

Matins Propers

Third Sunday after Pentecost

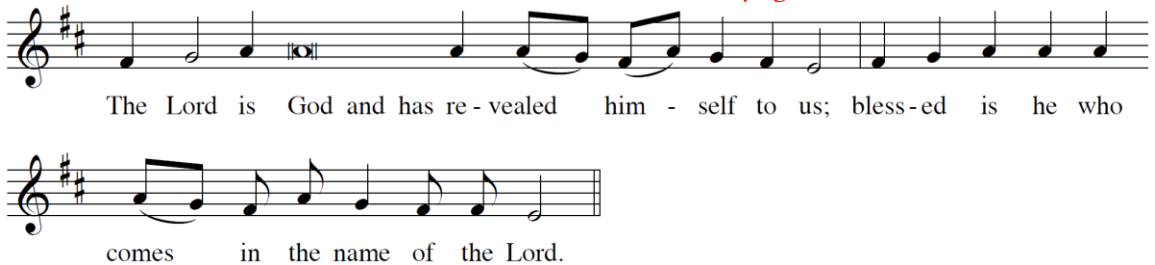
in the Second Tone with the Third Resurrection Gospel

Hexapsalmos

*The reader chants only **Psalm 62** on page 3 followed by "Glory..." on page 6.*

Matins then continues with the Litany of Peace on page 7.

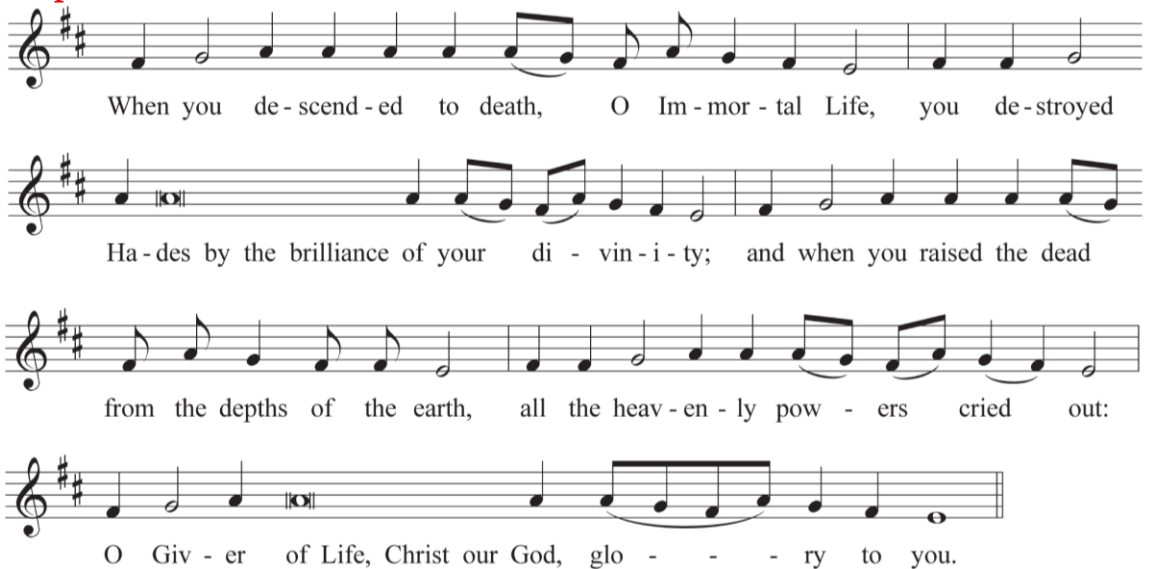
The Lord is God – Tone 2 (page 9)



The Lord is God and has re-vealed him - self to us; bless-ed is he who comes in the name of the Lord.

Troparia (page 9)

Troparion of the Resurrection – Tone 2



When you de-scend-ed to death, O Im-mor-tal Life, you de-destroyed Ha-des by the brilliance of your di-vin-i-ty; and when you raised the dead from the depths of the earth, all the heav-en-ly pow-ers cried out: O Giv-er of Life, Christ our God, glo- - - ry to you.

The repetition of this troparion is omitted.

Cantor (*Tone 2*):

Glo - ry to the Father, and to the Son, and to the Ho - ly Spir - it,
now and ev - er and for - ev - er. A - men.

