

VESPERS PROPERs FOR JUNE 4TH, 2020

from the Menaion

¹Pentecost Thursday

Our holy father Metrophanes, patriarch of Constantinople, who consecrated the New Rome to the Lord. He had borne witness to the faith in the persecution of the emperor Diocletian. (325)

The holy myrrh-bearers, Martha and Mary, who received the Lord Jesus into their home in Bethany near Jerusalem and were His friends. When their brother Lazarus had died, Martha confessed, "You are Christ, the Son of God who has come into the world."

Psalm 140 (*Tone 1*)

O Lord, I have cried to you, hear me. Hear me, O Lord! O

Lord, I have cried to you, hear me; re - ceive the voice of my pray'r when I

call up - on you. Hear me O Lord.

Let my pray'r as - cend to you like in - cense and the lift - ing up of my hands

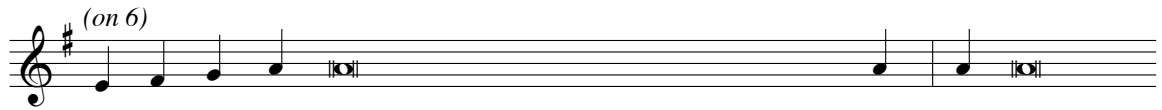
like an eve - ning sac - ri - fice. Hear me O Lord!

Continue with Psalm 140: "O Lord, set a guard before my mouth..." (p.9).

Stichera at the Lamplighting Psalms

3 stichera from the Pentecostarion:

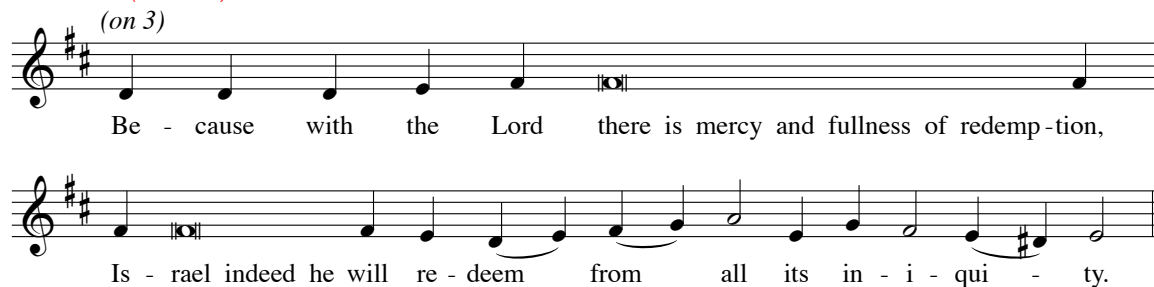
Cantor - (Tone 1):



3 stichera for our holy father Metrophanes from the Menaion:

Cantor – (Tone 6):

(on 3)



Be - cause with the Lord there is mercy and fullness of redemp-tion,
Is - rael indeed he will re - deem from all its in - i - qui - ty.

(3) Sticheron

You have been revealed as a holy God-bearer, * having received divine anointing in the Holy Spirit, * and without interruption * you had access to the holy of holies, * shining with divine splendor, * by grace initiated as a priest to the mysteries of salvation. * You are truly an illustrious bishop, ** intercede with confidence for our souls.

Cantor:

(on 2)



Praise the Lord, all you na-tions, ac-claim him all you peo - ples!

(2) Sticheron

Blessed Metrophanes, your life has shown from the brilliance of virtues. * They have dissipated the darkness of error. * You were truly a bright sun, O holy bishop, * and now you dwell where the light without evening shines, * having become a son of the day by the grace of the Spirit. * Now we celebrate your holy and splendid memory, O Metrophanes, ** and we glorify you with our whole hearts.

Cantor:

(on 1)



Strong is the love of the Lord for us; he is faith-ful for-ev - er.

(1) Sticheron

Your spirit drew its beauty from faith and love of God, * and brightly deified, * it has brought the state of incorruptibility into a mortal and corruptible body, * to the point of acquiring the glory of the bodiless angels, a bright star, * henceforth no longer subject to the passions. * O Father and Bishop Metrophanes, ** we declare you blessed, as you intercede for our souls.

Cantor - (Tone 2):

Glo - ry to the Fa - ther, and to the Son, and to the Holy Spir-it, now and ever
and for - ev - er. A - men.

