

## THE THIRD HOUR

*If this Hour is not appended to First Hour, we begin with the blessing and Trisagion Prayers as follows. If this Hour is appended to First Hour, we begin with the Call to Worship (“Come let us worship...” on page 4).*

*The priest, vested in epitrachilion, and deacon, fully vested, come before the Royal Doors.*

**Deacon:** Reverend Father,  
give the blessing.

**Priest:** Blessed is our God,  
always, now and ever  
and forever.

**Response:** Amen.

*If a priest is not present:*

**Leader:** Through the prayers  
of our holy fathers, O  
Lord Jesus Christ, our  
God, have mercy on  
us.

**Response:** Amen.

Glory to you, our God,  
glory to you!

Heavenly King, Comforter, Spirit of Truth,  
everywhere present and filling all things.  
Treasury of Blessings and Giver of Life,  
come and dwell within us,  
cleanse us of all stain,  
and save our souls, O gracious One.

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*From Pascha until Pentecost, "Glory to you..." and "Heavenly King..." are not said.  
From Pascha until Ascension, the following Paschal Troparion is sung three times:*

Christ is ris - en from the dead! By death he tram - pled Death;  
and to those in the tombs he grant - ed life.

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### Trisagion Prayers

Holy God, Holy and Mighty, Holy and Immortal,  
have mercy on us. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit,  
now and ever and forever. Amen.

Most Holy Trinity, have mercy on us;  
Lord, cleanse us of our sins;  
Master, forgive our transgressions;  
Holy One, come to us and heal our infirmities  
for your name's sake.

Lord, have mercy. Lord, have mercy.  
Lord, have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit,  
now and ever and forever. Amen.

Our Father, who art in heaven, hallowed be thy name.  
Thy kingdom come, thy will be done on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

**Priest:** For thine is the  
kingdom and the  
power and the glory,  
Father, Son, and Holy  
Spirit, now and ever  
and forever.

**Response:** Amen.

*If a priest is not present:*

**Leader:** Through the prayers  
of our holy fathers, O  
Lord Jesus Christ, our  
God, have mercy on  
us.

**Response:** Amen.

Lord, have mercy. Lord, have mercy. Lord, have mer - cy. Lord, have mercy. Lord,

have mercy. Lord, have mer - cy. *(Twice)*

Glory to the Father, and to the Son, and to the Holy Spirit,  
now and ever and forever. Amen.

### Call to Worship

*Making three reverences:*

Come, let us worship our King and God.  
Come, let us worship Christ, our King and God.  
Come, let us worship and bow before the only Lord  
Jesus Christ, the King and our God.

*The priest and deacon return to the altar, and go to the presbyteral chairs behind the altar.*

### Psalm 16

Lord, hear a cause that is just,  
pay heed to my cry.  
Turn your ear to my prayer:  
no deceit is on my lips.  
From you may my judgment come forth.  
Your eyes discern the truth.  
You search my heart, you visit me by night.  
You test me by fire and you find in me no wrong.  
My words are not sinful like men's words.

I kept from violence because of your word,  
I kept my feet firmly in your paths;  
there was no faltering in my steps.  
I am here and I call, you will hear me, O God.  
Turn your ear to me; hear my words.  
Display your great love, you whose right hand saves  
your friends from those who rebel against them.  
Guard me as the apple of your eye.  
Hide me in the shadow of your wings  
from the violent attack of the wicked.  
My foes encircle me with deadly intent.  
Their hearts tight shut, their mouths speak proudly.  
They advance against me, and now they surround me.  
Their eyes are watching to strike me to the ground,  
as though they were lions ready to claw  
or like some young lion crouched in hiding.  
Lord, arise, confront them, strike them down!  
Let your sword rescue my soul from the wicked.  
Let your hand, O Lord, rescue me from men,  
from men whose reward is in this present life.  
You give them their fill of your treasures;  
they rejoice in abundance of offspring  
and leave their wealth to their children.  
As for me, in my justice I shall see your face  
and be filled, when I awake, with the sight of your glory.