The musical notation is written on a single staff in G major (one sharp) and 4/4 time. It begins with a treble clef and a key signature of one sharp (F#). The melody consists of quarter and eighth notes, with some phrases marked with a double bar line and repeat dots. The lyrics are written below the staff, aligned with the notes.

Festive Theotokion – Tone 2

O The - o - tokos, the mysteries surrounding you are ex - ceed - ing - ly glo - rious,
and be - yond the pow - er of un - der - stand - ing. For you re - tained
the seal of pur - i - ty, and your vir - ginity re - mained in - vi - o - late;
yet you are ac - knowl - edged, with - out doubt, to be the Mother who gave birth
to the true God. We beg you, therefore, to en - treat him to save our souls.

The musical notation is written on a single staff in G major (one sharp) and 4/4 time. It begins with a treble clef and a key signature of one sharp (F#). The melody consists of quarter and eighth notes, with some phrases marked with a double bar line and repeat dots. The lyrics are written below the staff, aligned with the notes.

Kathismata (*page 10*)

People: Lord, have mercy (*three times*)
Glory to the Father and to the Son and to the Holy Spirit

Reader: Now and ever and forever. Amen.

The 3rd stasis of the 2nd Kathisma:

Psalm 14

Lord, who shall be admitted to your tent and dwell on your holy mountain? He who walks without fault; he who acts with justice and speaks the truth from his heart; he who does not slander with his tongue; He who does no wrong to his brother, who casts no slur on

his neighbor, who holds the godless in disdain, but honors those who fear the Lord; he who keeps his pledge, come what may; who takes no interest on a loan and accepts no bribes against the innocent. Such a man will stand firm forever.

Psalm 15

Preserve me, God, I take refuge in you. I say to you Lord: “You are my God. My happiness lies in you alone.” To all the saints in his land, the Lord has shown all the wonders of his will. Those who choose other gods increase their sorrows. Never will I offer their offerings of blood. Never will I take their name upon my lips. O Lord, it is you who are my portion and cup; it is you yourself who are my prize. The lot marked out for me is my delight: welcome indeed the heritage that falls to me! I shall bless you, Lord, you give me counsel, and even at night direct my heart. I set the Lord ever before me; with him at my right hand I shall not be disturbed. And so, my heart rejoices, my soul is glad; even my body shall rest in safety. For you will not leave my soul among the dead, nor let your beloved know decay. You will show me the path of life, the fullness of joy in your presence, at your right hand happiness forever.

Psalm 16

Lord, hear a cause that is just, pay heed to my cry. Turn your ear to my prayer: no deceit is on my lips. From you may my judgment come forth. Your eyes discern the truth. You search my heart; you visit me by night. You test me and you find in me no wrong. My words are not sinful like men’s words. I kept from violence because of your word, I kept my feet firmly in your paths; there was no faltering in my steps. I am here and I call, you will hear me, O God. Turn your ear to me; hear my words. Display your great love, you whose right hand saves your friends from those who rebel against them. Guard me as the apple of your eye. Hide me in the shadow of your wings from the violent attack of the wicked. My foes encircle me with deadly intent. Their hearts tight shut, their mouths speak proudly. They advance against me, and now they surround me. Their eyes are watching to strike me to the ground, as though they were lions ready to claw or like some young lion crouched in hiding. Lord, arise, confront them, strike them down! Let your sword rescue my soul from the wicked; let your hand, O Lord, rescue me from men, from men whose reward is in this present life. You give them their fill of your treasures; they rejoice in abundance of offspring and leave their wealth to their children. As for me, in my justice I shall see your face and be filled, when I awake, with the sight of your glory.

Reader: Glory to the Father and to the Son and to the Holy Spirit

People: Now and ever and forever. Amen.

Alleluia, alleluia, alleluia! Glory to you, O God! *(three times)*

Matins continues with the Small Litany on page 10.

Sessional Hymn (page 11)

The 2nd Hymn of the 1st set of Sessional Hymns (Podoben: Blahoobraznyj Josif):

Cantor: Arise, O Lord, lift up your hand.
O God, do not forget the poor!

