

THIRD HOUR PROPERSON DAYS OF ALLELUIA¹

Troparion of the Third Hour (*Tone 6*):

At the third hour, O Lord,
You sent your Holy Spirit to your apostles.
Do not take Him from us, O gracious One,
but rather, re-new Him within us as we pray to You.

(prostration)

verse: A pure heart create for me, O God,
put a steadfast spirit within me.

Repeat: "At the third hour, O Lord..." (prostration)

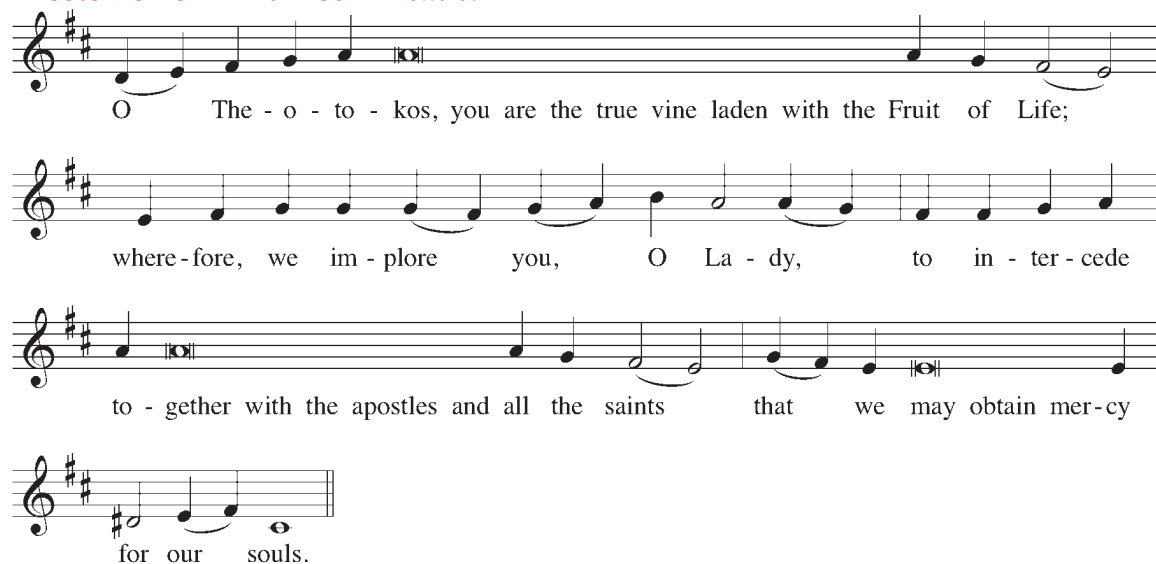
verse: Do not cast me away from your presence,
nor deprive me of your holy spirit.

Repeat: "At the third hour, O Lord..." (prostration)

Cantor (*Tone 6*):

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it,
now and ev-er and for-ev-er. A-men.

Theotokion of Third Hour – Tone 6:

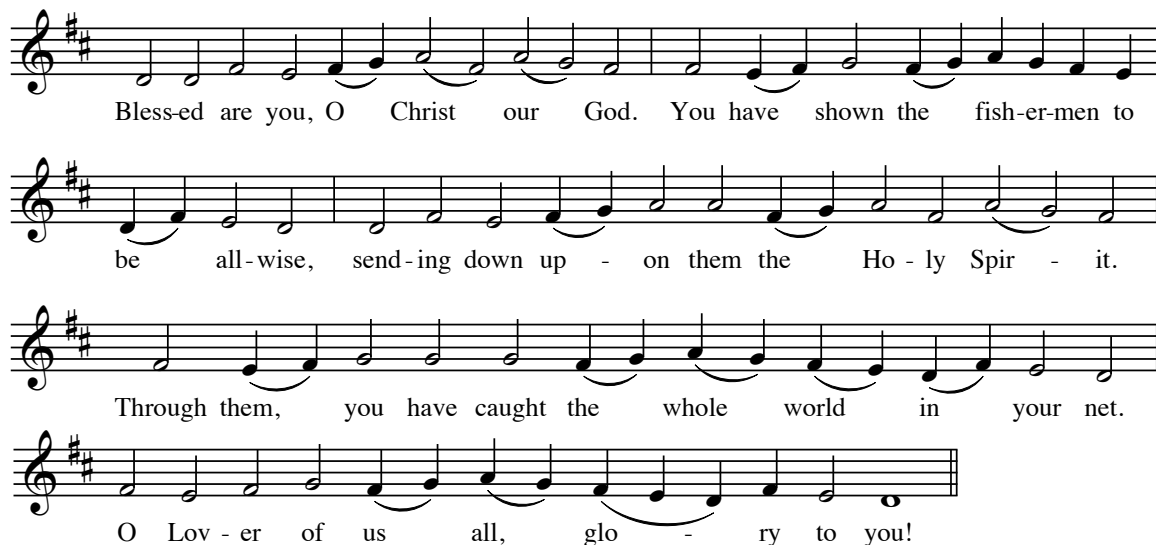


O The - o - to - kos, you are the true vine laden with the Fruit of Life;
where - fore, we im - plore you, O La - dy, to in - ter - cede
to - gether with the apostles and all the saints that we may obtain mer - cy
for our souls.

