

VESPERS PROPER FOR MAY 16TH, 2020

from the Menaion

¹Postfestive Day of Mid-Pentecost

Our venerable father Theodore, disciple of St. Pachomius, hegumen of Taberna, called “the Sanctified.” Theodore became the hegumen of all Pachomius’ monasteries, and lived to a great old age, guiding a multitude of monks on the way of salvation. (368)

The holy martyrs Vitus, Modestus, and Crescentia. Vitus, a child, with his nurse Crescentia and her husband Modestus, were driven out of the home of Vitus’ parents when they found out their child had become a Christian. They were martyred under the emperor Diocletian. (c. 302) The relics of St. Vitus are venerated in Prague in the Czech Republic.

The holy priest-martyr Vitalis Vladimir Bajrak. Born in Galicia, he entered the Basilian monastery in 1933. He was made hegumen in 1941. In 1945, the Soviets arrested him and sent him to a labor camp at Drohobych, where he died in Great Week. (1946)

Psalm 140 (*Tone 1*)

O Lord, I have cried to you, hear me. Hear me, O Lord! O

Lord, I have cried to you, hear me; re - ceive the voice of my pray'r when I

call up - on you. Hear me O Lord.

Let my pray'r as - cend to you like in - cense and the lift - ing up of my hands

like an eve - ning sac - ri - fice. Hear me O Lord!

Continue with Psalm 140: "O Lord, set a guard before my mouth..." (p.9).

Stichera at the Lamplighting Psalms

3 stichera from the Pentecostarion:

Cantor - (Tone 1):

(on 6)



If you, O Lord, should mark our guilt, Lord, who would sur-vive? But with you is
found for-give - ness: for this we re-vere you.

(6) Sticheron



At the sixth hour, you came to the well, O Foun-tain of Won - ders, to en-snare the
fruit of Eve; for at that ver - y ho - ur, she had been driven from
Paradise by the guile of the ser - pent. When the Sa-mar-i-tan woman came
to draw wa - ter, you said to her, O Sav - ior: Give me wa - ter
to drink, and I will give you waters of e - ter - nal life. And the wom - an hastened
to the city and proclaimed to the peo - ple: Come and see Christ the Lord, the
Sav - - ior of our souls.

Cantor - (Tone 2):

(on 5)



My soul is waiting for the Lord. I count on his word. My soul is longing for the



Lord, more than watch-man for day - break.

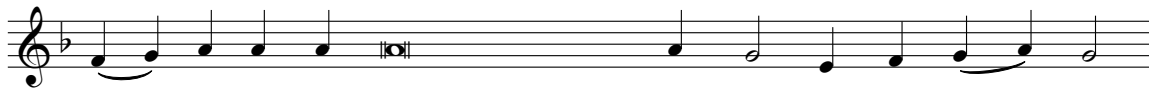
(5) Sticheron



When the Lord came to the well of Ja - cob, the Sa - mar - i - tan



wo - man entreat-ed him, say - ing: Give me the water of faith, O Giv - er of life,



that I may ob - tain the waters of bap-tism, joy and sal - va - tion.



O Lord, glo - - ry to you.

Cantor:

(on 4)



Let the watch-man count on daybreak and Is - ra - el on the Lord.

(4) Sticheron



Tru - ly the Son, Word of God, co - e - ter - nal with the Fa - ther, the Foun-tain



of Wonders himself, came to the foun - tain, where a wom - an of Samaria



came to draw wa - ter. And when the Sav - ior saw her, he said to her:



Give me wa - ter to drink and go call your hus - band. But she ad-dressed



him as man and not as God; wish-ing to con-veal the truth from him,



she said, I have no hus - band. And the Mas - ter replied: You have said



the truth, that you have no hus - band; for you have had five hus - bands,



and the one whom you now have is not your hus - band. A - mazed



by these words, she went to the town, and pro-claimed to the crowds,



say - ing: Come! See Christ, who grants the world great mer - cy.