### **Psalm 24**

To you, O Lord, I lift up my soul.  
I trust you, let me not be disappointed;  
do not let my enemies triumph.

Those who hope in you shall not be disappointed,  
but only those who wantonly break faith.  
Lord, make me know your ways.  
Lord, teach me your paths.  
Make me walk in your truth, and teach me:  
for you are God my savior.  
In you I hope all day long.  
Remember your mercy, Lord,  
and the love you have shown from of old.  
Do not remember the sins of my youth.  
But remember me according to your mercy,  
because of your goodness, O Lord.  
The Lord is good and upright.  
He will give laws to those who stray.  
He guides the humble in the right path,  
He teaches his way to the poor.  
His ways are faithfulness and love  
for those who keep his covenant and will.  
Lord, for the sake of your name  
forgive my guilt, for it is great.  
If anyone fears the Lord  
he will give laws for the way he should choose.  
His soul will dwell among the good  
his children shall possess the land.  
The Lord's friendship is for those who revere him;  
to them he reveals his covenant.  
My eyes are always on the Lord,  
for he rescues my feet from the snare.  
Turn to me and have mercy  
for I am lonely and poor.

The afflictions of my heart have multiplied.  
Set me free from my distress.  
See my affliction and my toil  
and take all my sins away.  
See how many are my foes;  
how violent their hatred for me.  
Preserve my life and rescue me.  
Do not disappoint me, you are my refuge.  
May innocence and uprightness protect me:  
for my hope is in you, O Lord.  
Redeem Israel, O God, from all its distress.

### **Psalm 50**

Have mercy on me, O God, in your kindness.  
In your compassion blot out my offense.  
O wash me more and more from my guilt  
and cleanse me from my sin.  
My offenses truly I know them;  
my sin is always before me.  
Against you, you alone, have I sinned;  
what is evil in your sight I have done.  
That you may be justified when you give sentence  
and be without reproach when you judge.  
O see, in guilt I was born,  
a sinner was I conceived.  
Indeed you love truth in the heart;  
then in the secret of my heart teach me wisdom.  
Sprinkle me with hyssop, then I shall be clean;  
O wash me, I shall be whiter than snow.

Make me hear rejoicing and gladness,  
that the bones you have crushed may thrill.  
From my sins turn away your face  
and blot out all my guilt.  
A pure heart create for me, O God,  
put a steadfast spirit within me.  
Do not cast me away from your presence  
nor deprive me of your Holy Spirit.  
Give me again the joy of your help;  
with a spirit of fervor sustain me;  
that I may teach transgressors your ways  
and sinners may return to you.  
Deliver me from blood-guilt, O God, my saving God,  
and my tongue shall ring out your goodness.  
O Lord, open my lips,  
and my mouth will declare your praise.  
For in sacrifice you take no delight,  
burnt offering from me you would refuse;  
my sacrifice, a contrite spirit,  
a contrite, humbled heart you will not spurn.  
In your goodness, O Lord, show favor to Zion;  
rebuild the walls of Jerusalem.  
Then you will be pleased with lawful sacrifice,  
burnt offerings wholly consumed;  
then you will be offered young bulls on your altar.  
Glory to the Father, and to the Son, and to the Holy Spirit,  
now and ever and forever. Amen.

Alleluia! Alleluia! Alleluia!

Glory to you, O God! *(Three times, each with a bow)*



*Third time, with melody:*



Lord, have mercy. Lord, have mercy.  
Lord, have mercy.