The an - gel ap - peared to the myrrh-bear-ing wom-en at the tomb and said:
Oint - ments are for the dead, but Christ has been shown
to be free from all cor - rup - tion. Ra-ther, cry out in - stead: The Lord
is ris - en, grant - ing great mer - cy to the world.

Matins continues with Psalm 118 on page 17.

Гѹпакѡе (page 21)

Tone 2

The wom - en went to the tomb af - ter your pas - sion to a - noint your
bod - y, O Christ our God. They saw the an - gels and were a - ston - ished;
for they heard them cry - ing with a loud voice: The Lord is risen and grants great
mer - cy to the world.

Stepenna (page 21)

The First Antiphon of the Stepenna in Tone 2:

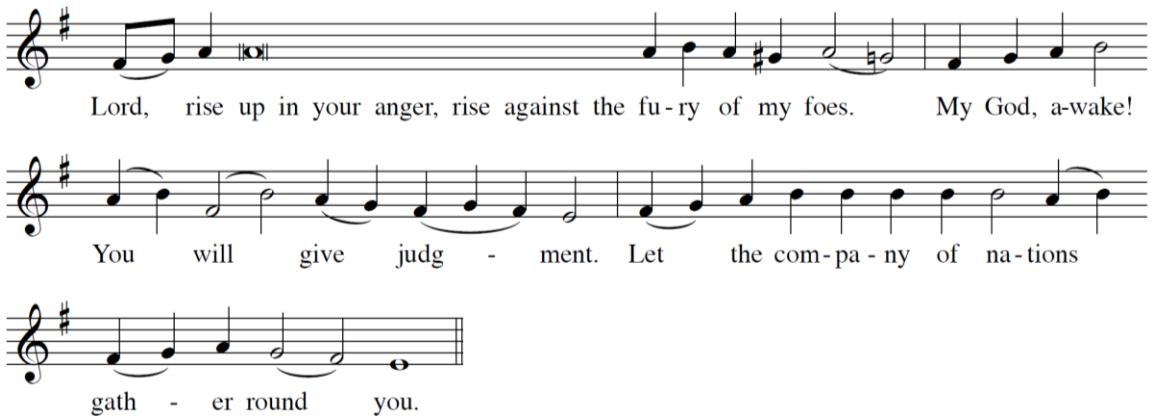


Be-hold, O Sav - ior, to - ward heav - en I raise the
eyes of my heart to you. Save me by the bright - ness of your light.
O Christ, have mer - cy up - on us guilt - y men who trans - gress a - gainst you of - ten
and in ev - 'ry hour. Give us, be - fore the end, the means
of re - pent - ance ac - cept - a - ble to you. Glo - ry to the Fa - ther, and
to the Son, and to the Ho - ly Spir - it; now and ev - er and
for - ev - er. A - men. Sov - 'reign - ty o - ver cre - a - tion,
its mo - tion and its sanc - ti - fi - ca - tion, are of the Ho - ly Spir - it.
For he is God, one in es - sence with the Fa - ther and the Word.

Matins continues with the Prokeimenon (page 22).

Prokeimenon (page 22)

Psalm 7:6,7



Lord, rise up in your anger, rise against the fu-ry of my foes. My God, a-wake!

You will give judg - ment. Let the com-pa - ny of na-tions

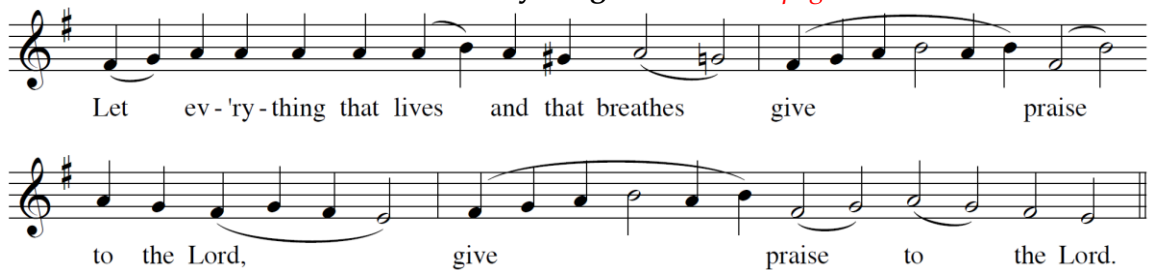
gath - er round you.