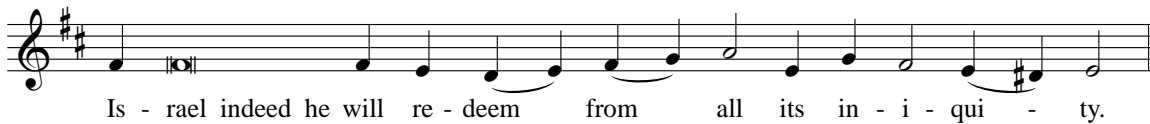
3 stichera for our venerable father Theodore from the Menaion:

Cantor – (Tone 6):

(on 3)



Be - cause with the Lord there is mercy and fullness of redemp-tion,



(3) Sticheron

The Master Who of old appointed * the ascent of the clouds, * later, having come down into Egypt on the light cloud, * foretold that His chosen ones would shine forth, * caught up on the clouds, * in that they are divinely wise. * And with them our father Theodore the sanctified, * the unshakable pillar, * steadfast in virtue, * shining with the all-radiant effulgence of Christ, ** prays with boldness in behalf of our souls.

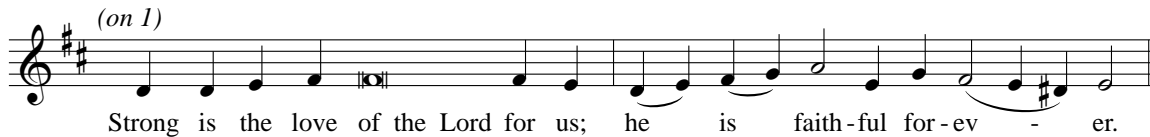
Cantor:



(2) Sticheron

Egypt, which before was driven insane * by demonic sacrifices and passions, * is now adorned with ranks of fasters * and is shown to be bedecked with various beauties * and divine virtues. * Among them has shone forth the namesake of divine gifts, * the venerable Theodore, who beheld and pleased God, * and who, emulating Christ in wondrous humility, ** prays with boldness in behalf of our souls.

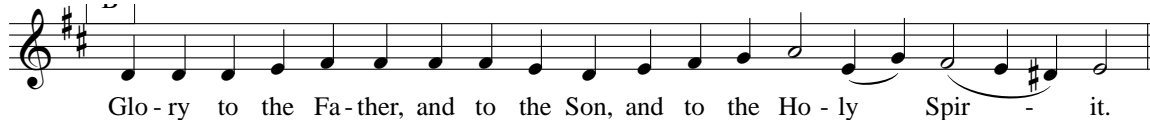
Cantor:



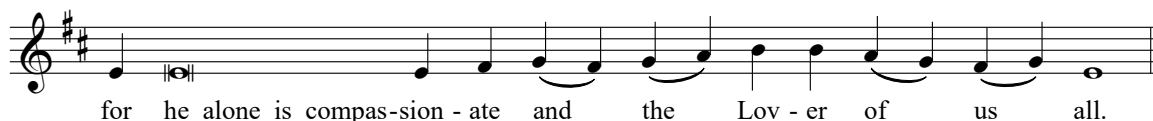
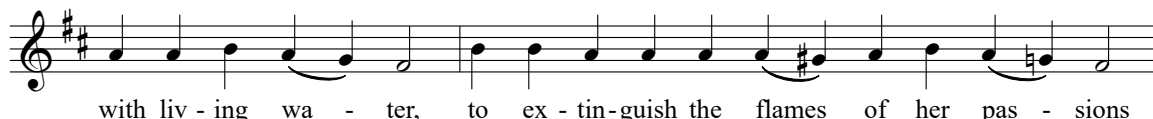
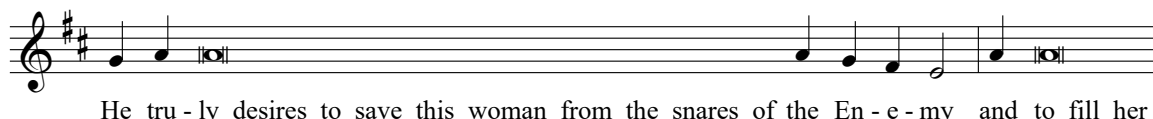
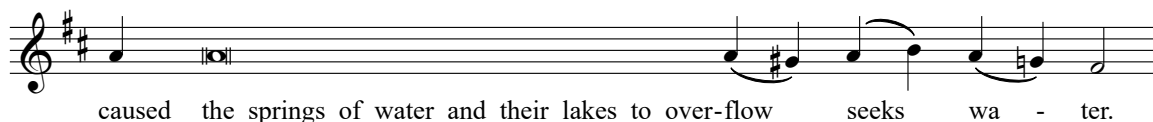
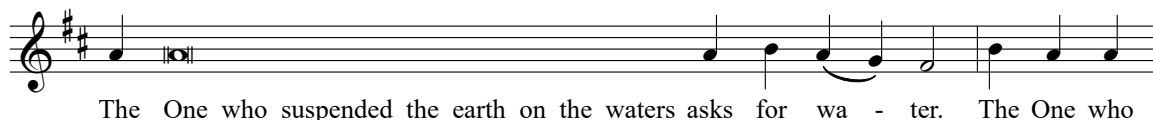
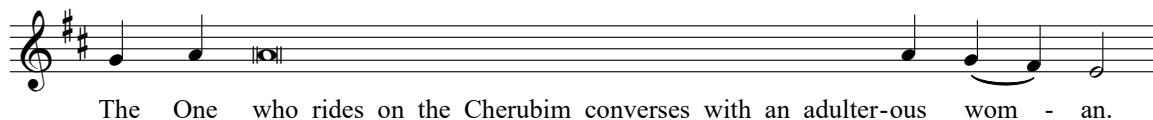
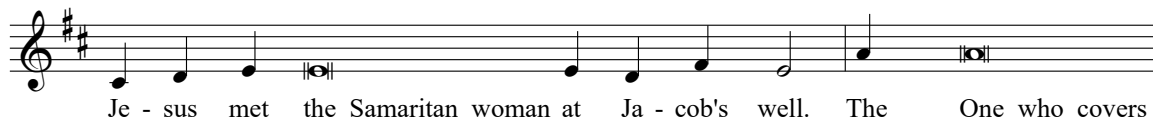
(1) Sticheron

