

## THIRD HOUR PROPER FOR OCTOBER 29<sup>TH</sup>

<sup>1</sup>The holy venerable martyr Anastasia.

Our venerable father Abraham the hermit.

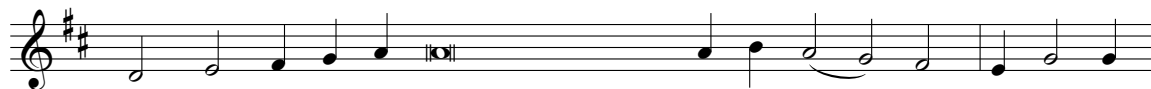
The passing of our venerable father Abraham of Rostov, archimandrite and wonderworker

**Cantor** (*Tone 4*):



Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.

**Troparion of Anastasia - Tone 4**



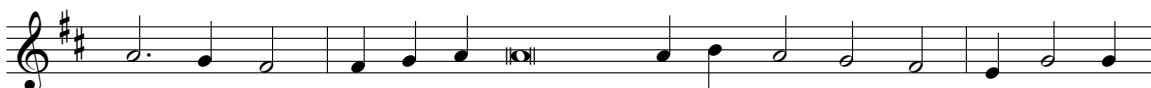
Your lamb An - a - sta - sia, O Jesus, cries out in a loud voice: I love you,



my Bridegroom; I seek you with pain-ful long - ing; I am cru - cified with you;



in your baptism, I am bur - ied with you; I suf - fer for you that I may



reign with you; and I die for you that I may live with you. Re-ceive me



as a spotless sacrifice immo-lat-ed with love for you. By her pray'rs, O mer-ci - ful



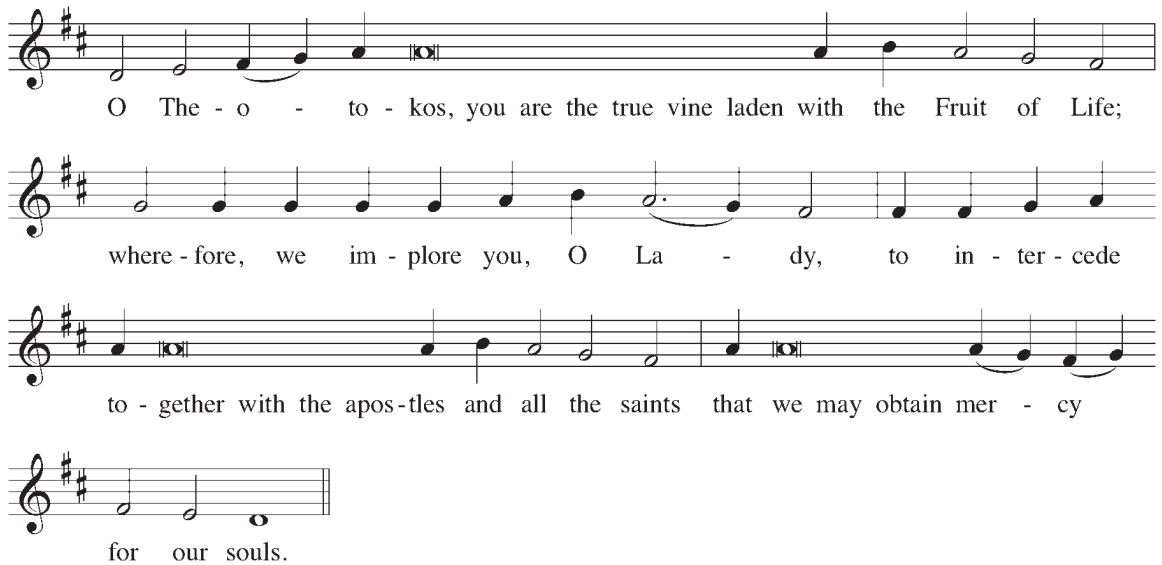
One, save our souls.

**Cantor** (*Tone 4*):



Now and ev - er and for - ev - er. A - men.

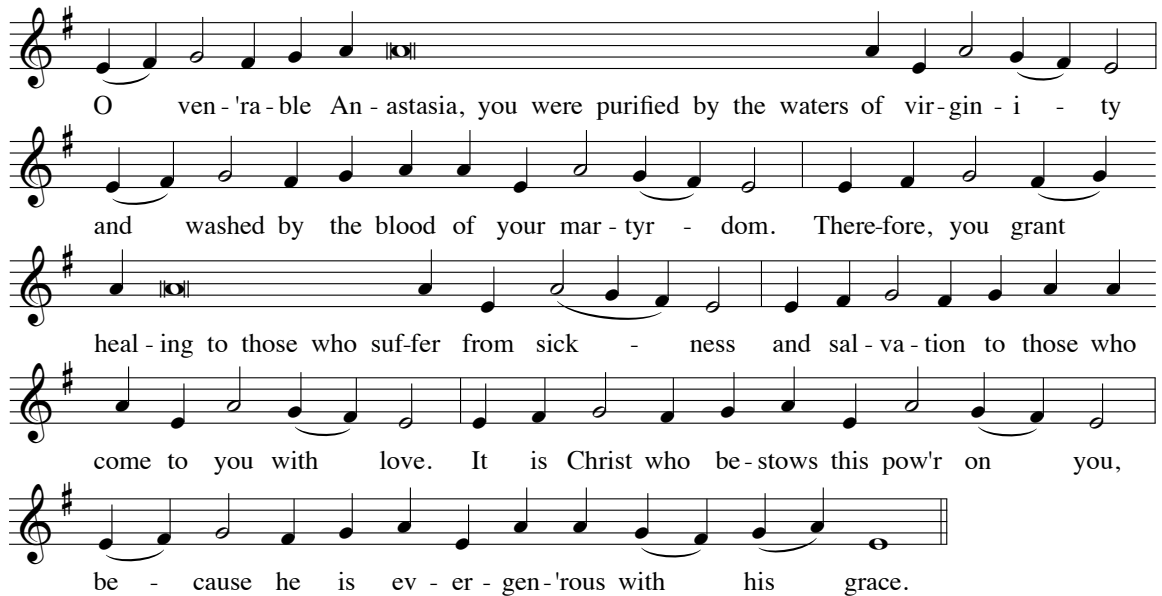
### Theotokion of Third Hour – Tone 4:



O The - o - to - kos, you are the true vine laden with the Fruit of Life;  
where - fore, we im - plore you, O La - dy, to in - ter - cede  
to - gether with the apos - tles and all the saints that we may obtain mer - cy  
for our souls.

*Third Hour continues with "May the Lord God be blessed..." on p. 9*

### Kontakion of Anastasia - Tone 3



O ven - 'ra - ble An - astasia, you were purified by the waters of vir - gin - i - ty  
and washed by the blood of your mar - tyr - dom. There - fore, you grant  
heal - ing to those who suf - fer from sick - ness and sal - va - tion to those who  
come to you with love. It is Christ who be - stows this pow'r on you,  
be - cause he is ev - er - gen - 'rous with his grace.

*Third Hour continues with "Lord, have mercy..." (40 times) on p. 11*