

# VESPERS PROPER FOR APRIL 22<sup>ND</sup>, 2020

## from the Menaion

### <sup>1</sup>Wednesday of Thomas Week

**Our venerable father Theodore the Sykiot** in the neighborhood of Sykeon in Galatia, bishop and hegumen. Seized by a love of solitude from childhood, he chose an austere sort of life. Having reluctantly been consecrated bishop of Anastasiopolis, he begged the Patriarch of Constantinople for a long time that he might return to his former retreat. (c. 613)

### Psalm 140 (*Tone 1*)

O Lord, I have cried to you, hear me. Hear me, O Lord! O Lord, I have cried to you, hear me; re - ceive the voice of my pray'r when I call up - on you. Hear me, O Lord! Let my pray'r as - cend to you like in - cense and the lift - ing up of my hands like an eve - ning sac - ri - fice. Hear me, O Lord!

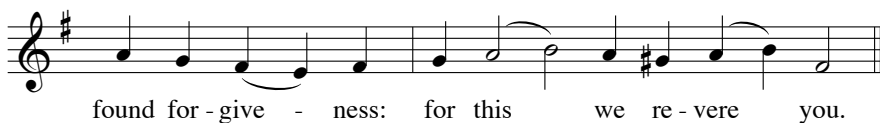
*Continue with Psalm 140: "O Lord, set a guard before my mouth..." (p.9).*

### Stichera at the Lamplighting Psalms

*3 stichera from the Pentecostarion:*

**Cantor - (Tone 1):**

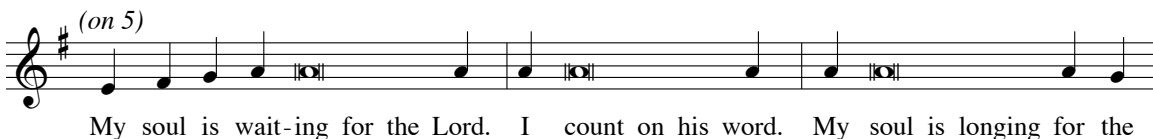
*(on 6)*  
If you, O Lord, should mark our guilt, Lord, who would sur-vive? But with you is



#### (6) Sticheron

The Lover of Mankind rose from the dead on the third day. \* He said to Thomas: See and feel the wounds in my hands and feet; \* know Me as the changeless God \*\* who accepted your earthly image and suffered in it.

**Cantor:**



#### (5) Sticheron

Thomas the Twin was amazed; \* seeing the wounds on the hands and feet, \* he marveled at the miracle and touched the side of the Lord. \* Then he proclaimed to the pagans \*\* your rising from the tomb on the third day.

**Cantor:**

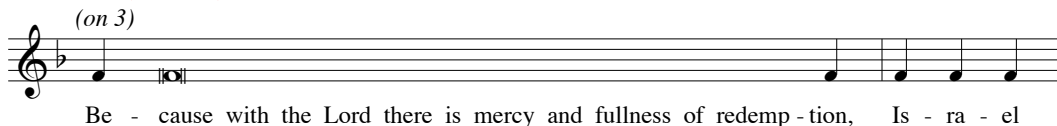


#### (4) Sticheron

I received great joy, O my Savior, \* seeing your Resurrection confirmed by positive facts \* which Thomas had a chance to touch. \*\* So I proclaim You as truly God and truly man.

*3 stichera for our venerable father Theodore from the Menaion:*

**Cantor – (Tone 5):**



### (3) Sticheron

O venerable father, sacred Theodore, \* you were sanctified from your mother's womb, \* and like Jeremiah of old were known to God. \* A star heralded your nativity, \* the whole world has truly been enlightened by the splendor of your life, \* and the darkness of the demons has vanished. \* Infirmities have been driven away from men of every age, \* and grace has poured forth all manner of healings. \* Wherefore, we cry out to you: \* Always entreat Christ, \*\* that He grant to the world great mercy.