From his youth, the wise Theodore, the great faster, * the divinely wise, * showed forth asceticism, abstinence, * humility, patience, * the avoidance of evil * and the acquisition of the virtues, * in that he is a lover of divine love, * and the wondrous one, rejoicing, has transcended all things visible, * being exalted by his manner of life; * and, conversing with God, ** he now prays with boldness in behalf of our souls.

Cantor - (Tone 6):



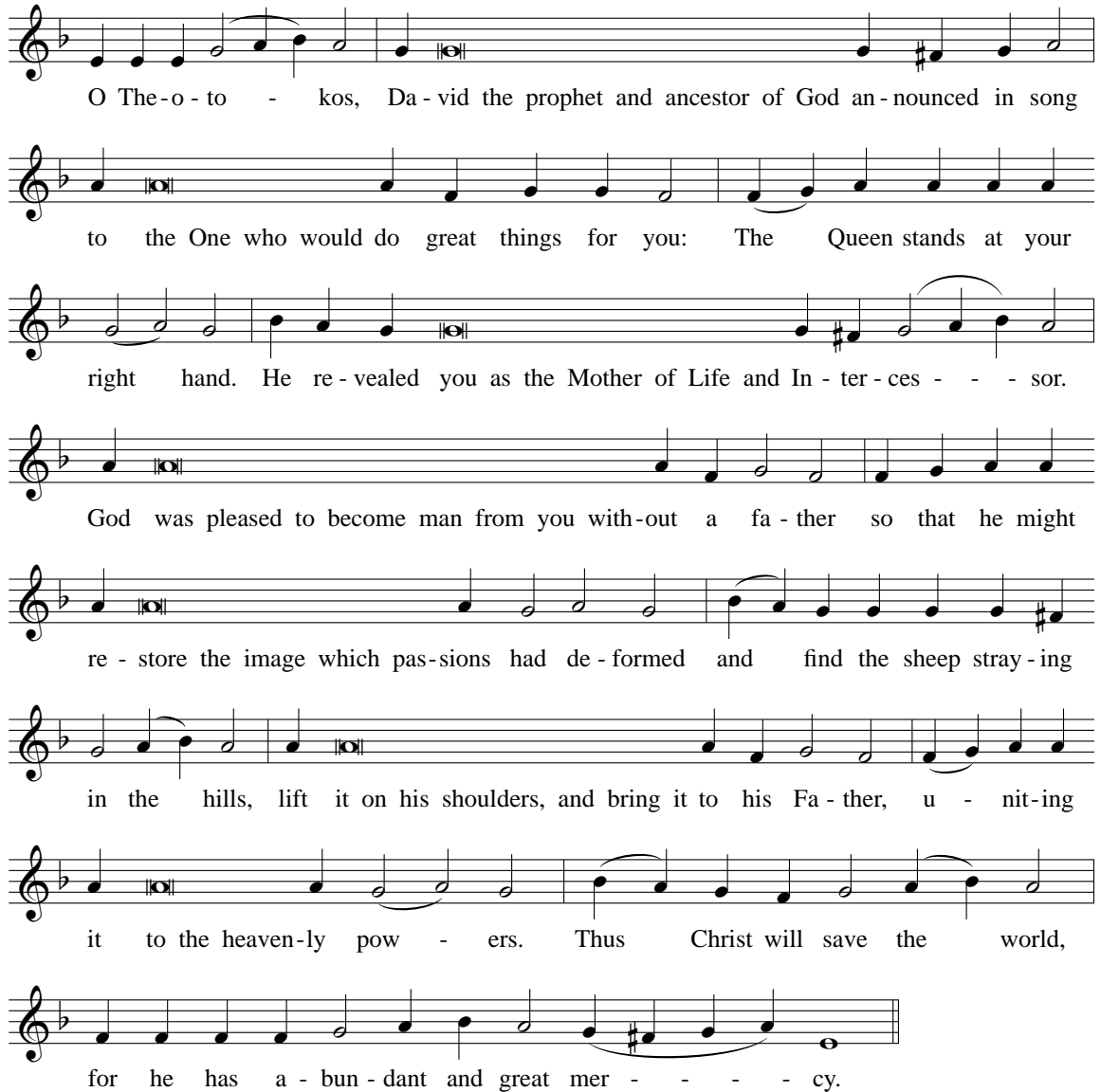
Doxastikon



Cantor - (Tone 4):



Dogmatikon



O The-o - to - kos, Da - vid the prophet and ancestor of God an - nounced in song
to the One who would do great things for you: The Queen stands at your
right hand. He re - vealed you as the Mother of Life and In - ter - ces - - - sor.
God was pleased to become man from you with - out a fa - ther so that he might
re - store the image which pas - sions had de - formed and find the sheep stray - ing
in the hills, lift it on his shoulders, and bring it to his Fa - ther, u - nit - ing
it to the heaven - ly pow - ers. Thus Christ will save the world,
for he has a - bun - dant and great mer - - - - cy.

Continue with "Wisdom..." and the Hymn of the Evening (p. 12)

The Prokeimenon is for the Day of the Week (pp. 13-15).

Aposticha

The aposticha are from the Pentecostarion:

(Tone 4)

Aposticheron:

