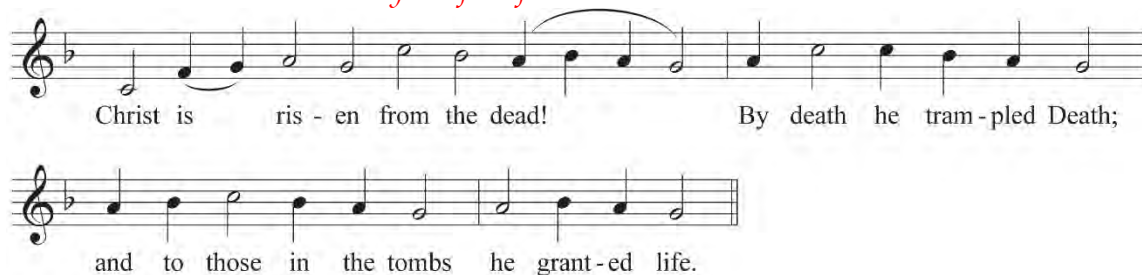


Matins Propers

Sunday of the Paralytic

*in the Third Tone with the Fourth Resurrection Gospel
(The Fifth Sunday of the Great Fast having been in the First Tone)*

After "Glory to the holy, consubstantial...Amen." (page 1) the following is sung once by the celebrant and then twice by the faithful:



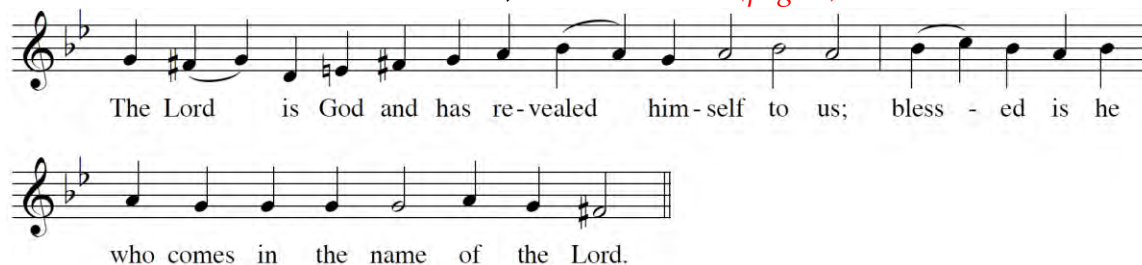
Matins then continues with "Glory to God in the highest..." on page 1

Hexapsalmos

*The reader chants only **Psalm 62** on page 3 followed by "Glory..." on page 6.*

Matins then continues with the Litany of Peace on page 7.

The Lord is God – *Tone 3 (page 9)*



Troparia *(page 9)*

Troparion of the Resurrection – *Tone 3*

Let the heav - ens re-joyce, let the earth be glad; for the Lord
has shown the might of his arm. By his death the Lord has tram-pled Death;
he has be-come the first - born of the dead; he has de - liv - ered
us from the depths of Ha - des and has grant-ed great mer-cy to the world.

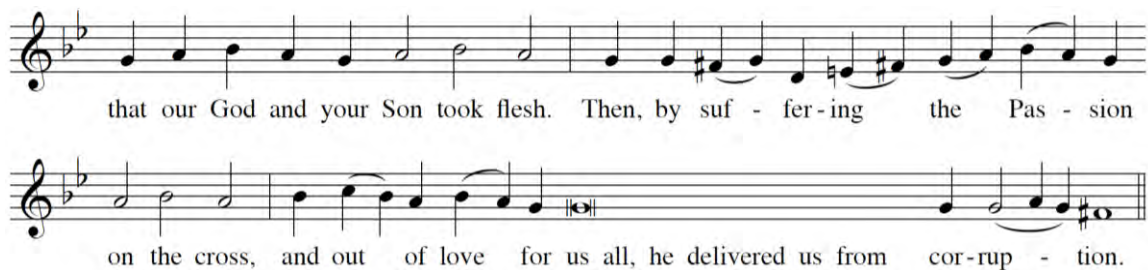
The repetition of this Troparion is omitted.

Cantor *(Tone 3)*:

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir - it,
now and ev - er and for - ev - er. A - men.

