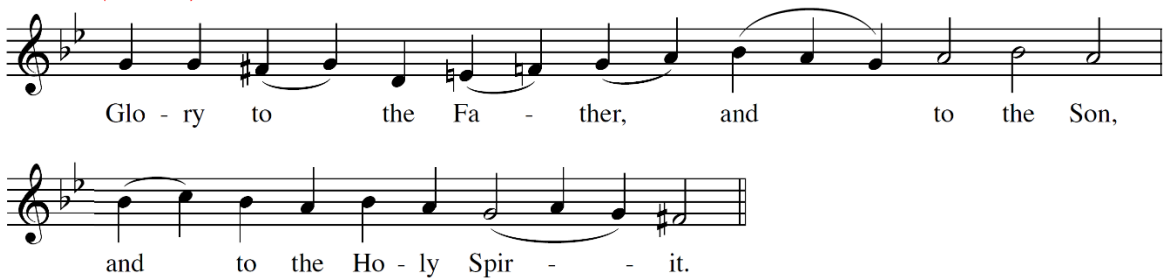


# FIRST HOUR PROPER FOR THE WEEK OF THE PARALYTIC MAN

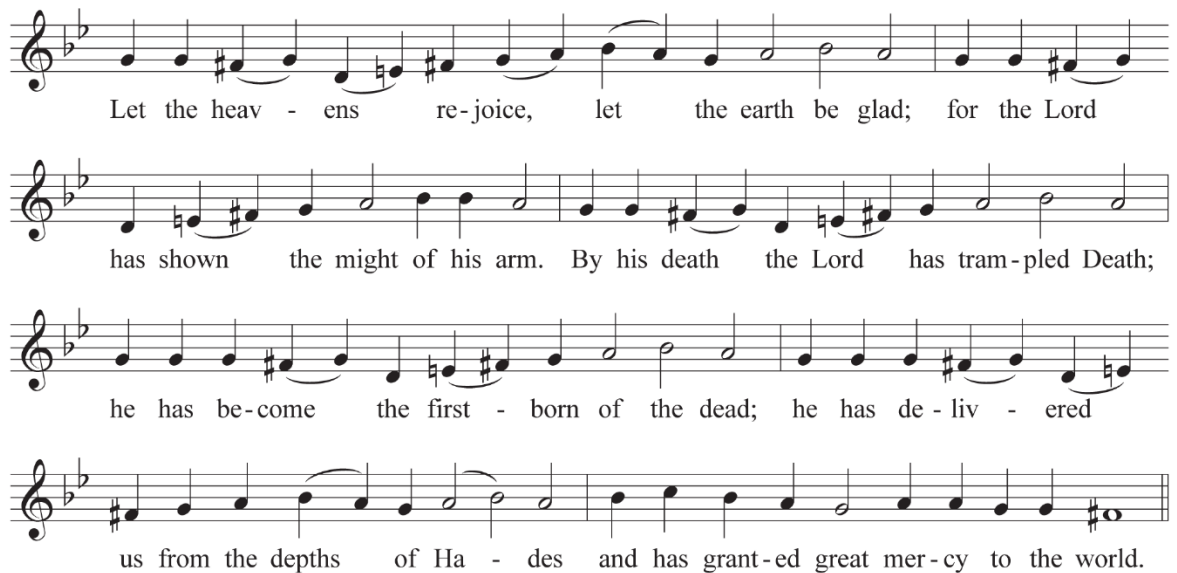
*On weekdays during the Paschal Season, "Christ is risen..." is sung three times at the beginning of each Hour. The Troparion and Kontakion are of the previous Sunday.<sup>1</sup>*

## **Cantor (Tone 3):**



Glo - ry to the Fa - ther, and to the Son,  
and to the Ho - ly Spir - - it.