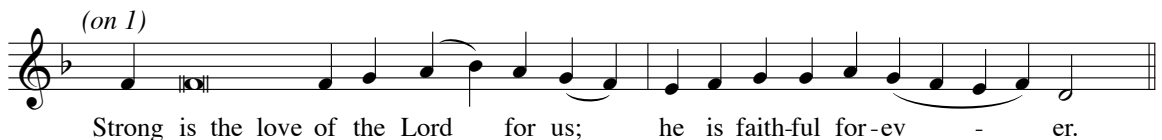
**Cantor:**



### (2) Sticheron

O venerable father, right wondrous Theodore, \* having consumed all the tinder of sin with mighty abstinence \* and the fire of prayer, \* you received divine illumination, \* you caused the grace of the Trinity to abide in you, \* and became wholly radiant, \* emitting rays of healing, \* beholding things to come, as did Elisha of old, \* sundering the bonds of barrenness, \* driving away hordes of demons with the power of the divine Spirit, \* and beseeching Him, \*\* that He grant peace and great mercy to the whole world.

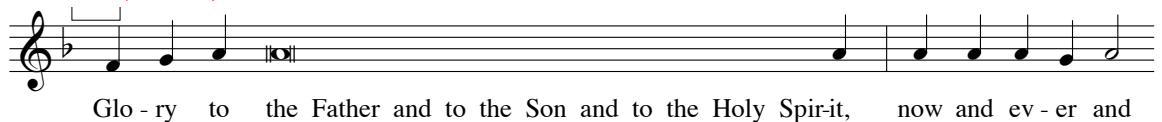
**Cantor:**



### (1) Sticheron

O venerable father, most honored Theodore, \* you sun who have illumined the earth with your works and countless signs, \* precious gift given to Christ God, \* excellent foundation of the priesthood, \* model of monastics, confirmation of those who have recourse to you with faith, \* precious stone, house of the Trinity, \* bowl pouring forth an abyss of healings: \* pray always to Christ, \*\* that He grant to the whole world peace and great mercy.

**Cantor - (Tone 4):**





for - ev - er. A - men.

**Doxastikon** – (Tone 4 Bolhar)



Man-i - fest-ing the bright-ness of your di-vin - i - ty, you ap-peared, al-though



the doors were closed, O Lord. Stand-ing in the midst of your dis-ci - ples,



you un cov-ered your side and showed them the wounds of your hands and feet,



de - liv - er - ing them from the sad-ness that had o - ver-come them. You spoke



to them clear - ly and said: As you see, my friends, I



have as-sumed flesh; I am not a pure spir - it. You spoke



to the dis-ci-ple who had doubt-ed, and asked him to touch your wounds,



say - ing: Ex-plore my wounds and doubt no long-er. The dis-ci - ple



*Continue with "Wisdom..." and the Hymn of the Evening (p. 12)*

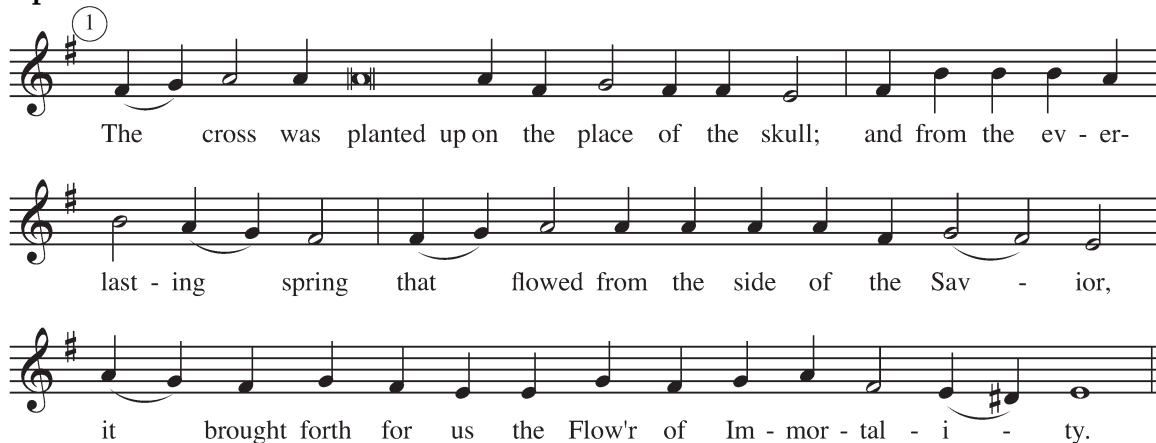
*The Prokeimenon is for the Day of the Week (pp. 13-15).*