Festive Theotokion – *Tone 3*

We sing your prais - es, O Vir - gin; for, as the The - o - to - kos,
you al-ways in-ter-cede for the salvation of the hu-man race. It is from you



Kathismata *(page 10)*

People: Lord, have mercy *(three times)*
 Glory to the Father and to the Son and to the Holy Spirit

Reader: Now and ever and forever. Amen.

3rd Psalm of the 3rd stasis of the 3rd Kathisma:

Psalm 23

To the Lord belong the earth and its fullness, the world and all who dwell in it. It is he who set it on the seas; on the waters he made it firm. Who shall climb the mountain of the Lord? Who shall stand in his holy place? The man with clean hands and pure heart, who desires not worthless things, who has not sworn so as to deceive his neighbor. He shall receive blessings from the Lord and reward from the God who saves him. Such are the men who seek him, seek the face of the God of Jacob. O gates, lift high your heads; grow higher, ancient doors. Let him enter, the king of glory! Who is the king of glory? The Lord, the mighty, the valiant, the Lord, the valiant in war. O gates, lift high your heads; grow higher, ancient doors. Let him enter, the king of glory! Who is he, the king of glory? He, the Lord of armies, he is the king of glory.

Reader: Glory to the Father and to the Son and to the Holy Spirit

People: Now and ever and forever. Amen.
 Alleluia, alleluia, alleluia! Glory to you, O God! *(three times)*

Matins continues with the Small Litany on page 10.

Sessional Hymn (page 11)

the Theotokion of the second set of Sessional Hymns (Tone 3 Kontakion):

The heav-en - ly pow-ers re-joiced with love, and the hu-man race was filled
with e - mo - tion, when the an - gel's greet - ing was addressed to you, O
The - o - to - kos. Both in heav - en and on earth a common feast bursts
forth in bright - ness, for our first fa-ther is de - liv - ered from death.
To - geth - er with the an - gel we al - so cry out: Re - joice,
O im-mac - uate Virgin, O most pure Moth - - - er.

Matins continues with Ps. 118 (p. 17) and then Hosts of Angels (p. 18).

Ἕψαλμὸς (page 21)

Tone 3

The bril - liant an - gel star-tled the myrrh-bear-ing wom-en and said: Why do
you seek the Liv - ing One in the grave? He is tru - ly

ris - en and has emp - tied the tombs. Know, there - fore, that the

Change - less One changed corruption to in - cor - rup - tion. Say to him:

how dread - ful are your works, O Lord, for by your death

you have saved the hu - man race.

Stepenna *(page 21)*

The Stepenna (Gradual Hymns) are omitted & Matins continues with the Prokeimenon.

Prokeimenon *(page 22)*

Psalms 95:10, 1

Pro-claim to the na-tions: God is King. The world he made firm,

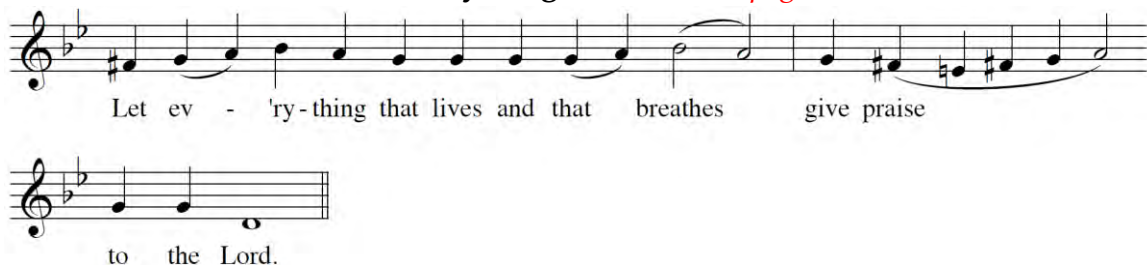
not to be moved.

Deacon: O sing a new song to the Lord;
Sing to the Lord, all the earth.

Matins continues with the Preparation for the Gospel on page 22.

Let everything that lives... (page 22)

Tone 3



The Preparation for the Gospel continues with "That we may be deemed..." on page 23.

The Fourth Resurrection Gospel is read (Luke 24:1-12).

Matins continues with the Hymn of the Resurrection on p. 24

(the repetitions of this hymn are omitted).