Deacon: Lord God, I take refuge in you.
From my pursuers save me and rescue me.

Matins continues with the Preparation for the Gospel on page 22.

Let everything that lives... (page 22)

Tone 2



Let ev - 'ry - thing that lives and that breathes give praise

to the Lord, give praise to the Lord.

The Preparation for the Gospel continues with "That we may be deemed..." on page 23.

The Third Resurrection Gospel is read (Mark 16:1-8).

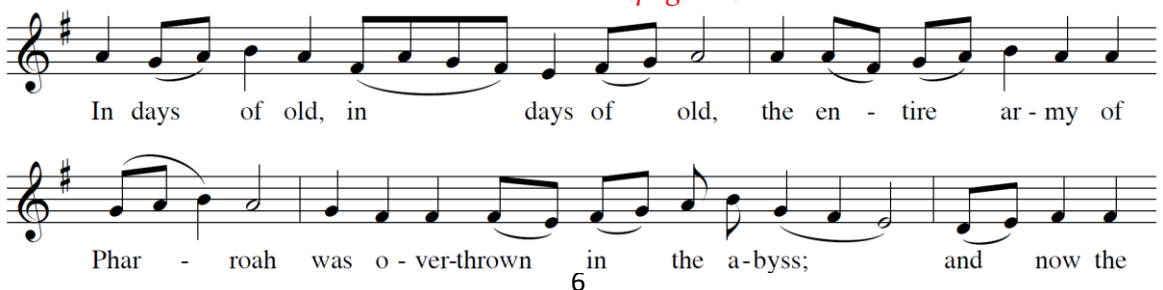
The Hymn of the Resurrection is sung (p. 24) and then Psalm 50 (p. 26).

The usual stichera at Psalm 50 (p. 28) are sung.

Ode 1
Irmos

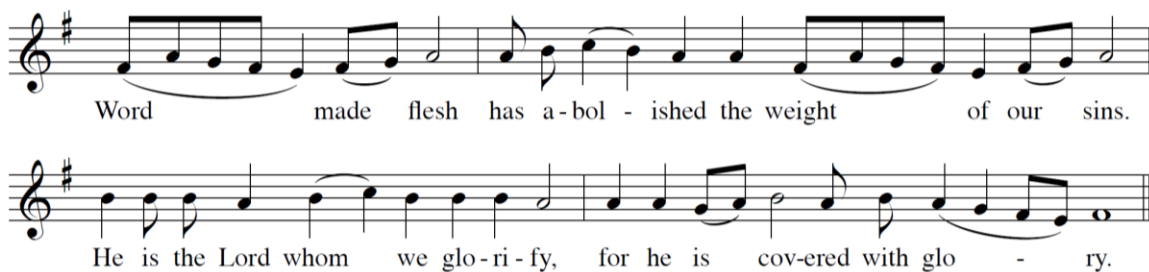
The Canon (page 32)

Tone 2



In days of old, in days of old, the en - tire ar - my of

Phar - roah was o - ver-thrown in the a-byss; and now the



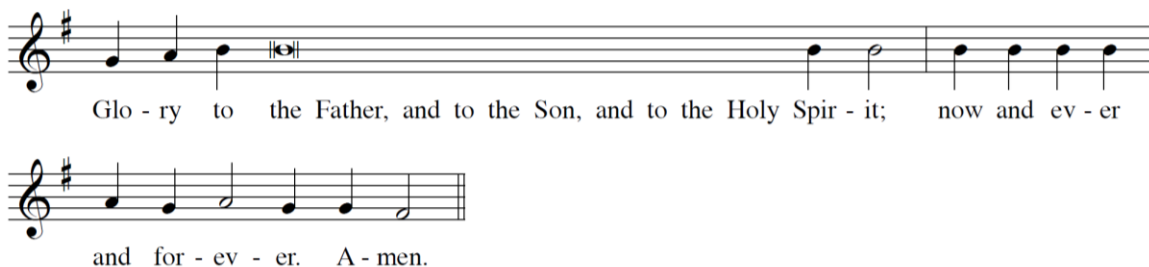
Refrain



For not having followed your commandment, we have been indicted before the Prince of this world; but your cross has brought him under judgment. Having struck you as a mortal, he himself was overcome with weakness and fell beneath the strength of your arm.

