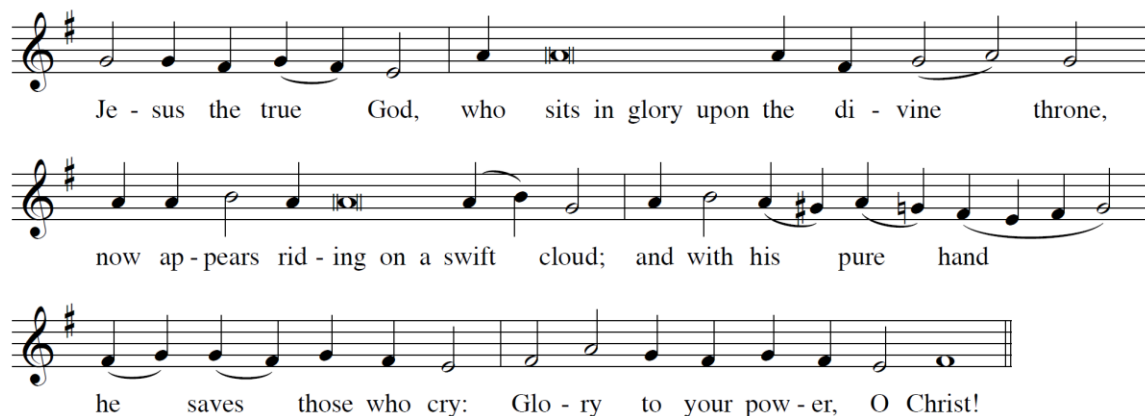
You ascended the cross to heal our wounds by the passion you underwent in your immaculate flesh; therefore, we cry out to you: Glory to your power, O Lord! *Refrain*

When death tasted your life-giving and sinless body, O Lord, it was itself put to death, as is fitting; therefore, we cry out to you: Glory to your power, O Lord!



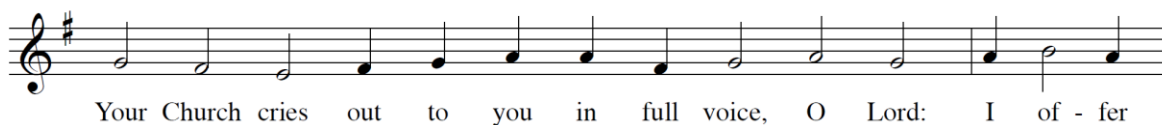
You conceived without a spouse, O Virgin, and you remained a Virgin even after giving birth; therefore, with an unshakable faith we never cease to sing to you: Rejoice, O Lady!

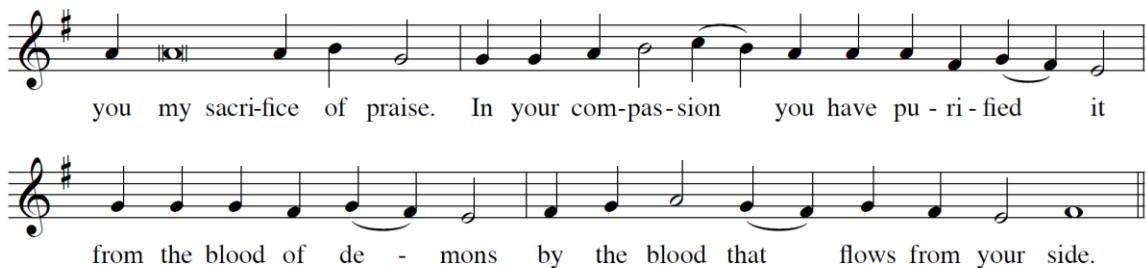
Katavasia 4 of the Theotokos



Ode 5 is omitted and the Canon continues with Ode 6.

