

# Matins Propers

## 4<sup>th</sup> Sunday after Pentecost

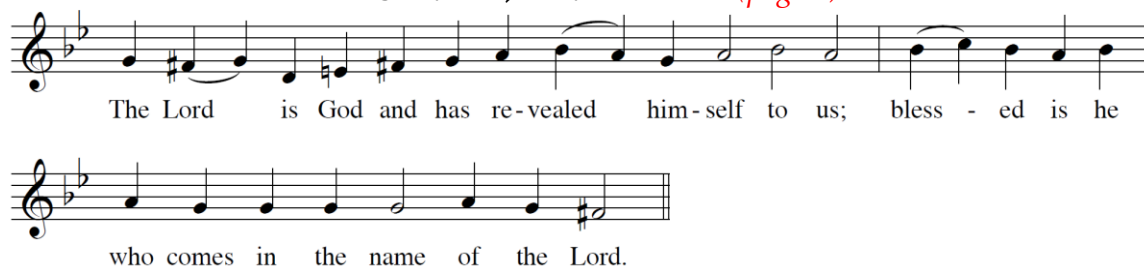
*in the Third Tone with the Fourth Resurrection Gospel*

### Hexapsalmos

*The reader chants only **Psalm 62** on page 3 followed by “Glory...” on page 6.*

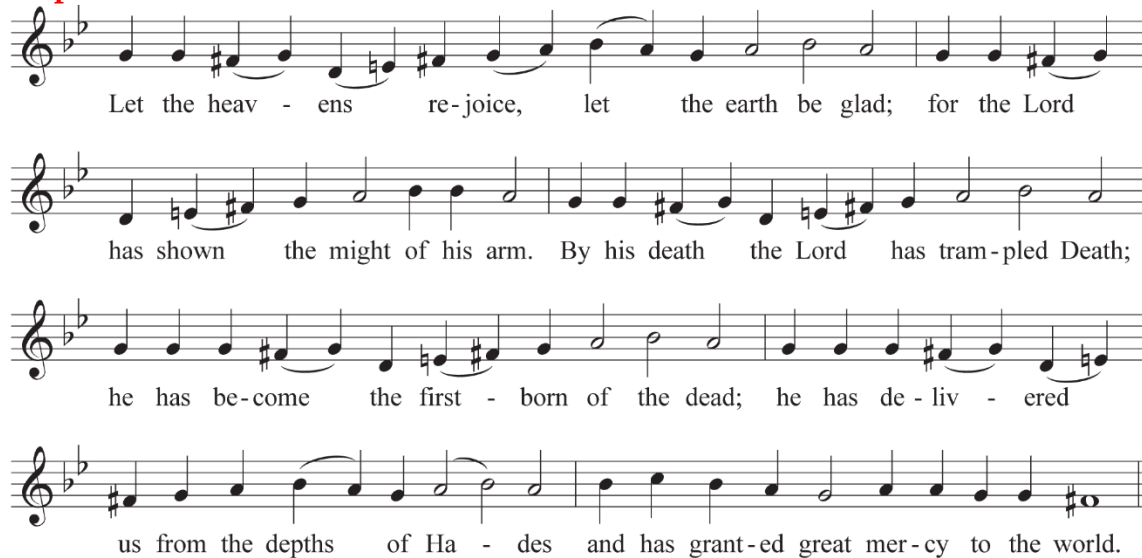
*Matins then continues with the Litany of Peace on page 7.*