Refrain

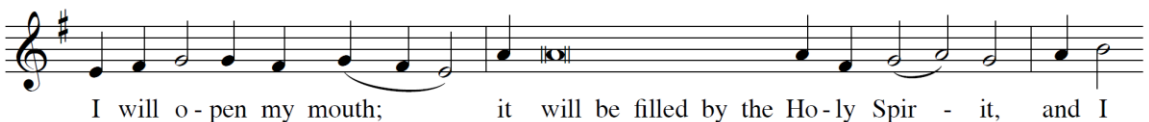
Redeemer of the human race and Prince of eternal life, you have come into the world. By your Resurrection you have broken the bonds of death; and together we all glorify you, for you are covered with glory.

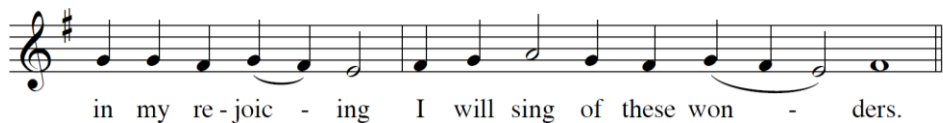
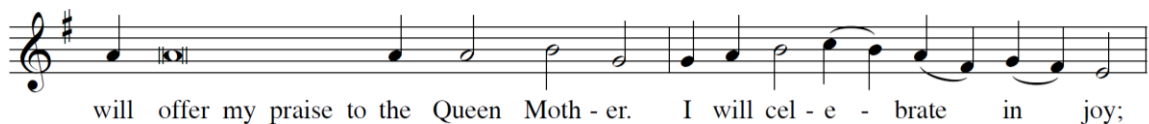


O most pure Virgin, you have appeared higher than every creature visible and invisible. For you have given birth to the Creator when he was pleased to take flesh in your womb. Intercede with him for the salvation of our souls.

Katavasia 1 of the Theotokos

Tone 4





Ode 3 Irmos

Tone 2

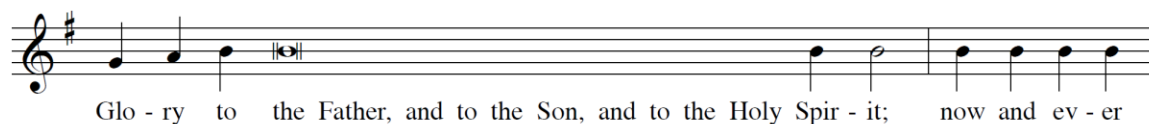


Refrain



At your passion all creation was overturned, for it saw the God who founded the universe with a stroke of his hand now abused as a slave by the impious ones. *Refrain*

From the earth your hand has fashioned me; but when sin had shattered me as a vase and brought me back to the dust of the grave, you descended into Hades, O Christ, so that I might rise with you.





and for - ev - er. A - men.

The angels were seized with astonishment, and the hearts of people trembled at your giving birth; and we, the faithful, venerate you as the Theotokos.

Katavasia 3 of the Theotokos

Tone 4



O The - o - to - kos, life-giv-ing source of bless - ings, grant strength



to those unit-ed in faith who sing hymns of praise to you.



In your glo - ry, grant them the crowns of vic - to - ry.

Matins continues with the Small Litany on page 33.

The Kontakion & Ikos of the Saint, the Sessional Hymns of the Saint, & Odes 4-6 are omitted.

Kontakion & Ikos (page 34)

Tone 2



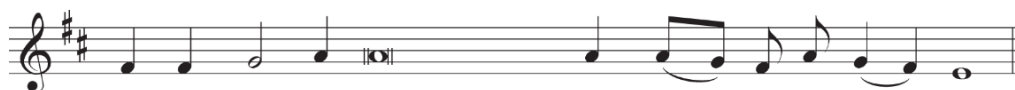
You a - rose from the grave, Al-might - y Sav - ior. See - ing the



mir - acle, Hades was struck with fear; the dead a - rose. At this sight, all



cre - a - tion re-joic - es with you; Ad-am joins with ex - ul - ta - tion;



and the world, O my Savior, sings your prais - es for - ev - er.