The musical notation is written on a single staff in a treble clef with a key signature of one flat (B-flat). It begins with a repeat sign and a fermata over the first measure. The melody is composed of eighth and quarter notes, with some measures containing beamed eighth notes. The piece concludes with a double bar line and a fermata.

Doxastikon

We your faith - ful peo - ple, O Lord, pros - trate our souls and bod - ies
be - fore you. We sing a hymn of praise to you, the e - ter - nal Fa - ther;
and to your Son, e - qual to you in e - ter - ni - ty; and to your
all - ho - ly Spirit, co - e - ter - nal with you, the En - light - ener and Sanctifi - er of
our souls.

The musical notation is written on a single staff in a treble clef with a key signature of one flat (B-flat). It begins with a repeat sign and a fermata over the first measure. The melody is composed of eighth and quarter notes, with some measures containing beamed eighth notes. The piece concludes with a double bar line and a fermata.

Continue with "Wisdom..." and the Hymn of the Evening (p. 12)

The Prokeimenon is for the Day of the Week (pp. 13-15).

Aposticha

The aposticha are from the Pentecostarion:

(Tone 4)

Aposticheron:

O Holy Spirit, with the Father and the Word, * You are equal in power, majesty, and dominion. * Co-creating, ever-existing, all-good, and ruling all things, * You have filled

the disciples of the Word with wisdom. * In a multitude of languages * they proclaim God's mighty works to the nations, ** together with the teachings of the Trinity.

Cantor: A pure heart create for me, O God; put a steadfast spirit within me.

Aposticheron:

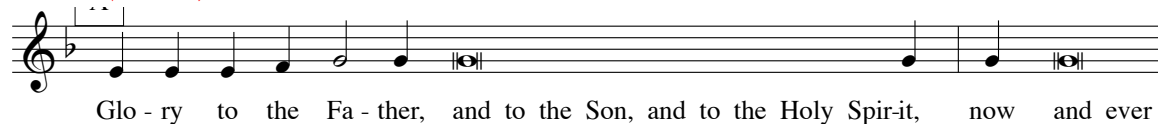
The assembly of nations was made fruitful in the Spirit, * but the unbelievers were darkened by the drunkenness of ignorance. * When they witnessed the miracle of tongues, * they said that your disciples were drunk. * They were deceived by a worse drunkenness, * while we, who have received the saving knowledge of You through your elect, ** proclaim your wonders, O our God.

Cantor: Do not cast me away from your presence, nor deprive me of your Holy Spirit.

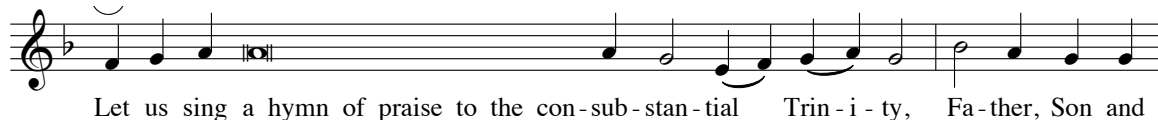
Aposticheron:

The eternal fountain, forever flowing, * the river streaming with the living waters of unutterable goodness, * dividing, as is his nature, into channels of grace, * has watered my soul. * He will deliver me from the flaming furnace of passions, * from fearful temptations, ** and from the fires of damnation.

Cantor (Tone 2):