### The Lord is God – *Tone 3 (page 9)*



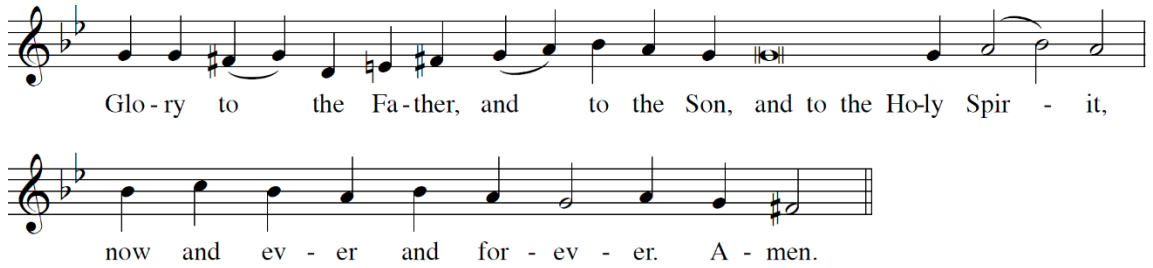
### Troparia *(page 9)*

#### Troparion of the Resurrection – *Tone 3*

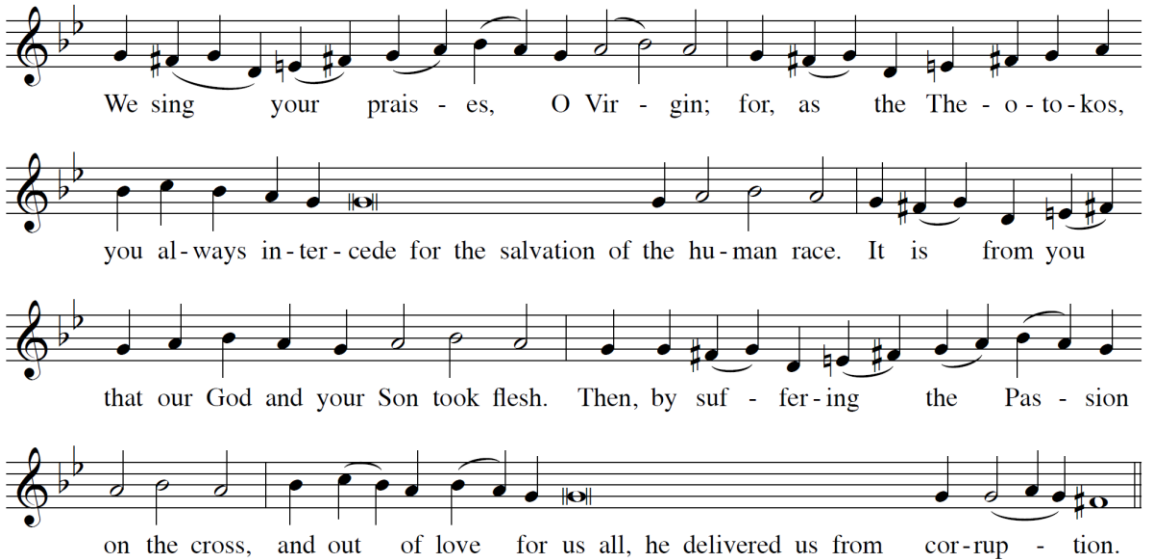


*The repetition of this troparion is omitted.*

**Cantor** (*Tone 3*):



**Festive Theotokion – Tone 3**



**Kathismata** (*page 10*)

**People:** Lord, have mercy (*three times*)  
Glory to the Father and to the Son and to the Holy Spirit

**Reader:** Now and ever and forever. Amen.

*from the 3<sup>rd</sup> Kathisma:*

**Psalm 17:1-15**

I will love you, O Lord, my strength, my rock, my fortress, my savior. The Lord is my rock and my refuge; my shield, my mighty help, my stronghold. The Lord is worthy of all praise, when I call I am saved from my foes. The waves of death rose about me; the torrents of destruction assailed me; the snares of the grave entangled

me; the traps of death confronted me. In my anguish I called to the Lord; I cried to God for help. From his temple he heard my voice; my cry came to his ears. Then the earth reeled and rocked; the mountains were shaken to their base: they reeled at his terrible anger. Smoke came forth from his nostril and scorching fire from his mouth: coals were set ablaze by its heat. He lowered the heavens and came down, a black cloud under his feet. He came enthroned on the cherubim; he flew on the wings of the wind. He made the darkness his covering, the dark waters of the clouds, his tent. A brightness shone out before him with hailstones and flashes of fire. The Lord thundered in the heavens; The Most High let his voice be heard. He shot his arrows, scattered the foe, flashed his lightnings and put them to flight. The bed of the ocean was revealed; the foundations of the world were laid bare at the thunder of your threat, O Lord, at the blast of the breath of your anger.