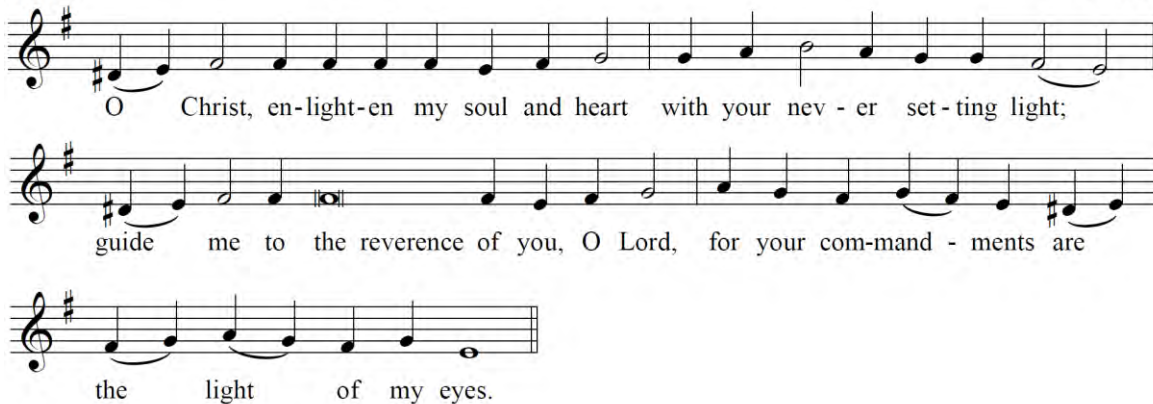
The usual stichera at Psalm 50 (p. 28) are sung.

The Canon (page 32)

Odes 1-4 and the Sessional Hymns after Ode 3 are omitted.

Ode 5 Irmos

Tone 6



Refrain



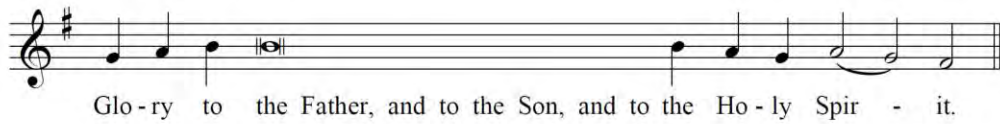
Lifted on the wood of the Cross, you lifted up the whole world with you. By your descent to Hades, O God, you raised up the dead from all ages. *Refrain*

Christ is risen as he promised. He emptied the kingdom of Hades; then he showed himself to the apostles, giving them a share of the eternal joy. *Refrain*

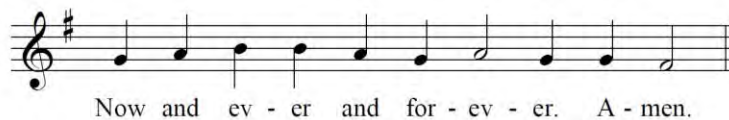
A brilliant angel dressed in white appeared to the women and said: Do not cry, for our Life is risen, giving life to those in the graves. *Refrain*

O Christ, cure my soul as you once cured the Paralytic Man, for it is under the influence of evil and sin. Guide me that I may walk in your paths. *Refrain*

O Michael, the great prince of angels, save the people gathered in your Church today, for they proclaim the wonders of God.



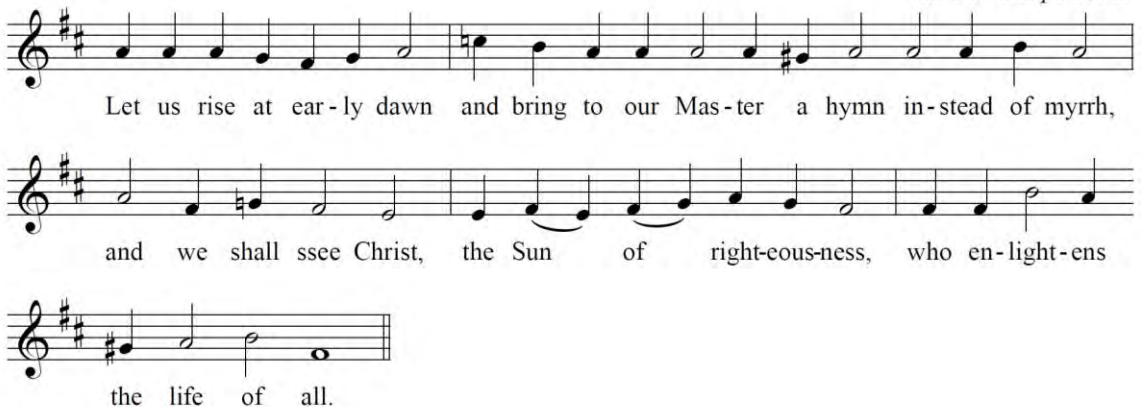
O faithful, we see the Trinity in three persons receiving the same worship; we proclaim the unity in nature of the Father, the Son, and the Holy Spirit.