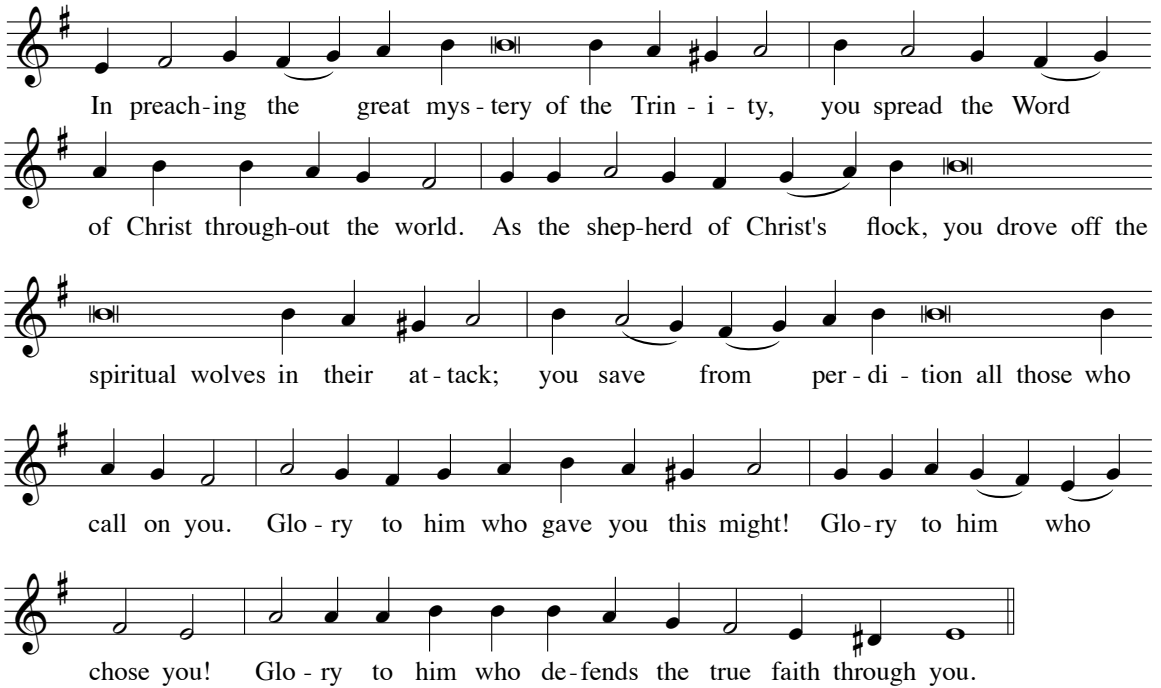
Doxastikon



Continue with the Prayer of the Holy Prophet Simeon (p. 21).

Troparia

Troparion of our holy father Metrophanes - *Tone 1*



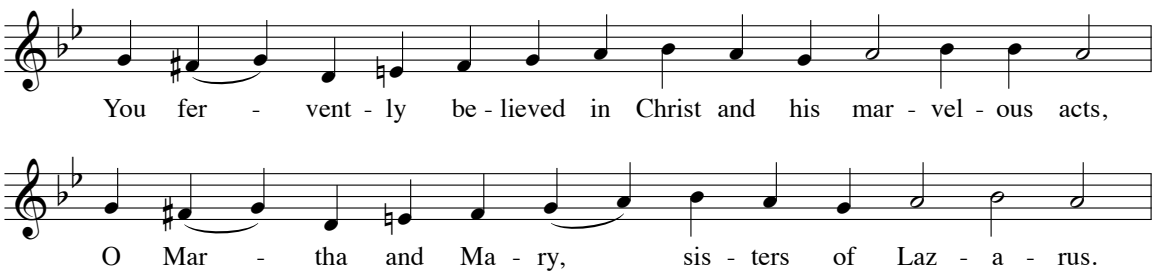
In preach-ing the great mys-tery of the Trin-i-ty, you spread the Word
of Christ through-out the world. As the shep-herd of Christ's flock, you drove off the
spiritual wolves in their at-tack; you save from per-di-tion all those who
call on you. Glo-ry to him who gave you this might! Glo-ry to him who
chose you! Glo-ry to him who de-fends the true faith through you.

Cantor (*Tone 3*):



Glo-ry to the Fa-ther, and to the Son,
and to the Ho-ly Spir-it.

Troparion of Martha and Mary - *Tone 3*



You fer-vent-ly be-lieved in Christ and his mar-vel-ous acts,
O Mar-tha and Ma-ry, sis-ters of Laz-a-rus.

You were a - dorned with ra - di - ant vir - tues

and were found wor - thy to be num - bered a - mong the saints.

To - geth - er with the ho - ly Lazarus, pray to God for us.

Cantor (Tone 8):

Now and ev - er and for - ev - er. A - - men.

Troparion of Pentecost - Tone 8

Bless-ed are you, O Christ our God. You have shown the fish-er-men to

be all-wise, send-ing down up - on them the Ho - ly Spir - it.

Through them, you have caught the whole world in your net.

O Lov - er of us all, glo - ry to you!

Continue with the Litany of Daily Vespers (p.23) and then the Dismissal (p. 24).

¹Format 10: Postfestive Day with an Ordinary Saint on a Weekday