Ode 6 Irmos



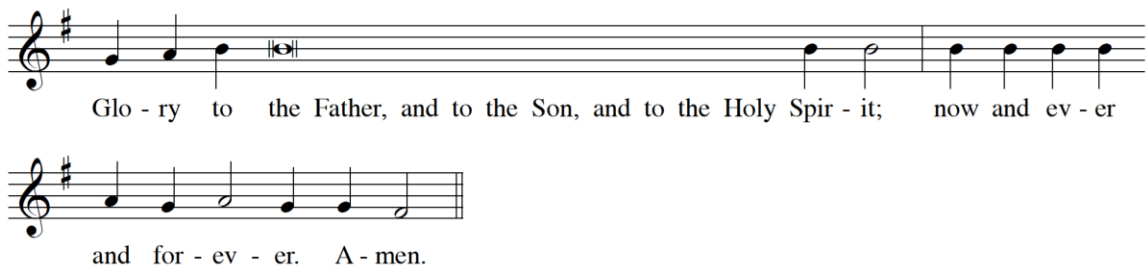


Refrain



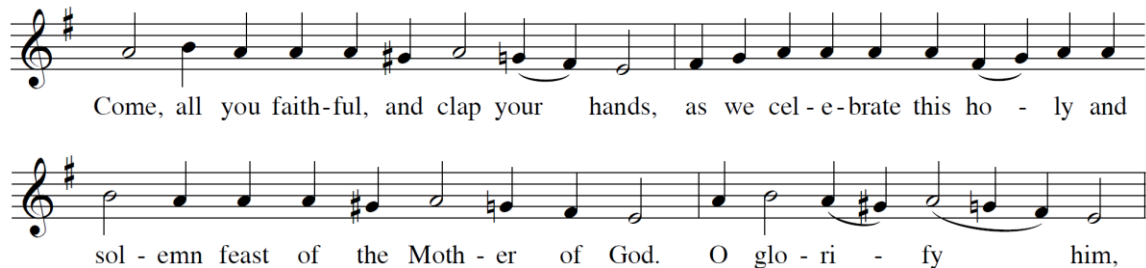
Girded with power, you have ascended the cross; in your struggle against the Tyrant, you have thrown him down from the heights; and with your invincible hand, you have raised us with you. *Refrain*

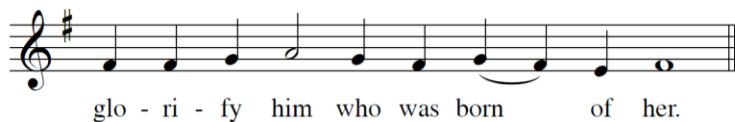
You are risen from the tomb, O Christ, dazzling with beauty: By your divine lordship, you have scattered all your enemies; O God, you have filled the whole world with joy.



O wonder surpassing all the wonders of old! Without the aid of a man, a virgin conceives in the narrowness of her womb the One who holds the whole world in his hand.

Katavasia 6 of the Theotokos

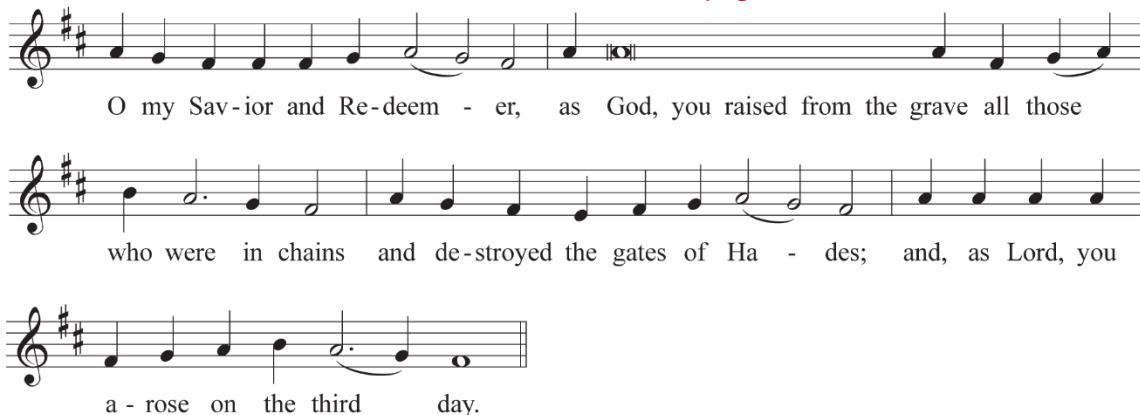




Matins continues with the Small Litany on page 33.