**Reader:** Glory to the Father and to the Son and to the Holy Spirit

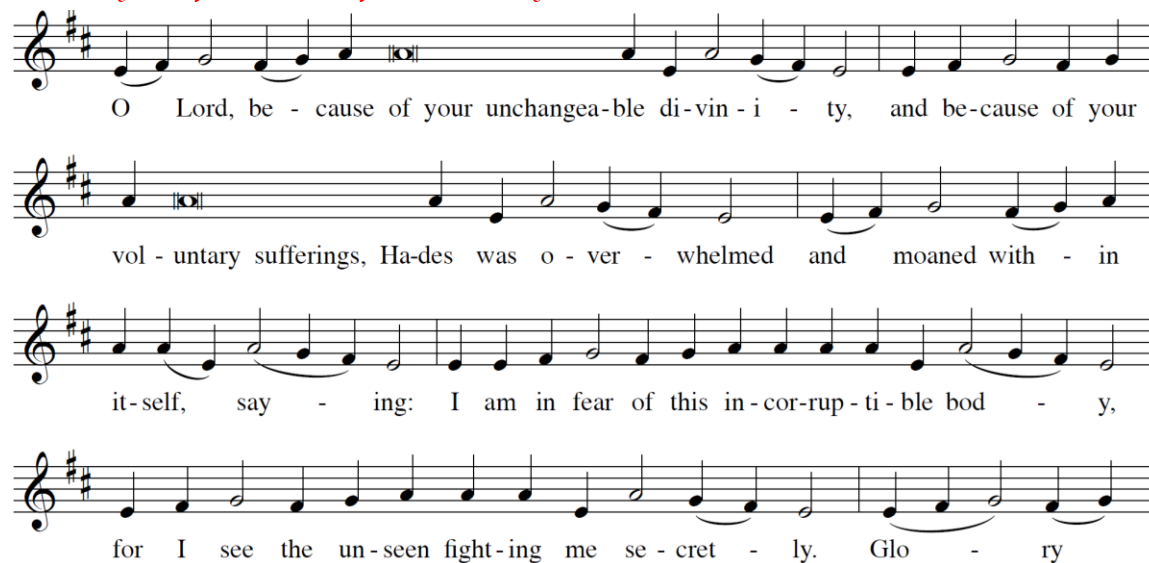
**People:** Now and ever and forever. Amen.

Alleluia, alleluia, alleluia! Glory to you, O God! (*three times*)

*Matins continues with the Small Litany on page 10.*

### Sessional Hymn (*page 11*)

*the 1<sup>st</sup> Hymn of the 2<sup>nd</sup> set of Sessional Hymns (Tone 3 Kontakion):*



O Lord, be - cause of your unchangea-ble di-vin - i - ty, and be-cause of your  
vol - untary sufferings, Ha-des was o - ver - whelmed and moaned with - in  
it-self, say - ing: I am in fear of this in-cor-rup - ti - ble bod - y,  
for I see the un - seen fight-ing me se - cret - ly. Glo - ry



to your Res - ur - rec - tion, O

Christ!

*Matins continues with Psalm 118 (p. 17).*

## Ἡψαλμὸς (page 21)

*Tone 3*



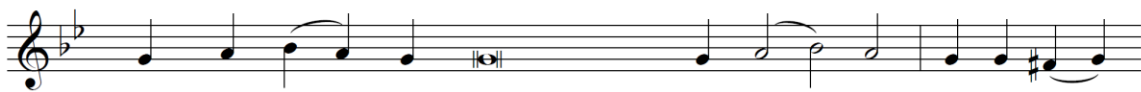
The bril - liant an - gel star - tled the myrrh - bear - ing wom - en and said: Why do



you seek the Liv - ing One in the grave? He is tru - ly



ris - en and has emp - tied the tombs. Know, there - fore, that the



Change - less One changed corruption to in - cor - rup - tion. Say to him:



how dread - ful are your works, O Lord, for by your death



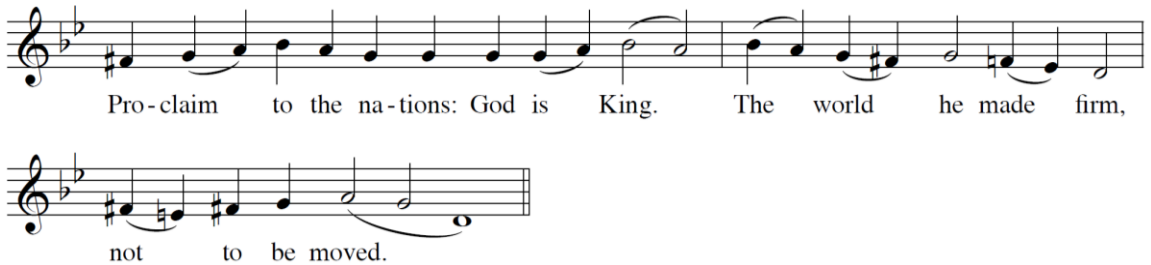
you have saved the hu - man race.