### **Troparion**

*If the Typikon appoints more than one Troparia, all but the final Troparion are sung before the "Glory..."*

**Cantor:** Glory to the Father, and to the Son, and to the Holy Spirit

*The Troparion of the day, saint, or feast is sung as appointed by the Typikon.*

### **Theotokion of the Hour**

*Continuing in the same tone as the Troparion:*

**Cantor:** Now and ever and forever. Amen.

O Theotokos, you are the true vine laden with the Fruit of life;  
therefore, we implore you, O Lady,  
to intercede together with the apostles and all the saints  
that we may obtain mercy for our souls.

*Then we chant the following verses (Ps. 67:20-21):*

May the Lord God be blessed;  
may the Lord be blessed day after day.  
The God of our salvation will prosper us;  
this God of ours is a God who saves.

## Trisagion Prayers

Holy God, Holy and Mighty, Holy and Immortal,  
have mercy on us. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit,  
now and ever and forever. Amen.

Most Holy Trinity, have mercy on us;  
Lord, cleanse us of our sins;  
Master, forgive our transgressions;  
Holy One, come to us and heal our infirmities  
for your name's sake.

Lord, have mercy. Lord, have mercy.  
Lord, have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit,  
now and ever and forever. Amen

Our Father, who art in heaven, hallowed be thy name.  
Thy kingdom come, thy will be done on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

**Priest:** For thine is the kingdom and the power and the glory, Father, Son, and Holy Spirit, now and ever and forever.

**Response:** Amen.

*If a priest is not present:*

**Leader:** Through the prayers of of our holy fathers, O Lord Jesus Christ, our God, have mercy on us.

**Response:** Amen.

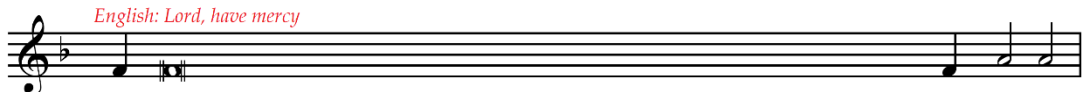
## Kontakion

*The kontakion of the day, saint, or feast is sung as appointed by the Typikon.*


*The priest and deacon, leaving the altar by the northern door, come in front of the Royal Doors.*

*“Lord, have mercy” is now sung forty times. It may be sung in several languages:*

*English: Lord, have mercy*

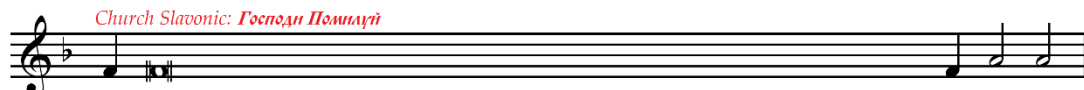


Lord, have mercy. Lord, have mercy. Lord, have mercy. Lord, have mercy. Lord, have mer-cy.

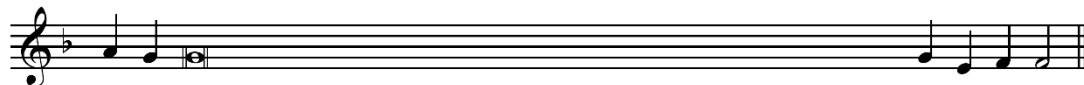


Lord, have mercy. Lord, have mercy. Lord, have mercy. Lord, have mercy. Lord, have mer-cy.

*Church Slavonic: Господи Помилуй*



Hó - spodi pomíluj. Hóspodi pomíluj. Hóspodi pomíluj. Hóspodi pomíluj. Hóspodi po - mí - luj.



Hó-spo - di pomíluj. Hóspodi pomíluj. Hóspodi pomíluj. Hóspodi pomíluj. Hóspo-di po - mí - luj.

*Arabic: يا رب ارحم*

Ya rub-bur-ham. Ya rub-bur-ham. Ya rub-bur-ham. Ya rub-bur-ham. Ya rub-bur-ham.

Ya rub-bur-ham. Ya rub-bur-ham. Ya rub-bur-ham. Ya rub-bur-ham. Ya rub-bur-ham.