O Virgin, you conceived without seed, and we sing of your motherhood beyond understanding which made you the Mother of the Creator, and we call you blessed and we extol you.

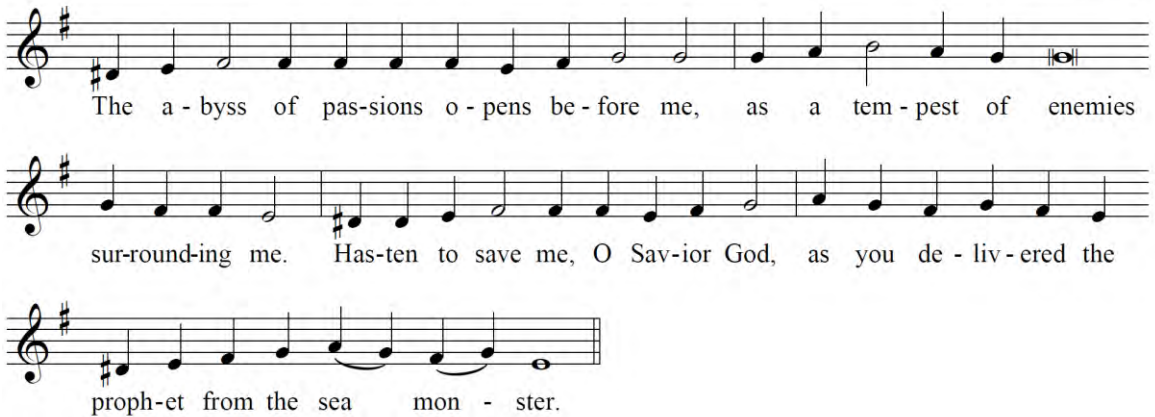
Katavasia

Tone 1 samopodoben



Ode 6
Irmos

Tone 6



The a - byss of pas-sions o - pens be - fore me, as a tem - pest of enemies
sur-round-ing me. Has-ten to save me, O Sav-ior God, as you de - liv - ered the
proph-et from the sea mon - ster.

Refrain



Glo - ry to your ho - ly Re - sur - rec - tion, O Lord.

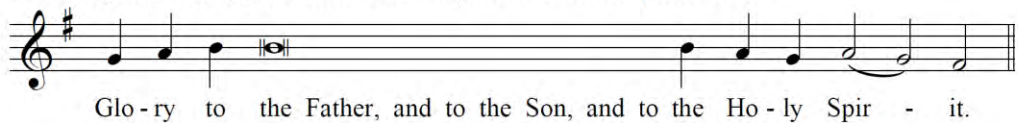
Willingly you were lifted on the Cross; you were buried in the sepulcher as dead, O Christ; you gave life to the dead in Hades; and you rose as God all-powerful. *Refrain*

When Hades met you in the depths, it was shaken and had to give up its prisoners, who never cease singing, O Savior God, of your wondrous Resurrection. *Refrain*

When the disciples of the Lord saw Christ rise from the tomb, they worshipped the Life of the whole world with joyful hearts, full of enthusiasm and love. *Refrain*

The man who for many years laid upon a bed in pain, was cured by your word, O Source of life; and he glorified your infinite mercy. *Refrain*

O Michael, the great prince of angels, standing before the throne of the Lord, be present also among us, and by your intercession guide us on the paths of life.



Glo - ry to the Father, and to the Son, and to the Ho - ly Spir - it.

I sing of the Trinity in three persons; I proclaim the unity of nature of the eternal Father, of the only Son, and of the divine Spirit, the Supreme God venerated by the powers of heaven.