Third Hour continues with "May the Lord God be blessed..." on p. 9

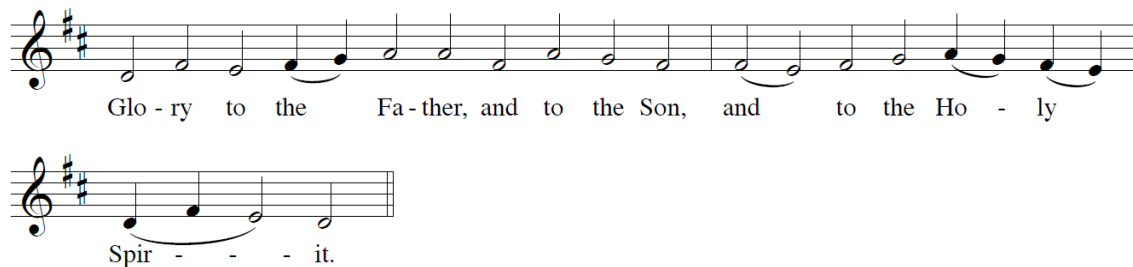
In place of the Kontakion (p. 11):

Troparion of Pentecost - Tone 8

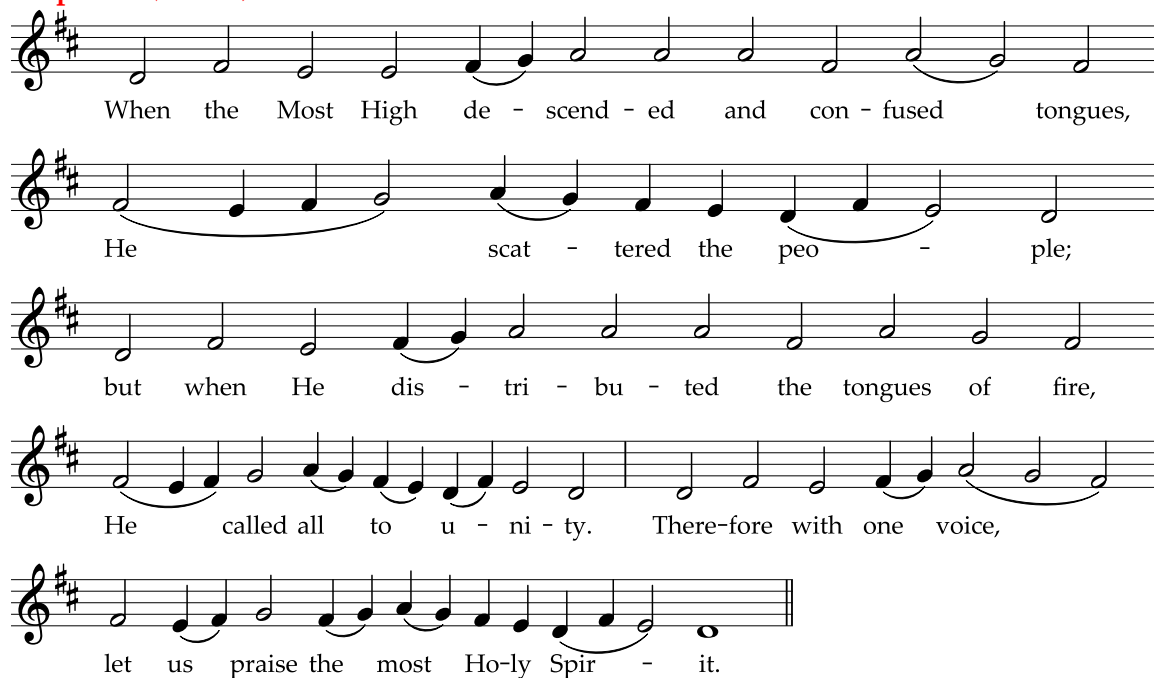


Bless-ed are you, O Christ our God. You have shown the fish-er-men to
be all-wise, send-ing down up - on them the Ho - ly Spir - it.
Through them, you have caught the whole world in your net.
O Lov - er of us all, glo - ry to you!