*Greek: Κύριε ἐλέησον*

Ky - rie eleison. Kyrie eleison. Kyrie eleison. Kyrie eleison. Kyrie e - lei - son.

Ky - ri - e eleison. Kyrie eleison. Kyrie eleison. Kyrie eleison. Kyri - e e - lei - son.

## Prayer of the Hours

**Priest:** O good God, in all times and places you are worshiped and glorified both in heaven and on earth. You are long-suffering and generous in your mercy and compassion. You love the just and show mercy to the sinner, calling all to repentance through the promise of blessings to come. Deem, O Lord, at this very hour, to receive our supplications and to direct our lives in the path of your commandments. Sanctify our souls; purify our bodies; set aright our minds; cleanse our thoughts; deliver us from all affliction, trouble, and distress; surround us with your holy angels so that, guided and guarded in their camp, we may attain oneness of faith and the knowledge of your unspeakable glory. For you are blessed forever and ever.

**Response:** Amen.

Lord, have mercy. Lord, have mercy.  
Lord, have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit,  
now and ever and forever. Amen.

More honorable than the Cherubim,  
and beyond compare more glorious than the Seraphim,  
who, a virgin, gave birth to God, the Word;  
you, truly the Theotokos, we magnify.

*If a priest is present:*

Give the blessing, Father,  
in the name of the Lord

**Priest:** May God be merciful to us  
and bless us; may he cause  
his countenance to shine  
upon us, and have mercy  
on us.

**Response:** Amen.

*If a priest is not present:*

**Leader:** Through the prayers of  
our holy fathers, O  
Lord Jesus Christ our  
God, have mercy on us.

**Response:** Amen.

*The service concludes here.*

*If it is a day of Alleluia on Monday through Friday, First Hour continues with the  
Prayer of St. Ephrem.*

**Priest:** Master and God: Almighty Father, only-begotten Son, Lord Jesus Christ, and Holy Spirit, one divinity and one might, have mercy on me, a sinner, and save me, your unworthy servant, according to the ways of your wisdom. For you are blessed forever and ever.

**Response:** Amen.

*If the Sixth Hour is to follow immediately, begin the Hour with the Call to Worship ("Come, let us worship..."). Otherwise, the following Dismissal.*

### Dismissal

**Priest:** Glory to you, O Christ God, our hope;  
glory to you!

**Response:** Glory to the Father, and to the Son, and to the Holy Spirit,  
now and ever, and forever. Amen.  
Lord, have mercy. Lord, have mercy. Lord, have mercy.  
Give the blessing.

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*Throughout Pascha, the following is sung in place of "Glory to the Father... Give the blessing."*

**Response:** Christ is risen from the dead! By death he trampled Death;  
and to those in the tombs he granted life.  
Lord, have mercy. Lord, have mercy. Lord, have mercy.  
Give the blessing.

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**Priest:** May Christ our true God,  
*On Sunday & throughout Pascha:* risen from the dead,  
*Daily:* have mercy on us and save us through the prayers of his most pure Mother;  
*On Wednesday, Friday, & Saturday:* by the power of the precious and life-creating cross;  
*On Monday & Saturday:* through the protection of the honorable and heavenly angelic powers;  
*On Tuesday & Saturday:* (through the prayers) of the honorable and glorious prophet, forerunner, and baptist John;  
*Daily:* (through the prayers) of the holy, glorious, and illustrious apostles;  
*On Thursday & Saturday:* of our holy father Nicholas the Wonderworker, archbishop of Myra;  
*On Saturday:* of the holy, glorious, and victorious martyrs; of our venerable and God-bearing fathers; of the holy and just ancestors of God, Joachim and Anna;  
*Daily:* of the holy *(Name/s)*, the patron[s] / [patroness] of this church; of the holy *(Name/s of the saint/s whose day it is)*; and through the prayers of all the saints; for Christ is good and loves us all.

**Response:**