Ikos: O Light of those who are in darkness, you are the Resurrection and the Life of all. You have raised the faithful with you, O Savior. You have despoiled the kingdom of Death and have shattered the gates of Hades, O Word. The sight of such wonders astonished mortals, and every creature rejoices in your Resurrection. We also glorify you, O Lover of us all, and we praise your condescension; the whole world sings your praises, O my Savior.

Ode 7 is omitted and the Canon continues with Ode 8.

Ode 8

Irmos

Tone 2

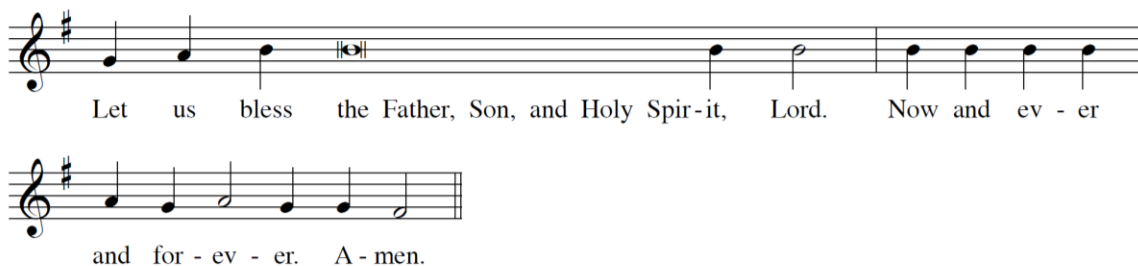
For - mer - ly the fie - ry fur - nace in Bab - - - y - lon
di - vid - ed its pow - er, and ac - cord - ing to the di - vine de - cree,
it con - sumed the Chal - de - ans but poured out dew up - on the
faith - - - ful who sang: All you works of the Lord,
bless the Lord!

Refrain

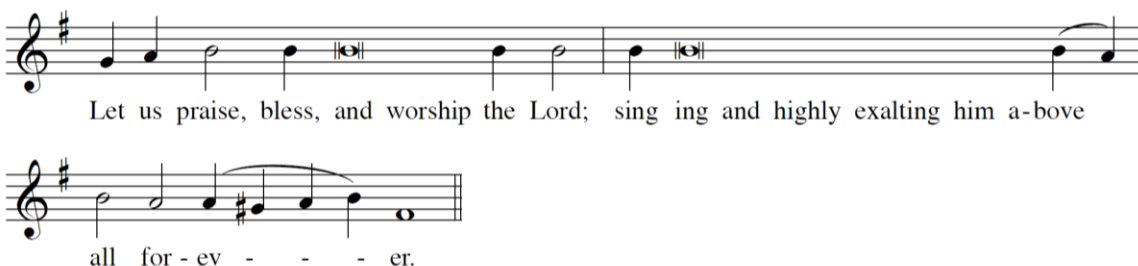
Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

Seeing your garment of flesh crimsoned with your blood, the angels in heaven were seized with fear at your long-suffering, and together they began to sing: All you works of the Lord, bless the Lord! *Refrain*

O God of mercy, by your Resurrection, mortals have been clothed with immortality. Filled with joy, O Christ, your chosen people sing to you in thanksgiving: Truly death has been swallowed up in your victory!