Cantor (Tone 8):



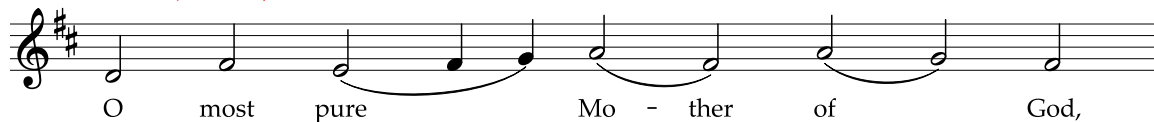
Troparion (Tone 8):

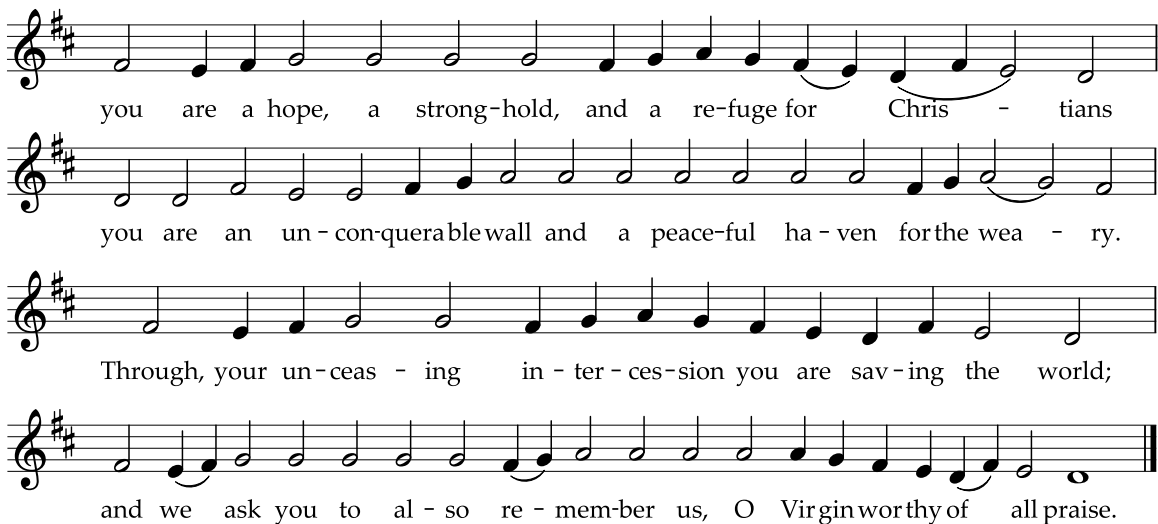


Cantor (Tone 8):



Theotokion (Tone 8):





Third Hour continues with "Lord, have mercy..." (40 times) on p. 11

Prayer of Saint Ephrem

Lord and Master of my life,
spare me from the spirit of indifference, despair,
lust for power, and idle chatter. (*Prostration*)

Instead, bestow on me, your servant,
the spirit of integrity, humility,
patience, and love. (*Prostration*)

Yes, O Lord and King,
let me see my own sins
and not judge my brothers and sisters;
for you are blessed forever and ever. Amen. (*Prostration*)

Then, with a simple bow, the following is repeated four times:

O God, be merciful to me, a sinner.

O God, cleanse me of my sins and have mercy on me.

O Lord, forgive me, for I have sinned without number.

Once more, the Prayer of St. Ephrem is recited, without the usual prostrations. One prostration is made at the conclusion of the prayer.

Trisagion Prayers

Holy God, Holy and Mighty, Holy and Immortal,
have mercy on us. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. Amen.

Most Holy Trinity, have mercy on us;
Lord, cleanse us of our sins;
Master, forgive our transgressions;
Holy One, come to us and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. Amen.

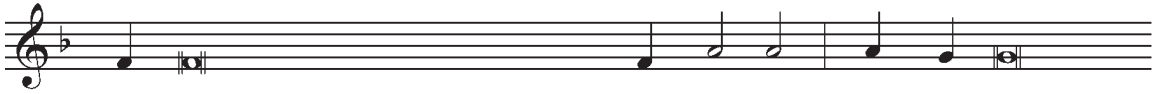
Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Priest: For thine is the kingdom and
the power and glory,
Father, Son, and Holy Spirit,
now and ever and forever.

Response: Amen.

Leader: Through the prayers
of our holy father, O
Lord Jesus Christ, our
God, have mercy on
us.

Response: Amen.



Lord, have mercy. Lord, have mercy. Lord, have mer - cy. Lord, have mercy. Lord,



have mercy. Lord, have mer - cy.

(Twice)

Third Hour continues with the priest praying, "Master and God: Almighty Father..." on p. 14,

¹ Day of Alleluia in a Minor Fast; Third Hour is celebrated as in the Great Fast