## Stepenna (page 21)

*The Stepenna (Gradual Hymns) are omitted & Matins continues with the Prokeimenon (p. 22).*

## Prokeimenon (page 22)

*Psalm 95:10, 1*

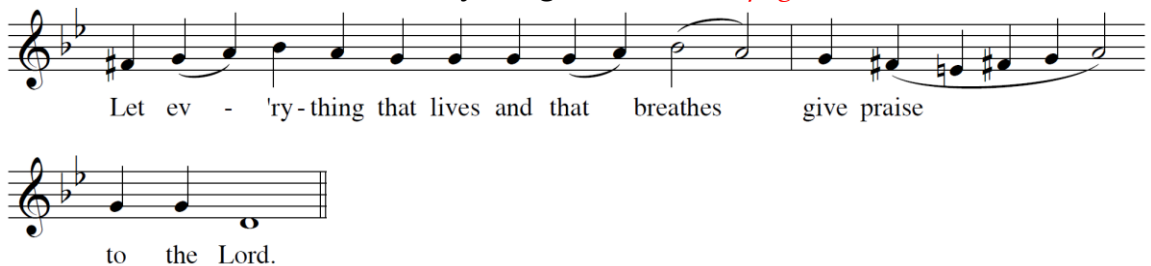


**Deacon:** O sing a new song to the Lord;  
Sing to the Lord, all the earth.

*Matins continues with the Preparation for the Gospel ("Let us pray...") on page 22.*

## Let everything that lives... (page 22)

*Tone 3*



*The Preparation for the Gospel continues with "That we may be deemed..." on page 23.*

*The Fourth Resurrection Gospel is read (Luke 24:1-12).*

*The Hymn of the Resurrection is sung (p. 24) and then Psalm 50 (p. 26).*

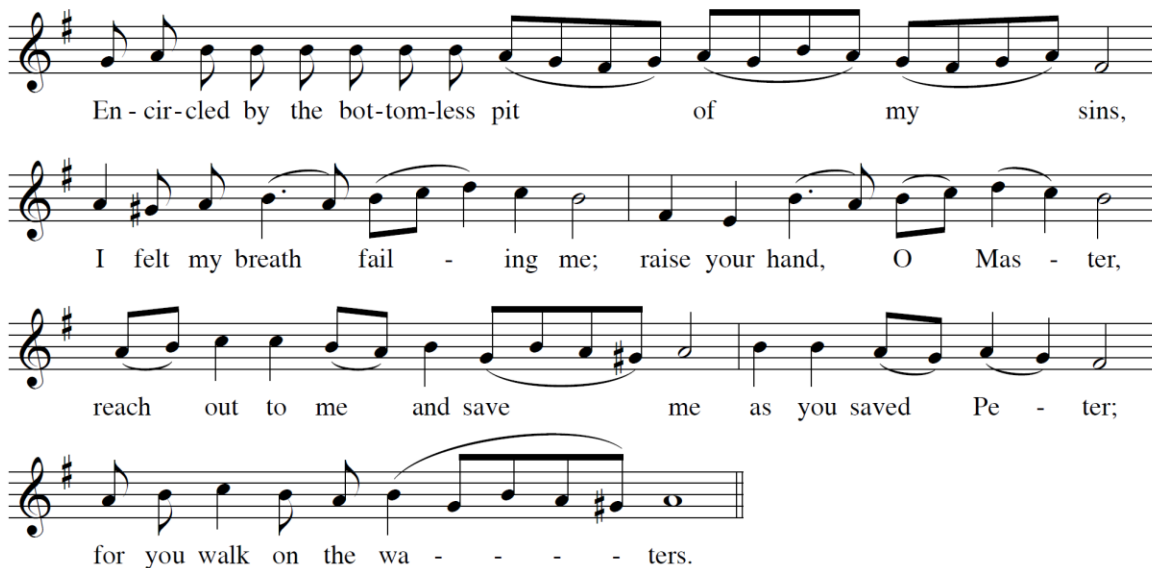
*The usual stichera at Psalm 50 (p. 28) are sung.*

# The Canon (page 32)

Ode 6  
Irmos

*Odes 1-5 are omitted and the Canon continues with Ode 6.*

Tone 3



En - cir - cled by the bot - tom - less pit of my sins,  
I felt my breath fail - ing me; raise your hand, O Mas - ter,  
reach out to me and save me as you saved Pe - ter;  
for you walk on the wa - - - - ters.