Now and ev - er and for - ev - er. A - men.

He who holds the whole world in his hands was carried in your arms, O virgin Mother; and in his tender love he snatches us by his hands from the influence of the Evil One who holds us captive.

Katavasia

Tone 1 samopodoben



You have de - scend - ed into the realm of Death, O Christ, and have bro - ken



an - cient bonds which held the cap - tive. You a - rose from the tomb on the



third day like Jo - nah from the whale.

Matins continues with the Small Litany on page 33.

Kontakion & Ikos (page 34)

Tone 3



O Lord, with your di-vine au-thor-i - ty, as you once raised the par - a - lyt-ic,



now raise my soul, par - a - lyzed dread - ful - ly with all kinds of sin

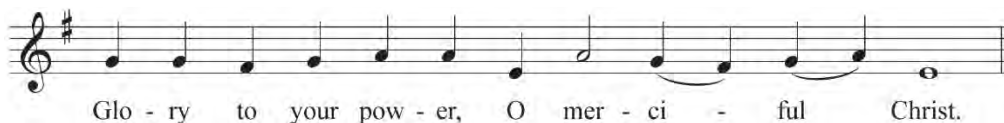


and dis-grace - ful deeds, that, be - ing saved, I may cry out to you:



Glo - ry to your pow - er, O mer - ci - ful Christ.

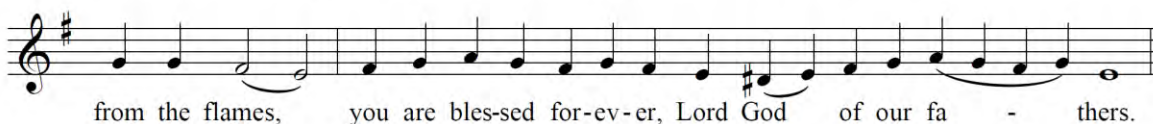
Ikos: O Lord Jesus, eternal with your divine Father, you hold the whole world in your hands and share sovereign power with the Spirit. You appeared in the flesh, curing illness and driving out passions. You gave sight to the blind; you raised the Paralytic by your divine word and commanded him to walk and take his pallet on his shoulders. With him we celebrate and sing to you:



Ode 7

Irmos

Tone 6



Refrain



When it saw you hanging on the Cross, the sun held back its light, unable to give light to the world, when you wished to lie down, O King of all, to enlighten the nations. *Refrain*

Why do you seek among the dead the One who has life? He is risen; he is no longer in the tomb, an angel brilliant with light once told the myrrh-bearers. *Refrain*

For many years a man had lain upon his bed; by your word you cured him and cried out: O Paralytic, rise up and take your pallet; walk and proclaim the marvels of God. *Refrain*

O Michael, the archangel of the Lord, be the guide of the faithful gathered in your holy temple to praise God; and by the strength of your intercession, be their refuge against all adversity.



Glo-ry to the Father, and to the Son, and to the Ho-ly Spir - it.

O holy Trinity, save us from all danger, the faithful who sing to you unceasingly, for you are the Master and God of all; and make us able to share in the inheritance of eternal good.



Now and ev - er and for - ev - er. A - men.

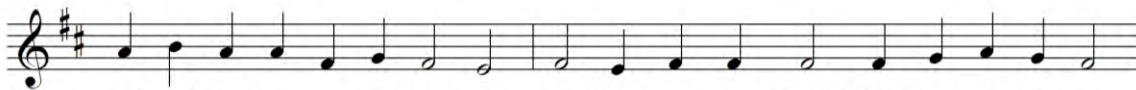
You remained a virgin when you gave birth without seed to him begotten by the Father before all ages; this is a miracle which surpasses understanding, and for which we extol you.

Katavasia

Tone 1 samopodoben



God, who saved the three youths from the fur - nace, has be-come man



and suf-fered as an - y mor-tal; but his pass-sion clothed his mor-tal - i - ty



with the splendor of in-cor-rup-tion. He is the only blessed One, God of our



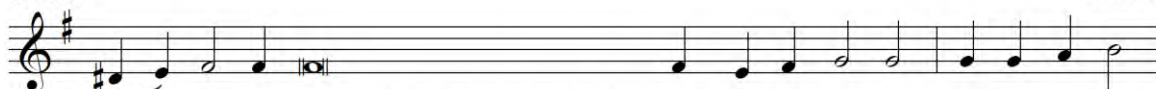
fa - thers, and is wor - thy of all praise.