## **Troparion of the Resurrection - Tone 3:**



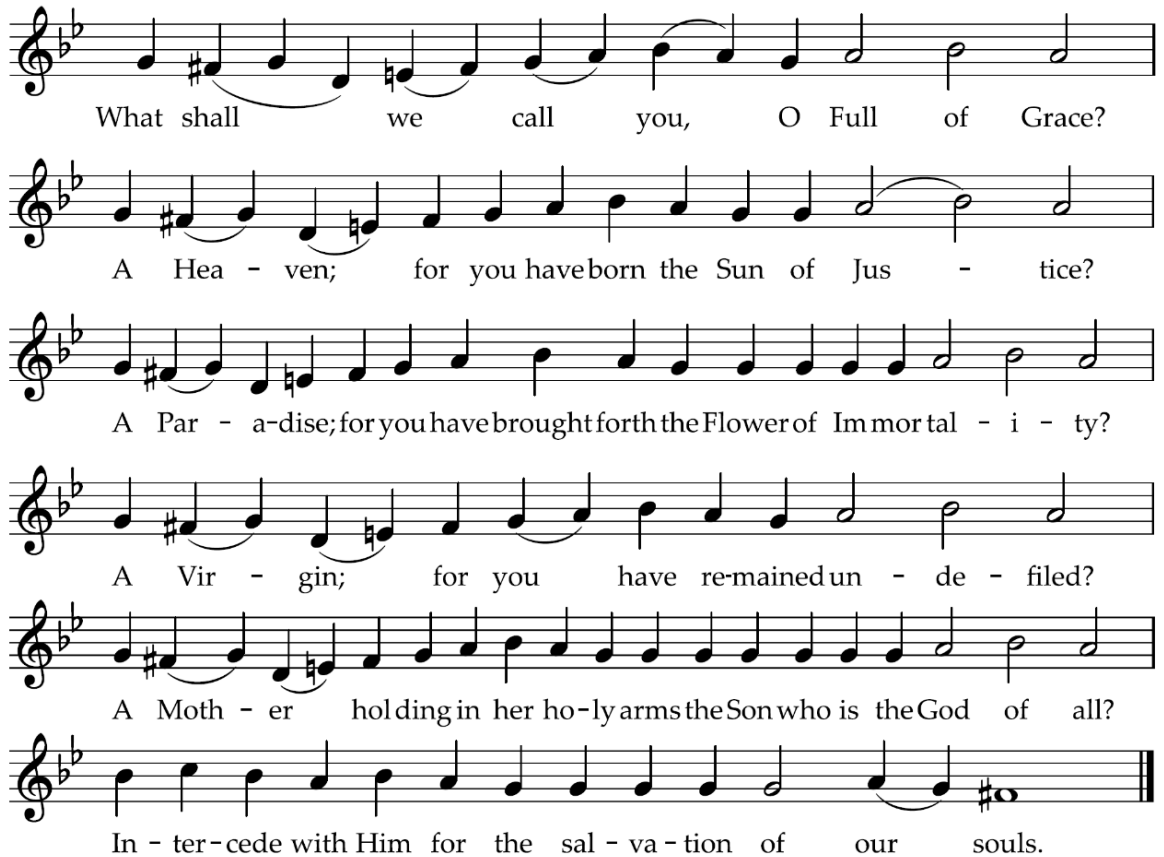
Let the heav - ens re-joice, let the earth be glad; for the Lord  
has shown the might of his arm. By his death the Lord has tram-pled Death;  
he has be-come the first - born of the dead; he has de - liv - ered  
us from the depths of Ha - des and has grant-ed great mer-cy to the world.

## **Cantor (Tone 3):**



Now and ev - er and for - ev - er. A - men.

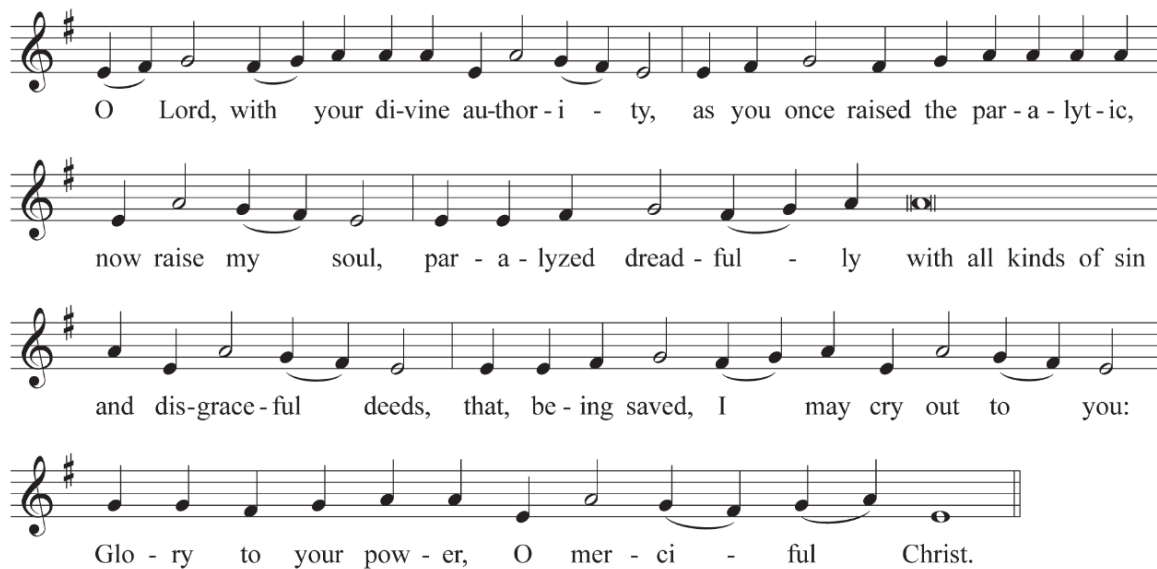
Theotokion of First Hour – *Tone 3:*



What shall we call you, O Full of Grace?  
A Heaven; for you have born the Sun of Justice?  
A Paradise; for you have brought forth the Flower of Immortality?  
A Virgin; for you have remained undefiled?  
A Mother holding in her holy arms the Son who is the God of all?  
Intercede with Him for the salvation of our souls.

*First Hour continues with "Guide my footsteps according to your promise..." on p. 9*

**Kontakion - Tone 3:**



O Lord, with your di-vine au-thor-i - ty, as you once raised the par - a - lyt-ic,  
now raise my soul, par - a - lyzed dread - ful - ly with all kinds of sin  
and dis-grace - ful deeds, that, be - ing saved, I may cry out to you:  
Glo - ry to your pow - er, O mer - ci - ful Christ.

The musical score is written on four staves in G major (one sharp). The melody is a simple, stepwise line with some eighth-note runs. The lyrics are placed below the notes, with hyphens indicating syllables that span across notes. The piece ends with a double bar line and repeat dots.

*First Hour continues with "Lord, have mercy..." (40 times) on page 11.*

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<sup>1</sup> Format 24 in David Petras' *Common Typicon* (Fairfax: Eastern Christian Publications), 60.