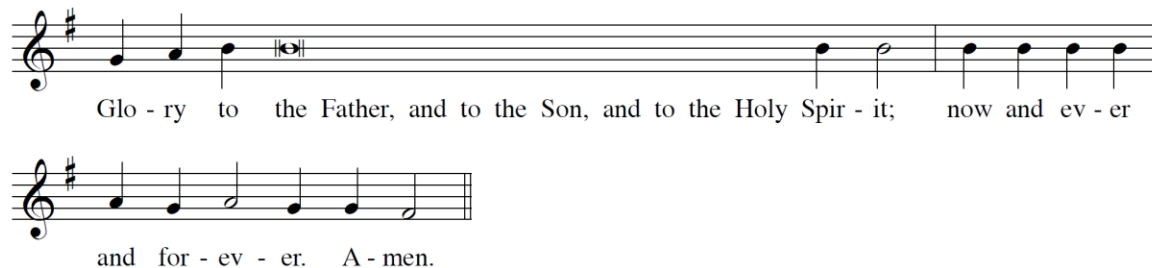
## Refrain



Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

An abyss of mercy and goodness encircled me when in your compassion you came down to earth, O Master; for you have come in the flesh as a slave that I may become as God; and you have shared your own glory with me. *Refrain*

Seeing you alive after your death, the author of Death was reduced to nothing. Such are the signs of your Resurrection, O Christ, and the triumph of your holy passion.



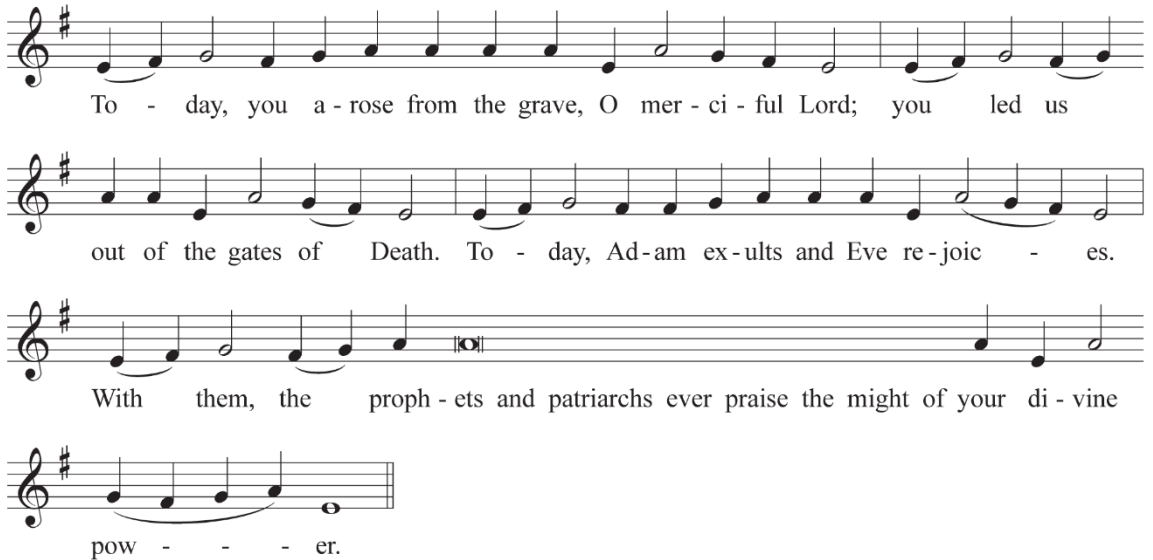
Glo - ry to the Father, and to the Son, and to the Holy Spir - it; now and ev - er  
and for - ev - er. A - men.

O all-pure One, you are our certain intercessor with the Creator; persuade your Son to grant his protection and favor to your unworthy servants.