Kontakion & Ikos (page 34)

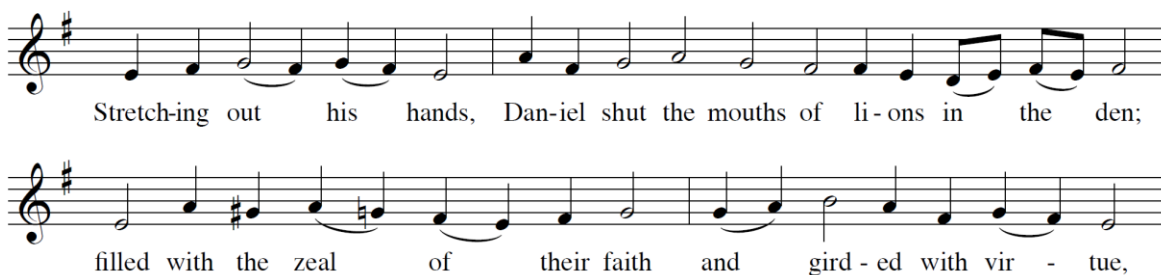
Tone 4

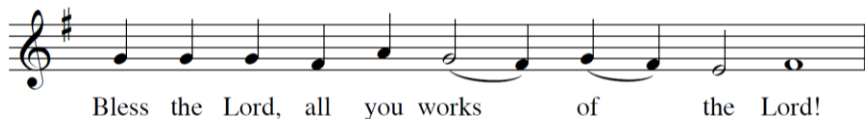
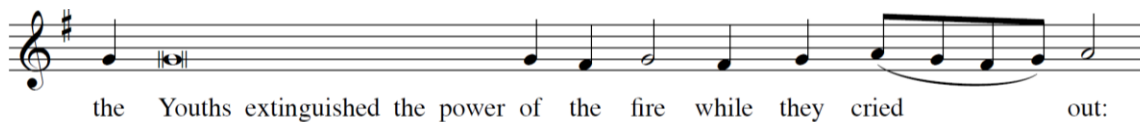


Ikos: Risen from the dead, Christ the Giver of life comes forth from the tomb on the third day; today he has shattered the gates of death. By his own power he has put Hades to death, he has broken the sting of death, and has set Adam and Eve free. Let us sing to him, all you people, and in thanksgiving let us offer him unceasing praise; for he alone is the almighty God and the Master who is risen on the third day.

Ode 7 is omitted & the Canon continues with Ode 8.

Ode 8 Irmos



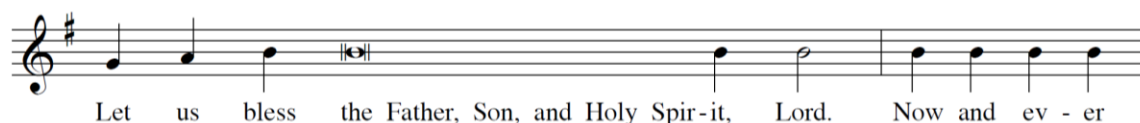


Refrain



You stretched out your hands on the cross, O Lord, to gather all the nations into one Church which now sings to you in heaven and on earth with a single voice: Bless the Lord, all you works of the Lord! *Refrain*

Clothed in a white garment, the angel appeared to the women, and in the inaccessible brightness of the Resurrection cried out: Why do you seek the living One in the tomb as though dead? Christ is truly risen, and for him we sing: All his works, bless the Lord!



Among all generations you alone have become the Theotokos, O pure Virgin. You have become the dwelling-place of the divinity, and you were not consumed by the fire of his brightness. Therefore, from age to age we bless you, O Mary, the spouse of God.

Tone 4





Katavasia 8 of the Theotokos

Tone 4

The three youths in the fur - nace were saved by the Offspring of the

The - o - to - kos. He who was fore-told has been born on earth,

and he joins to - geth - er all cre - a - tion to sing: All you works

of the Lord, bless the Lord, and praise him a - bove all for - ev - er.