We bow constantly to your life-creating Cross, O Christ our God, we glorify your resurrection on the third day; for by it, O all-powerful One, corrupt human nature has been re-newed, and you have indicated our ascent to heav - - - en. For you a - lone are good and love us all.

Cantor:

¹
The Lord reigns, he is clothed in maj - es - ty.

Aposticheron:

O Savior, you absolved the penalty of the tree of dis-o - be - di - ence, will-ing-ly nail-ing it to the tree of the cross. When you descended into Hades, O Pow-er - ful One, you broke the bonds of Death a - sun - der, O God. There-fore we wor - ship your resur-rec - tion from the dead, cry - ing out and re - joic - ing:



All - pow - er - ful Lord, glo - ry to you!

Cantor:



The world he made firm, not to be moved.

Aposticheron:



O Lord, you battered down the gates of Ha - - - des, and by your death you



dis - solved Death's do - min - ion. You freed the human race from cor - rup - tion,



grant - ing life, incorruption, and great mer - - - cy to the world.

Cantor:



Ho - li - ness is fit - ting to your house, O Lord, un - til the end of time.

Aposticheron:



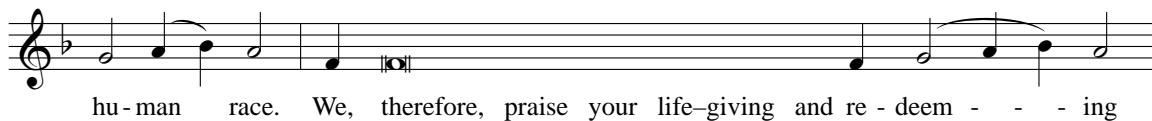
In being lifted upon the Cross, O Lord, you abolished the curse which we had



inherit - ed from our fore - bears. By go - ing down to Ha - des, you freed



from eternal captivity those im - pris - oned there, and grant - ed incorruption to the

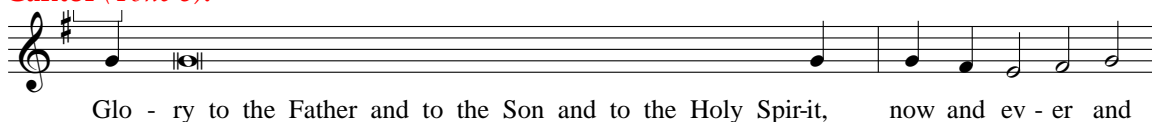


hu-man race. We, therefore, praise your life-giving and re-deem - - - ing



res - ur - rec - - tion.