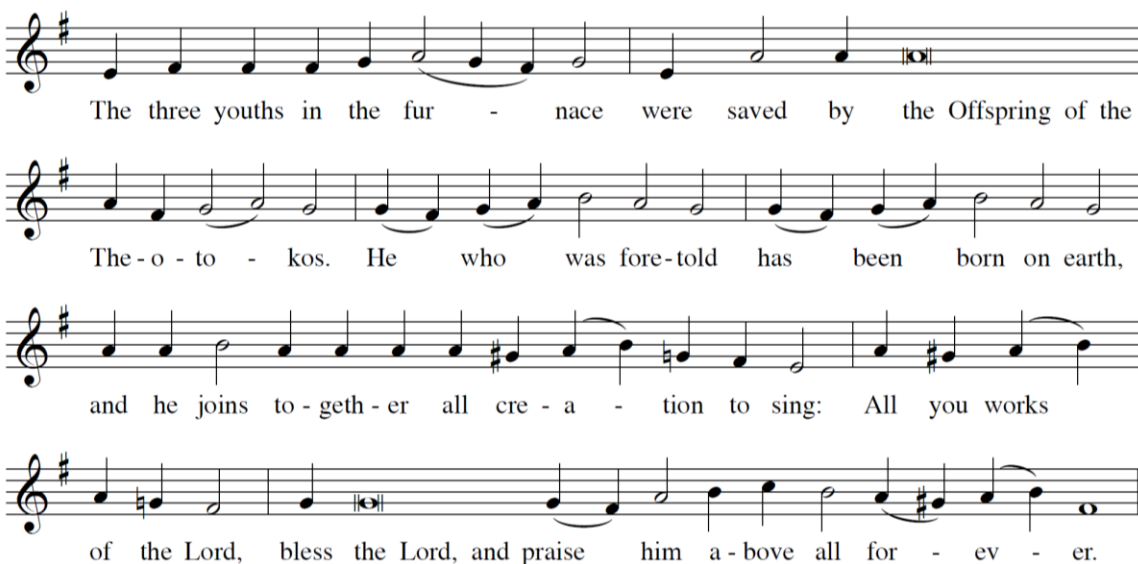


The God who became flesh has dwelt in your womb without being separated from his Father in heaven. Without seed, you have conceived, O Virgin, and in a manner beyond words, you have given birth, O Mother. You are truly the salvation of us all.



Katavasia 8 of the Theotokos

Tone 4



Matins continues with "Let us greatly extol..." & the Canticle of the Theotokos on p. 34.

Ode 9
Irmos

Tone 2

The Son of the Fa - ther with-out be-gin-ning, our Lord and
our God, has tak-en flesh from the Virgin and has ap - peared to us;
He has come to il - lu-min-ate the dark - ness and to gath - er those
who are scat - tered. O The-o-to-kos, wor - thy of all praise,
we ex - tol you.

Refrain

Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

The thrice-blessed wood of your precious cross has been planted in the place of the Skull as in the heart of paradise. Sprinkled with the blood and water that flowed from your divine side, O Christ, it made our life blossom forth. *Refrain*

On the cross you overthrew the powerful; from the depths of Hades, you raised up human nature which was held captive, and you enthroned it with your Father in heaven, O almighty One; and in that same nature you shall come again. We adore you and we extol you!

Glo - ry to the Father, and to the Son, and to the Holy Spir - it; now and ev - er



and for - ev - er. A - men.

O faithful, let us praise and glorify in the true faith the Unity in three Persons, the consubstantial Trinity, the divine and indivisible nature, the unsetting light with a triple flame, who alone is incorruptible, and who fills us with brightness.

Katavasia 9 of the Theotokos

Tone 4



May ev - 'ry child of the earth ex - alt in spir - it



and hold a - loft the burn - ing lamp, and may the an - gels in heav - en



praise with joy the ho - ly feast of the Moth - er of God



and sing: Re - jice, O The - o - to - kos,



ev - er - bless - ed and ev - er - Vir - - - gin.

Matins continues with the Small Litany on page 36.

Holy is the Lord our God (page 37)

Tone 2



Ho - ly is the Lord our God! Ho - ly is the Lord



our God! Ho - - - - ly is the Lord our God!

Hymn of Light *(page 37)*

Truly Christ is risen. Let no one doubt or be suspicious. For he appeared to Mary and then to those who went fishing. Then he appeared to his eleven apostles as they were eating. He sent them forth to baptize the whole world; then he ascended to heaven from which he had descended, confirming his divine message by a multitude of miracles.