Matins continues with "Let us greatly extol..." & the Cantic of the Theotokos on p. 34.

Ode 9

Irmos

Christ, the cor - ner-stone not hewn by hu - man hands, was hewn of you,

O Virgin and un-touched moun-tain; It is he who rejoins our separ-a - ted na - tures.

There-fore, filled with joy, we ex - tol you, O The - o - to - kos.

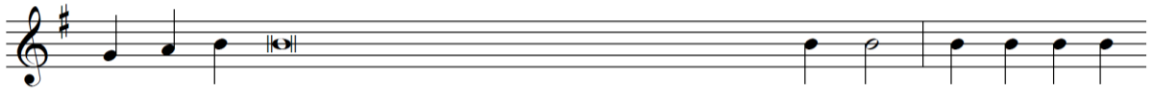
Refrain



Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

You have taken on my entire being in a union without confusion, and to my entire being you have granted salvation by the passion which you suffered on the cross in your own body, O God of compassion. *Refrain*

Seeing the tomb open and the cloth which wrapped your divine body now abandoned in your Resurrection, your disciples cried out together with the angels: The Lord is truly risen!



Glo - ry to the Father, and to the Son, and to the Holy Spir - it; now and ev - er



and for - ev - er. A - men.

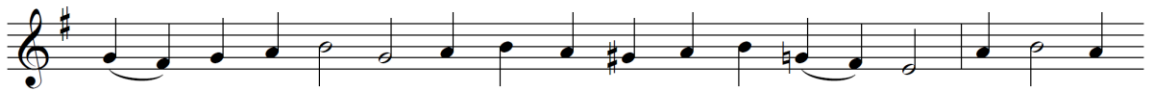
O faithful, we adore the Unity of the divine essence and the Trinity of persons, without confusion, equal in power, and worthy of the same honor, our God whom we extol in faith.

Katavasia 9 of the Theotokos

Tone 4



May ev - 'ry child of the earth ex - alt in spir - it



and hold a - loft the burn - ing lamp, and may the an - gels in heav - en



praise with joy the ho - ly feast of the Moth - er of God



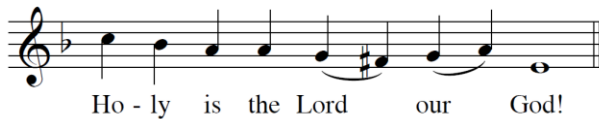
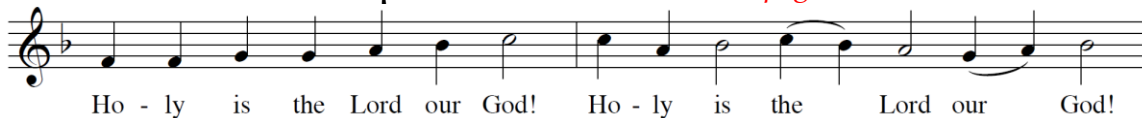
and sing: Re - joice, O The - o - to - kos,



Matins continues with the Small Litany on page 36.

Holy is the Lord our God (page 37)

Tone 4



Hymn of Light (page 37)

Christ our Way and our Life, after his resurrection from the dead, accompanied Luke and Cleopas, who had recognized him at Emmaus in the breaking of the bread. Their hearts and souls were inflamed as he spoke to them on the way, explaining to them all the Scriptures that pertained to him. Let us, therefore, shout with them, saying: Truly the Lord has risen and has appeared to Peter.

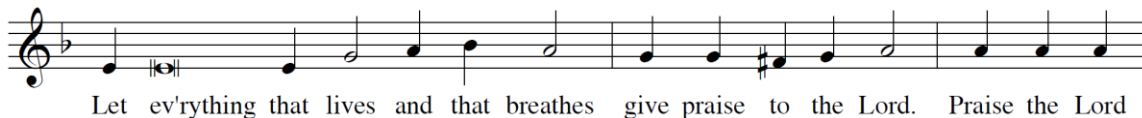
Glory... now and ever...