Cantor (Tone 8):



Glo - ry to the Father and to the Son and to the Holy Spir-it, now and ev - er and

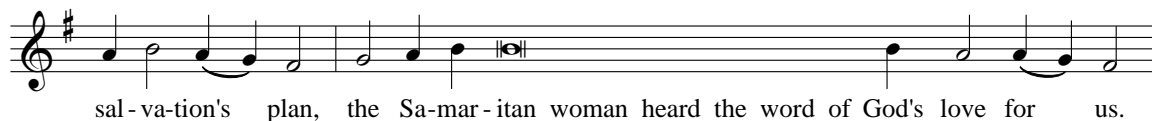


for - ev - - er. A - men.

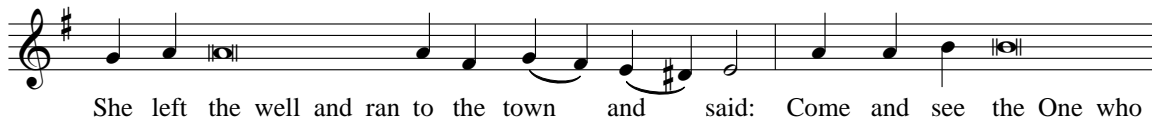
Doxastikon



When you ap-peared in the flesh, O Christ God, to ac-com-lish your



sal-va-tion's plan, the Sa-mar-itan woman heard the word of God's love for us.



She left the well and ran to the town and said: Come and see the One who



knows the se-crets of our hearts: can this be the Christ, the Mes-si - ah we a-wait,



the One who be-stows great mer - cy?

Continue with the Prayer of the Holy Prophet Simeon (p. 21).

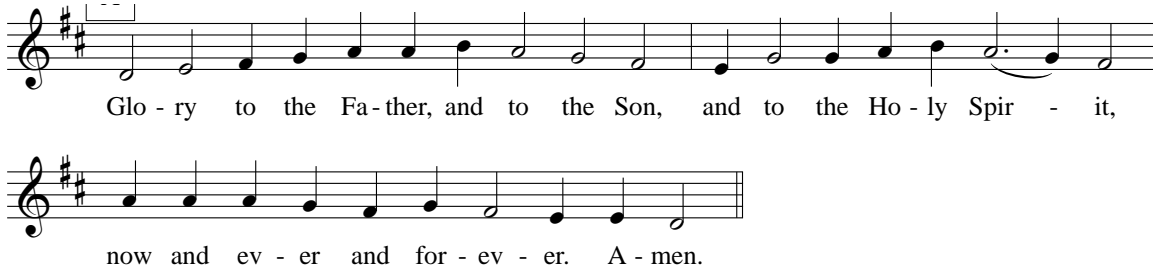
Troparia

Troparion - Tone 1



You made the wil-der-ness your dwell - ing, O fa-ther The - o-dore,
the bear - er of God. You be - came an an - gel in the flesh and a won - der -
work - er. Through fasts. vi - gils and pray'rs, you ob - tained from God
spe - cial gra - ces to heal the sick and to sanc - ti - fy the souls of those who come
to you with trust. Glo - ry to the One who gave you strength! Glo - ry to the
One who crowned you! Glo - ry to the One who through your inter - ces - sion grants
heal - ing to all!

Cantor (Tone 4):



Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,
now and ev - er and for - ev - er. A - men.

Troparion of the Resurrection - Tone 4



The joy - ful mes - sage of the res - ur - rec - tion was heard by the women disci - ples



from the an - gel, and be - ing freed from the an - ces - tral curse, they boast - ed



to the a - pos - tles: Death is de - spoiled; Christ our God is ris - en,



giv - ing great mer - cy to the world.

Continue with the Litany of Daily Vespers (p.23) and then the Dismissal (p. 24).

¹Format 24: Weekdays during the Paschal Season