*The Katavasia is omitted & Matins continues with the Small Litany on page 33.*

### Kontakion & Ikos (page 34)

*Tone 3*



To - day, you a - rose from the grave, O mer - ci - ful Lord; you led us  
out of the gates of Death. To - day, Ad - am ex - ults and Eve re - joic - es.  
With them, the proph - ets and patriarchs ever praise the might of your di - vine  
pow - - - er.

**Ikos:** Let heaven and earth dance with joy today, and with one heart let them praise Christ our God who has raised the captives of death from their tombs. Let all creation rejoice, offering worthy hymns to the Creator of the world and our Redeemer. As the Source of life, he drew the human race from Hades and raised them up with him to heaven; he crushed the pride of the Enemy and shattered the gates of Hades by the power of his divinity.

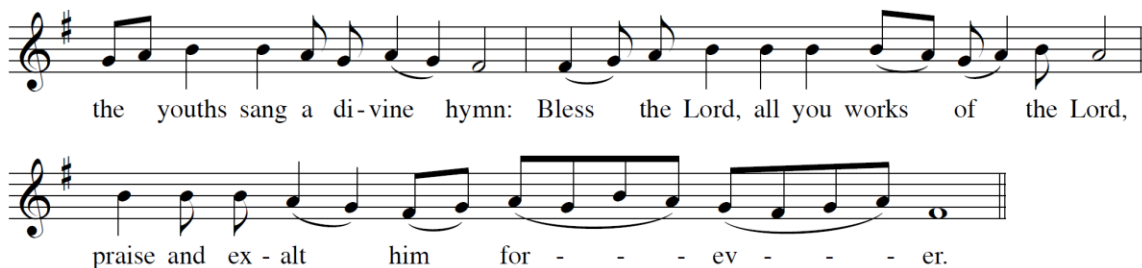
*Ode 7 is omitted & the Canon continues with Ode 8.*

### Ode 8 Irmos

*Tone 3*



Thrown in - to the blaz - ing fire with - out be - ing harmed  
by the in - tol - er - a - ble flames and re - main - ing firm in their faith,

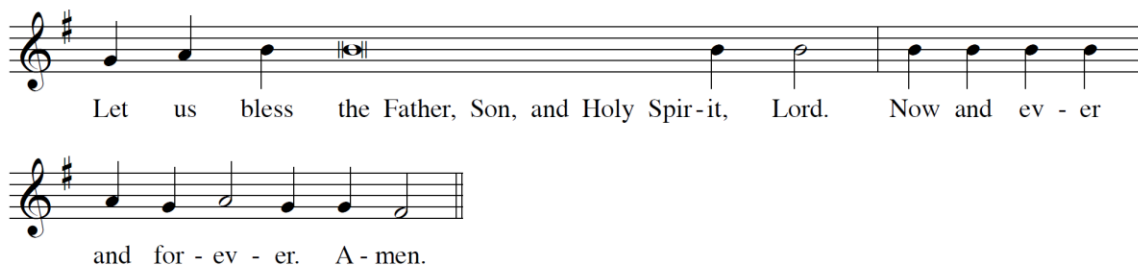


### Refrain



When a cross was planted on the place of the Skull for you, O Lord, the curtain of the Temple was torn in two and creation trembled with fear and sang: Bless the Lord, all you works of the Lord, praise and exalt him forever! *Refrain*

You are risen from the tomb, O Christ, and by your powerful divinity you set aright the one who succumbed to deceit beneath the tree and who now sings to you: Bless the Lord, all you works of the Lord, praise and exalt him forever!



You are indeed the temple of God, his ark, and his living domain, O most pure Theotokos, and you reconcile the Creator with his people. And now we, the works of the Lord, sing to you and praise and exalt you forever.