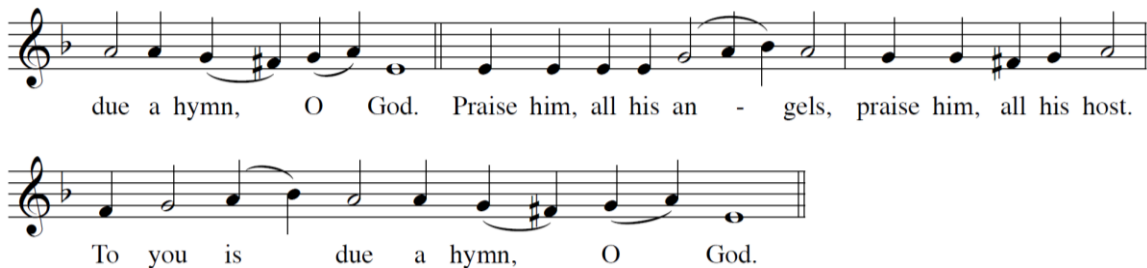
I praise your love without limit, O my Creator, for you emptied yourself to put on our broken nature to save us. O all-compassionate Lord, even though you are God, you consented for my sake to be born into our human condition and to descend into Hades to save us, through the intercession of your most pure Mother.

Matins continues with the Psalms of Praise.

Psalms of Praise (page 38)

Tone 4





The Psalms of Praise continue with "Praise him, sun and moon..." on page 38.

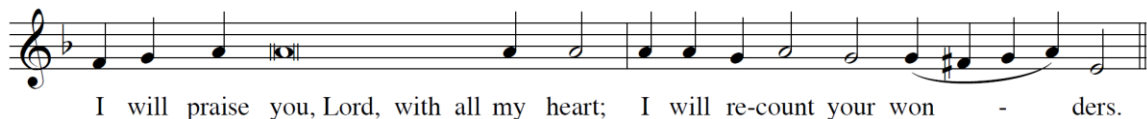
Stichera (page 40)

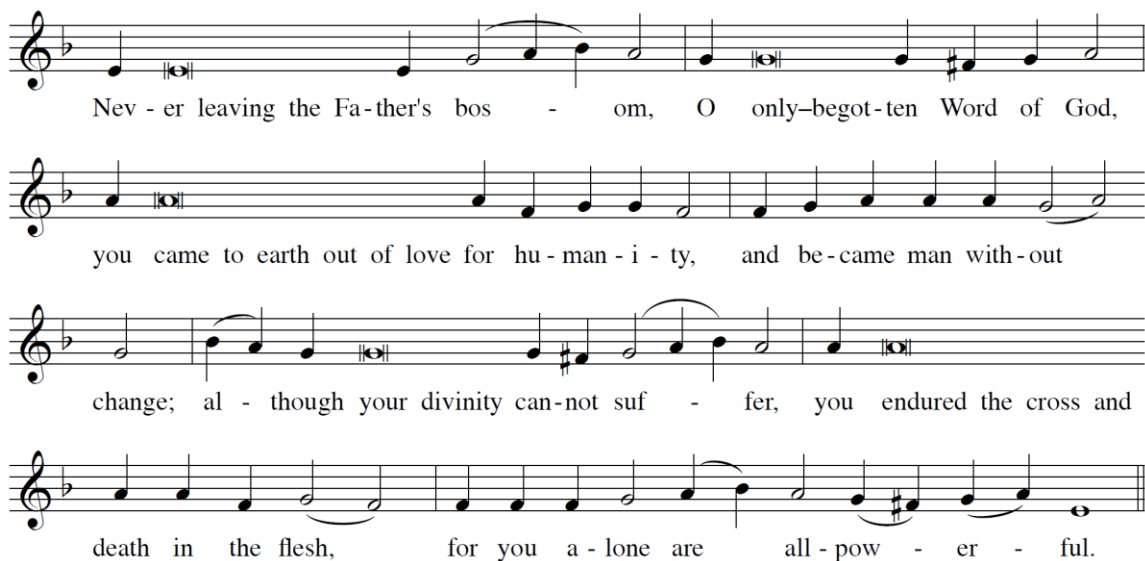
the 3rd & 4th stichera of the 8 Sunday stichera:

Cantor (Tone 4):



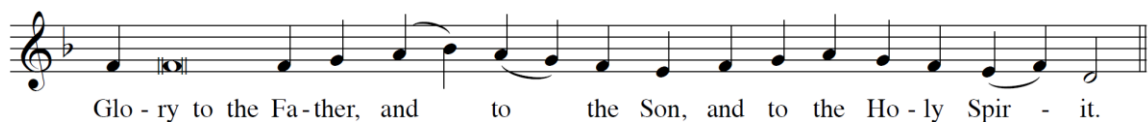
Cantor (Tone 4):





Nev - er leaving the Fa-ther's bos - om, O only-begot-ten Word of God,
 you came to earth out of love for hu-man-i-ty, and be-came man with-out
 change; al - though your divinity can-not suf - fer, you endured the cross and
 death in the flesh, for you a-lone are all-pow - er - ful.

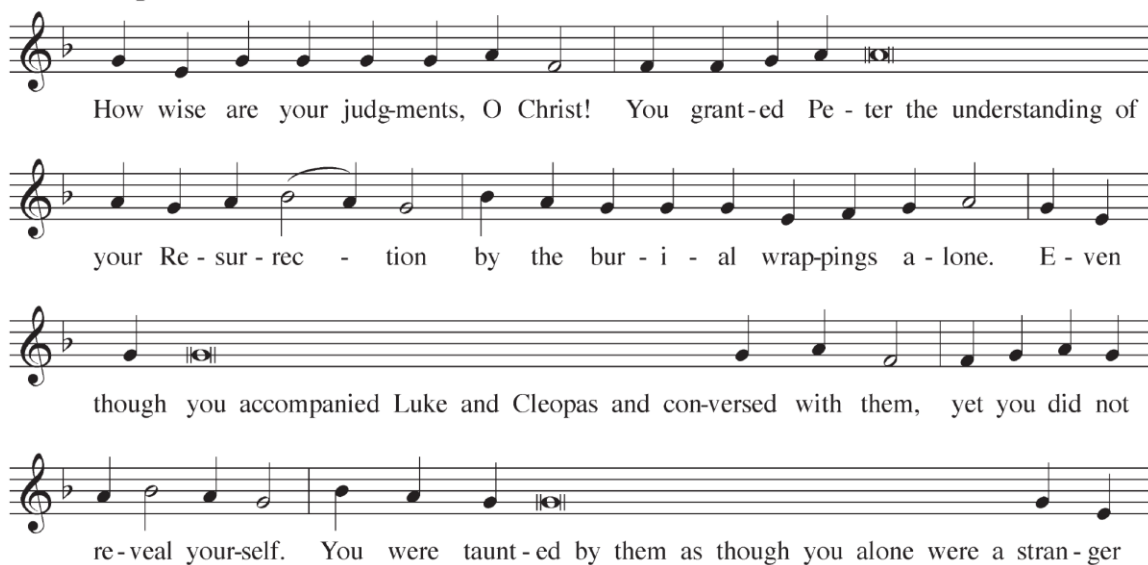
Cantor (*Tone 5*):



Glo - ry to the Fa-ther, and to the Son, and to the Ho - ly Spir - it.

Fifth Gospel Stanza

Tone 5



How wise are your judgments, O Christ! You grant-ed Pe - ter the understanding of
 your Re - sur - rec - tion by the bur - i - al wrap-pings a - lone. E - ven
 though you accompanied Luke and Cleopas and con-versed with them, yet you did not
 re-veal your-self. You were taunt-ed by them as though you alone were a stran-ger

in Je - ru - sa - lem, not know - ing what had recently hap - pened there. But since

you ordained all things for the good of each, you ex - plained to them what the

prophets had spo - ken con - cern - ing you. In the break - ing of the bread they

rec - og - nized you be - cause their hearts were already burning with the de - sire to

know you. When they came to - geth - er with the dis - ci - ples,

they pro - claimed openly your divine Re - sur - rec - tion by which we ask that

you have mer - cy on us.

Matins continues with "Now and ever..." & the Theotokion for normal Sundays on p. 41.