*The Cantic of the Theotokos is **not** sung and Matins continues with Ode 9.*

Ode 9

Irmos

Tone 6



The fire of the Divinity was born in the womb of the Vir-gin. Mo-ses fore-saw

[illegible]

Refrain



Glo - ry to your ho - ly Re - sur - rec - tion, O Lord.

When you were lifted on the Cross, O Jesus, you lifted up all with you. By your own will you were buried in a tomb and raised up all the dead from their tombs. They praise your infinite might, your ineffable power, and unconquerable majesty. *Refrain*

Beautiful as a bridegroom from the bridal chamber, you rose from the grave, O Word
shining with glory. You destroyed the darkness of Hades and freed those held captive
there, as they sang with one voice: Glory to your Resurrection, O Lord. *Refrain*

The women approached the tomb, mixing groans and tears with the spices they carried; and they learned of the glorious Resurrection of Christ which we, the faithful, celebrate, exalting in the joy of our hearts. *Refrain*

The bodily strength listened to your command, O Christ, and the Paralytic of long ago showed that he was ready to walk, and he carried the pallet on which he had lain for many years, and in his joy, O Christ, he glorified your power. *Refrain*

O Leader, present in a majestic way before the great unsetting Light, ask him to give light to our souls and give peace to our life which is always threatened by the snares and menaces of the serpent.

Glo - ry to the Father, and to the Son, and to the Ho - ly Spir - it.

O Trinity, fullness of light and life, I glorify you in piety; O eternal Father, O Word of God, and Holy Spirit, indivisible majesty in three persons, divinity without confusion, whom we glorify with the angels: Holy, holy, holy are you, O Lord our God.



Now and ev - er and for - ev - er. A - men.

Your womb has become a bearer of brightness, for from it came forth the great Sun which is Christ. Through him the world was illumined with joy; through him was driven out the darkness of sin. Therefore, we praise as the source of all good, the divine Spouse and the all-immaculate Virgin.

Katavasia

Tone 1 samopodoben



Shine in splen - dor, O new Je - ru - sa - lem; for the glo - ry of the Lord



is ris - en up - on you. O Zi - on, now dance and be glad; and



you, pure The - o - to - kos, re - joice in the res - ur - rec - tion of your Son.

Matins continues with the Small Litany on page 36.

Holy is the Lord our God (page 37)

Tone 3



Ho - ly is the Lord our God! Ho - ly is the Lord our God!



Ho - ly is the Lord our God!

Hymn of Light *(page 37)*

Five staves of musical notation in G major (one sharp) and 4/4 time. The melody is written on a single treble clef staff. The lyrics are written below the notes, with hyphens indicating syllables that span across multiple notes. The music features various note values including quarter, eighth, and half notes, as well as rests.

You, O King and Lord, have fal - len a - sleep
in the flesh as a mor - tal man but on the third day
you a - rose. You have raised A - dam from his cor - rup - tion
and made death pow - er - less. You are the Pasch
of in - cor - rup - tion. You are the sal - va - tion of the world.

Glory... now and ever ...

The Lover of us all and all-compassionate Lord came to the pool of Bethesda. There he found a man paralyzed from his youth; he healed his infirmity and said to him: Take up our mat and go your way. Walk in the path of righteousness.

Matins continues with the Psalms of Praise.

Psalms of Praise *(page 38)*

Tone 3

Two staves of musical notation in G major (one sharp) and 4/4 time. The melody is written on a single treble clef staff. The lyrics are written below the notes, with hyphens indicating syllables that span across multiple notes. The music features various note values including quarter, eighth, and half notes, as well as rests.

Let ev' - ry - thing that lives and that breathes give praise to the Lord.
Praise the Lord from the heav - ens, praise him in the heights.