*The Katavasia is omitted  
& Matins continues with "Let us greatly extol..." & the Cantic of the Theotokos on p. 34.*



Ode 9  
Irmos

Tone 3

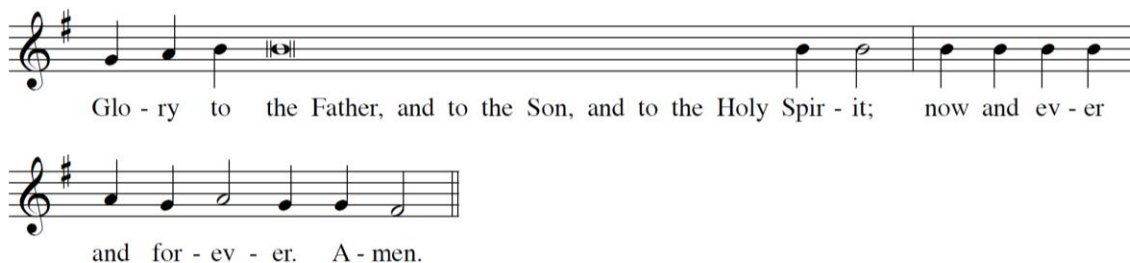
A new won - der, wor - thy of God! The Lord has tru - ly  
passed through the closed gate, the closed gate of a Vir - gin.  
Nak - ed he came forth and at his de - par - ture we see him  
clothed in the flesh, yet the door has  
re - - - mained closed: The one who is Moth - er of God  
we now ex - tol be - yond words.

Refrain

Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

It is dreadful to see the Creator and the Word of God hanging on the cross. Our God suffers in the flesh for his servants, and lifeless, he is placed in the tomb; yet he delivers the dead from Hades. O Christ, the almighty One, we extol you. *Refrain*

Placed in the tomb as one dead, O Christ, you saved our ancestors from death; you raised the dead and make life flourish once more; with your own hand, you lead the human race toward the light and clothe them with divine immortality. O inexhaustible Source of light, we extol you.



You are the throne and the temple of God, and the Most High has made his dwelling in you; O most pure One, you gave birth without seed, and the gate of the flesh was not opened. We now beseech you to intercede before Christ the King for all your faithful.

*Matins continues with the Small Litany on page 36.*



### **Hymn of Light** (page 37)

Resplendent with virtues, let us behold the men standing in brilliant clothes inside the grave, giving life to the saddened myrrh-bearing women. Let us learn of the resurrection of the Lord of heaven and hasten with Peter to the tomb of Life. Let us stand before his wondrous Resurrection and contemplate the marvels of Christ.

Glory... now and ever...

O Lord, when you told the myrrh-bearing women to rejoice, you ended the sadness of our first parents, and you brought the joy of the Resurrection into the world. Therefore, O Giver of life, by the prayers of the one who gave you birth, send the light of your love to shine in our hearts, that we may cry to you: O Lover of us all and our God, glory to your Resurrection!

*Matins continues with the Psalms of Praise.*

## Psalms of Praise (page 38)

*Tone 3*

Let ev - ry - thing that lives and that breathes give praise to the Lord.

Praise the Lord from the heav - ens, praise him in the heights.

To you is due a hymn, O God. Praise him, all his an - gels,

praise him, all his host. To you is due a hymn, O God.

*The Psalms of Praise continue with "Praise him, sun and moon..." on page 38.*

## Stichera (page 40)

*The 3<sup>rd</sup> of the 8 Sunday Stichera:*

**Cantor** (*Tone 3*):

I will praise you, Lord, with all my heart; I will re-count your won - ders.

All things are filled with joy at the ex - pe - rience of the res - ur -

rec - tion, for Mary Mag - da - lene came to the tomb and found an

an - gel in daz - zling gar - ments seat - ed on the stone, say - ing:

Why do you seek the liv-ing a-mong the dead? He is not here; he has been  
raised up. He goes before you to Gal - i - lee as he said.

**Cantor** (*Tone 4*):

Glo - ry to the Father, and to the Son, and to the Ho - ly Spir - - - it.

**Fourth Gospel Stanza**

**Tone 4**

The women came at early dawn to your tomb, O Christ, but they did not find your  
ven - er - a - ble bod - y. As they were perplexed, an angel in shining clothes said  
to them: Why do you seek the Living a-mong the dead? He is ris - en  
as he fore - told. Have you forgotten what he said? Be-ing as-sured by the words  
of the an - gel, the wo-men preached to the disciples a-bout the things they  
saw. But their good news was re-ceived with rid - i - cule, for the dis - ci - ples

were still without un-der-stand - ing. Pe - ter, how-ev - er, has-tened to your tomb,  
and then glo - ri - fied your won - ders, O Lord.

*Matins continues with "Now and ever..." & the Theotokion for normal Sundays on p. 41.*