### **Aposticha**

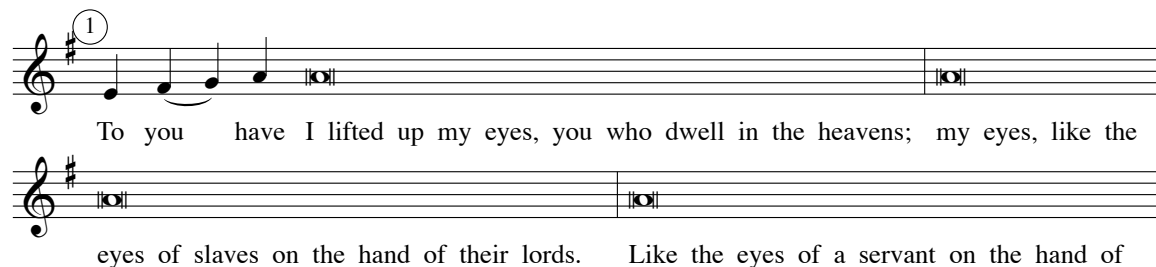
*The aposticha are from the Pentecostarion:*

*(Tone 1)*

#### **Aposticheron:**



#### **Cantor:**





her mistress, so our eyes are on the Lord our God till he show us his mer - cy.

### Aposticheron:



Come you peo - ples, let us praise and wor - ship Christ, and give glo - ry to his



Res - ur - rec - tion from the dead; for he is our God who de - liv - ered the world



from the de - ceit of the En - e - my.

### Cantor:



Have mer - cy on us, Lord, have mercy. We are filled with contempt. Indeed all too



full is our soul with the scorn of the rich, with the proud man's dis - dain.

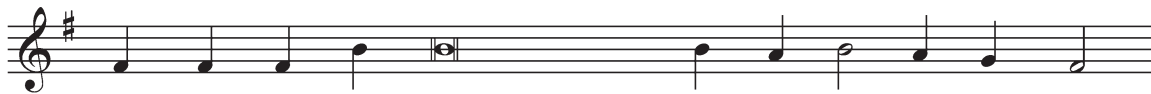
### Aposticheron:



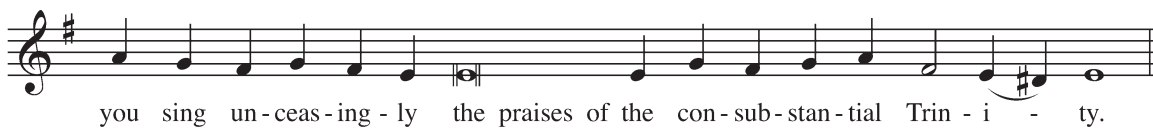
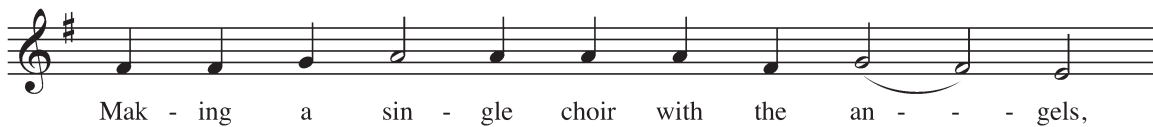
How beau - ti - ful is the manner of your ex - change, O Saints, for you have given



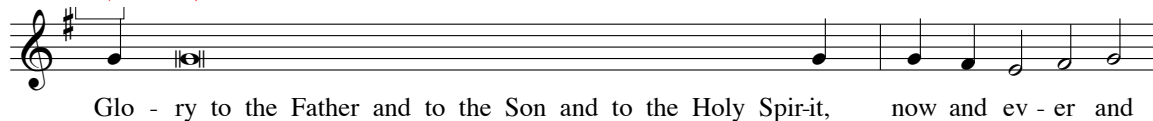
your blood and re ceived heav - en. Tru - ly, you have done well!