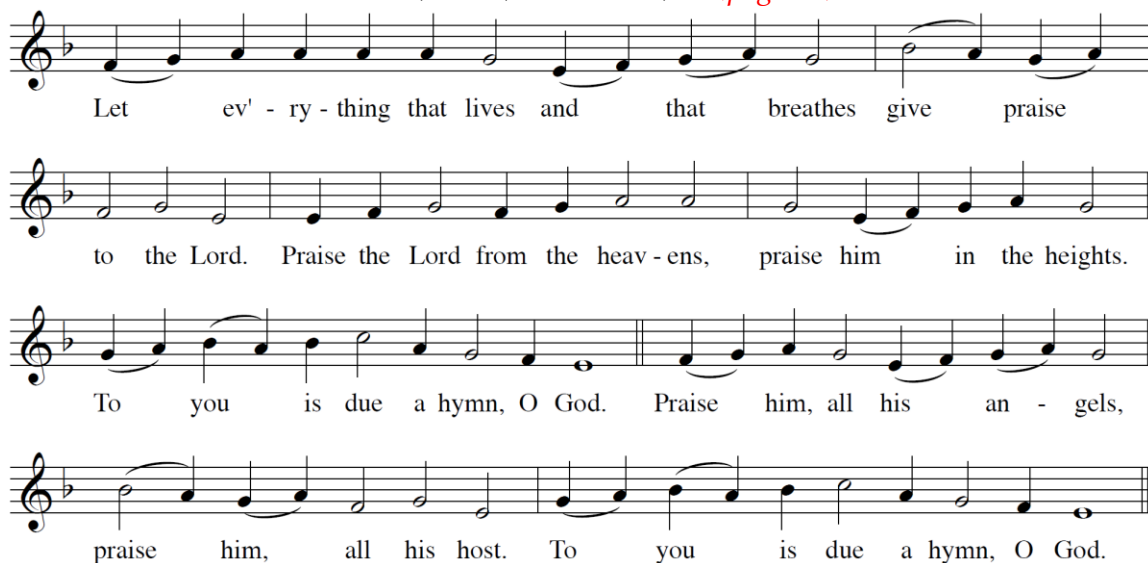
Glory... now and ever ...

O Sun that has risen from the tomb on this day as a groom from his bridal chamber, you led Hades captive and trampled Death. By the intercession of your mother, send us light to enlighten our hearts and souls, and lead us that we may all walk in the ways of your commandments and in the paths of peace.

Matins continues with the Psalms of Praise.

Psalms of Praise *(page 38)*

Tone 2



Let ev - ry - thing that lives and that breathes give praise
to the Lord. Praise the Lord from the heav - ens, praise him in the heights.
To you is due a hymn, O God. Praise him, all his an - gels,
praise him, all his host. To you is due a hymn, O God.

The Psalms of Praise continue with "Praise him, sun and moon..." on page 38.

Stichera *(page 40)*

the 1st and 2nd of the 8 Sunday stichera in Tone 2:

Cantor *(Tone 2):*



A - rise, O Lord, lift up your hand! O God, do not for - get the poor.

All cre - a - tion and ev - 'ry liv - ing thing glo - ri - fy you, O Lord,
 for through your cross you have a - bol - ished death so that you might show all
 nations your res - ur - rec - tion from the dead as the on - ly Lov - er of us all.

Cantor (*Tone 2*):

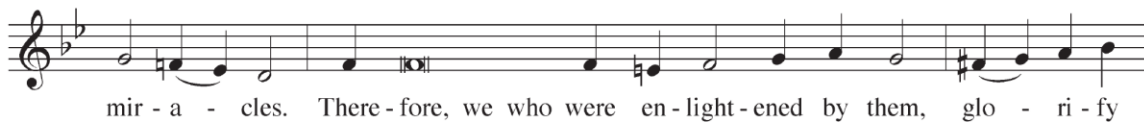
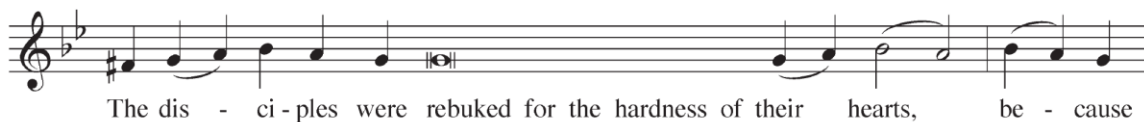
I will praise you, Lord, with all my heart; I will re-count your won - ders.
 Let those who deny the truth give an an - swer: How were the sol - diers
 guard - ing the King o - ver - come? Why did the stone not hold back the Rock of life?
 Let them ei - ther pro - duce the bur - ied corpse or else a - dore the Ris - en Lord
 and say a - long with us: Glo - ry to the a - bun - dance of your mer - cy.
 O our Sav - ior, glo - ry to you.

Cantor (*Tone 3*):



Third Gospel Stanza

Tone 3



Matins continues with "Now and ever..." & the Theotokion for normal Sundays on p. 41.