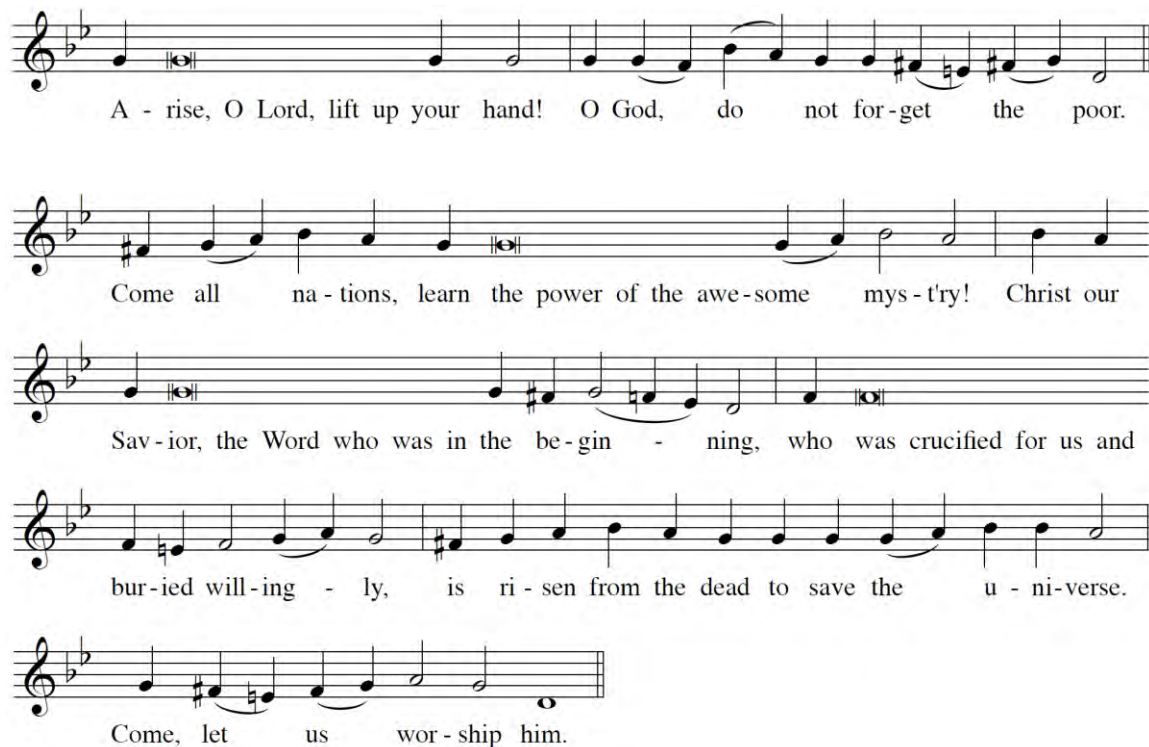


The Psalms of Praise continue with "Praise him, sun and moon..." on page 38.

Stichera (page 40)

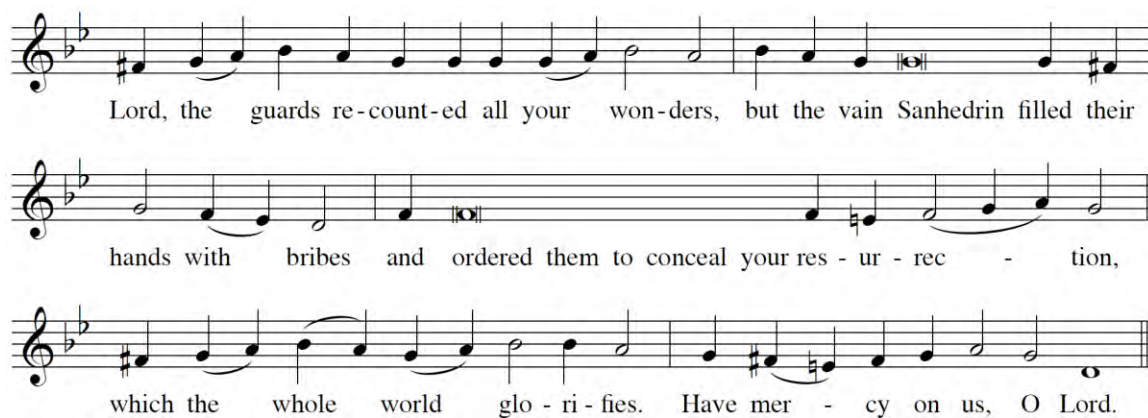
The 1st & 2nd of the 8 Sunday stichera:

Cantor (Tone 3):



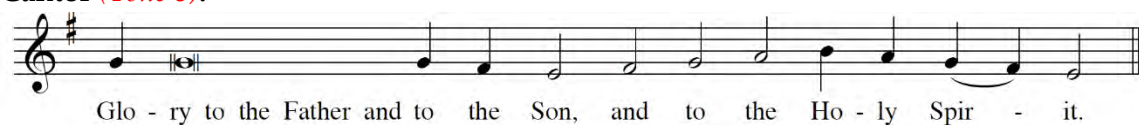
Cantor (Tone 3):





Lord, the guards re-count-ed all your won-ders, but the vain Sanhedrin filled their
hands with bribes and ordered them to conceal your res - ur - rec - tion,
which the whole world glo - ri - fies. Have mer - cy on us, O Lord.

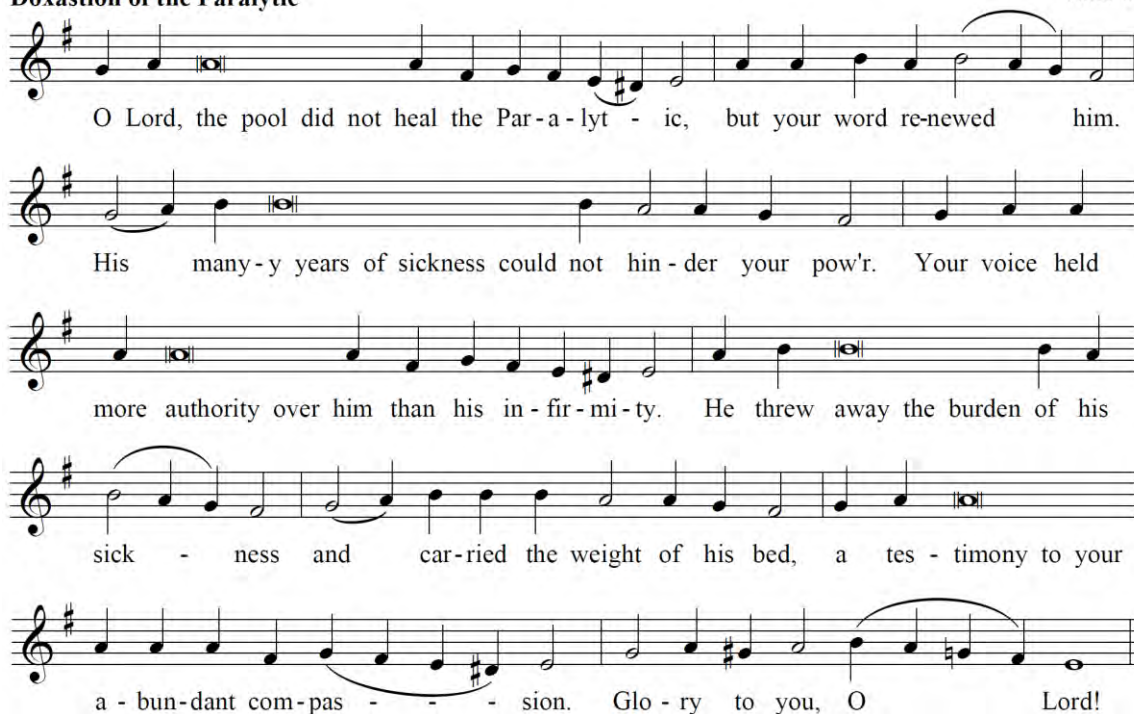
Cantor (*Tone 8*):



Glo - ry to the Father and to the Son, and to the Ho - ly Spir - it.

Doxastion of the Paralytic

Tone 8



O Lord, the pool did not heal the Par-a-lyt - ic, but your word re-newed him.
His many-y years of sickness could not hin - der your pow'r. Your voice held
more authority over him than his in - fir - mi - ty. He threw away the burden of his
sick - ness and car-ried the weight of his bed, a tes - timony to your
a - bun-dant com-pas - - - sion. Glo - ry to you, O Lord!

Matins continues with "Now and ever..." & the Theotokion for normal Sundays on p. 41.