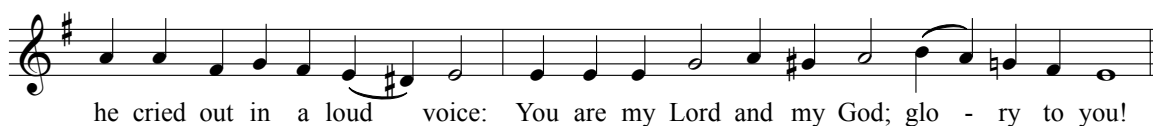
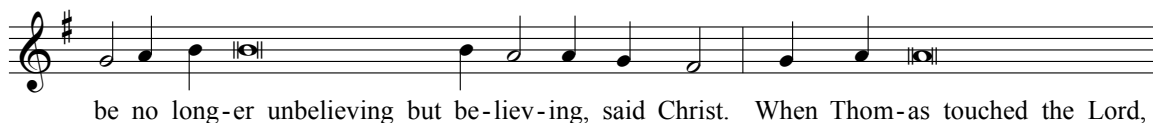
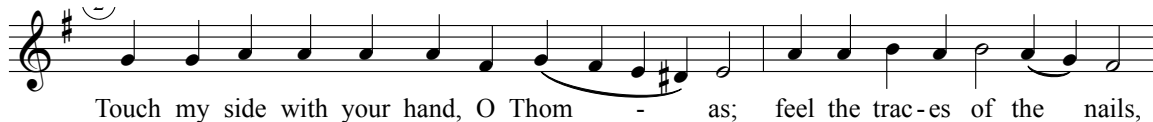
You have ob - tained immortality by forsak ing cor - rup - ti - ble things.



**Cantor (Tone 8):**



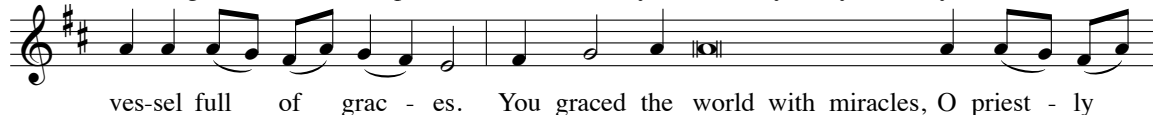
**Doxastikon**

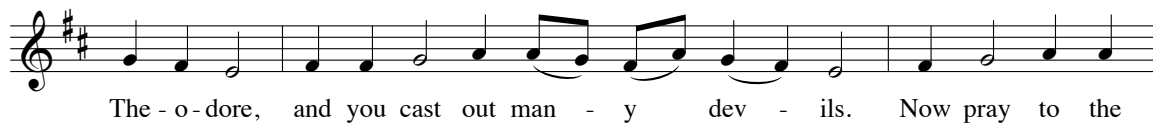


*Continue with the Prayer of the Holy Prophet Simeon (p. 21).*

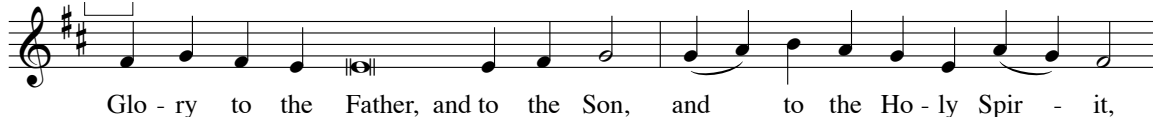
**Troparia**

**Troparion - Tone 2**

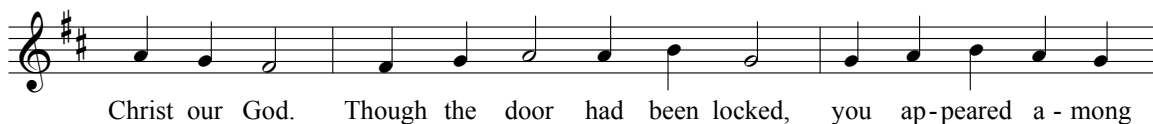
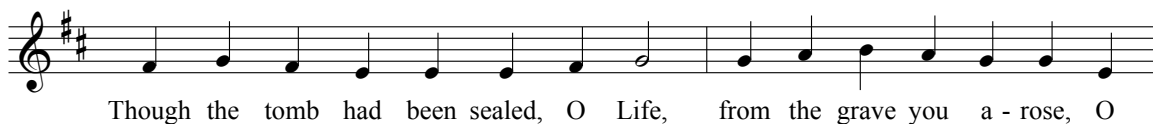




**Cantor (Tone 7):**



**Troparion of Thomas Sunday - Tone 7**



*Continue with the Litany of Daily Vespers (p.23) and then the Dismissal (p. 24).*

<sup>1</sup>Format 24: Weekdays during the Paschal Season